100% VEG TOURS

Heena TOURS & TRAVELS
DOMESTIC & INTERNATIONAL

Kerala

KL-01

Cochin · Munnar · Thekkady · Kumarakom · Trivandrum / Kovalam

9 Nights | 10 Days | All Meals | Pure Veg | Heena's Kitchen

What our Guests say about *Kerala*

★★★★★

"Excellent service, premium hotels and a truly mesmerising experience"

Excellent service, premium hotel (specially Tea County Munnar and KTDC Waterscapes Kumarakom), premium room category, delicious food and great kitchen staff (Rajubhai, Vinodbhai, Sunilbhai and so on), beyond excellent tour manager Mr Sanjeev Sharma. All these factors made our Kerala tour experience truly mesmerising. Truly thankful to Heena staff

Manan Amin

Mumbai · May 2026

"My very first trip to Kerala genuine care, incredible support, and personal attention"

This was my very first trip to Kerala and with Heena Tours and Travels. The tour was very well planned, amazing, and so worth it. All the hotels were of good standard, particularly KTDC Waterscapes in Kumarakom. Our tour guide Niteshbhai Nirmal truly made the experience so incredible and memorable; his genuine care and personal attention throughout the trip made the tour very enjoyable, comfortable and stress-free. The food was awesome with different varieties daily. The service received from the staff 2 drivers, 2 Maharaj cooks and 5 helpers — was absolutely outstanding. I will definitely be planning my next trip with Heena

Mala Chhaniyara

Surat · April 2026

"We all felt like family, thanks to his efforts"

We wanted to express our sincere gratitude for the amazing Kerala tour! 🌴 Special shoutout to our fantastic Tour Manager, Mr. Sanjaybhai - his exceptional care and dedication made our trip truly unforgettable. The food was absolutely delicious, and the service was top-notch. We all felt like family, thanks to his efforts.

Ketan & Meena Selarka

Mumbai · April 2025

🌿WHY CHOOSE HEENA FOR KERALA?

- 100% Vegetarian
- 100% Of the time

Since 1988, every Heena tour has served pure vegetarian food - no exceptions, no negotiations with hotels, completely separate menu designed for our guests.
Just delicious, home-style food from Leh to Kerala.

🍴
All meals guaranteed
Pure veg at every hotel, every stop, every day

👨‍🍳
Heena Maharaj on Board
Our own cooks travel with groups

🏨
Trusted Hotels
Kitchens inspected for cross-contamination

👍
Jain Food available
No onion/garlic options on every departure

"Finally, a tour operator where I didn't have to worry about food for a single meal."
— Kokilaben M, Surat

We are very pleased with the great kitchen staff who provided us with a fresh variety of vegetarian food for breakfast, lunch, and dinner. The kitchen staff constantly offered food at our table
— Varsha Shah – Mumbai

KL-01

Tour Dates

October 2026	2, 13, 24	January 2027	4, 15, 26
November 2026	4, 7, 10, 21	February 2027	6, 17, 28
December 2026	2, 13, 21, 24	March 2027	11, 22

Tour Highlights

Cochin 1 night

- Leisure
- Shopping
- Rest

Munnar 3 nights

- Waterfalls
- Tea Garden
- Metupatty Dam
- Rajmala view point
- Botanical Garden

Thekkady 1 night

- Kathakali show
- Boating at Periyar Lake
- Jeep Safari
- Spice Plantation Tour

Kumarakom 2 nights

- Backwaters ride
- Leisure / Shopping / Rest

Trivandrum / Kovalam 2 nights

- Jatayu Earth's Center
- Beach Hotel
- Trivandrum / Kovalam
- Shree Padmanabha Swamy Temple

KL-01

Tour Rates WITH GROUP VEHICLE

EX. COCHIN

Per Couple	Rs.1,34,000
Third Person in same room	Rs.56,000
Per Child (5-11 yrs.) with Mattress	Rs.52,000
Per Child (5-11 yrs.) without Mattress	Rs.35,000
Per Child Below 5 yrs. with seat	Rs.27,000
Per Child Below 5 yrs. without seat	Rs.13,000

Tour Rates WITH PRIVATE VEHICLE

EX. COCHIN

Per Couple	Rs.1,22,000
Third Person in same room	Rs.50,000
Per Child (5-11 yrs.) with Mattress	Rs.46,000
Per Child (5-11 yrs.) without Mattress	Rs.29,000
Per Child Below 5 yrs.	Rs.13,000
Extra for Innova	Rs.45,000
Extra for Crysta	Rs.50,000

Hotels

Destination [9 NIGHTS]	Hotels
Cochin [1N]	Abad Atrium / Similar
Munnar [3N]	*Tea County [KTDC] / Similar
Thekkady [1N]	Abad Green Forest [Cottage] / Similar
Kumarakom [2N]	Waterscapes [KTDC] / Similar
Trivandrum / Kovalam [2N]	Mascot / Hotel Samudra / Similar

*Munnar - Tea County KTDC - Room upgradation to Premium Room @ ₹1000/- per night per room [subject to availability]

DAY 1 COCHIN AIRPORT ARRIVAL

Warm Greetings to your Kerala Tour!! Arrive Cochin Airport and **reach our hotel directly *(drop to hotel will be managed by guest.)*** Hotel Check in time is at 2pm. On Arrival check into hotel and have your lunch & rest of the day is free for leisure / shopping at your own cost. Dinner & Night halt at Cochin.

Cochin is popularly known as the Queen of Arabian Sea, the city also flaunts one of the finest natural harbours of the world and was the centre of the world spice trade for many centuries.

DAY 2 COCHIN – MUNNAR

Distance:- 130 kms / 5 hrs approx

After breakfast check out from hotel with your luggage and proceed to visit local sightseeing of Cochin which includes – **Dutch Palace, St. Francis Church** & **Chinese Fishing Nets**. After lunch proceed to Munnar – A hill station and former resort for the British Raj elite, it's surrounded by rolling hills dotted with tea plantations established in the late 19th century. En route visit the famous **waterfalls** (In rainy Season) on arrival check into your hotel. Dinner & Night halt at Munnar.

Guests outside Cochin Fort

Cochin waterfall

DAY 3 MUNNAR SIGHTSEEING

After breakfast visit **Mattupetty Dam for Speed boating** (included in the cost), **Rose Garden & Botanical Garden**. Evening free for leisure/rest or Shopping. Dinner & Night halt at Munnar

Mattupetty Dam for Speed boating

Rose Garden

DAY 4 MUNNAR SIGHTSEEING

After breakfast visit **Rajmala view point** the highest point of Kerala & then **Eravikulam National Park**. After lunch the day is free to explore the natural beauty of Munnar. Dinner & Night halt at Munnar.

*Note: Munnar – Eravikulam National Park is closed for 2 Months (February & March) in a year due to the calving season, in this period we visit to Tea Museum.

Munnar highest view point

Eravikulam National Park

DAY 5 MUNNAR – THEKKADY

Distance:- 85 kms / 5 hrs approx

After breakfast check out from hotel with your luggage and proceed to Thekkady – it is a town near Periyar National Park, an important tourist attraction in the Kerala State of India.
En route visit the beautiful **Tea Gardens of Munnar**. On arrival check into your hotel – have your lunch and in the evening take a **Guided Spice Plantation Tour** and enjoy the famous Kerala Traditional **Kathakali show** (Included in the cost). Dinner & Night halt at Thekkady.

The famous Tea Gardens of Munnar

DAY 6 THEKKADY – KUMARAKOM

Distance:- 125 kms /6 hrs approx

After breakfast, enjoy some leisure time. We check out and after lunch we continue our journey to **Kumarakom**. *This charming village is situated on Vembanad Lake, nestled in the beautiful Backwaters of Kerala. The area is interwoven with canals, where houseboats glide gracefully across the waters.*
En-route Tea Coffee. Check in to hotel – Dinner & Night stay in Kumarakom.

DAY 7 KUMARAKOM

Morning free to enjoy resort facilities. After lunch enjoy Kerala famous **back waters ride** (Included in the cost). Evening at your leisure/rest or Shopping. Dinner & Night halt at Kumarakom.

DAY 8 KUMARAKOM – TRIVANDRUM / KOVALAM

Distance:- 175 kms / 6 hrs approx

After breakfast, check out from the hotel with your luggage and proceed to Trivandrum / Kovalam; *it is famous for its beaches, among the most pristine in India. It is extremely popular among Westerners due to shallow waters and low tidal waves.* En route, visit **Jatayu Earth Centre**. It is home to the world's largest bird sculpture (included in the cost), and then proceed to Trivandrum / Kovalam. Dinner and night halt at Trivandrum / Kovalam

Jatayu Earth Centre

Trivandrum / Kovalam Beach

DAY 9 TRIVANDRUM / KOVALAM

After breakfast visit to **Shree Padmanabha Swamy Temple**, *It is considered as the richest place of worship in the world.* After lunch free for leisure. Dinner & Night halt at Trivandrum / Kovalam.

Shree Padmanabha Swamy Temple

DAY 10 TRIVANDRUM AIRPORT

After enjoying breakfast, check out of your hotel with your luggage and head to Trivandrum Airport for your flight (**Flights to be booked after 11 am.**)

Hope your tour ends with cherishing the wonderful memories of your tour with Heena Tours & Travels. We hope your experience with us has been truly memorable. Let's keep in touch via Facebook or email, and we eagerly anticipate the chance to welcome you back for another remarkable holiday. Until then, see you soon!

NOTE - THIS TOUR STARTS WITH LUNCH ON DAY - 01 & CONCLUDES WITH BREAKFAST ON DAY - 10.

Inclusions

- 9 Nights / 10 Days Hotel Accommodation
- All Meals with 'Heena Style' Exclusive Services. (PURE VEG)
- All Transfers & Sightseeing by AC Bus/ AC Tempo Traveler Subject to Group Size (AC in Vehicles is not operational during travelling on Hills & Ghats).
- Service of Caring Tour Manager
- Mineral Water during travelling

Exclusions

- Air / Train Fares
- Any Kind Of Personal Expenses like Drinks, Phone Calls, Laundry, Etc.
- Anything which is not specified in Inclusions
- **5% GST (Tax subject to change as per Govt. Regulations)**
- **Christmas & New Year surcharge**

***HEENA TOURS & TRAVELS WILL NOT BE RESPONSIBLE IF THE FLIGHTS GETS DELAYED OR CANCELLED.**

GUEST OPTING FOR PRIVATE INNOVA OPTION WILL NOT GET ANY KIND OF EXTRA FACILITY, ALSO THEY HAVE TO STAY IN TOUCH WITH OUR TOUR MANAGER & FOLLOW THE INSTRUCTIONS FOR MEALS TIMINGS & ITINERARY.

Travel Tips for Kerala

- Carry your Regular Basic medicines & Basic First Aid Kit with you
- Valid Photo Id (Aadhar Card/Driving License/Voter Id/Passport).
- **For NRI:** You **have** to show **Valid Foreign Passport & OCI Card for hotel check in**
- In Kerala Rain Showers are expected anytime throughout the year so carry Umbrella / Rain coat & also cover your travelling bag with plastic from inside so that your clothes don't get wet.
- Carry Sun Glasses, Sun's screen, Moisturizer, Cap, Sport Shoes
- Carry 1 Jacket or Sweater
- There is a special dress code for Shree Padmanabha Swamy Temple in Trivandrum / Kovalam. For Men – Dhoti with or without Angavastra,
- For Women – Sarees/Chudidars. Young girls below 12 years may wear gowns. You can buy from outside the temple or can carry your own.

Terms & Conditions

Our Food:
During the tour we will provide delicious, pure vegetarian / Jain / Swami Narayan Food specially prepared for you according to "Heena Style' (We provide Breakfast, Lunch, Evening Tea/Coffee with light cookies and dinner with dry munching during travel) prepared/cooked by our own expert Cooks.

Important note
To operate this tour with our full Kitchen Facilities/Maharaj Food, we require minimum 8 to 10 Passengers travelling on that particular date, If we receive fewer passengers than the minimum required, you will need to choose one of the following options:
01 – You may switch to any other sector as per your choice of date
02 – You may opt for Customized Package (FIT) with hotel food (Breakfast & Dinner) with some additional amount if applicable.
We are not responsible for any flight or train cancellation charges applicable to you.

Transportation:
Seat numbers in the bus are provided on first come first serve basis, as per the booking date and the seat numbers remain fixed throughout the tour, still the passengers may interchange their seats with their co-passengers on mutual consent. Once reaching destination, all the road travel will by NON-AC Vehicles as per group size. Due to unavoidable circumstances, if there is any road block, or traffic jam, you will have to co-operate with the tour manager. In case of accident, please follow the instructions of the tour manager to reach the next destination, in such cases we are not responsible for the damage to your luggage or any injury to the passenger.

Hotels:
Though we have made blocking of rooms [base category rooms if not mentioned otherwise] in all the above hotels in advance as per our tour dates, but due to some unavoidable circumstances, if we forced to change the hotels, we have full rights to change without prior notice to the guest. If we have to provide alternative/similar accommodation, for which no refund shall be allowed. The rooms shall be allotted as per the check-in time of the hotels and they shall have to be vacated as per the hotels check-out time. In some hotels the rooms may be twin bedded. Non AC Rooms will be provided in Hill Stations.

Luggage:
Guests are advised to travel with one large bag and one handbag each. Excess luggage may take up extra space in the vehicle and affect the comfort of the journey. During the entire tour our staff will be at your service to carry your luggage, but at the same time we are not responsible for the theft or damage to your luggage. No claims to be entertained.

Tour Manager:
We advise you to co-operate with our tour manager in all respect to make your tour really enjoyable. Allotment of rooms, selection of the daily food menu, is the duty of the tour manager and passengers should not interfere in these matters. Passengers indulging in unwanted hindrance, in the smooth operation of the tour, or quarrelling with the manager or other passengers, shall be asked to leave the tour at that spot immediately and shall not be given any refund for the same.

Terms & Conditions

Unavoidable Circumstances:
If due to reasons beyond our control like riots, floods, political unrest, band's, accidents, traffic jam or any other natural or manmade calamities, the program of the tour has to be changed or extended, the additional expenditure for the same will have to be borne by the passengers. If any passengers has to leave the tour mid-way, due to any reasons like death of relative / illness / any other reasons, there shall be no refund for the remaining portion of the tour. And the expenses for returning back to your destination also shall be borne by the passengers.

Suggestions / Complaints during the Tour:
If the passengers have any suggestions/complaints regarding our services like hotel, bus, food etc. are advised to inform to your sector in-charge and then our office immediately by whatsapp to your sales executive and co-operate with the tour manager, so that the same can be readdressed as early as possible. No complaints or refund for the same be entertained after completion of the tour.

Booking & Cancellations:

You can confirm your booking by paying a deposit of 25% of the total tour cost or ₹10,000/per person whichever is higher (Non Refundable).

The balance payment shall be paid 21 Days before tour departure date. If anybody fails to pay the balance amount before 21 Days, then your rooms will be auto released and no refund will be provided.

If we are forced to cancel the tour due to the unavoidable circumstances like natural calamities - floods, riots, bands, strikes or any political reasons etc. then we shall give you an option of date change or credit note after deducting 10% of the total tour cost as our service charge for making the necessary arrangements for your tour.

Cancellation policy:
Before 21 days of tour departure Rs.10,000/- per person
Between 10 to 21 days 50% of the tour cost.
Between 05 to 10 days 75% of the tour cost.
Within 05 days 100% of the tour cost (No Refund).

Current Date → Tour Departure Date

₹10,000/person	50%	75%	No Refund
21+ Days Before	10 to 21 Days	5 to 10 days	Under 5 Days

We hope that you have read all our above terms and conditions before confirming your tour with us.

INDIA'S PIONEER IN PURE VEG & JAIN FOOD TOURS SINCE 40 YEARS

Assam / Meghalaya

Auli / Chopta

Bhutan

Chardham

Himachal

Kashmir

Kerala

Leh Ladakh

Nepal

Rajasthan

Sikkim

South India [Ooty/Coorg]

Spiti

Uttar Pradesh

Uttarakhand

Andaman

Heena TOURS & TRAVELS ®

DOMESTIC & INTERNATIONAL

#PehleApnaDeshDekho

Landline:
+022 6159 6900

More info:
www.heenatours.in

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