

100% VEG TOURS

Heena
TOURS & TRAVELS
DOMESTIC & INTERNATIONAL

BHUTAN

BH-02 WITH **BUMTHANG**

Phuentsholing · Thimpu · Punakha · Bumthang · Paro

 10 Nights | 11 Days  All Meals | Pure Veg  Heena's Maharaj



What our Guests say about Bhutan



"Special care for our elderly parents throughout the tour"



This was our 4th tour with Heena and 2nd international. Took my parents (72 and 68 years) with us. From day 1 tour manager Nileshbhai took special care for elder helping at high altitude Dochula Pass. Bhutanese driver Tashi was very careful on curvy mountain roads. Food arrangement excellent as always Maharaj cooked separate less spicy food for parents. Punakha Dzong at the river confluence left everyone speechless. Thank you Heena for making Bhutan possible for our whole family.

Hitesh Desai

Mumbai · May 2026



Heena Tours and Travels is doing great in Bhutan. Guest are really happy with the arrangements of hotels, guides and drivers. The unique arrangements Heena Tours do is arrangements of chefs where by guest can enjoy the authentic Indian cuisine and get satisfied. It is the plus point for the Indian tourist those who come through Heena Tours. I rate Heena Tours 5 stars because they deserve it. Thank you! 🙏

Mangal Gurung

Ahmedabad · May 2026



"No onion no garlic food arranged fresh every single day by Maharaj Bharatbhai"

Jain family of 6 members. We always struggle to travel internationally due to food restrictions. Heena's Bhutan tour was perfect for us. No onion no garlic food arranged fresh every single day by Maharaj Bharatbhai. Even in Paro and Thimphu — impossible to imagine anywhere else. Manager Kalpeshbhai understood our religious sentiments completely. Bhutanese guide Sonam even took us to a peaceful monastery on his own suggestion outside the itinerary. Kids enjoyed the archery demonstration at Thimphu. Family memory forever ❤️

Ashok Doshi

Ahmedabad · May 2026



"Group of 12 senior citizens all above 65"

Group of 12 senior citizens travelled Bhutan with Heena. Trip was very well planned considering our age. Tour manager Yogeshbhai and Bhutanese guide Dorji both looked after us like family. Hot Bhutanese butter tea in Simply Bhutan sightseeing point was a nice touch. Maharaj gave us homestyle Gujarati food every meal. Bus was comfortable and driver was very patient. Highly recommended for elderly travellers.

Ramanbhai Modi

Baroda · Jan 2026

WHY CHOOSE HEENA FOR BHUTAN?

- Heena's food in difficult places like Bumthang
- 100% Of the time

Since 1988, every Heena tour has served pure vegetarian food – no exceptions, no negotiations with hotels, completely separate menu designed for our guests. Just delicious, home-style food from Leh to Kerala.



All meals guaranteed

Pure veg at every hotel, every stop, every day



Heena Maharaj on Board

Our own cooks travel with groups



Trusted Hotels

Kitchens inspected for cross-contamination



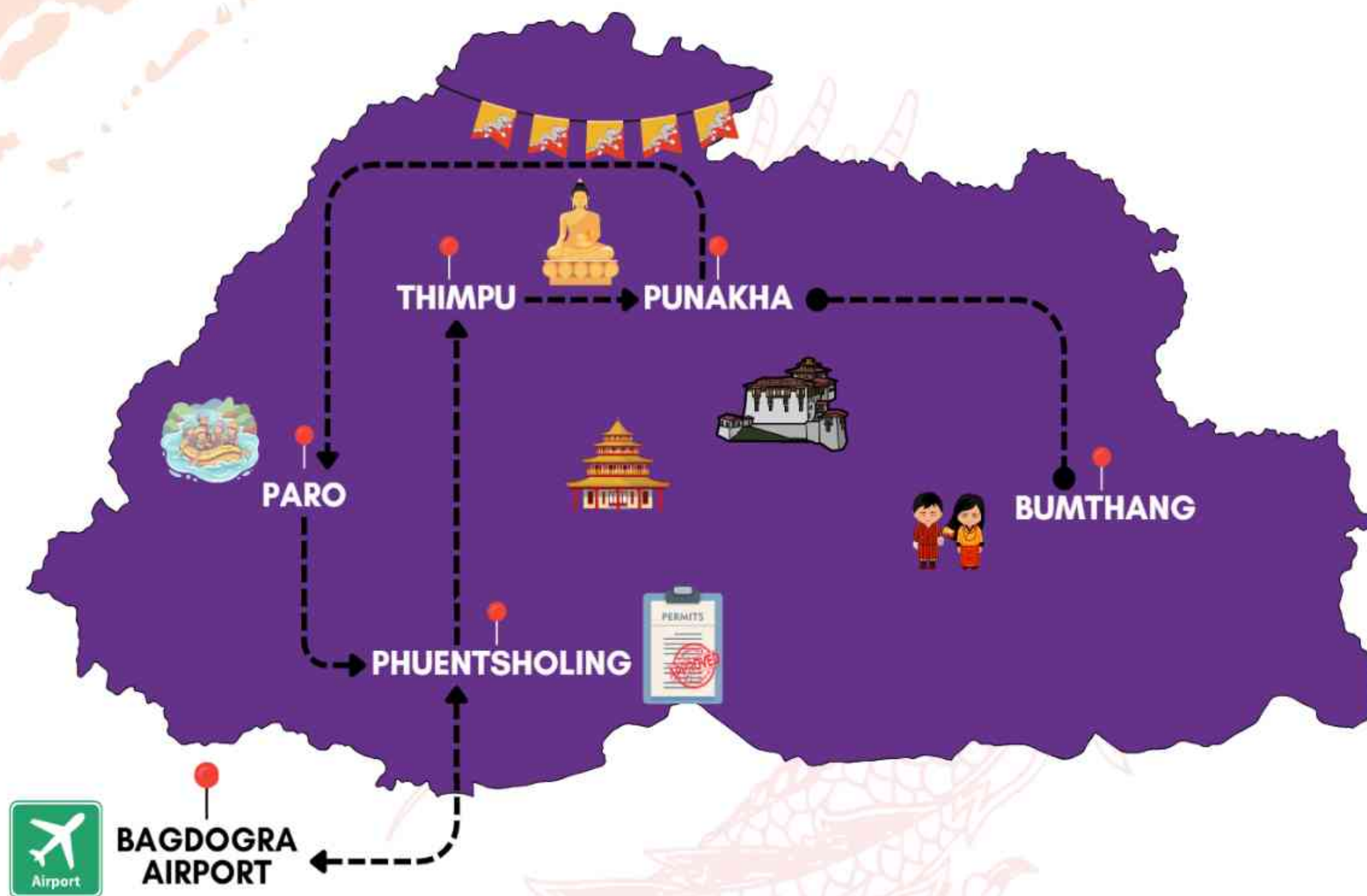
Jain Food available

No onion/garlic options on every departure

"Finally, a tour operator where I didn't have to worry about food for a single meal."
— Kokilaben M, Surat

We are very pleased with the great kitchen staff who provided us with a fresh variety of vegetarian food for breakfast, lunch, and dinner. The kitchen staff constantly offered food at our table
— Varsha Shah – Mumbai

Tour Highlights



PHUENTSHOLING 2 nights

- Permit Process
- Leisure / Relax

THIMPHU 2 nights

- The Tashichhoe Dzong
- Kuensel Phodrang
- Nunnery, National Memorial Chorten, Simply Bhutan, BBS Tower
- Sangye Migyur Ling Lhakhang

PUNAKHA 2 nights

- Phobjikha Valley
- Punakha Dzong
- Suspension bridge
- River Rafting (not included in cost)

BUMTHANG 2 nights

- View of Dochu-la Pass
- Chendbji Chorten
- Yathra Weaving Factory
- Jakar Dzong
- Kurjey Lhakhang
- Tamshing Lhakhang
- Mebar Tsho

PARO 2 nights

- Mountain River
- Paro Market
- Scenic Chele-La-Pass
- Eagle View Point
- Bhutanese Traditional Dress
- Museum of lights & Ringpung Dzong



ARRIVAL MODE **OPTION 1**

BY ROAD

Bagdogra to Bagdogra



Brief Description of Option 1:

- 10 Nights | 11 Days
- Bagdogra to Bagdogra
- Journey from Bagdogra to Phunetsholing [Bhutan] via a Bus/ Tempo/ 6 Seater Vehicle

ARRIVAL MODE **OPTION 2**

BY FLIGHT

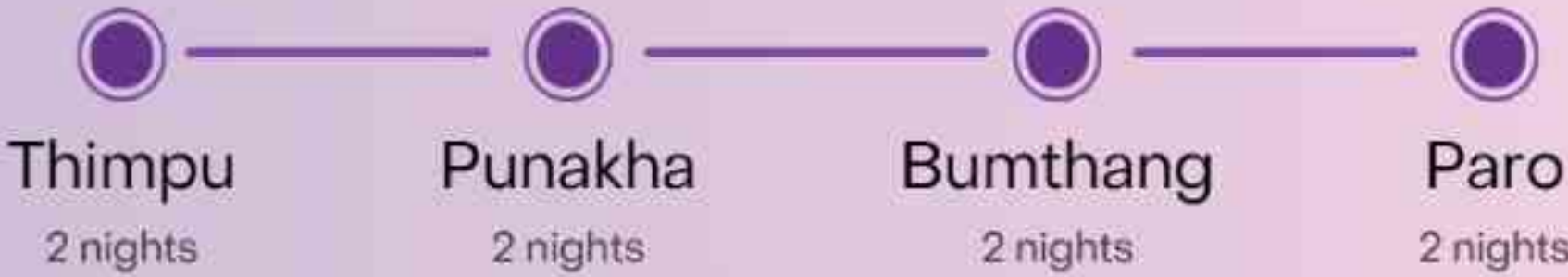
Paro to Paro



Brief Description of Option 2:

- 8 Nights | 9 Days
- Kolkata/Delhi to Paro
- Save 2 Days of road journey – Travel by flight from Kolkata/Delhi to Paro [Bhutan] and Avoid Long Road Journey.
- Skip night stay at Phuentsholing on the First and Last day

Both options include the Same Bhutan & Heena Experience



Tour Dates

	By Road Dates	Flight Package Dates
October 2026	4, 11, 18, 25	5, 12, 19, 26
November 2026	1, 3, 5, 7, 9, 15, 22, 29	2, 4, 6, 8, 10, 16, 23, 30
December 2026	6, 13, 20, 27	7, 14, 21, 28
January 2027	3, 10, 17, 24, 31	4, 11, 18, 25
February 2027	7, 14, 21, 28	1, 8, 15, 22
March 2027	7, 14, 21, 28	1, 8, 15, 22, 29

Tour Rates

	By Road Rates	Flight Package Rates
Per Couple	₹1,92,000	₹1,55,000
Extra Adult/Child with Mattress	₹95,500	₹72,500
Per Child (5-11 yrs.) without Mattress	₹72,500	₹51,000
Child below 5 yrs with Seat	₹25,500	₹25,500

Direct flight options to Paro; guests are required to book their tickets to Kolkata/Delhi separately.

Info for: Foreigner/ NRI: - Additional Cost are mandatory at the time of booking for PERMIT and VISA Foreigner/ NRI have to reach Bagdogra Airport before 10am, because Non-Indian office closes at 5pm in Bhutan.	940 USD 1 night stay will be in India Part	840 USD
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Option 1 - Route [By Road]

DESTINATION (10 NIGHTS)	HOTELS	Star Rating
Phunetsholing (1N)	Hotel Palm / Similar	★★★★
Thimphu (2N)	Migmar / Similar	★★★★
Punakha (1N)	Hotel Pema Karpo / Similar	★★★★
Bumthang (2N)	Hotel Ugyen Ling / Similar	★★★★
Punakha (1N)	Hotel Pema Karpo / Similar	★★★★
Paro (2N)	Paro Grand / Similar	★★★★
Phuentsholing (1N)	Hotel Palm / Similar	★★★★

Option 2 - Route [By Flight]

DESTINATION (8 NIGHTS)	HOTELS	Star Rating
Thimphu (2N)	Migmar / Similar	★★★★
Punakha (1N)	Hotel Pema Karpo / Similar	★★★★
Bumthang (2N)	Hotel Ugyen Ling / Similar	★★★★
Punakha (1N)	Hotel Pema Karpo / Similar	★★★★
Paro (2N)	Paro Grand / Similar	★★★★



Punakha Dzong



Kuensel Phodrang



Bumthang

ITINERARY IF ARRIVING BY ROAD FROM BAGDOGRA TO BHUTAN



DAY 1

BAGDOGRA AIRPORT TO PHUENTSHOLING

160 KMS/6 HRS JOURNEY



Welcome to your Bhutan Tour! Arrive at Bagdogra Airport till 2pm. We will have lunch in Siliguri and transfer to Phuentsholing (Indo/Bhutan border). On arrival complete the immigration formalities and check - in at the hotel. Dinner & Overnight stay at Phuentsholing.

DAY 2

PHUENTSHOLING – THIMPHU

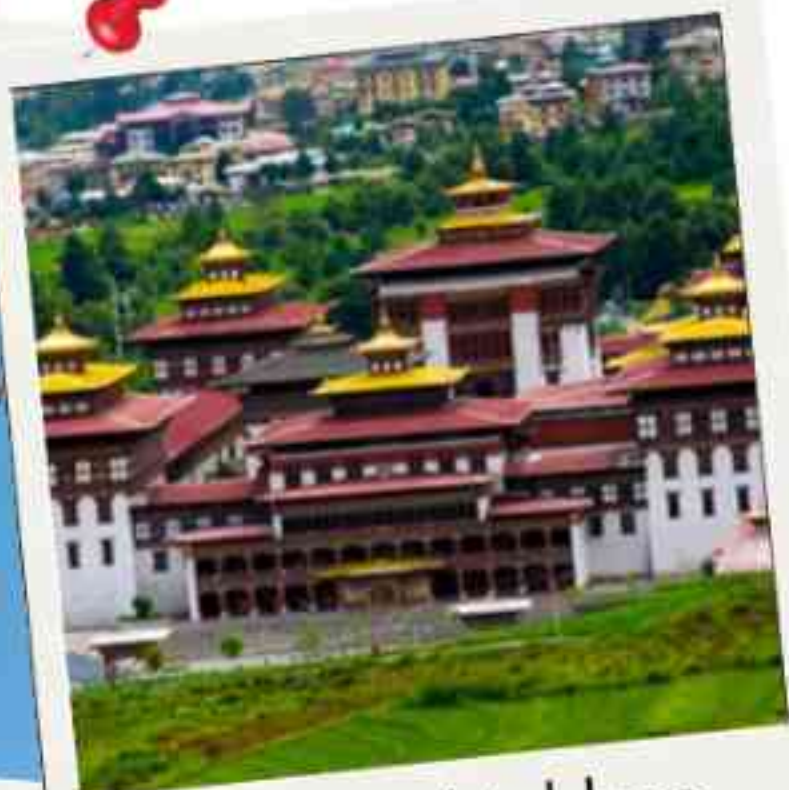
160 KMS/4 HRS JOURNEY



After breakfast transfer to Thimphu “The Capital Town of Bhutan” one can enjoy beautiful Mountain view and River side on the way. Enroute we have lunch & visit **Sangye Migyur Ling Lhakhang** – A Tower for Milarepa in the Land of the Thunder Dragon. On arrival to Thimpu check in at the hotel. If time permits in the evening we will visit **The Tashichhoe Dzong Outer view** (Fortress of the Glorious Religion). Dinner & Overnight stay at Thimphu.



Sangye Migyur Ling Lhakhang



The Tashichhoe Dzong

DAY 3

THIMPHU



After breakfast visit outer view **Kuensel Phodrang** (Buddha Statue known as Buddha Point), **Hindu Temple, Outer view of National Memorial Chorten** (Monument). Return to hotel for lunch later in the afternoon visit **Nunnery** (Female Monk Prayer Place), **BBS Tower, Thimpu Market** (Handicraft product and Local product can be Found here) and visit **Simply Bhutan**. Dinner & Overnight stay at Thimpu.



BBS Tower

DAY 4

THIMPHU – PUNAKHA

80 KMS/3 HRS JOURNEY



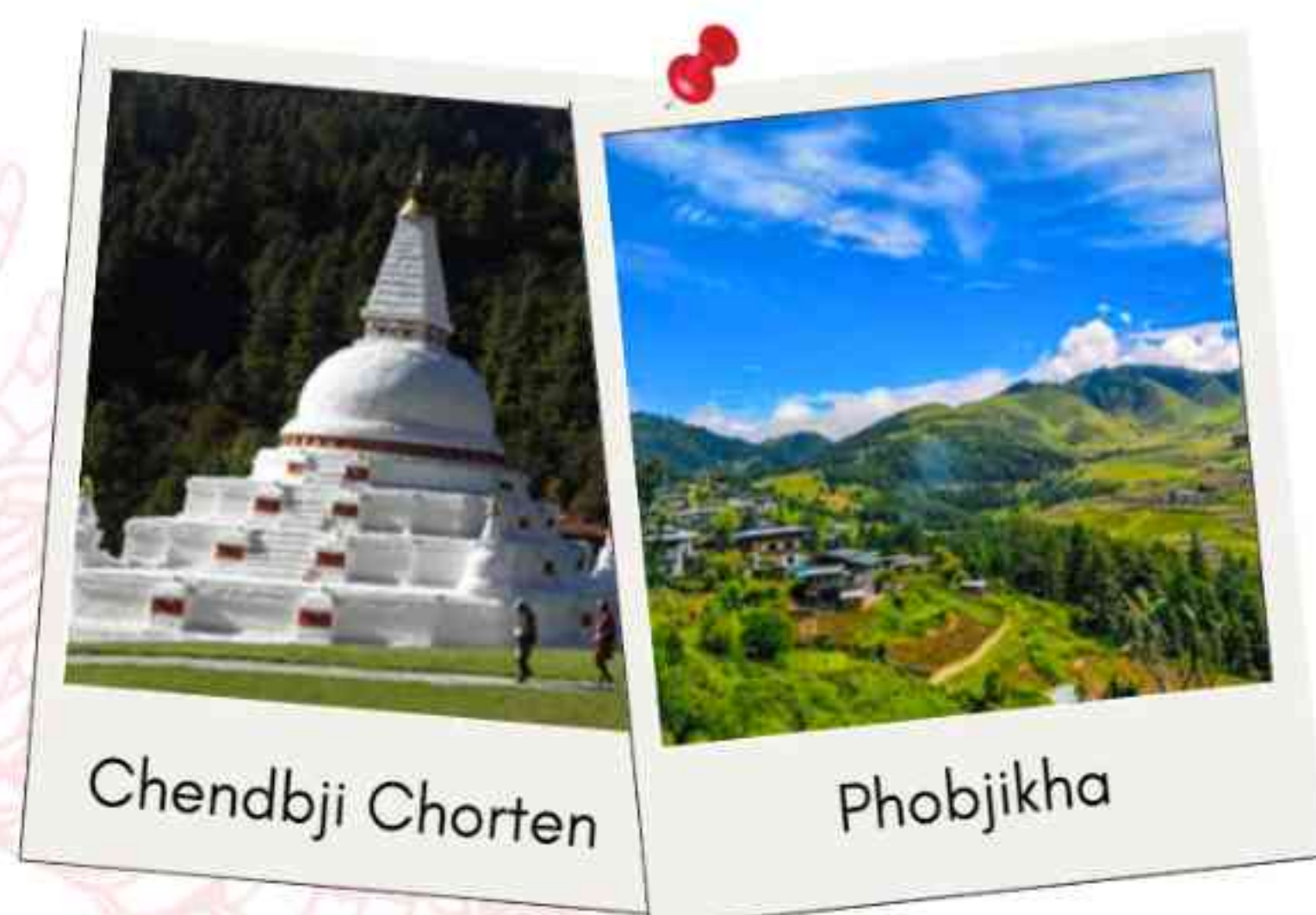
After breakfast drive to Punakha you have to cross **Dochu-la Pass** from where one can see of Beautiful Mountain ranges of Bhutan (Subject to weather condition) and here it is built 108 memorial chorten (small stupas). **[In Punakha you also have option to do white water river rafting at your own expense]** Lunch, Dinner & Overnight in Punakha.

DAY 5

PUNAKHA - PHOBJIKHA- BUMTHANG

212 KMS/6 HRS JOURNEY

After breakfast check out from hotel and drive to Phobjikha across **Pele-La-Pass** (3351mts). There is an abrupt change in vegetation, with mountain forest replaced by high altitude dwarf bamboo. Enroute stop for lunch at **Phobjikha** and after drive towards **Chendbji Chorten** – built in the style of the great Bodhanath Choten of Nepal. Further ahead drive through **Yutong-La-Pass** (3424mts.), then visit **Punakha Dzong**. While in Chumey valley in Bumthang, visit the **Yathra Weaving Factory** – It is the most famous textile product of Bumthang. On arrival check in at the hotel. Dinner & Overnight stay at Bumthang.



Chendbji Chorten

Phobjikha

DAY 6

BUMTHANG



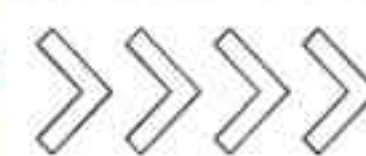
Bumthang is a serene valley rich in history and culture. Known for sacred sites like Kurjey Lhakhang and Mebar Tsho, it boasts stunning landscapes, vibrant festivals, and unique local products like honey and apple cider.

After breakfast we visit **Jakar Dzong**: Literally meaning the Castle of White Bird. The current structure was built in 1667. Jambay Lhakhang: built by King Tsongtsen Gampo of Tibet. In October one of the most spectacular festival, "Jambay Lhakhang Drup" is staged here. Afternoon we visit **Tamshing Lhakhang**: Literally meaning the Temple of the good message, established in 1501 by Pema Lingpa and if time permits we visit **Mebar Tsho**, evening leisure near riverside. Dinner & Overnight stay at Bumthang.

DAY 7

BUMTHANG - PUNAKHA

212 KMS/6 HRS JOURNEY

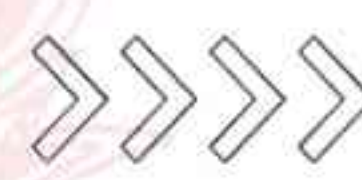


After a light breakfast, take some time to enjoy and relax in Bumthang. After lunch, depart for Punakha at around 1pm. The evening is free to rest and unwind. Dinner and an overnight stay will be in Punakha.

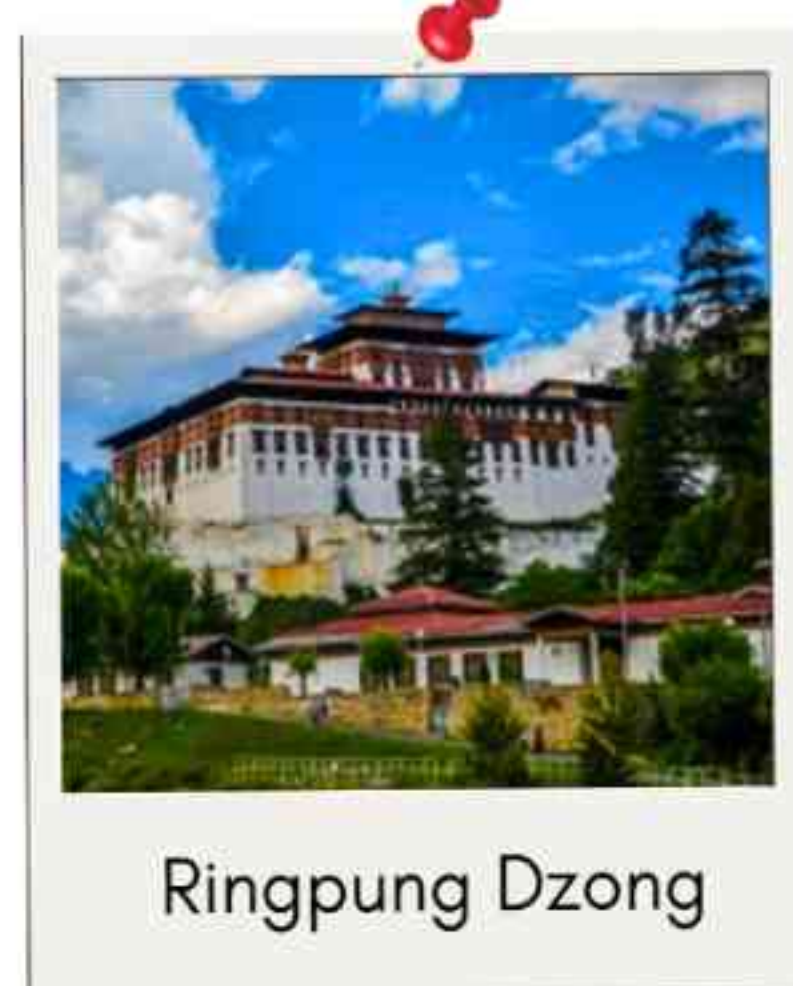
DAY 8

PUNAKHA - PARO

120 KMS/4 HRS JOURNEY



After breakfast, we will drive to Paro. Our first visit will be at the **Mountain River**, where you can experience the refreshing and clear waters. Later, we will visit the **Museum of lights** [closed on Sat/Sun as Govt holiday], **Ringpung Dzong** and **Paro Market**, a charming place to crafted wooden handicrafts and showcasing of typical Bhutanese arts. Lunch, Dinner & overnight stay in Paro.



Ringpung Dzong

DAY 9

PARO



After breakfast excursion trip to **Chele-La-Pass** – the highest motorable road in Bhutan (Distance: 35 kms. One way/Driving Time: 2 hrs/altitude of Chele-La-Pass: 3988 meters). Enjoy the scenic beauty and memorable landscapes from Chele-La-Pass. Back to Paro on the way can visit **Eagle view Point** (From here one can see the beautiful artistic Airport). Evening **Try Bhutanese Traditional Dress** and **Shopping** at Town. Lunch, Dinner & Overnight stay at Paro.



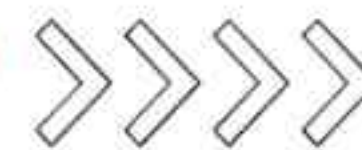
Bhutanese Traditional Dress

***Guests who are enthusiasts of trekking have the opportunity to visit TAKSTANG MONASTERY at their own expense [you will also need to pay guide expense]. The monastery is located a 30-minute drive away from our hotel. You may depart early in the morning before breakfast and rejoin the tour upon completion of your visit.**

DAY 10

PARO – PHUENTSHOLING

150 KMS/4 HRS JOURNEY



After a light breakfast, take some time to enjoy and relax in Paro. After lunch, depart for Phuentsholing at around 1pm. The evening is free to rest and unwind. Dinner and an overnight stay will be in Phuentsholing.

DAY 11

PHUENTSHOLING TO BAGDOGRA AIRPORT

150 KMS/4-5 HRS JOURNEY



GOODBYE!

After breakfast check out from the hotel and transfer to Bagdogra Airport for departure. **Flights to be booked after 2pm.**

We hope you had a memorable experience during the tour conducted by Heena Tours & Travels. Safe travels and have a wonderful journey ahead!

THIS TOUR STARTS WITH LUNCH ON DAY - 01 & CONCLUDES WITH BREAKFAST ON DAY - 11

ITINERARY IF ARRIVING BY FLIGHT TO PARO DIRECTLY

8 Nights	Night Stay	Description	Heena Style Meals [Heena's Maharaj]
Day 1	Thimpu	Paro Airport to Thimpu	Lunch & Dinner
Day 2	Thimpu	Sightseeing	Breakfast, Lunch & Dinner
Day 3	Punakha	Thimpu to Punakha	Breakfast, Lunch & Dinner
Day 4	Bumthang	Punakha to Bumthang	Breakfast, Lunch & Dinner
Day 5	Bumthang	Sightseeing	Breakfast, Lunch & Dinner
Day 6	Punakha	Bumthang to Punakha	Breakfast, Lunch & Dinner
Day 7	Paro	Punakha to Paro	Breakfast, Lunch & Dinner
Day 8	Paro	Sightseeing	Breakfast, Lunch & Dinner
Day 9	-	Paro Airport Drop off	Breakfast

Inclusions

- 10 Nights / 11 Days Hotel Accommodation [Option 1]
 - 8 Nights / 9 Days Hotel Accommodation [Option 2]
- All meals will be prepared by our Maharaj in the hotel kitchen. **(PURE VEG)**
- All transfers and sightseeing as per the itinerary by Non AC Vehicles (Subject to group size and availability, mainly only Coaster Buses).
- All Entry fees during sightseeing with local guide.
- Service of Caring Tour Manager and Guide.
- Mineral water during travelling .
- **Above rates are valid for Indian Nationals only.**
- **SDF (Sustainable Development fees) inclusive for Indians.**

Exclusions

- Air Fares
- Any Kind Of Personal Expenses like Drinks, Phone Calls, Laundry, Etc.
- Any other item not specified in inclusions.
- **5% GST (Tax subject to change as per Govt. Regulations) + TCS (Tax Collected at Source) on total billing with valid Pan Number details.**

***HEENA TOURS & TRAVELS WILL NOT BE RESPONSIBLE IF THE FLIGHTS GETS DELAYED OR CANCELLED.**

A note from Heena

Thank you for your 40 years Trust & Support & choosing Bhutan as your travel destination with Heena, before you book the Tour we would like to show TRANSPARENCY about this sector. Bhutan is a very good scenic place to enjoy the Natural Beauty, but there are lots of Govt. restrictions, where our Tour Manager can't travel with you in all the places, only English/Hindi Speaking Local Guide will be there for sightseeing, Hotel Food will be there but our Chef i.e Maharaj will be there to guide the hotel chef to give Heena Style taste. We understand that you are travelling with us as you have enjoyed proper meals cooked by our Kitchen in earlier tours, but kindly don't keep the same expectations in BHUTAN. We will try to give our best possible in this sector. THANK YOU.

Important notes for Bhutan



DOCUMENTS

- For guests over the age of 18 you must carry:
 1. An **Original Passport** (valid for at least six months from the return date) or an **Original Voter ID card**.
 2. 02 passport size photographs
 3. 02 photocopies of all documents which are submitted
- For Children/Students below the age of 18 you must carry:
 1. An **Original Valid Passport** or **Original Birth certificate (ENGLISH)** along with **School / College Photo Identity card (ENGLISH)**.
 2. 02 passport size photographs
 3. 02 photocopies of all documents which are submitted
- For Infants carry 2 passport size photographs.

Guests must submit the same documents & a passport size photograph which they are planning to carry.

- Carry Universal adaptor for charging of your cell phones.
- Carry clothes that are light with fast drying fabric and good breathability.
- Bhutan is a tobacco free zone, so no smoking in and around town.
- Whenever you visit Dzong you are asked to wear full sleeve clothes, no caps and photography allowed. Guide will inform you in advance.
- The country is a litter free zone so we request our guest not to throw anything outside the window or inside the bus.
- Bhutan has free trade but people there don't like much of bargaining.
- They have strict traffic rules and at some places vehicle cannot go; guest are requested to co-operate with it.
- **Carry INR 100 & 50 Rupee denomination in Bhutan.** Rupee denomination note of **INR 500 are not accepted in Bhutan.**
- All SIM Cards will work in Bhutan if you get your International Roaming activated (Differs from service provider to service provider). It will not work without International Roaming.

Terms & Conditions

Our Food:

During the tour we will provide delicious, pure vegetarian / Jain / Swami Narayan Food specially prepared for you according to "Heena Style" (We provide Breakfast, Lunch, Evening Tea/Coffee with light cookies and dinner with dry munching during travel) prepared/cooked by our own expert Cooks.

Important note

To operate this tour with our full Kitchen Facilities/Maharaj Food, we require minimum 8 to 10 Passengers travelling on that particular date, If we receive fewer passengers than the minimum required, you will need to choose one of the following options:

01 – You may switch to any other sector as per your choice of date

02 – You may opt for Customized Package (FIT) with hotel food (Breakfast & Dinner) with some additional amount if applicable.

We are not responsible for any flight or train cancellation charges applicable to you.

Transportation:

Seat numbers in the bus are provided on first come first serve basis, as per the booking date and the seat numbers remain fixed throughout the tour, still the passengers may interchange their seats with their co-passengers on mutual consent. Once reaching destination, all the road travel will be by NON-AC Vehicles as per group size. Due to unavoidable circumstances, if there is any road block, or traffic jam, you will have to co-operate with the tour manager. In case of accident, please follow the instructions of the tour manager to reach the next destination, in such cases we are not responsible for the damage to your luggage or any injury to the passenger.

Hotels:

Though we have made blocking of rooms [base category rooms if not mentioned otherwise] in all the above hotels in advance as per our tour dates, but due to some unavoidable circumstances, if we are forced to change the hotels, we have full rights to change without prior notice to the guest. If we have to provide alternative/similar accommodation, for which no refund shall be allowed. The rooms shall be allotted as per the check-in time of the hotels and they shall have to be vacated as per the hotels check-out time. In some hotels the rooms may be twin bedded. Non AC Rooms will be provided in Hill Stations.

Luggage:

During the entire tour our staff will be at your service to carry your luggage, but at the same time we are not responsible for the theft or damage to your luggage. No claims to be entertained.

Tour Manager:

We advise you to co-operate with our tour manager in all respect to make your tour really enjoyable. Allotment of rooms, selection of the daily food menu, is the duty of the tour manager and passengers should not interfere in these matters. Passengers indulging in unwanted hindrance, in the smooth operation of the tour, or quarrelling with the manager or other passengers, shall be asked to leave the tour at that spot immediately and shall not be given any refund for the same.

Terms & Conditions

Unavoidable Circumstances:

If due to reasons beyond our control like riots, floods, political unrest, band's, accidents, traffic jam or any other natural or manmade calamities, the program of the tour has to be changed or extended, the additional expenditure for the same will have to be borne by the passengers. If any passengers has to leave the tour mid-way, due to any reasons like death of relative / illness / any other reasons, there shall be no refund for the remaining portion of the tour. And the expenses for returning back to your destination also shall be borne by the passengers.

Suggestions / Complaints during the Tour:

If the passengers have any suggestions/complaints regarding our services like hotel, bus, food etc. are advised to inform to your sector in-charge and then our office immediately by whatsapp to your sales executive and co-operate with the tour manager, so that the same can be readdressed as early as possible. No complaints or refund for the same be entertained after completion of the tour.

Booking & Cancellations:

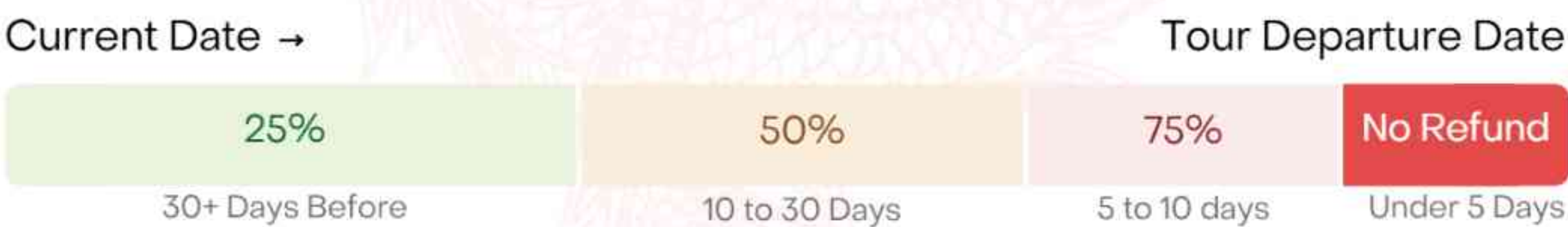
You can confirm your booking by paying a deposit of 25% of the Total Tour Cost [Non Refundable]

The balance payment shall be paid 30 days before tour departure date. If anybody fails to pay the balance amount before 30 days, then your rooms will be auto released and no refund will be provided.

If we are forced to cancel the tour due to the unavoidable circumstances like natural calamities - floods, riots, bands, strikes or any political reasons etc. then we shall give you an option of date change or credit note after deducting 10% of the total tour cost as our service charge for making the necessary arrangements for your tour.

Cancellation policy:

- BEFORE 30 DAYS 25% OF THE TOUR COST.**
- BETWEEN 10 TO 30 DAYS 50% OF THE TOUR COST.**
- BETWEEN 05 TO 10 DAYS 75% OF THE TOUR COST.**
- WITHIN 05 DAYS 100% OF THE TOUR COST (NO REFUND).**



We hope that you have read all our above terms and conditions before confirming your tour with us.



INDIA'S PIONEER IN PURE VEG & JAIN FOOD TOURS SINCE 40 YEARS

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Auli / Chopta



Bhutan



Chardham



Himachal



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Andaman



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More info:
www.heenatours.in

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