

# SHALINI CONVENT SCHOOL, RAIGARH

## Assignment

Class: 2	Date: 15.04.2021
Subject: Evs	Topic: Ch- 1 Our Wonderful Body

Note: Write the given assignment in your Evs note copy with the respective date.

### **A. Tick (✓) the correct answer.**

1. We can see the

a. head.       b. lungs.       c. brain.

2. This pumps blood to all parts of our body.

a. eyes       b. heart       c. lungs

3. These help the bone to move.

a. skin       b. stomach       c. muscles

### **B. Write T for True or F for False.**

1. The brain helps us to think. True

2. The stomach helps us to breathe. False

3. There are more than 600 bones in our body. False

4. Muscles and bones help us to swim. True

5. We should sit straight and walk upright. True

**C. Fill in the blanks. Choose words from the box.**

1. The head protects the brain.
2. Bones and muscles give shape to our body.
3. Skin covers the bones and the muscles.
4. Muscles are fixed to the bones.
5. We must sit and stand straight.

**D. Answer these questions.**

1. Write the names of some body parts that we cannot see.

Ans : The brain, heart, lungs, and stomach are some body parts that we cannot see.

2. What do the lungs do?

Ans : The lungs help us to breathe.

3. How can we make our bones and muscles strong?

Ans : We can make our bones and muscles strong by eating healthy food and exercising regularly.

4. What is posture?

Ans : Posture is the position in which we sit, stand and walk.

**E. Think and answer.**

What helps a weightlifter to lift weights?

Ans : Bones and muscles help a weightlifter to lift weights.