

BHUTAN

BH-04

Phuentsholing · Thimpu · Punakha · Paro

 8 Nights | 9 Days

 All Meals | Pure Veg

 Heena's Maharaj



What our Guests say about Bhutan



“Heena's food service is unmatched in Indian tour industry. 🍽️”

Food was the biggest question in my mind before going Bhutan. Heena solved it completely. Fresh gujarati food at every hotel. Poha, for breakfast, thepla for snacks, khichdi, dal-baati, roti-sabzi, evening chai with khakhra everything felt like home. Heena's food service is unmatched in Indian tour industry. 🍽️

Sujata Doshi

Pune · March 2026



“Very impressed with the Bhutanese people always smiling”

Very impressed with the Bhutanese people always smiling, always helpful. Our guide Jigme and driver Karma treated us like their own family. Manager Sureshbhai coordinated everything smoothly.

Vasudha Deshmukh

Nashik · May 2026



“Feel healthy by Heena's Food and Bhutan good quality air”

Me and my wife alone with other 80 ojas group members went for Bhutan tour from 20th June to 28th June 2026, arranged by Heena tours and travels. Food arrangements , travel arrangements and hotel arrangements were all excellently done by Heena tours. Feel healthy by Heena's Food and Bhutan good quality air. Definitely recommend Heena tour as your travel operator.

Jayesh Sanghvi

Kolkata · June 2026



“We, a group of 24 members, felt as if we were all from one family.”

Mera HEENA TOURS ME PAHLA Tour he lekin hame aapka staff and SP Kousik and Mohan bhai ne 7 night and 8 day me kabhi bhi koi bhi item mangne se pahle mill jati thi. HEENA ka khana bhi Shandar tha ghar jaishi manwar har koi staff kar raha tha hum 24 member ka group Asa lag raha tha ki hum sab ak hi family ke he HEENA IS THE BEST JAI JINENDRA.

Navneet Chaudhari

Mumbai · June 2026

WHY CHOOSE HEENA FOR BHUTAN?

- Heena's food in difficult places like Bumthang
- 100% Of the time

Since 1988, every Heena tour has served pure vegetarian food – no exceptions, no negotiations with hotels, completely separate menu designed for our guests. Just delicious, home-style food from Leh to Kerala.



All meals guaranteed
Pure veg at every hotel, every stop, every day



Heena Maharaj on Board
Our own cooks travel with groups



Trusted Hotels
Kitchens inspected for cross-contamination

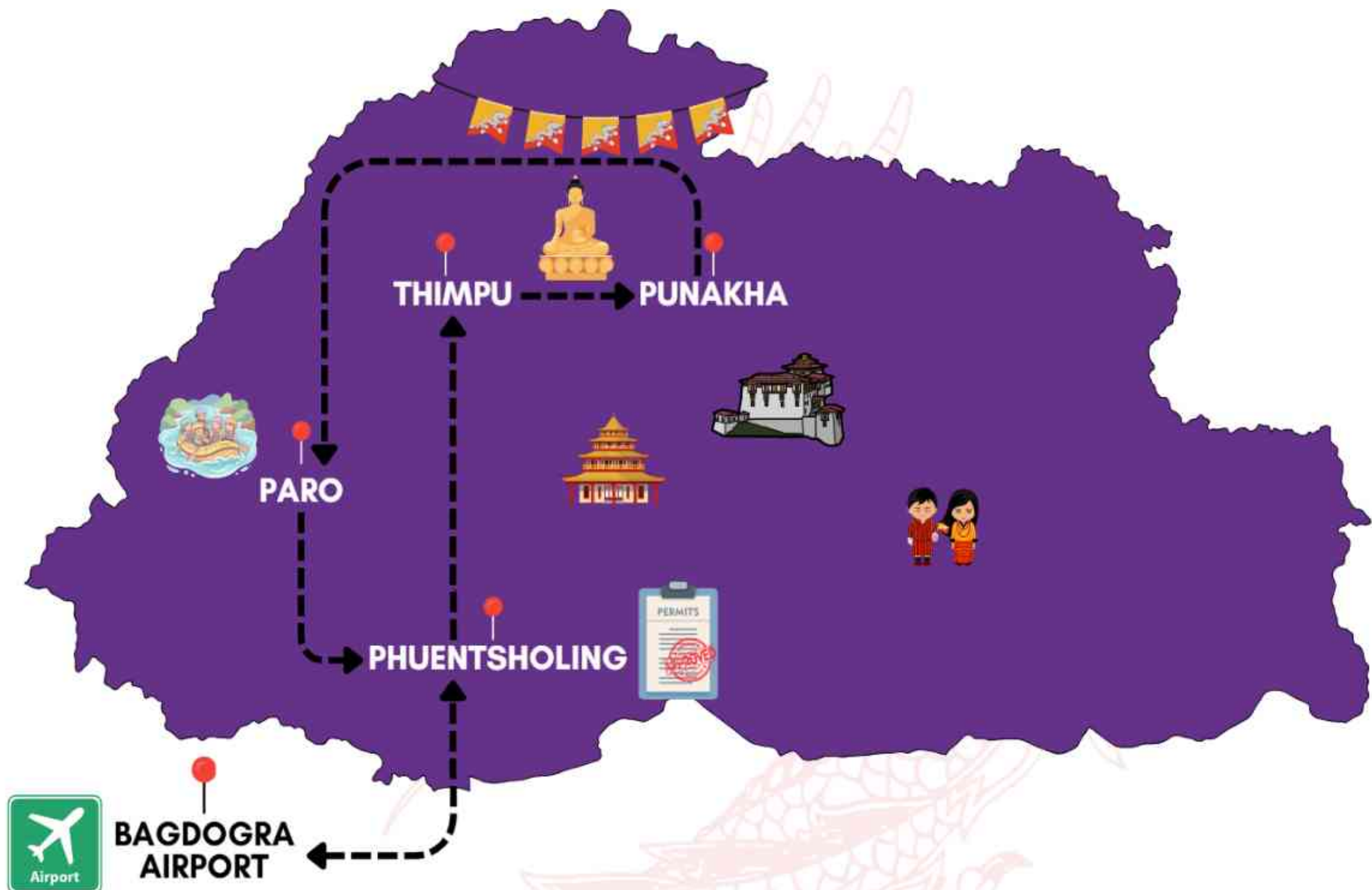


Jain Food available
No onion/garlic options on every departure

“Finally, a tour operator where I didn't have to worry about food for a single meal.”
— Kokilaben M, Surat

We are very pleased with the great kitchen staff who provided us with a fresh variety of vegetarian food for breakfast, lunch, and dinner. The kitchen staff constantly offered food at our table
— Varsha Shah – Mumbai

Tour Highlights



PHUENTSHOLING 2 nights

- Permit Process
- Leisure / Relax

THIMPHU 2 nights

- The Tashichhoe Dzong
- Kuensel Phodrang
- Nunnery, National Memorial Chorten, Simply Bhutan, BBS Tower
- Sangye Migyur Ling Lhakhang

PUNAKHA 2 nights

- Phobjikha Valley
- Punakha Dzong
- Suspension bridge
- River Rafting (not included in cost)

PARO 2 nights

- Mountain River
- Paro Market
- Scenic Chele-La-Pass
- Eagle View Point
- Bhutanese Traditional Dress
- Museum of lights & Ringpung Dzong



ARRIVAL MODE **OPTION 1**

BY ROAD

Bagdogra to Bagdogra



Brief Description of Option 1:

- 8 Nights | 9 Days
- Bagdogra to Bagdogra
- Journey from Bagdogra to Phunetsholing [Bhutan] via a Bus/ Tempo/ 6 Seater Vehicle

ARRIVAL MODE **OPTION 2**

BY FLIGHT

Paro to Paro



Brief Description of Option 2:

- 6 Nights | 7 Days
- Kolkata/Delhi to Paro
- Save 2 Days of road journey – Travel by flight from Kolkata/Delhi to Paro [Bhutan] and Avoid Long Road Journey.
- Skip night stay at Phuentsholing on the First and Last day

Both options include the Same Bhutan & Heena Experience



Tour Dates

	By Road Dates	Flight Package Dates
October 2026	4, 11, 18, 25	5, 12, 19, 26
November 2026	1, 3, 5, 7, 9, 15, 22, 29	2, 4, 6, 8, 10, 16, 23, 30
December 2026	6, 13, 20, 27	7, 14, 21, 28
January 2027	3, 10, 17, 24, 31	4, 11, 18, 25
February 2027	7, 14, 21, 28	1, 8, 15, 22
March 2027	7, 14, 21, 28	1, 8, 15, 22, 29

Tour Rates

	Option 1 Rates	Option 2 Rates
Per Couple	₹1,40,000	₹1,13,000
Extra Adult/Child with Mattress	₹66,000	₹53,000
Per Child (5-11 yrs.) without Mattress	₹52,500	₹40,500
Child below 5 yrs with Seat	₹19,000	₹19,000

Direct flight options to Paro; guests are required to book their tickets to Kolkata/Delhi separately.

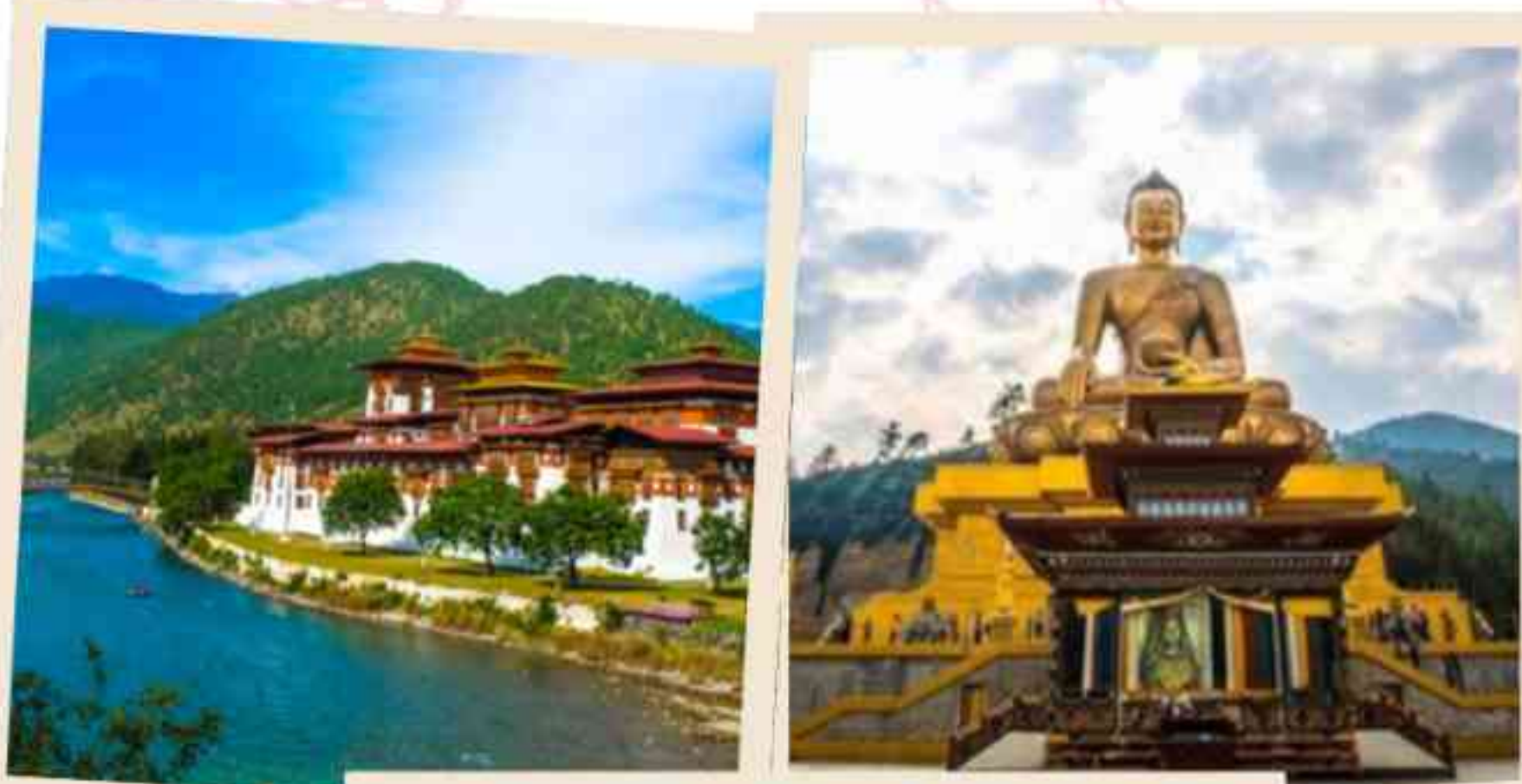
Info for Foreigner/ NRI: - Additional Cost are mandatory at the time of booking for PERMIT and VISA Foreigner/ NRI have to reach Bagdogra Airport before 10am, because Non-Indian office closes at 5pm in Bhutan.	740 USD 1 night stay will be in India Part	640 USD
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Option 1 - Route [By Road]

DESTINATION (8 NIGHTS)	HOTELS	Star Rating
Phunetsholing (1N)	Hotel Palm / Similar	★ ★ ★
Thimphu (2N)	Migmar / Similar	★ ★ ★
Punakha (2N)	Hotel Pema Karpo / Similar	★ ★ ★
Paro (2N)	Paro Grand / Similar	★ ★ ★
Phuentsholing (1N)	Hotel Palm / Similar	★ ★ ★

Option 2 - Route [By Flight]

DESTINATION (6 NIGHTS)	HOTELS	Star Rating
Thimphu (2N)	Migmar / Similar	★ ★ ★
Punakha (2N)	Hotel Pema Karpo / Similar	★ ★ ★
Paro (2N)	Paro Grand / Similar	★ ★ ★



Punakha Dzong

Paro

Thimphu

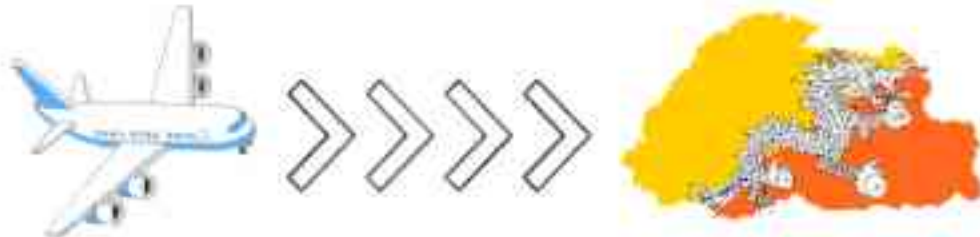
ITINERARY IF ARRIVING BY ROAD FROM BAGDOGRA TO BHUTAN



DAY 1

BAGDOGRA AIRPORT TO PHUENTSHOLING

160 KMS/6 HRS JOURNEY



Welcome to your Bhutan Tour! Arrive at Bagdogra Airport till 2pm. We will have lunch in Siliguri and transfer to Phuentsholing (Indo/Bhutan border). On arrival complete the immigration formalities and check - in at the hotel. Dinner & Overnight stay at Phuentsholing.

DAY 2

PHUENTSHOLING – THIMPHU

160 KMS/4 HRS JOURNEY



After breakfast transfer to Thimphu “The Capital Town of Bhutan” one can enjoy beautiful Mountain view and River side on the way. Enroute we have lunch & visit **Sangye Migyur Ling Lhakhang** – A Tower for Milarepa in the Land of the Thunder Dragon. On arrival to Thimpu check in at the hotel. If time permits in the evening we will visit **The Tashichhoe Dzong Outer view** (Fortress of the Glorious Religion). Dinner & Overnight stay at Thimphu.

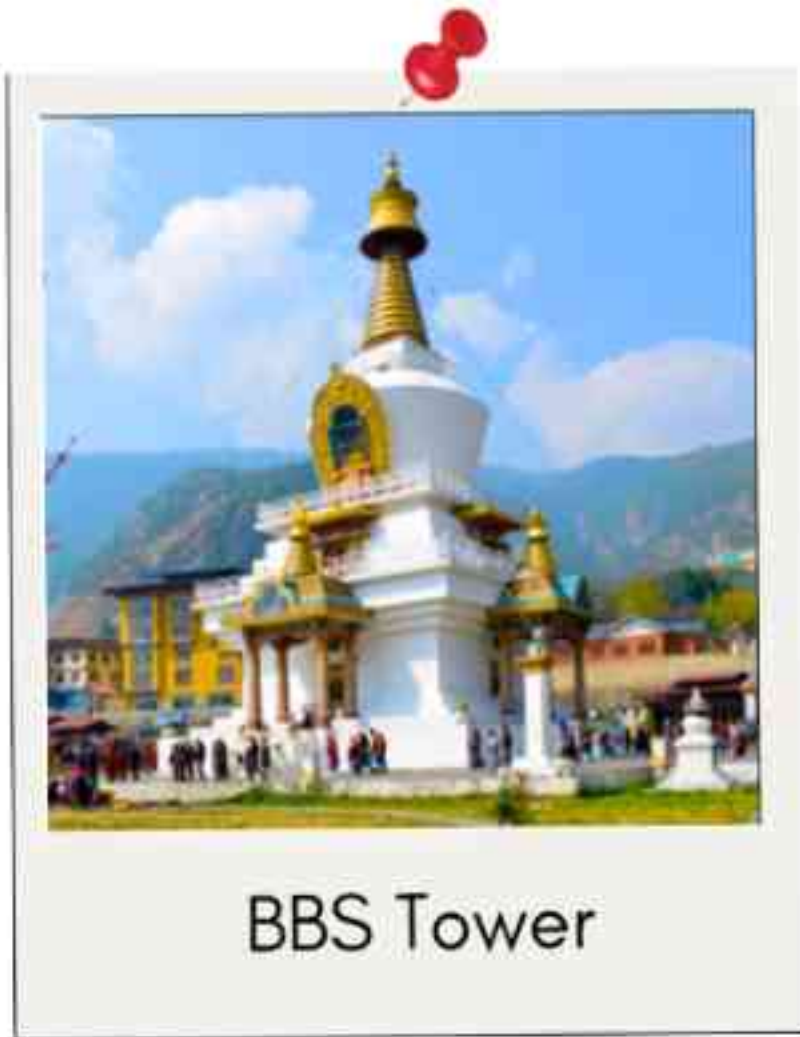


DAY 3

THIMPHU



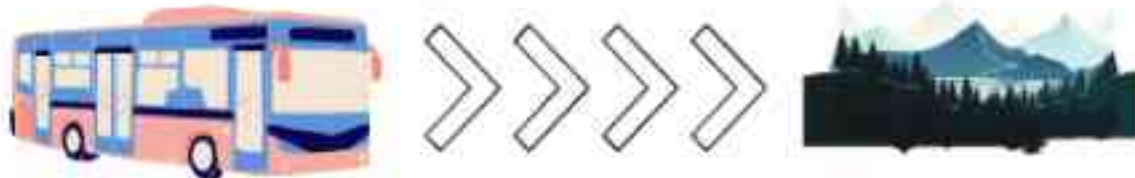
After breakfast visit outer view **Kuensel Phodrang** (Buddha Statue known as Buddha Point), **Hindu Temple, Outer view of National Memorial Chorten** (Monument). Return to hotel for lunch later in the afternoon visit **Nunnery** (Female Monk Prayer Place), **BBS Tower, Thimpu Market** (Handicraft product and Local product can be Found here) and visit **Simply Bhutan**. Dinner & Overnight stay at Thimpu.



DAY 4

THIMPHU – PUNAKHA

80 KMS/3 HRS JOURNEY



After breakfast drive to Punakha you have to cross **Dochu-la Pass** from where one can see of Beautiful Mountain ranges of Bhutan (Subject to weather condition) and here it is built 108 memorial chorten (small stupas). **[In Punakha you also have option to do white water river rafting at your own expense]** Lunch, Dinner & Overnight in Punakha.

DAY 5

PUNAKHA EXCURSION TO PHOBJIKA

After breakfast, drive to the breathtaking **Phobjikha Valley**, famously known as The Valley of Black-Necked Cranes. This serene, U-shaped glacial valley is one of Bhutan's most beautiful landscapes and the winter home of the rare Black-Necked Crane. The valley also offers sweeping views of the historic 17th-century Gangtey Gumpa, one of the oldest and largest monasteries of the Nyingma (Red Hat) school of Buddhism. Dinner & Night halt at Punakha.

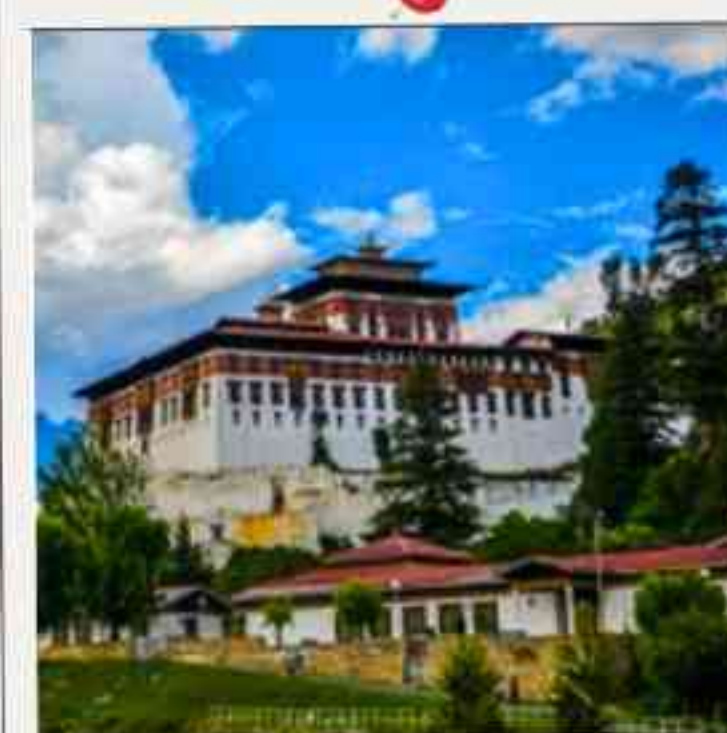
DAY 6

PUNAKHA - PARO

120 KMS/4 HRS JOURNEY



After breakfast, we will drive to Paro. Our first visit will be at the **Mountain River**, where you can experience the refreshing and clear waters. Later, we will visit the **Museum of lights** [closed on Sat/Sun as Govt holiday], **Ringpung Dzong** and **Paro Market**, a charming place to crafted wooden handicrafts and showcasing of typical Bhutanese arts. Lunch, Dinner & overnight stay in Paro.



Ringpung Dzong

DAY 7

PARO



After breakfast excursion trip to **Chele-La-Pass** - the highest motorable road in Bhutan (Distance: 35 kms. One way/Driving Time: 2 hrs/altitude of Chele-La-Pass: 3988 meters). Enjoy the scenic beauty and memorable landscapes from Chele-La-Pass. Back to Paro on the way can visit **Eagle view Point** (From here one can see the beautiful artistic Airport). Evening **Try Bhutanese Traditional Dress** and **Shopping** at Town. Lunch, Dinner & Overnight stay at Paro.



Bhutanese Traditional Dress



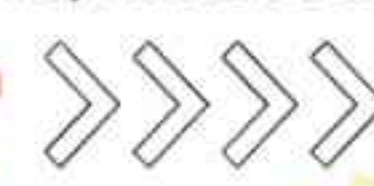
Eagle view Point

***Guests who are enthusiasts of trekking have the opportunity to visit TAKSTANG MONASTERY at their own expense [you will also need to pay guide expense]. The monastery is located a 30-minute drive away from our hotel. You may depart early in the morning before breakfast and rejoin the tour upon completion of your visit.**

DAY 8

PARO - PHUENTSHOLING

150 KMS/4 HRS JOURNEY



After a light breakfast, take some time to enjoy and relax in Paro. After lunch, depart for Phuentsholing at around 1pm. The evening is free to rest and unwind. Dinner and an overnight stay will be in Phuentsholing.

DAY 9

PHUENTSHOLING TO
BAGDOGRA AIRPORT

150 KMS/4-5 HRS JOURNEY



After breakfast check out from the hotel and transfer to Bagdogra Airport for departure. **Flights to be booked after 2pm.**

We hope you had a memorable experience during the tour conducted by Heena Tours & Travels. Safe travels and have a wonderful journey ahead!

THIS TOUR STARTS WITH LUNCH ON DAY - 01 & CONCLUDES WITH BREAKFAST ON DAY - 09

ITINERARY IF ARRIVING BY FLIGHT TO PARO DIRECTLY

6 Nights	Night Stay	Description	Heena Style Meals [Rajasthani Maharaj]
Day 1	Thimpu	Paro Airport to Thimpu	Lunch & Dinner
Day 2	Thimpu	Sightseeing	Breakfast, Lunch & Dinner
Day 3	Punakha	Thimpu to Punakha	Breakfast, Lunch & Dinner
Day 4	Punakha	Sightseeing	Breakfast, Lunch & Dinner
Day 5	Paro	Punakha to Paro	Breakfast, Lunch & Dinner
Day 6	Paro	Sightseeing	Breakfast, Lunch & Dinner
Day 7	-	Paro Airport Drop off	Breakfast

Inclusions

- 8 Nights / 9 Days Hotel Accommodation [Option 1]
 - 6 Nights / 7 Days Hotel Accommodation [Option 2]
- All meals will be prepared by our Maharaj in the hotel kitchen. (PURE VEG)
- All transfers and sightseeing as per the itinerary by Non AC Vehicles (Subject to group size and availability, mainly only Coaster Buses).
- All Entry fees during sightseeing with local guide.
- Service of Caring Tour Manager and Guide.
- Mineral water during travelling .
- **Above rates are valid for Indian Nationals only.**
- **SDF (Sustainable Development fees) inclusive for Indians.**

Exclusions

- Air Fares
- Any Kind Of Personal Expenses like Drinks, Phone Calls, Laundry, Etc.
- Any other item not specified in cost includes.
- **5% GST (Tax subject to change as per Govt. Regulations) + TCS (Tax Collected at Source) on total billing with valid Pan Number details.**

***HEENA TOURS & TRAVELS WILL NOT BE RESPONSIBLE IF THE FLIGHTS GETS DELAYED OR CANCELLED.**

A note from Heena

Thank you for your 39 years Trust & Support & choosing Bhutan as your travel destination with Heena, before you book the Tour we would like to show TRANSPARENCY about this sector. Bhutan is a very good scenic place to enjoy the Natural Beauty, but there are lots of Govt. restrictions, where our Tour Manager can't travel with you in all the places, only English/Hindi Speaking Local Guide will be there for sightseeing, Hotel Food will be there but our Chef i.e Maharaj will be there to guide the hotel chef to give Heena Style taste. We understand that you are travelling with us as you have enjoyed proper meals cooked by our Kitchen in earlier tours, but kindly don't keep the same expectations in BHUTAN. We will try to give our best possible in this sector. THANK YOU.

Important notes for Bhutan

DOCUMENTS

- For guests over the age of 18 you must carry:
 1. An **Original Passport** (valid for at least six months from the return date) or an **Original Voter ID card**.
 2. 02 passport size photographs
 3. 02 photocopies of all documents which are submitted
- For Children/Students below the age of 18 you must carry:
 1. An **Original Valid Passport** or **Original Birth certificate (ENGLISH)** along with **School / College Photo Identity card (ENGLISH)**.
 2. 02 passport size photographs
 3. 02 photocopies of all documents which are submitted
- For Infants carry 2 passport size photographs.

Guests must submit the same documents & a passport size photograph which they are planning to carry.

- Carry Universal adaptor for charging of your cell phones.
- Carry clothes that are light with fast drying fabric and good breathability.
- Bhutan is a tobacco free zone, so no smoking in and around town.
- Whenever you visit Dzong you are asked to wear full sleeve clothes, no caps and photography allowed. Guide will inform you in advance.
- The country is a litter free zone so we request our guest not to throw anything outside the window or inside the bus.
- Bhutan has free trade but people there don't like much of bargaining.
- They have strict traffic rules and at some places vehicle cannot go; guest are requested to co-operate with it.
- **Carry INR 100 & 50 Rupee denomination in Bhutan.** Rupee denomination note of **INR 500 are not accepted in Bhutan.**
- All SIM Cards will work in Bhutan if you get your International Roaming activated (Differs from service provider to service provider). It will not work without International Roaming.

Terms & Conditions

Our Food:

During the tour we will provide delicious, pure vegetarian / Jain / Swami Narayan Food specially prepared for you according to "Heena Style" (We provide Breakfast, Lunch, Evening Tea/Coffee with light cookies and dinner with dry munching during travel) prepared/cooked by our own expert Cooks.

Important note

To operate this tour with our full Kitchen Facilities/Maharaj Food, we require minimum 8 to 10 Passengers travelling on that particular date, If we receive fewer passengers than the minimum required, you will need to choose one of the following options:

01 – You may switch to any other sector as per your choice of date

02 – You may opt for Customized Package (FIT) with hotel food (Breakfast & Dinner) with some additional amount if applicable.

We are not responsible for any flight or train cancellation charges applicable to you.

Transportation:

Seat numbers in the bus are provided on first come first serve basis, as per the booking date and the seat numbers remain fixed throughout the tour, still the passengers may interchange their seats with their co-passengers on mutual consent. Once reaching destination, all the road travel will be by NON-AC Vehicles as per group size. Due to unavoidable circumstances, if there is any road block, or traffic jam, you will have to co-operate with the tour manager. In case of accident, please follow the instructions of the tour manager to reach the next destination, in such cases we are not responsible for the damage to your luggage or any injury to the passenger.

Hotels:

Though we have made blocking of rooms [base category rooms if not mentioned otherwise] in all the above hotels in advance as per our tour dates, but due to some unavoidable circumstances, if we are forced to change the hotels, we have full rights to change without prior notice to the guest. If we have to provide alternative/similar accommodation, for which no refund shall be allowed. The rooms shall be allotted as per the check-in time of the hotels and they shall have to be vacated as per the hotels check-out time. In some hotels the rooms may be twin bedded. Non AC Rooms will be provided in Hill Stations.

Luggage:

During the entire tour our staff will be at your service to carry your luggage, but at the same time we are not responsible for the theft or damage to your luggage. No claims to be entertained.

Tour Manager:

We advise you to co-operate with our tour manager in all respect to make your tour really enjoyable. Allotment of rooms, selection of the daily food menu, is the duty of the tour manager and passengers should not interfere in these matters. Passengers indulging in unwanted hindrance, in the smooth operation of the tour, or quarrelling with the manager or other passengers, shall be asked to leave the tour at that spot immediately and shall not be given any refund for the same.

Terms & Conditions

Unavoidable Circumstances:

If due to reasons beyond our control like riots, floods, political unrest, band's, accidents, traffic jam or any other natural or manmade calamities, the program of the tour has to be changed or extended, the additional expenditure for the same will have to be borne by the passengers. If any passengers has to leave the tour mid-way, due to any reasons like death of relative / illness / any other reasons, there shall be no refund for the remaining portion of the tour. And the expenses for returning back to your destination also shall be borne by the passengers.

Suggestions / Complaints during the Tour:

If the passengers have any suggestions/complaints regarding our services like hotel, bus, food etc. are advised to inform to your sector in-charge and then our office immediately by whatsapp to your sales executive and co-operate with the tour manager, so that the same can be readdressed as early as possible. No complaints or refund for the same be entertained after completion of the tour.

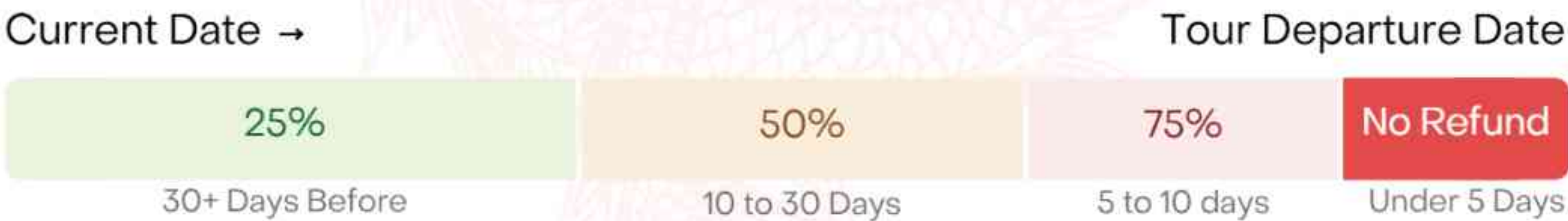
Booking & Cancellations:

You can confirm your booking by paying a deposit of 25% of the Total Tour Cost [Non Refundable]

The balance payment shall be paid 30 days before tour departure date. If anybody fails to pay the balance amount before 30 days, then your rooms will be auto released and no refund will be provided.

If we are forced to cancel the tour due to the unavoidable circumstances like natural calamities - floods, riots, bands, strikes or any political reasons etc. then we shall give you an option of date change or credit note after deducting 10% of the total tour cost as our service charge for making the necessary arrangements for your tour.

Cancellation policy:
BEFORE 30 DAYS 25% OF THE TOUR COST.
BETWEEN 10 TO 30 DAYS 50% OF THE TOUR COST.
BETWEEN 05 TO 10 DAYS 75% OF THE TOUR COST.
WITHIN 05 DAYS 100% OF THE TOUR COST (NO REFUND).



We hope that you have read all our above terms and conditions before confirming your tour with us.



INDIA'S PIONEER IN PURE VEG & JAIN FOOD TOURS SINCE 40 YEARS

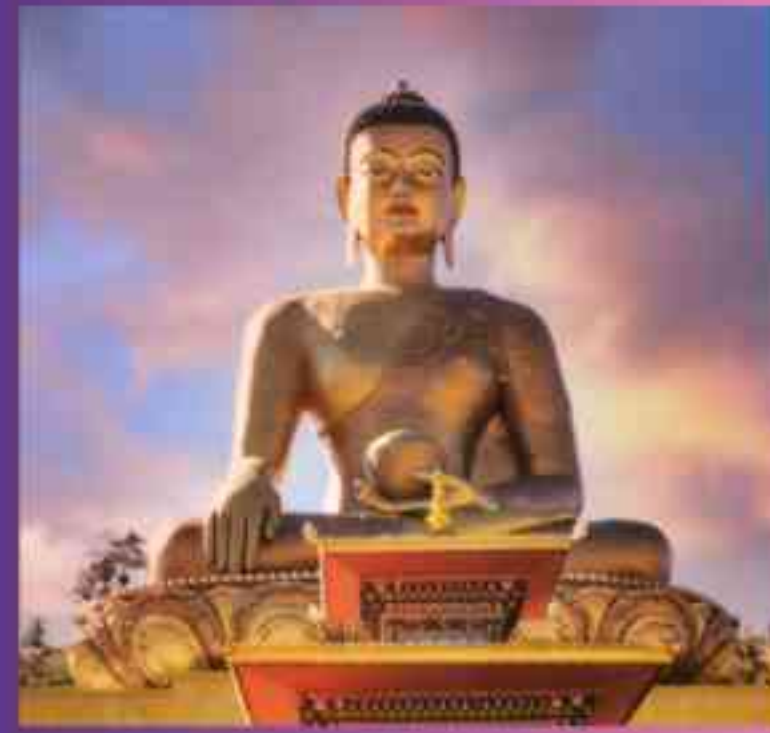
Assam / Meghalaya



Auli / Chopta



Bhutan



Chardham



Himachal



Kashmir



Kerala



Leh Ladakh



Nepal



Rajasthan



Sikkim



South India [Ooty/Coorg]



Spiti



Uttar Pradesh



Uttarakhand



And many more...



Landline:
+022 6159 6900



More info:
www.heenatours.in

મોટાભાઈ ૪૦ વર્ષનો અનુભવ છે!



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FOR ALL OUR
ITINERARIES

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