

# Meet the Team New Mexico Endocrinology ECHO Program

#### **Programs Team**



#### **Crystal Morales, BA, Senior Program Manager**

Crystal Lizeth Morales earned her master's degree in Clinical Mental Health Counseling from the University of New Mexico, U.S.A., in the fall of 2023. She is fluent in Spanish and specializes in Spanish Counseling, focused on assisting Hispanic and Latine individuals with multicultural competencies. Currently, she serves as the Senior Program Manager for the NM Border and Diabetes programs at the ECHO Institute, University of New Mexico Health Sciences Center. Crystal has been with Project ECHO since 2007, holding various roles and contributing to supporting programs for mental health, substance use, community health workers, child and maternal

health, COVID-19 programs, and Latin American Collaboratives for Project ECHO. In her current position, she oversees the NM border and diabetes program team, dedicated to supporting diabetes and health equity initiatives across New Mexico's border counties and along the Mexican border.



# Deyanira Nunez, BA, MA, Program Specialist

Deyanira "Dey" Nunez is part of the Programs Team as a Program Specialist for the NM Diabetes/Border Health Initiatives at Project ECHO. Dey has over 10 years of experience in higher education and student services. She attended UNM for both her BA in Spanish and MA in Organization, Information, and Learning Sciences. She joined Project ECHO in May 2024 and enjoys being part of the mission and vision dedicated to making a difference in communities through Project ECHO's values and initiatives.



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## Andrea Ordonez, BA, MA, Program Manager

Andrea Ordonez joined the ECHO Institute as a Program Specialist for Latin America in January 2022, where she supported strategic planning, coordinated initiatives and trainings, and managed technical aspects, including data management. Prior to her role at ECHO, she gained extensive experience in the legal field, having worked and studied in the UK, California, and Albuquerque. Andrea holds a joint degree in Comparative Literature and Spanish from Royal Holloway, University of London, and an MA in Hispanic Linguistics from the University of New Mexico. She currently serves as a Program Manager at the ECHO Institute, focusing on border initiatives in diabetes and loves the opportunity to serve her local



#### **Hub Team**



# Kelsea Aragon, PharmD, PhC, BCACP, CDCES

Dr. Kelsea Aragon graduated from the University of New Mexico College of Pharmacy in 2017 and then completed a first-year community-based pharmacy residency at UNC Eshelman School of Pharmacy. She returned to New Mexico and completed a second-year Ambulatory Care Pharmacy Residency at the UNM College of Pharmacy. She is currently an Assistant Professor at the UNM College of Pharmacy and a Pharmacist Clinician at Truman Health Services where she provides gender-affirming care and cardiovascular risk reduction services for people living with HIV.



#### Matt Bouchonville, Medical Director, MD, CDCES

Dr. Bouchonville is a Professor at the University of New Mexico School of Medicine in the Division of Endocrinology, Diabetes, and Metabolism and serves as Medical Director of the UNM Diabetes Comprehensive Care Center and UNM Center for Diabetes and Nutrition Education. He is an Associate Director of Project ECHO and Medical Director of New Mexico ECHO Programs. In 2014, he launched the Endo ECHO program to support implementation of best practices around complex diabetes care for people living in rural communities in New Mexico where access to a specialist is limited.



# Diana Gonzales-Pacheco, DCN, RDN, FAND

Dr. Diana Gonzales-Pacheco is a Registered Dietitian Nutritionist with over 25 years of clinical experience working with people who are uninsured and medically underserved in northern New Mexico. She has a wealth of experience in bionutrition research, gestational diabetes, and type 2 diabetes. She received her MS in Nutrition from the University of New Mexico and her Doctorate in Clinical Nutrition from Rutgers University. Dr. Gonzales-Pacheco is an Associate Professor and Assistant Director of the Dietetic Internship in the Nutrition Program, Department of Individual, Family, and Community Education at the University of New Mexico.



#### **Brant Hager, MD**

Dr. Brant Hager is an Associate Professor of Psychiatry and Behavioral Sciences at the University of New Mexico. He received his MD from the University of Rochester and completed psychiatry residency and consultation-liaison psychiatry fellowship at the University of New Mexico. He has worked for the past 11 years as an integrated psychiatrist at Truman Health Services, a patient-centered medical home for people with HIV, and transgender / gender non-binary persons. He currently directs the UNM/NMVAHCS



Consultation-Liaison Psychiatry Fellowship. He has served as a psychiatric consultant with Endo ECHO for the past 10 years.



#### Neil Kaminsky, MD

Dr. Neil Kaminsky is an Associate Clinic Professor at The University of New Mexico and a retired endocrinologist with the Presbyterian Medical Group. Over the course of his distinguished career, he has served in the roles of Medical Director for Presbyterian Health Plan, VP for Quality Support Services/Managed Care at Presbyterian Healthcare Services, and Senior Medical Officer & VP for Medical Management at Baptist Memorial Healthcare System in Memphis, Tennessee. Dr. Kaminsky is a Fellow with the American College of

Medicine and the American College of Endocrinology. He was awarded Top Doc in Endocrinology by Albuquerque Magazine in 2009, 2010, 2011.



#### **Bonnie-Leigh Reifsteck**

Ms. Bonnie Leigh Reifsteck joined Project ECHO in 2021 as a Digital Librarian. She enjoys sharing references and resources with program participants in support of ECHO's mission to democratize knowledge in service to others. Ms. Reifsteck has over fifteen years of experience in higher education policy and administration at UNM. She attended the University of Notre Dame (B.A., Political Science) and the University of New Mexico (M.A., Educational Leadership).



### Gretchen Ray, PharmD, PhC, BCACP, CDCES

Dr. Gretchen Ray received her PharmD from the University of New Mexico, College of Pharmacy. She completed a pharmacy practice residency and a cardiovascular pharmacotherapy residency at UNM as well. She is currently an Associate Professor at the UNM College of Pharmacy. She practices as a pharmacist clinician and certified diabetes care and education specialist in two UNM Family Medicine clinics providing diabetes management and CV risk reduction pharmacotherapy services



#### Virginia Valentine, APRN, BC-ADM, CDCES, FADCES

Virginia Valentine is a Hub Team member with Endo ECHO with The University of New Mexico Project ECHO. ECHO is a collaborative model of medical education and care management that empowers clinicians across New Mexico to provide better care to more people, right where they live. Also a member of Stakeholder Advisory Board E4DMMC Study Project ECHO, Ms. Valentine received her Master of Science in Nursing degree from the University of Oklahoma College of Nursing in Oklahoma City. She is board-certified in Advanced Diabetes Management and is a Certified Diabetes Care and Education Specialist. Ms. Valentine was awarded the 2019



Outstanding Educator in Diabetes by the American Diabetes Association and the New Mexico APRN Nursing Excellence Award in 2019. She serves as an advisor to many pharmaceutical and diabetes product companies. Ms. Valentine is the author of the book *Diabetes, the New Type 2*, a contributor to *The Art and Science of Diabetes Self-Management Education Desk Reference 6th edition 2023* and Bringing an end to diabetes stigma and discrimination: an international consensus statement on evidence and recommendations. *The Lancet Diabetes and Endocrinology Review: Volume 12, Issue 1, January 2024.* She has authored many articles in various journals including *Clinical Diabetes, Diabetes Spectrum, Disease Management*, and *The Diabetes Educator, Clinical Endocrinology News and The Lancet.* She has been living well with type 2 diabetes for over 44 years.