100% VEG TOURS

Heena TOURS & TRAVELS
DOMESTIC & INTERNATIONAL

ASSAM & ARUNACHAL

MA-02

Guwahati · Dirang · Tawang

7 Nights | 8 Days | All Meals | Pure Veg | Heena's Kitchen



What our Guests say about East India

★★★★★



“This was our 4th trip with heena tours”

It was a wonderful experience. We enjoyed a lot. This was our 4th trip with heena tours to Assam, Arunachal and Meghalaya and the best one. All the staff was too good and supportive and dey hav served us with such good hospitality. Thank you Heena for making our trip so memorable.

Heta Koradia
Mumbai · January 2026



“Thank you for making it so smooth and memorable.”

Our trip to Meghalaya and Assam was truly unforgettable. Everything was well-organized, and we enjoyed every moment. Thank you for making it so smooth and memorable.

Tithi Shah
Surat · May 2026



“Heena Tours delivered on everything they had promised”

The tour to the three states of Arunachal Pradesh, Assam and Meghalaya organised by Heena Tours and Travels from 18th April to 29th April was awsome and memorable. I am 100% satisfied with the services provided by them. Heena Tours delivered on everything they had promised. There are no hidden costs and no cheating. All the sight seeing places were very well covered. Both the tour managers - Ishwar bhai and Sattu bhai managed the tour very well and made us feel at home. They were availbe 24 by 7 all these 12 days to address our concerns. In the effort to make this tour a great success all other staff members including cook and other helpers too have contributed significantly. The whole staff is very polite and humble. Even small crises were very well managed without any staff member losing their cool. I am specially thankful to Heena tours for providing us with Pure Jain delicious food. This was a big concern for me before the start of the tour. I have made up my mind to book my next tour too, whenever I plan the one, with Heena and only Heena.

Dr. Ketan K Shah
Ahmedabad · April 2026

🌿WHY CHOOSE HEENA FOR EAST?

100% Vegetarian
100% Of the time

Since 1986, every Heena tour has served pure vegetarian food - no exceptions, no negotiations with hotels, completely separate menu designed for our guests.
Just delicious, home-style food from Leh to Kerala.

- 🍴 **All meals guaranteed** — Pure veg at every hotel, every stop, every day
- 👨‍🍳 **Heena Maharaj on Board** — Our own cooks travel with groups
- 🏨 **Trusted Hotels** — Kitchens inspected for cross-contamination
- 👍 **Jain Food available** — No onion/garlic options on every departure

"Finally, a tour operator where I didn't have to worry about food for a single meal."
— Kokilaben M, Surat

We are very pleased with the great kitchen staff who provided us with a fresh variety of vegetarian food for breakfast, lunch, and dinner. The kitchen staff constantly offered food at our table
— Varsha Shah – Mumbai

MA-02

Tour Dates

October 2026	9, 22, 25	February 2027	12, 25
November 2026	4, 7, 10, 26	March 2027	10, 15, 20, 25
December 2026	9, 22, 25	April 2027	2, 9, 15, 22, 28
January 2027	4, 17, 30	May 2027	2, 5, 8, 11, 14, 18, 24, 31

Tour Highlights



GUWAHATI 1 night

- Maa Kamakhya temple
- River cruise

DIRANG 2 nights

- Jung Falls
- Dirang Monastery

TAWANG 3 nights

- Bumla Pass
- Sela Pass
- Jaswant Garh War Memorial
- Tawang Monastery
- Urgelling Monastery
- Buddha Statue
- The Sangestar Lake

MA-02

Heena Tours & Travels
DOMESTIC & INTERNATIONAL

Tour Rates WITH GROUP VEHICLE

EX. GUWAHATI

Per Couple	₹1,26,500
Extra Adult / Per Child with Mattress	₹45,500
Per Child (5-11 yrs) without Mattress	₹42,500
Per Child (2-5 yrs) with Seat	₹30,000

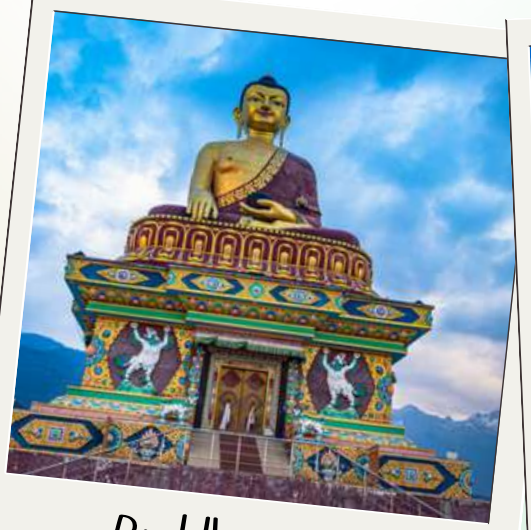
Tour Rates WITH PRIVATE VEHICLE

EX. GUWAHATI

Per Couple	₹1,11,500
Extra Adult / Per Child with Mattress	₹38,000
Per Child (5-11 yrs) without Mattress	₹35,000
Per Child (2-5 yrs) with Seat	₹22,500
Extra for Crysta	₹56,000
Extra for Urbania [8-12 Seats]	₹1,00,000

Above cost is for Indian Nationals only.
ℹ️ NRI Charges - ₹7,000 per person **Additional**.

DESTINATION (7 NIGHTS)	HOTELS
Guwahati (1N)	Daaysco / Raj Mahal / Similar
Dirang (1N)	Rigsel / Mandala / Pemaling / Similar
Tawang (3N)	Taktsang / Similar
Dirang (1N)	Rigsel / Mandala / Pemaling / Similar
Guwahati (1N)	Raj Mahal / Daaysco / Similar



Buddha Statue



Sela Pass



Dirang Monastery

DAY 1 GUWAHATI ARRIVAL DAY

Greetings & Welcome to your tour. Arrive at Guwahati airport by 10am. On the way to hotel visit **Maa Kamakhya temple**. Check-in upon arrival enjoy lunch. In the late afternoon we depart to enjoy a **River Cruise on the Brahmaputra River**. The rest of the day at your leisure. Dinner and overnight stay in Guwahati.

ℹ️ **It is advised to reach by 10am if you wish to cover both the sights in Guwahati.**



Cruise



Guest on Cruise

✓ Maa Kamakhya temple ✓ River Cruise 🍽 Lunch & Dinner

Maa Kamakhya Temple *is the most sacred among the tantrik shrines of Shakti worship worldwide. The temple is renowned for the annual Ambubachi Mela, a four-day festival held during the monsoon season. Inside the temple, you will find images of Lord Ganesha, Goddess Chamundi, and various dance fixtures. The temple's architecture resembles a beehive-shaped Shikhara. Additionally, there are ten Mahavidya temples dedicated to deities such as Bhuvaneshvari, Bagalamukhi, Chinnamasta, Tripura Sundari, Tara, Kali, Bhairavi, Dhumavati, Matangi, and Kamala in and around the main Devi temple. Guwahati, known as 'The light of the East,' is the commercial capital of the North East, situated along the shores of the turbulent Brahmaputra River.*

NOTE: 1.Temple doors remain open for devotees from 08:00 AM to 01:00 PM & 3:00 PM to 5:00 PM.
2. River cruise depends up on the availability, water level and river condition.

DAY 2 GUWAHATI - DIRANG

🚌 310 Kms/8 Hrs Approx

After breakfast, begin the long but spectacular drive into Arunachal Pradesh - crossing the mighty Brahmaputra and entering one of India's last line. Stop at Bhalukpong, the entry point to Arunachal, where your Inner Line Permit is verified. Continue through dense forests of pine to reach Dirang (4,910 ft) - a peaceful Himalayan town tucked into a river valley. Check into your hotel and recover from the journey. Dinner and overnight in Dirang.

🍽 Breakfast, Lunch & Dinner

DAY 3 DIRANG - TAWANG

🚌 135 Kms/6 Hrs Approx

After breakfast, check out from the hotel and proceed to Tawang (10,000 ft). On the way, you will pass through the picturesque **Dirang Valley**, known for its monasteries, apple and kiwi orchards, sheep breeding farms, and charming valleys. Witness the snowcapped **Sela Pass** at 13,700 ft and the **Jaswant Garh War Memorial**. Upon arrival, check into your hotel.
Dinner and overnight stay in Tawang.



Guest in Sela Pass



Sela Pass

✓ Jaswant Garh War Memorial ✓ Sela Pass 🍽 Breakfast, Lunch & Dinner

DAY 4 TAWANG



After breakfast we begin Tawang sightseeing - **Tawang Monastery, Urgelling Monastery, Ani Gompa**, and the **Buddha Statue, War Memorial**. In the evening, enjoy a captivating **Light & Sound show**. Dinner and overnight stay in Tawang.

✓ Tawang Sightseeing ✓ Light & Sound Show

🍽 Breakfast, Lunch & Dinner



Tawang View Point



Buddha Statue

Tawang is the beautiful land of the Monpa tribes. 'The Land of Dawn-lit Mountains' at 3500 mts gives you unparalleled purity of nature. The Tawang Monastery, also known as the "GALDEN NAMGYEL LHATSE" is one of the largest Lamaseries of Mahayana sect in Asia and is the largest of its kind in India. The Monastery is 400 years old and is adorned with the 18 feet high statue of Lord Buddha. It stands at 10,000 feet amidst the exotic Himalayan ranges and overlooks the Tawang-Chu valley. The Urgelling Monastery is located 5 km from Tawang city, and is the birth place of the 6th Dalai Lama, born in the 17th century. The monastery was established by the Lama Urgen Sangpo in the 15th century. Monpa village visit will acquaint a visitor to their lifestyle, culture and traditions. The villages are located amidst exquisite beauty.

DAY 5 TAWANG - DAY TRIP TO BUMLA PASS

After early breakfast, drive towards the I**ndo-China border**. Stop at **Sangestar Lake** (also called Madhuri Lake after the 1997 Bollywood film 'Koyla' was shot here). Continue climbing to **Bum La Pass** at 15,200 feet - the actual India-China border, manned by Indian Army soldiers who will explain the strategic significance of the pass. Stand at the line that separates two of the world's largest nations. Dinner and overnight in Tawang.

Note: Visit to china border is subject to permission from the Indian Army

✓ Sangestar Lake ✓ Bum La Pass ✓ China Border

🍽 Breakfast, Lunch & Dinner





DAY 6

TAWANG - DIRANG

🚌 135 Kms/6 Hrs Approx

After Breakfast check out from hotel with your luggage and proceed to **Dirang**. Enroute visit **Jung Falls** and in Dirang visit the **Dirang Monastery**.
On arrival check into your hotel. Evening free at your leisure. Dinner & Night Halt in Dirang.

✓ Jung Falls ✓ Dirang Monastery

🍽️ Breakfast, Lunch & Dinner



DAY 7

DIRANG - GUWAHATI

🚌 365 Kms/ 8-9Hrs Approx

After breakfast check out from hotel with your luggage and proceed to Guwahati. On arrival check into your hotel. In the evening if time permits we will visit **Kalakshetra cultural complex** & **Balaji temple**. Dinner & Night Halt in Guwahati.
[Lunch & Dinner - Hotel Food]

DAY 8

GUWAHATI AIRPORT DEPARTURE



After breakfast, transfer to Guwahati airport for your onward journey (**book your flights after 2:00 PM**).
We hope you have had a memorable experience with Heena Tours & Travels.
Breakfast - Hotel Food

Let's stay connected through Facebook or email, and we look forward to welcoming you again on another unforgettable holiday. Until then, see you soon!

THIS TOUR STARTS WITH LUNCH ON DAY - 01 & CONCLUDES WITH BREAKFAST ON DAY - 08.

Inclusions

- 7 Nights / 8 Days Hotel Accommodation
- Breakfast, Lunch, Evening Tea/Coffee & Dinner by Heena Kitchen staff. (PURE VEG)
  Guwahati last night - Breakfast, Lunch & Dinner - Hotel Food
- All Transfers & Sightseeing by Non AC Tempo Traveller / Coach (Subject to Group Size & availability in Season)
- Inner line Permit for Arunachal Pradesh
- Vehicle for Bumla Pass, Sangestar Lake & China Border (6 Guests in 1 Vehicle)
- Service of Caring & Experienced Tour Manager.
- Mineral water during travelling.

Exclusions

- Air / Train Fares
- Any Kind Of Personal Expenses like Drinks, Phone Calls, Laundry, Etc.
- Anything not included in Inclusions
- **Christmas & New Year Surcharge**
- **5% GST (Tax subject to change as per Govt. Regulations)**

***HEENA TOURS & TRAVELS WILL NOT BE RESPONSIBLE IF THE FLIGHTS GETS DELAYED OR CANCELLED.**

GUESTS OPTING FOR THE PRIVATE INNOVA OPTION ARE REQUESTED TO KINDLY FOLLOW OUR TOUR MANAGER'S INSTRUCTIONS REGARDING MEAL TIMINGS AND ITINERARY. PLEASE NOTE THAT NO ADDITIONAL FACILITIES WILL BE PROVIDED IN THIS OPTION.

Important notes for this Sector

For every traveler:

- 2 passport size photograph of each member traveling (name, age & gender written behind the photograph)
- Photo Copy of Photo ID proof. Both front and back side required
- ID Proof : Driving License, Voter Card, Valid Passport or Aadhar Card.
- Pan Card is not accepted as ID proof by the authorities / hotels.
- A list mentioning the Name Age & Gender of all traveler
- In case of Child (below 18 Years) or couple traveling where there is no ID proof of wife, a written declaration must be given by the parents / husband.

Travel Tips For this Sector

This Sector has destinations in very remote places - hotels are basic, roads vary, amenities are simpler than mainstream destinations.

🏥 Health and altitude

Sela Pass (13,700 ft) and Bum La Pass (15,200 ft) can cause altitude sickness — headache, nausea, breathlessness. Drink water, avoid alcohol the night before, move slowly. Guests with blood pressure, heart conditions, or asthma must consult their doctor before booking. Carry your regular medicines and a first aid kit — pharmacies are scarce outside Guwahati and Shillong.

🛏️ Stays and amenities

No official star ratings exist in Arunachal and interior Assam/Meghalaya — we provide the best available (typically 3-star equivalent). Most hotels don't have lifts. Room heaters may not work in Arunachal due to voltage fluctuations; extra blankets and hot water bottles are provided. Brief water and electricity outages are part of life here. For large groups, all rooms may not be in one hotel, and rooms in the same hotel may differ in layout.

🚌 Drives and timings

Distance does not equal time in the Northeast. A 200 km drive may take 6 to 10 hours depending on roads, weather, and military convoys. Hotels have limited parking — be ready in the lobby on time as vehicles cannot wait at entrances. Some areas restrict vehicle entry to specific time slots.

🦏 Kaziranga National Park

Open 1 November to 30 April (subject to weather). Safari from 1st May to 31st October is limited to a few kms and is subject to flood Situation. Partial access in monsoon months. Safaris are managed by the Forest Department — last-minute cancellations beyond our control are possible.

🛂 Bum La Pass (Indo-China border)

Open to Indian nationals only, with special permission. At least one guest must visit the DC's office in Tawang the day before for formalities — closed Saturdays and Sundays. Permits granted at Army discretion; last-minute cancellations can occur even after permission. A separate local vehicle from Tawang to the border is included.

🧳 Luggage

Guests are advised to travel with one large bag and one handbag each. Excess luggage may take up extra space in the vehicle and affect the comfort of the journey.

Terms & Conditions

Our Food:
During the tour we will provide delicious, pure vegetarian / Jain / Swami Narayan Food specially prepared for you according to “Heena Style’ (We provide Breakfast, Lunch, Evening Tea/Coffee with light cookies and dinner with dry munching during travel) prepared/cooked by our own expert Cooks.

Important note
To operate this tour with our full Kitchen Facilities/Maharaj Food, we require minimum 8 to 10 Passengers travelling on that particular date, If we receive fewer passengers than the minimum required, you will need to choose one of the following options:
01 – You may switch to any other sector as per your choice of date
02 – You may opt for Customized Package (FIT) with hotel food (Breakfast & Dinner) with some additional amount if applicable.
We are not responsible for any flight or train cancellation charges applicable to you.

Transportation:
Seat numbers in the bus are provided on first come first serve basis, as per the booking date and the seat numbers remain fixed throughout the tour, still the passengers may interchange their seats with their co-passengers on mutual consent. Once reaching destination, all the road travel will by NON-AC Vehicles as per group size. Due to unavoidable circumstances, if there is any road block, or traffic jam, you will have to co-operate with the tour manager. In case of accident, please follow the instructions of the tour manager to reach the next destination, in such cases we are not responsible for the damage to your luggage or any injury to the passenger.

Hotels:
Though we have made blocking of rooms [base category rooms if not mentioned otherwise] in all the above hotels in advance as per our tour dates, but due to some unavoidable circumstances, if we forced to change the hotels, we have full rights to change without prior notice to the guest. If we have to provide alternative/similar accommodation, for which no refund shall be allowed. The rooms shall be allotted as per the check-in time of the hotels and they shall have to be vacated as per the hotels check-out time. In some hotels the rooms may be twin bedded. Non AC Rooms will be provided in Hill Stations.

Luggage:
Guests are advised to travel with one large bag and one handbag each. Excess luggage may take up extra space in the vehicle and affect the comfort of the journey. During the entire tour our staff will be at your service to carry your luggage, but at the same time we are not responsible for the theft or damage to your luggage. No claims to be entertained.

Tour Manager:
We advise you to co-operate with our tour manager in all respect to make your tour really enjoyable. Allotment of rooms, selection of the daily food menu, is the duty of the tour manager and passengers should not interfere in these matters. Passengers indulging in unwanted hindrance, in the smooth operation of the tour, or quarrelling with the manager or other passengers, shall be asked to leave the tour at that spot immediately and shall not be given any refund for the same.

Terms & Conditions

Unavoidable Circumstances:
If due to reasons beyond our control like riots, floods, political unrest, band's, accidents, traffic jam or any other natural or manmade calamities, the program of the tour has to be changed or extended, the additional expenditure for the same will have to be borne by the passengers. If any passengers has to leave the tour mid-way, due to any reasons like death of relative / illness / any other reasons, there shall be no refund for the remaining portion of the tour. And the expenses for returning back to your destination also shall be borne by the passengers.

Suggestions / Complaints during the Tour:
If the passengers have any suggestions/complaints regarding our services like hotel, bus, food etc. are advised to inform to your sector in-charge and then our office immediately by whatsapp to your sales executive and co-operate with the tour manager, so that the same can be readdressed as early as possible. No complaints or refund for the same be entertained after completion of the tour.

Booking & Cancellations:
You can confirm your booking by paying a deposit of 25% of the total tour cost or ₹10,000 per person whichever is higher. (Non Refundable).

The balance payment shall be paid 21 Days before tour departure date. If anybody fails to pay the balance amount before 21 Days, then your rooms will be auto released and no refund will be provided.

If we are forced to cancel the tour due to the unavoidable circumstances like natural calamities - floods, riots, bands, strikes or any political reasons etc. then we shall give you an option of date change or credit note after deducting 10% of the total tour cost as our service charge for making the necessary arrangements for your tour.

Cancellation policy:
Before 21 days of tour departure Rs.10,000/- per person
Between 10 to 21 days 50% of the tour cost.
Between 05 to 10 days 75% of the tour cost.
Within 05 days 100% of the tour cost (NO REFUND).

Current Date →			Tour Departure Date
₹10,000/person	50%	75%	No Refund
21+ Days Before	10 to 21 Days	5 to 10 days	Under 5 Days

We hope that you have read all our above terms and conditions before confirming your tour with us.



INDIA'S PIONEER IN
PURE VEG & JAIN FOOD TOURS
SINCE 40 YEARS

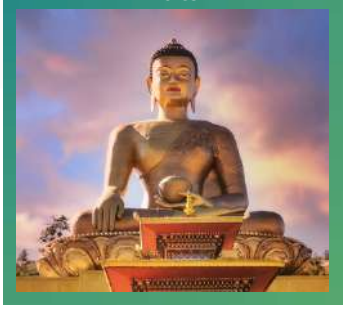
Assam / Meghalaya



Auli / Chopta



Bhutan



Chardham



Himachal



Kashmir



Kerala



Leh Ladakh



Nepal



Rajasthan



Sikkim



South India [Ooty/Coorg]



Spiti



Uttar Pradesh



Uttarakhand



And many more...



Heena TOURS & TRAVELS
DOMESTIC & INTERNATIONAL
#PehleApnaDeshDekho

Landline:
+022 6159 6900

More info:
www.heenatours.in

મોટાભાઈ ૪૦ વર્ષનો અનુભવ છે!

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