

# FRUITS

## Learn the facts about fruits

1. Fruits are a great source of vitamins and minerals.
2. Fruits not only gives us energy but also nourishes us physically.
3. Fruits keeps us healthy.
4. Fruits keeps us away from many kinds of diseases.
5. Fruits are of different colors and taste.
6. Fruits are of different size.
7. Eating fruits leads to stronger bones.
8. Eating fruits can help fight off germs.
9. Eating fruits leads to a better memory.

Q.1 Name 5 fruits.

Ans. Five fruits are apple, mango, orange , banana and grapes.

Q.2 Name few juicy fruits.

Ans. Few juicy fruits are orange, watermelon and grapes.

Q.3 Name few fruits that are red in color.

Ans. Apple, cherries, strawberries and pomegranate are few red color fruits.

Q.4 Which fruit is called the king of fruits?

Ans. Mango is called the king of fruits.

Q.5 Which is a long yellow fruit ? Monkeys love to eat them!

Ans. Banana

Q.6 Which is a red, delicious fruit ? One a day will keep the doctor away!

Ans. Apple

Q.7 Which fruit comes in bunches, and is most commonly red, purple or green.

Ans. Grapes