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Caring for Others



I Will Explore

- Sharing and Caring
- Being Compassionate
- Empathy
- Differently-abled People



Initiating Activity

Look at the picture given below and answer the question that follows.



How would you help someone who has hurt himself?

Sharing and Caring

In our society, most of us are lucky to have enough food, clothes, a comfortable shelter and health. However, some people are old, sick, poor or differently-abled. These people have special needs. We should care for them. We should share our things with them to fulfil their needs. When you share what you have with others, it shows that you care for them. Our affection and care towards the society make the world a better place to live in.



Helping a differently-abled person



Helping an elderly person

Being Compassionate

Being a **compassionate** person means feeling and showing concern for others in the society. For example, when any part of our country is hit by floods, people from far-off places provide support by sending food, water and other flood relief material.

compassionate – feeling and showing concern for others



Relief programme during a flood

We should be compassionate towards the old, sick and needy people. Here are some ways by which we can show our compassion. We can celebrate our birthday with children from an **orphanage**. We can donate our old books to needy children.



Sharing with Needy Children



Old People's Home

Empathy

When you see a friend who has hurt himself, you immediately try to help him because you can understand the pain he is feeling. When your domestic help falls sick, your mother tells her to go home and rest instead of making her work. Empathy is the ability to understand the feelings and pain of others. In simple words, it is putting oneself in others' shoes. It is important to show empathy at school, home and in society.



Knowledge Check

What would you do if you see an old lady who is hungry standing near your house?

orphanage – a place where children who have no parents live

Differently-abled People

You might have seen some people in wheelchairs, or somebody who has difficulty in seeing, speaking and hearing things. Such people have one or two parts of their bodies not working in the usual manner. Their abilities are different from others. That is why they are called differently-abled people.



A Differently-abled Person



Activity

Collect pictures of some Indian sportspersons who are differently-abled and stick them in your scrapbook. Also, write about their achievements.

Helping Differently-abled People

When we come across differently-abled people, we should care for them. We can help differently-abled people in the following ways:

- By helping them to cross the road
- By offering them our seats on public transports
- By letting them go in front of a queue
- By giving them respect and not making fun of them
- By donating a part of our savings to organisations that care for them





Do You Know?

These days Special Olympics, called Paralympic Games, are held for the differently abled in which athletes from all over the world participate. In 2016 Summer Paralympics, India won 4 medals with Mariyappan Thangavelu becoming the first gold medalist of India.



Knowledge Check

Make a list of any five items that we can donate to help the needy in our society.



Key Terms

Differently-abled: people having different abilities from others due to one of their body parts not working

Empathy: the ability to understand the feelings and pain of others



Let's Relook

- Caring means being kind, showing love and affection, speaking politely and providing help to others.
- Being a compassionate person means feeling and showing concern for others.
- The ability to understand the feelings and pain of others is called empathy.
- Differently-abled people have one or two parts of their bodies not working in the usual manner.



Exercise

OBJECTIVE TYPE QUESTIONS

A. Fill in the blanks.

1. Caring means being kind, showing love and affection, speaking politely and providing help.
2. The ability to understand the problems and feelings of others is called empathy.
3. Orphanage is a place where children who have no parents live.
4. People who have different abilities from others are called differently-abled.
5. We can help differently-abled people by not making fun of them.

B. Write 'T' for true and 'F' for false.

1. Caring means being unkind. (F)
2. A compassionate person is someone who feels happy seeing the suffering of others. (F)
3. We should never offer our seats to differently-abled people. (F)
4. People with a problem in normal body functions are called differently-abled people. (T)
5. Homeless children live in orphanages. (T)

SUBJECTIVE TYPE QUESTIONS

A. Answer the following questions in one or two sentences.

1. ✗ What does caring mean?
2. ✗ What is empathy?
3. ✎ Who is a compassionate person?

B. Answer the following questions in three or four sentences.

1. Write any three ways by which you can help the differently-abled people.
2. Give two examples of how people show empathy.
3. Write three sentences about being compassionate.