

- Read the section 'Empathy' on page 39

Empathy

When you see a friend who has hurt himself, you immediately try to help him because you can understand the pain he is feeling. When your domestic help falls sick, your mother tells her to go home and rest instead of making her work. **Empathy** is the ability to understand the feelings and pain of others. In simple words, it is putting oneself in others' shoes. It is important to show empathy at school, home and in society.

- Discuss this question on page 39 with your family



Knowledge Check

What would you do if you see an old lady who is hungry standing near your house?

- Read page 40 about 'Differently-abled People' and 'Helping Differently-abled People'

Differently-abled People

You might have seen some people in wheelchairs, or somebody who has difficulty in seeing, speaking and hearing things. Such people have one or two parts of their bodies not working in the usual manner. Their abilities are different from others. That is why they are called **differently-abled** people.



A Differently-abled Person



Activity

Collect pictures of some Indian sportspersons who are differently-abled and stick them in your scrapbook. Also, write about their achievements.

Helping Differently-abled People

When we come across differently-abled people, we should care for them. We can help differently-abled people in the following ways:

- By helping them to cross the road
- By offering them our seats on public transports
- By letting them go in front of a queue
- By giving them respect and not making fun of them
- By donating a part of our savings to organisations that care for them



- Watch this video about the special Olympic games (Paralympics) that are held for differently-abled people- <https://www.youtube.com/watch?v=6RMOSDynkw8>

- Do this work in your notebook;

Ch 5 Caring for Others

Vocabulary words (3 times each)

1. comfortable,
2. differently-abled,
3. special needs,
4. affection,
5. compassionate,
6. concern,
7. orphanage,
8. empathy,
9. ability,
10. difficulty,
11. public transport,
12. queue,
13. respect,
14. donating,
15. organisations,

Q1. Explain the terms

1. Differently-abled - people having different abilities from others due to one of their body parts not working
2. Orphanage - a place where children who have no parents live
3. Empathy- the ability to understand the feelings and pain of others
4. Paralympics- special Olympic games held for the differently-abled people