

CHAPTER-1

FAITH IN GOD

Answer the following questions:

1. What does “having faith” in God mean? Give any two ways in which we show our faith in God.

Ans. Having faith in god means we believe that God exists. The two ways in which we show our faith in God are-

- a. We pray to God and seek His help.
- b. We make promise to Him and show our love to Him.

2. How do we know that God exists?

Ans. Saint Thomas Aquinas said, “The existence of God can be demonstrated from those of His effects which are known to us.” Though we cannot see, hear, feel or touch God, we know that He exists because we can see the result of His work or His creation. God created the Sun, the Moon, the Planets and the Galaxies. He is the creator of this wonderful universe.

3. How do the great prophets, saints and sages help us to know God?

Ans. The great prophets, saints and sages help us to know God by their teachings, who felt and understood the presence of God through their meditation and prayers.

4. When is our faith in God shaken? What can we do about it?

Ans. Our faith in God is shaken usually when we face difficulties. For example- if we have an accident, if someone steals from our home, if we have a fight with our best friend or we do not do well in an exam, at such times we doubt our faith in God. We think that there is no God or he does not love us.

When times are difficult sit and pray to God. Prayer truly increases our faith in God as well as we should believe that whatever God does is for our own good.

5. What could be the reason/s that God sometimes does not answer our prayers or answers them late? What do you think we can do when this happens so that we don’t lose faith in Him?

Ans. If God does not answer some of our prayers, or answers them late He has a reason for that. At such times we must have faith that God has a plan for us. Maybe He wants us to learn something and become stronger.