

# Medical Travel Checklist for Kidney Transplant Patients from Bangladesh to India

## Pre-Travel Preparation:

Consultation with Transplant Team:

Schedule a pre-travel consultation with the kidney transplant team at the hospital where the transplant is planned.

### **Travel Authorization:**

Verify required travel authorizations with the Bangladeshi Ministry of Health and notify them about the medical travel.

### **Medical Records:**

Obtain a detailed medical summary and clearance from the kidney transplant team in Bangladesh.

### **Medication Supply:**

Ensure an ample supply of medications and obtain a prescription with generic names from the transplant team for easy procurement in India.

### **Emergency Contact Information:**

Provide contact details for the transplant team in both Bangladesh and India, along with emergency contacts.

### **Accommodations:**

Secure accommodations near the Indian hospital. Consider patient support groups for recommendations.

### **Flight Booking:**

Coordinate with the Bangladeshi hospital for recommended airlines and inform them of the patient's medical needs during the flight.

### **Accompanying Attendant:**

Confirm with the transplant team if an attendant is necessary and obtain a hospital letter specifying the need for an attendant during travel.

### **Travel Logistics:**

Airport Assistance:

Inquire about special assistance at Hazrat Shahjalal International Airport in Dhaka and the arrival airport in India.

### **Medical Clearance for Flight:**

Obtain a medical clearance certificate from the kidney transplant team in Bangladesh for airline requirements.

### **Accommodations Checklist:**

Communicate specific medical needs with the chosen accommodation and confirm their understanding of post-transplant care requirements.

## During Travel:

### **Comfort during Flight:**

Coordinate with the airline for priority boarding, and consider carrying a letter from the transplant team explaining the patient's condition.

### **Medication Handling:**

Adhere to security regulations for carrying medications on board, and carry a letter from the transplant team explaining the necessity of carrying medications.

### **Attendant Responsibilities:**

Ensure the attendant is briefed by the transplant team and carries a copy of the patient's medical records.

## Upon Arrival:

### **Transportation from Airport:**

Arrange comfortable transportation from the airport to the accommodation, considering the patient's condition.

### **Check-In Procedures:**

Inform the hotel staff about specific medical requirements during check-in.

### **Local Support for Attendant:**

Connect with local patient support groups in India for assistance and information.

### **Ongoing Support:**

### **Accommodation Modifications:**

Discuss any necessary modifications with the hotel staff upon arrival.

### **Medical Facilities Nearby:**

Obtain a list of nearby pharmacies and medical facilities from the hospital in India.

### **Attendant's Well-being:**

Encourage the attendant to connect with local caregiver support groups.

Miscellaneous:

### **Emergency Preparedness:**

Carry a small emergency kit with essential medical supplies and familiarize yourself with emergency services in India.

### **Cultural Sensitivity:**

Research cultural practices in India and consider the advice provided by the hospital.

**Communication Plan:**

Establish a communication plan with family members in Bangladesh and share contact details with the transplant team in both countries.

Always consult with healthcare professionals in both countries to ensure a smooth and safe travel experience for the kidney transplant patient.