

(Re-accredited with 'A' Grade by NAAC)
SASTHAMCOTTA, KOLLAM District, KERALA

CRITERION 3

3.4.3. Number of extension and outreach programs conducted by the institution through NSS/NCC, Government and Government recognised bodies during the last five years



REPORT OF THE EVENTS ORGANIZED 2020-2021



SUBHIKSHA -2020 - PLANTING PINEAPPLE SAPLINGS DEPARTMENT OF BOTANY, NSS, NCC, PTA, AGRICULTURE DEPARTMENT, DAIRY DEVELOPMENT BOARD SASTHAMCOTTA & GRAMA PANCHAYATHU -SASTHAMCOTTA DATE NUMBER OF STUDENTS PARTICIPATED 05/06/2020 148

SUBHIKSHA – 2020 is an organic farming project done by KSMDB College in consultation with the Agriculture Department and Dairy Development Board at Sasthamcotta and and and and and and and and an analyzed with the help of Grama Panchayathu-Sasthamcotta The programme was inaugurated by Adv. Sri. N. Vasu, Hon'ble President of Travancore Devaswom Board, on 5 th June 2020 in the presence of Sri Kovoor Kunjumon, MLA, Adv. Sri. N. Vijayakumar, Member of TDB, Adv. Sri K.S. Ravi, Member of TDB and Sri. I. Nowshad, President of Sasthamcotta Grama Panjayathu. The project got motivated by the 'Subhiksha Keralam' project of Govt. of Kerala and 'Devaharitham' project of TDB.

Objectives: -

- 1. To motivate the student community to do Agriculture, which is a method of sustainable green living.
- 2. To impart 'Environmental Awareness' to students and others through Agriculture.
- 3. To extend the knowledge on Agriculture to the community in the suburbs of the college, so as to guide the society to 'Self-sufficiency' in food production.

In house, it is a joint venture of P.T.A, NSS units, NCC unit, and Department of Botany with the co-operation of all other Departments of our college.

The Committee: -

Sl.no	Name	Designation	Department
1	Dr.K.S. Anil Kumar	Principal	
2	Dr.Geethakrishnan Nair P	Convener	Botany
3	Dr.K.R.Sanakaranarayanan	Member	English
4	Prof. R.Arunkumar	Member	Physical Education
5	Dr.Jayanthi S.	Member, PTA Secretary	Sanskrit
6	Sri. H. Nazeer	Member, Vice President, PTA	
7	Prof. A.V.Aathman	Member, NSS Programe officer	Malayalam
8	Dr. Remya G.R.	Member, NSS Programe officer	Physics

9	Dr.T. Madhu	Member, NCC Officer	Malayalam
10	Dr. Santhi Jose	Member	History

The program begins with the inauguration of Harithalayam project of NSS by planting a tree sapling by the Principal Dr. K. S. Anilkumar in the campus at 10 AM. At the evening the joint venture of NSS, Government of Kerala and Devaswom board was inaugurated by Devaswom board President K. Vasu by planting the sapling in the land considered for plantation. The respected persons were welcomed by NCC cadets. MLA Kovoor Kunjumon, Devaswom board members N. Vijayakumar, K. S. Ravi, Devaswom Board Deputy Commissioner Baiju, Grama Panchayath President Naushad, Agriculture deputy director Pushpa Jose, Agricultural officer Binisha, Dairy development board member Omanakuttan, NSS program officers Aathman A. V, Dr. Remya G.R., NCC officer Lt. Col. T. Madhu, teachers like Prof. Sankaranarayanan, Dr. Geethakrishnan Nair, Prof. Mini C. Chandran, Prof. Sheeja, were participated in the program. With the advice of Dairy Development Board, the Devaswom Board agreed to build cattle shed in our college. The NSS and NCC volunteers were also participated in the program by planting the saplings. As a continuation to that both NCC cadets and NSS volunteers tilted the land and planted the remaining seedlings. 10 cadets each for 7 days (11/06/2020, 12/06/2020, 15/06/2020, 16/06/2020, 18/06/2020, 19/06/2020 and 22/06/2020) tilted and planted seedling on the balance land. The whole activity was a great success.







ുഭിക്ഷമാകുര;



ശാസ്ത്രാംകോട്ട കെഎസ്എം ഡിബി കോളേജിൽ സുദിക്ഷ കാർഷിക പദ്ധതി വേസ്യം ബോർഡ് പ്രസിഡന്റ് എൻ വാസു തെന്നട്ട് ഉദ്ഘാടനം ചെയ്യുന്നു

തതിതിടങ്ങൾ ഹതിതാഭമാ ക്കാൻ സൂഭിക്ഷകേരളം പദ്ധ തി ഏറ്റെടുത്ത് നാടാകെ ക്ലഷി. ശാസ്കാരകാട്ട കെഎസ്എം ഡിബ് കോരളജിൽ ആദൃഘട്ടം തരിശായ അഞ്ചേക്കറിലാണ് ഇഷി തുടങ്ങി. തിരുവി<mark>താംകൂർ</mark> ഗോസം ബോർഡിന്റെ ദേവഹ രിതം, സംസ്ഥാന സർക്കാരിന്റെ സുഭിക്ഷ കേരളം, കേരള സർ വകലാശാലയിലെ നാഷണൽ സർവീസ് സ്കീമിന്റെ ഹരിതാല യം പദ്ധതികൾ സംയോജിപ്പി ച്ചാണ് ഇഷി.

ദേവസ്വം ബോർഡ് പ്രസി ഡന്റ് എൻ വാസു തൈ നട്ട്

ഉദ്ഘാടനംചെയ്തു. തീറ്റപ്പുല്ല്, കൈതച്ചക്ക, ഇഞ്ചി, മഞ്ഞൾ, പച്ചക്കറികൾ എന്നിവയാണ് കൃഷിചെയ്യുന്നത്. പത്തു പശു ക്കളെ വളർത്തുന്ന ഇന്റഗ്രേ റ്റഡ് പാമിന്റെ നിർദേശം ശാ സ്കാംകോട്ട ഡെയ്റി ഡെവല പ്രമന്റ് ബോർഡ് പ്രതിനിധി കൾ ദേവസ്വം ബോർഡ് പ്രസി ഡന്റിന് കൈമാറി. ഇതിന്റെ ഭാഗമായി പശുക്കൾക്കുള്ള ഷെഡ് ദേവസ്വം ബോർഡ് നിർമിച്ചു നൽകും. കോവൂർ കുഞ്ഞുമോൻ എംഎൽഎ, ദേവസ്വം ബോർഡ് അംഗങ്ങ ളായ എൻ വിജയകുമാർ, കെ



മാത്തിൽ കാരാഴ്മയിൽ കരണൽക്കൃഷ് പി ബി സത്യദേവൻ വിത്തിട്ട് ഉദ്ഘാടനം ച

എസ് രവി, ഡെപ്യൂട്ടി കമീഷ ണർ ബൈജു, ശാസ്കാംകോട്ട പഞ്ചായത്ത് പ്രസിഡന്റ് ഐ നൗഷാദ്, കോളേജ് പ്രിൻ സിപ്പൽ കെ എസ് അനിൽകു മാർ, അഗ്രിക്കൾച്ചർ ഡെപ്യൂ ട്ടി ഡയറകൂർ പുഷ്പ ജോസഫ്, ആർ കൃഷ്ണകുമാർ, എസ് ദിലീപ് കുമാർ, ബിനിഷ തുടങ്ങിയവർ പങ്കെടുത്തു.

മുന്നേക്കറിൽ കൃഷിയിറക്കി യുവാക്കൾ

മഠത്തിൽ കാരാഴ്യയിൽ മൂന്നര യേക്കർ സ്ഥലത്ത് കൃഷിയിറക്കി

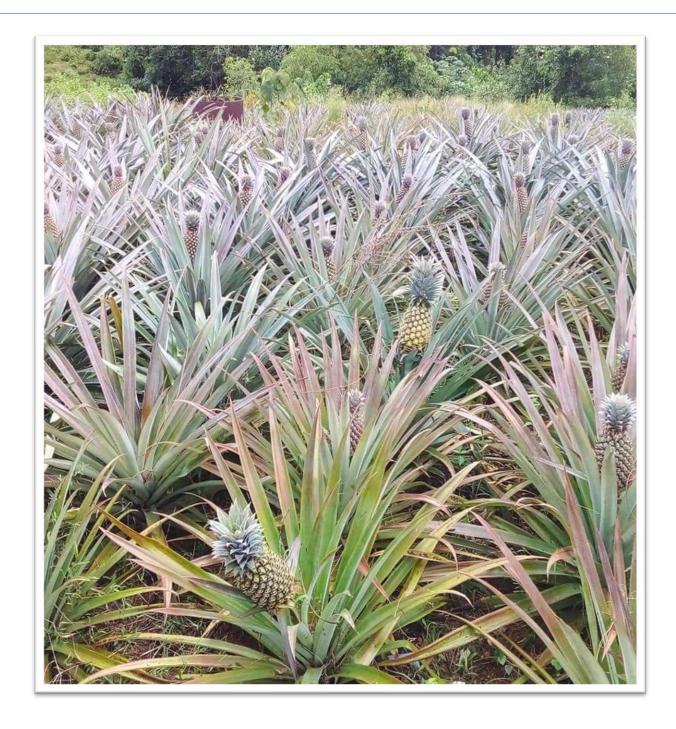














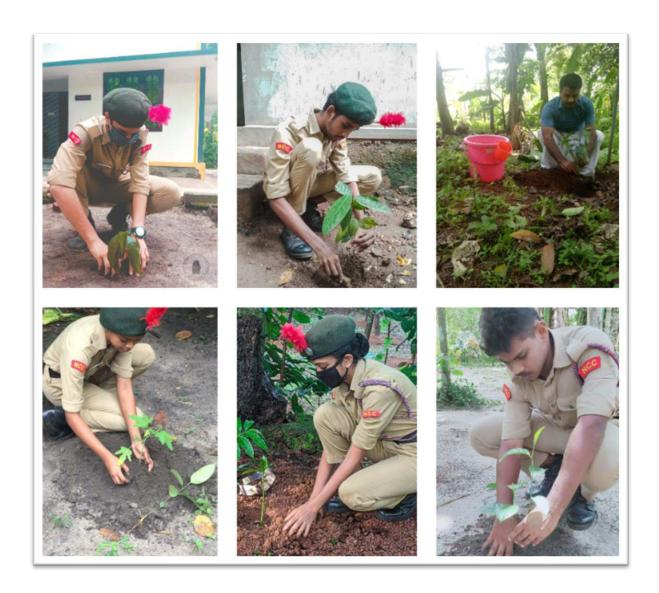


WORLD ENVIRONMENT DAY- DISTRIBUTION AND PLANTING THE SAPLINGS

NCC UNIT

Date	NUMBER OF STUDENTS PARTICIPATED
05/06/2020	92

Environment is the gift which is given to us by the Earth. It is our responsibility to conserve and protect the environment. As a part of this about 92 NCC cadets had planted various types of saplings at their houses and also distributed saplings to the village people. More than that the cadets actively participated in cleaning the surroundings of their house. All cadets collected the plastics and bio degradable wastes around their houses and treated them separately.











PRINCIPAL
K.S.M.D.B COLLEGE
SASTHAMCOTTA

INTERNATIONAL YOGA DAY		
CELEBRATION		
NSS UNIT		
DATE NUMBER OF STUDENTS PARTICIPATED		
21-06- 2020 100		

The international yoga day has been celebrated annually on 21st June since 2015. Yoga is a physical, mental and spiritual practice originated in India. The physical benefits of Yoga include increased flexibility, improved respiration, energy and vitality, weight reduction and also improves the cardio and circulatory health.

NSS Unit of the college celebrated the International Yoga Day on 21st June 2020 by conducting a webinar based on the theme 'Yoga for Everyday Life'. The webinar started at 10 am on Google meet. Dr. Sreejith T G, Assistant Professor, Department of Sanskrit was the resource person. The programme began with the presidential address by Prof. Athman A. V, NSS programme officer. Dr. Remya G.R welcomed each and every one for the programme. The resource person started the programme by chanting a prayer. In the webinar he stressed the importance of yoga in our day-to-day life which harmonizes our body mind and soul. 80 NSS volunteers and their family members participated in the program. The programme ended at about 12 noon with vote of thanks by Keertana, NSS student volunteer. The NSS volunteers also celebrated yoga day by doing various Asanas in their home.



The NCC unit of KSMDB College Sasthamcotta conducted a webinar by Mr. Mahesh Mto sharing the importance and the benefits of Yoga. After the class there was an online elocution

contest. 10 cadets participated under the guidance of senior cadets. Harikrishnan K and Aparna A bagged the first and second prize respectively.



International Yoga Day-Webinar by NCC Unit

COVID RELATED SURVEY		
NSS UNIT, KSM DB COLLEGE		
DATE NUMBER OF STUDENTS PARTICIPATE		
21-06- 2020	100	

The NSS along with IQAC of our collage conducted a survey on 21-06-2020. The survey focused on the problems occurred in the family during this Covid period and their awareness on the problems and preventive measure taken during this pandemic period. Survey was conducted among 640 families.

PROCEEDINGS OF THE PRINCIPAL, KSMDB COLLEGE, SASTHAMCOTTA

No. PL/UGC/ 01/ 2020

Dated 16/06/2020

Read 1) Letter from UGC D. O. No. F.1-1/2020(Secy.) dated 12th June 2020

2) Minutes of IQAC Meeting on 15/06/2020

The UGC has issued a circular for conducting a survey on the impact of COVID-19& 1918 Pandemic(H1N1Virus) by Universities and Colleges. The colleges are requested to facilitate the study of 5-6 villages adjoining their institution/adopted by them. The focus of study would be to elaborate on the awareness levels regarding COVID 19, the challenges posed and the best strategies adopted by the village to combat the challenges. In addition to this, the colleges are to facilitate a parallel study on the impact of H1N1 Virus. It is also requested to constitute a research team for this purpose. This matter is considered in detail and is pleased to constitute the team with the following structure and members

- 1. Dr. Jayasree V. (Co-ordinator)
- 2. Sri. Aathman A.V.
- Dr. Remya G. R.
- 4. Dr. Mini R. Nair
- 5. Dr. Mini Chandran C.
- 6. Dr. Ajayan T.
- 7. Dr. Sreejth A.
- 8. Smt. Dhanya S. R.
- 9. N. S. S. Volunteers



Principal

Approved for issue

- Persons concerned
- Secretary, UGC, New DELHI for information
 File copy



KSM DB COLLEGE SASTHAMCOTTA STUDY ON IMPACT OF COVID 19 INTERVIEW

SCHEDULE

Schedule No District Name of the Panchavat

Ward No

Status of Area : Rural/Semi-Urban/Urban

Date of the survey

L. Socio Economic Profile

1. Name of the respondent 2 Age

3 Sex

4 Marital status : l= Married: 2= Unmarried

3= Divorced, 4= Widowed

7. Educational Classification

8. Occupation

9. Average monthly income (HH)

10. Income classification : I=APL 2= BPL

11. Type of Ration card : 1=White card, 2=Yellow Card, 3= Blue Card, 4=Pink Card

12. How many members in your family





Principal

Name of scheme: Amount received:

26. Have you received food Kit from Ration shop? Ves/No

27. Do you know community kitchen working in your Panchayat? Yes/No 28. Have you received food from community kitchen? Yes/No

29. Is any hotspot area in your locality? Yes/No

30. Does Panchayat authorities regularly cleaning/sanitizing your area? Yes/No

31. Name the institution/organization from which you got sanitizer and mask?

2.Residents Organizations 4.Friends/Relatives 5. Others specif

IV Impact of Covid on Socio-economic Life

32. Dou you have lost your job during the lockdown period? Yes/No

33. How many weeks did you work in February? a. Less than one week

- b. One week c. Two Weeks
- e. All of the month

34. Average amount of salary/wage that you received during lockdown? Amount in Rs:

35. Is any reduction in your salary/wage during lockdown? Yes/No

36. Have you taken any loans or financial assistance to cover daily personal expenses due to lockdown? Yes/No

37. If yes sources of loan/financial assistance?

b. Cooperative Society c. Self Help Group d. Money Lender e. Friend/Family

f. Contractor/Employer g. Others





II. Awareness level of Covid 19 in the Village

13. Are you aware of the Covid 19 pandemic?

Yes/No 14. From where did you know about Covid 19?

5.Others pls

15. Are you regularly watching TV News? Yes/No 16. Are you regularly reading newspaper? Yes/No 17. Are you regularly watching press meet by CM? Yes/No 18. Do you install Arogyasethu mobile App? Yes/No

19. What are the most common symptoms of COVID-19?

1.Fever 2.Dry Cough 3. Tiredness 4.All the above

20. What are the prevention methods for Covid 19?

1. Social distancing 2. Wash hands regularly 3. Use mask 4.All the above

21. Is any family member return from outside state/ country and became home quarantine? Yes/No

22. Is any member in your family having covid Positive? Yes/No

III. Methods adopted by village to combat Covid 19

23. Have you received free rations or increased rations during lockdown?

24. Does anyone in your family received government benefits as part of covid19? Yes/No

25. If yes please specify the scheme and amount received?







Thank you....



SNEHASPARSHAM (A TOUCH OF LOVE)- STUDY MATERIALS TO STUDENTS IN GOVT HS SCHOOL, SASTHAMCOTTA

DEPARTMENT OF COMMERCE, KSMDB COLLEGE, SASTHAMCOTTA

DETAILINE OF COMMERCE, ROMD COLLEGE, SASTHAMCOTTA		
DATE	NUMBER OF STUDENTS PARTICIPATED	
22-06-2020	20	

The Commerce Association, KSMDB College, Sasthamcotta handed over study materials to the Head Mistress of Govt Higher Secondary School, Sasthamcotta, Kollam, Smt Ajitha on 22-06-2020. The programme was headed by Dr. Renu HoD, Department of Commerce. These materials were distributed to 50 students from financially backward families.











A Touch of love- Programme by Department of Commerce

DISTRIBUTION OF TELEVISION TO THE COLLEGE MANAGEMENT FOR E-LEARNING PURPOSES NCC UNIT DATE NUMBER OF STUDENTS PARTICIPATED 25/06/2020 25

The NCC unit of KSMDB College, Sasthamcotta donated a television to the College Management for the purpose of online learning. The television was handed-over to the College Principal Dr K S Anilkumar by cadets in presence of Kerala Government Social Welfare member Susan Cody and ANO Lt. Dr. T Madhu.



Television distribution by NCC officer ANO Lt. Dr. T.Madhu to the College Principal Dr K S Anilkumar

DIGITAL POSTER EXHIBITION AT SASTHAMCOTTA JUNCTION -ANTI DRUG DAY OBSERVATION

NCC UNIT & NSS UNIT

DATE	NUMBER OF STUDENTS PARTICIPATED
26-06-2020	100

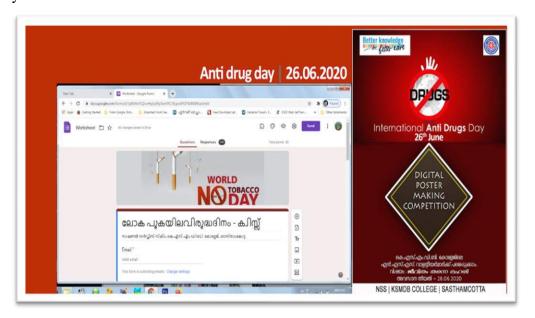
The International Day against Drug Abuse is monitored on June 26 worldwide. As a part of this the NCC unit of KSMDB College Sasthamcotta provided a public awareness at Sasthamcotta junction. The cadets exhibited posters showing the ill effects of drugs at their house premises as a part of awareness programme. The cadets prepared many cartoons showing the bad effects of drugs use and shared them through social platforms. A poster exhibition was arranged at the college, the program was inaugurated by College Principal Dr K S Anilkumar in presence of ANO Lt Dr T Madhu. After the program an online class on the topic "Better Knowledge for Better Care" was conducted. Sri.Prasad. O, Excise Officer Pathanamthitta. After the class an elocution competition was conducted on the topic "Role of NCC in Preventing Drug Abuse".







The Antidrug day was observed by NSS units by conducting a Digital poster making competition on 26-06-2020. 40 Volunteers participated in the program. The posters were meant to create to provide awareness to the students. The posters were shared in the group. The best posters were selected and were given price. An online Quiz also conducted in the same day



Webinar By NSS Unit

DISTRIBUTION OF MASK TO TALUK HOSPITAL SASTHAMCOTTA, POLICE STATION ANDPUBLIC

NCCUNIT, KSM DB COLLEGE

DATE	NUMBER OF STUDENTS PARTICIPATED
26/06/2020 AND 27/06/2020	25

Mask has become a necessity in our daily life due to the Covid-19 pandemic. The NCC cadets of KSMDB College had purchased clothes and stitched 1550 masks. On26th June 2020. 250 masks were handed over by ANO Lt Dr.T. Madhu to the College Principal Dr. K. S. Anilkumar in the presence of College Superintendent Smt.Sreeja. 250 masks were handed over by ANO and cadets to the Sasthamcotta Gramapanchayath President I Noushad in presence of Sasthamcotta ward member Mr.Dileep Kumar. on June 27, 350 masks were handover by ANO and cadets to Circle Inspector Anoop, Sasthamcotta Police Stationand 500 masks were distributed by ANO and cadets to the Superintendent of Taluk Hospital Sasthamcotta. The balance 200 masks were distributed to the public at the Sasthamcotta junction.

















Distribution of mask to Taluk Hospital, Police station and Public





WEBINAR ON SOCIAL JUSTICE AND		
MARGINALISED CHILDREN		
NSS UNIT		
DATE	DATE NUMBER OF STUDENTS PARTICIPATED	
25-07-2020	100	

NSS Unit organized a webinar on 25-07-2020 based on the topic "Social justice and Marginalised Children". The presentation of the topic was done by Subeer Arikulam, Special officer, Department of Social justice. He spoke on the relevance of social justice and the need to bring the marginalised sections of society to the forefront.



KARGIL DAY VIJAY DIVAS OBSERVATION		
NCC UNIT		
DATE NUMBER OF STUDENTS PARTICIPATED		
26-07-2020	28	

The NCC unit of KSMDB College Sasthamcotta commemorated Kargil day on 26th July 2020. Kargil war was also known as a conflict between armed forces of India and Pakistan that took place between May and July 1999 in Kargil district and elsewhere along the Line of Control. "Kargil Vijay Diwas" is celebrated on 26th July every year in honor of Kargil war heroes. On account of the day, a quiz contest was conducted with 10 cadets. Anuja M B and Ashik Prasad got the first and second prize respectively. A documentary was also made based on the Kargil day. Two of our cadets participated in Recitation and elocution competition which echoed the sacrifices of nation's real heroes. In memory of the brave soldiers, all cadets lighted candles at their houses to held high esteem for those who sacrificed their lives for the nation.





UGC - NET ONLINE COACHING		
DEPARTMENT OF ECONOMICS, KSMDB COLLEGE,		
SASTHAMCOTTA		
DATE NUMBER OF STUDENTS PARTICIPATED		
08/08/2020 72		

In connection with the extension activity during 2020-2021, Department of Economics has conducted an online UGC Economics NET coaching to our students and also to students outside the colleges and universities in Kerala. The objective of this program to enable students to qualify UGC NET during the course of the study or as early as possible after the completion of the MA course



UGC -NET Online coaching by Department of Economics

ATHMANIRBHARBHARATH			
NCC UNIT, KSM DB COLLEGE			
DATE NUMBER OF STUDENTS			
	PARTICIPATED		
14-08-2020	98		

As part of the 'Aathma Nirbhar Bharat Abhiyan' NCC cadets took pledge for supporting the programme. A Blog was created to illustrate how the programme works and the benefits of this project. A documentary video was also created to illustrate the project in detail. Cadets shared merits and a brief idea about the project on the illustration. Posters and pictures supporting the Abhiyan were also prepared by the cadets.



WEBINAR ON "INDEPENDENCE AND PATRIOTISM NCC UNIT	
DATE	NUMBER OF STUDENTS PARTICIPATED
15/08/2020	40

On the 74th Independence Day the NCC unit conducted a webinar on the topic "Independence and Patriotism". The Webinar was delivered by Prof. Siddardha Mohan, Head of the department of English, MGM College of Arts and Science, Kaniyapuram Trivandrum. An online elocution competition was conducted on the topic "Patriotism". Aparna A and Noufal N got the first and second prize respectively. Collages were made with the pictures drawn by cadets and Independence Day messages.

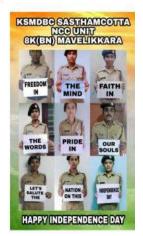






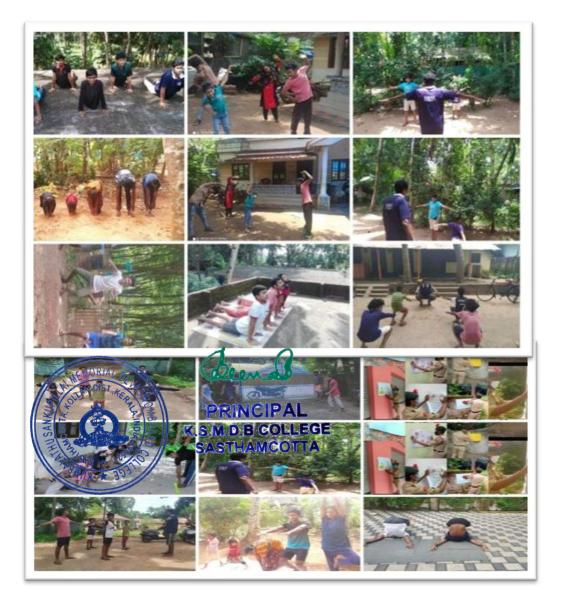






FIT INDIA ONLINE AWARENESS CAMPAIGN			
NCC UNIT			
DATE	NUMBER OF STUDENTS PARTICIPATED		
16-08-2020 to 2-10-2020	95		

"Fit India Online Awareness Campaign" is an initiative by "Fit India Youth Club" to maintain the health and keep the people fit at their own houses during the pandemic days. As part of the campaign, the NCC unit of KSMDB College also participated in the campaign from 16/08/2020 –02/10/2020. A total of 95 cadets did 325 activities with their family, neighbours and friends by ensuring the proper pandemic measures. A total of 417 members from family (198), neighbours (123) and friends (96) also joined the campaign.





Physical fitness activities of participants as part of theFit India Programme

ONAM CELEBRATION-ONAM KIT DISTRIBUTION

NCC UNIT, KSM DB COLLEGE

DATENUMBER OF STUDENTS PARTICIPATED26/08/202080

On 26/08/2020 Shastamkota KSMDB College NCC Unit distributed Onam kit to 6 members of the college staff. The program was inaugurated by College Principal Dr K S Anil Kumar in the presence of Ward Member S Dileep Kumar, ANO and other college staffs.



Onam Kit Distribution

OBSERVATION OF NSS DAY		
NSS UNIT		
Date	NUMBER OF STUDENTS PARTICIPATED	
24-09-2020	30	

NSS day was celebrated on 24-09-2020 by conducting two categories of event. One is volunteer activity and other is you tube live celebration. As a part of this volunteers provide study materials and food materials to the needy on that day. They visit the home of the cancer patient and provide support to them. They also celebrated the day by participating in the cultural events. District level NSS coordinator Dr.Shaji A, Principal Dr. K S Anil Kumar, Poet Rajiv Alunkal participated in the programme. NSS programme Officers Prof Aathman A, Dr. Remya G R and volunteer secretaries Anasooya Thampi and Ananthu O coordinated the programme.

YOUTUBE LINK: https://youtu.be/QORWTCgesEs



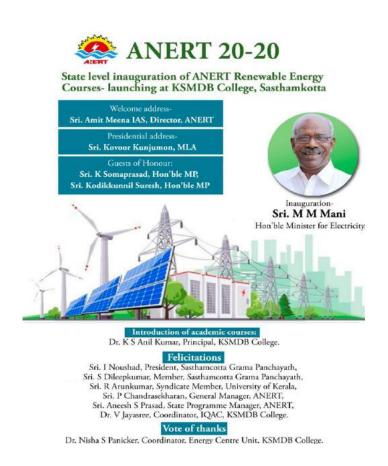
Distribution of Study materials and Food items on NSS Day

INAUGURATION OF THE "ANERT RENEWABLE ENERGY COURSES

DEPARTMENT OF PHYSICS AND ANERT, KERALA

Date	NUMBER OF STUDENTS PARTICIPATED
02-10-2020	182

As part of the activities of the Energy Centre Unit of the college, an online inauguration of the "ANERT Renewable Energy Courses "was conducted on 02/10/2020 by the honourable Minister for Electricity, Shri. M.M. Mani. The Energy Centre Unit along with ANERT plans to conduct regular certificate cources for the students of the college as part of the Govt programme and hence to reachout to the general public in order show how the use and production of alternative sources of renewable energy is possible. The slogan for the programme is "Conventional Energy for Sustainable Development"



GANDHI JAYANTHI CELEBRATION-		
CLEANING DRIVE		
NCC AND NSS UNIT, KSM DB COLLEGE		
DATE	Number of students participated	
2-10-2020	200	

The NCC unit of KSMDB College has celebrated the 151s birthday of Mahatma Gandhi ji on October 02 2020. As a part of this, all cadets cleaned up their house and surroundings. Cadets planted trees at the college premises. After the tree plantation, cadets cleaned the surroundings of Lake Bank by removing plastic wastes and disposed them properly. All our cadets ensured the proper pandemic precautions. An Online Quiz program was conducted. Cadets Ashik Prasad and Devika R got the first and second prize respectively



NCC Cleaning drive programme as part of Gandhi Jayanthi Celebration







The NSS units celebrated Gandhi Jayanthi in a wide range of manner. Volunteers created posters, participated in volunteer activities, conducted Gandhi quiz and conducted essay writing competitions. Students apart from NSS volunteer also actively participated in all these programmes. NSS volunteers conducted plogging run also



WEBINAR ON COVID AND PALLIATIVE CARE NSS UNIT OF KSM DB COLLEGE DATE NUMBER OF STUDENTS PARTICIPATED 10-10-2020 100

Palliative care is dedicated medical care for people living with a serious disease. This kind of attention is intensive on imparting reprieve from the symptoms and stress of the illness. The goal is to improve quality of life for both the patient and the supporting family. NSS being indebted to social service Palliative care initiatives give volunteers an open platform to meet the suffering ones, know about their hardships and they will learn to be passionate to such peoples. Kerala University has an appreciable effort to conduct palliative activities through NSS units of different colleges. The training programs organized by university give an insight to volunteers regarding palliative care. We extend our palliative care activities to Kunnathoor panchayat and we have adopted Kunnumpuram under the Adopted Village Scheme.

A webinar on the topic "Covid and Palliative Care" was organised on 10/10/2020 with around 100 students as participants. The topic was presented by Liji Chacko, Staff Nurse, Palliative Care Hospital, Kollam which was followed by an active discussion thereafter. Youtube link: https://youtu.be/t-83osu42iA

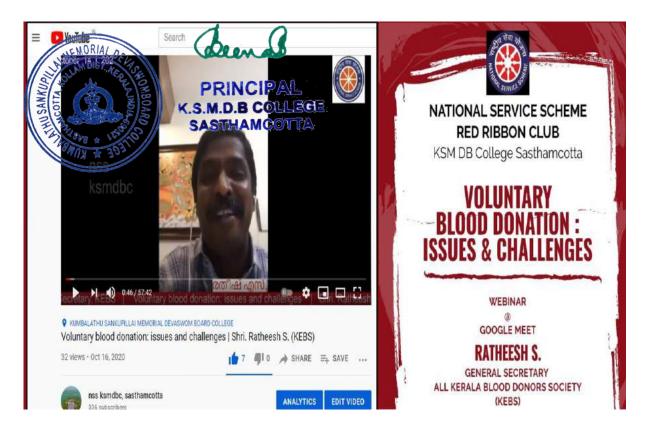


WEBINAR ON 'VOLUNTARY BLOOD DONATION,		
ISSUES AND CHALLENGES'		
NSS UNIT&RED RIBBON CLUB		
DATE	NUMBER OF STUDENTS PARTICIPATED	
14-10-2020	80	

Blood is one of the most essential fluids of our body. If the body loses too much blood, people will get fatal diseases and die. Voluntary blood donation is a necessity. NSS and Red ribbon club jointly organized a webinar on the topic 'Voluntary Blood donation, issues and challenges.' The topic was presented by Ratheesh S, General secretary, All Kerala Blood

Donors Society.

Youtube link: https://youtu.be/EiVHQnW8p2w



CREATIVE ACTIVITIES BY FIRST YEAR DEGREE STUDENTS DURING THE PANDEMIC PERIOD

NSS UNIT, KSM DB COLLEGE

DATE	NUMBER OF STUDENTS PARTICIPATED
14-11-2020	50

During the lockdown period, various activities were given for NSS Volunteers. The students enthusiastically participated in the activities. The activities aim to bring unity among them and also help to involve in various works related to the society. Google forms were given to the students to upload videos, Photos voices etc. Students participated in Poster making competitions, Mobile Photography competitions, Creative writing competitions, Selfie with a sapling, Elocution competitions, cleaning activities, Paper bag making, Sramdan ('do something new'), and mask-making activities.



Creative Activities of Students during the Lockdown Period

WATER QUALITY ANALYSIS OF SASTHAMCOTTA LAKE AND WELL WATER SAMPLES FROM THE PANCHAYATH DEPARTMENT OF BOTANY, OF BHOOMITRA SENA CLUBKSMDB COLLEGE, SASTHAMCOTTA

DATE	NUMBER OF STUDENTS PARTICIPATED
18-12 -2020	8

With the involvement students of Department of Botany and of members of Bhoomitra Senaclub, physicochemical and microbiological analysis of water quality of Sasthamkotta lake and samples of Sasthamkotta Panchayat was conducted. Study was conducted under the supervision of Ms.Lekshmy Sreekumar, AssistantProfessor of Department of Botany, Head of the Department of Botany, Dr.P. Geeta Krishnan Nair and Ms.Dhanya S.R, Assistant Professor of Department of Botany, also offered valuable suggestions. Eight students from the department of botany participated in the study, conducted on 18-12 -2020. Water pollution caused by fecal contamination is a serious problem due to the potential forcontracting diseases from pathogens. The presence of pathogens is determined with indirectevidence by testing for an "indicator" organism such as coliform bacteria. Coliforms are relatively easy to identify, are usually present in larger numbers than more dangerouspathogens. As a result, testing for coliform bacteria can be a reasonable indication of whetherother pathogenic bacteria are present or not. Drinking water and well water samples from different localities of the Sasthankottapanchayath and different parts of lake was analysed for coliform testing Altogether 20samples were analysed for preliminary screening. Those samples tested positive were furthersubjected to physicochemical and microbiological analysis in CEPCI (Cashew ExportPromotion Council Of India) for testing total coliforms and the two subgroups thermos tolerantfaecal coliforms and E.Coli The results indicated that the water tested was MEMORIAL D with the fecal material of man or other animals. The Presence of fecalcontamination is an indicator that a potential health risk exists for individuals exposed to this water. Fecal coliform bacteria may occur in ambient water as a result of the overflow of domestic sewage or nonpoint sources of human and animal waste.

Thus, the public around the locality were advised to take proper measures to solve this issue.

Program 2. Awareness campaign was conducted among common people to promote sustainable development goals.





SWACHH BHARAT ABHIYAN -CLEANING THE PREMISES OF THE LAKE NCC UNIT

DATE	NUMBER OF STUDENTS PARTICIPATED
19/12/2020	87

On 19/12/2020 as a part of the Swachh Bharat Abhiyan the NCC cadets of KSMDB College cleaned the banks of Sasthamcotta Lake and the surroundings of the lake. 87 cadets were present for the cleaning programme. After the cleaning they disposed the wastes properly. The cadets also cleaned their house and surroundings.





SAHAPAA	SAHAPAADIKKORU VEEDU2020- LAID FOUNDATION				
STONE FOR HOUSE					
NSS UNIT					
DATE	DATE NUMBER OF STUDENTS PARTICIPATED				
27/12/2020	20				

NSS Unit of our college in collaboration with the Devaswom Board decided to build the house for an NSS volunteer under the leadership of Program officer Aathman A V. The students and Programe officer visited the family. They prepared the plan for construction of new house. They arranged another house for the accommodation of that family and the broken-down old house was removed. The work was begun on 27-11-2020. The foundation stone was laid on 27-12-2020 by Devaswom Board president, Advocate N Vasu. Devaswom Board Member Shri KS Ravi, Principal Dr KS Anil Kumar, Ex-Principal C Unnikrishnan, NSS Program Officers Prof. Atman AV, Dr Ramya GR, NSS Volunteer Secretaries, and NSS Volunteers attended the meeting.





Sahapaadikkoru Veedu-Home for the fellow student-Foundation stone laying ceremony

The total cost of the house was about Rs.75,0,000/-. Under the leadership of the units, a large fundraising campaign was launched, in which teachers (including retirees), alumni and other well-wishers wholeheartedly contributed. The voluntary efforts of NSS volunteers and fundraising initiatives are the notable factors behind the success of this program.





AGRICULTURAL MARKET AT COLLEGE						
NSS, NCC, PTA AND BOTANY DEPARTMENT, KSMDB COLLEGE,						
SASTHAMCOTTA						
DATE	DATE NUMBER OF STUDENTS PARTICIPATED					
07-01-2021	51					

The department of Botany has organized and conducted a "Campus Market" for the agricultural produces like Banana, Tapioca, Yams, Amorphophallus, Mushrooms and other indigenous vegetables produced by the marginal farmers under a programme entitled "Karshakarkku Oru Kaithangu" or a helping hand to farmers during the rampage of covid 19 pandemic along with the Krishi bhavan Sasthamcotta on 7.01.2021 with the assistance of NSS and NCC units.

The Campus market was inaugurated by Principal Dr. K.S Anil Kumar, Smt. Binisha.R, Agriculture officer rendered all the technical support including the formations of a 'bench mark price' for the agricultural produces. Dr.Geethakrishnan Nair.P, H.O.D, Botany, Sri. Aathman. A.V, NSS programme officer & Asst. Professor, Dr. T. Madhu, NCC officer & Asst. Professor gave necessary guidance for the successful conducting of campus market.

The department of Botany scheduled a monthly with the assistance of Kirshi bhavan and many of the local marginal growers were benefitted. This programme also helped the staff and students of the college to establish a direct contact with rural farmers. Rather students had an opportunity to understand the local agricultural crops and the role of farmers in a sustainable society.













Agriculture Market at college- "Karshakarkku Oru Kaithangu" or a helping hand to farmers

WEBINAR ON 'PALLIATIVE CARE" NSS, KSMDB COLLEGE, SASTHAMCOTTA						
Date Number of students participated						
26-02 -2021	96					

NSS Unit conducted a webinar on 26-02 -2020 based on the topic "Palliative care" for first yearVolunteers. More than 96 students joined in the program. The presentation of the topic was done by Liji chacko, Staff Nurse, Palliative care, District Hospital, Kollam. Wide discussions were taken place in the webinar.



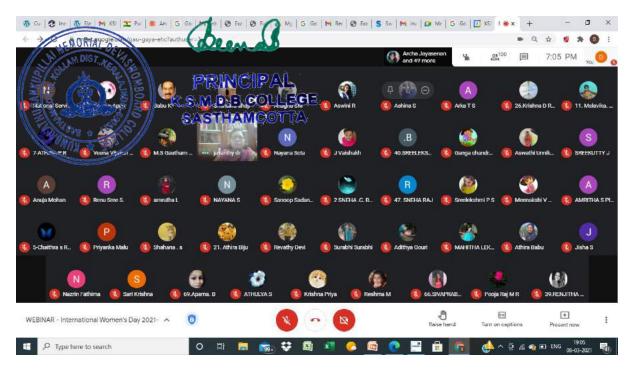
INTERNA	INTERNATIONAL WOMENS' DAY-WEBINAR ON 'THE					
	POWER OF SURVIVAL'					
	NSS AND CENTRE FOR WOMENS STUDIES					
DATE	NUMBER OF STUDENTS PARTICIPATED					
08-03-2021	70					

As part of celebration of International Womens' Day, a webinar was organised by CWS in association with NSS units on the topic Athijeevanathinte Karuthu" by Prof. Asha G Vakkom, Retired Professor, S N College, Chempazhanthy. The talk was very inspiring and mind blowing. Principal Dr. C. Mini Chandran preside over the function. More than 100 students participated in the webinar.



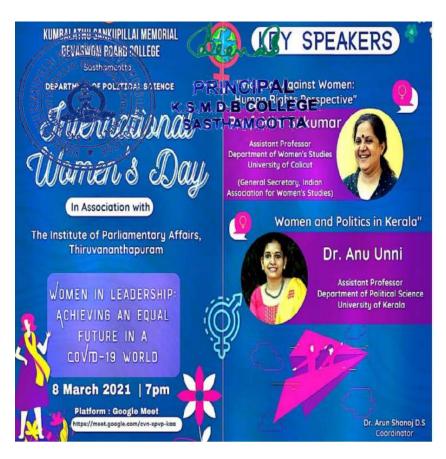






INTERNAT	TONAL WOMENS' DAY CELEBRATION				
DEPARTMENT OF POLITICAL SCIENCE &INSTITUTE OF					
PARLAMENTARY AFFAIRS, THIRUVANANTHAPURAN					
DATE	NUMBER OF STUDENTS PARTICIPATED				
08-03-2021	50				

Department of Political Science in association with The Institute of Parliamentary Affairs, Thiruvananthapuram organized a one-day programme, "Women in leadership: achieving an equal future in a covid-19 world", as part of the celebrations of International Women's Day on 8th March 2021 in online mode using Google meet platform. The first session was handled by Prof. Mini Sukumar, Assistant Professor, Department of Women's Studies, University of Calicut and the topic of discussion was "Violence Against Women: Human Rights Perspective". In the second session, Dr. Anu Unni, Assistant Professor, Department of Political Science, University of Kerala delivered a talk on the topic "Women and Politics in Kerala". Many students actively participated in the programme. Dr. Arun Shanoj D.S., Assistant Professor, Department of Political Science coordinated the programme.



PALLIATIVE KIT TO TALUK HOSPIAL						
SASTHAMCOTTA						
NSS UNIT						
DATE NUMBER OF STUDENTS PARTICIPATED						
10-03-2021	15					

National Service Scheme handed over medicines and food kits to the inpatients in the presence of Principal Dr.Mini Chandran C to the doctors Dr. Anoop, Dr. Ajmal, and palliative nurse Ashish of Palliative unit of Sasthamcotta Thaluk Hospital on 10-03-2021





IT AWARENESS SURVEY				
NCC UNIT AND KERALA STATE LITERACY CLUB				
DATE	NUMBER OF STUDENTS PARTICIPATED			
20/03/2021	6			

An IT survey was conducted by the joint efforts of NCC unit KSMDB College and Literacy club on 20/03/2021. The area selected for the survey was 11th ward of Sasthamcotta panchayath. Dr. Dhanya L of Literacy Club, ANO Lt. Dr. T. Madhu led the survey. 10 cadets from the unit collected information from 20 houses. The survey was to find out the people living in the villages are also getting internet literacy. Every member was known to use a smart phone and at least one member from every family is aware of online banking















IT Survey on Sasthamcotta panchayath

Kerala State Literacy Mission Club, KSMDB College, Sasthamcotta

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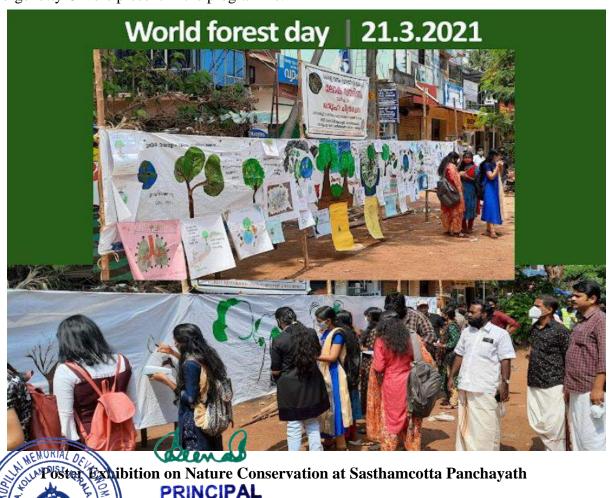
Survey Report

WORLD FOREST DAY CELEBRATION-COMMUNITY DRAWING EVENT HELD AT SASTHAMCOTTA TOWN

NSS UNIT & SOLACE

NOS CITT & SOLACE	
DATE	NUMBER OF STUDENTS PARTICIPATED
21/03/2021	80

March 21 is celebrated as world forest day. The NSS unit organized a poster exhibition and painting at the Sasthamcotta town. Students were asked to send photos of preparing the posters. About 80 students prepared posters. NSS also conducted a community drawing at the Sasthamcotta town. The event was held in a way to remind everyone of the importance of nature conservation. Volunteers actively participated in the programme. Former panchayath member of Sasthamcotta town S Dileep Kumar inaugurate the function.NSS Programme officer Prof. Aathman A V, Deputy range forest officer Georgekutty C were present in the programme.



EDUCATION SEMINAR	
DEPARTMENT OF PHYSICS	
DATE	NUMBER OF STUDENTS PARTICIPATED
24/03/2021	96

The Department of Physics conducted the commemoration of Prof. T. Vijayakumary foundation on 24/03/2021 at 10 a.m in the Digital Seminar Hall. Dr. Jayasree V, Head of the Department addressed the gathering with a warm welcome. It was followed by the Presidential address by the Principal, **Dr C Mini Chandran.** The Programme was inaugurated by the honourable member of Kerala PSC, S.A Saif. To mark the Remembrance Day, felicitations were given by Dr.C Unnikrishnan, former Principal, Prof. K. Lisi, HOD of Chemistry and former faculties of Physics Department. Students from the parent department and neighbouring departments participated in the programme. The Alumini of Department of Physics also presented in the Programme.





Education seminar -Talk by Mr. S.A Saif.

COVID 19 AWARENESS PROGRAMME		
NCC UNIT		
DATE	NUMBER OF STUDENTS PARTICIPATED	
28/03/2021	42	

Due to the rise in covid positive cases the NCC cadets of KSMDB College conducted an awareness programme in the month of April based on spread of covid 19. The cadets organised online classes about the precautions to be taken to cut the spread of virus, and how to prevent the cause of covid-19. The cadets also prepared placards about covid -19 pandemic, spread of virus and the precautions to be taken by an individual against covid -19 and shared them through social media platforms. All cadets Participated in the programme and do their duties by following the covid protocols.







RAIN WATER HARVESTING-RAIN DROP	
PROGRAMME	
NCC UNIT	
DATE	NUMBER OF STUDENTS PARTICIPATED
2021	30

On the month of 2021 April Ncc Unit of KSMDB College conducedprogrammes related to rainwater clean-up as project Rain Drop. The theme of the programme was rain water preservation. As a part of this all cadets clean their surroundings and discard the stagnant water around their houses and free the flow of water to the underground. The cadets prepared awareness posters and documentary conveying the methods to avoid stagnation of water.



Water Preservation-Rain Drop Project

RAIN WATER HARVESTING -MAZHAKUZHI TO NEARBY HOUSES OF SASTHAMCOTTA NCC UNIT, KSM DB COLLEGE

DATE NUMBER OF STUDENTS PARTICIPATED 42

As a part of rain water harvesting the NCC cadets of KSMDB College had dug 6 pits for rain water harvesting. Aswin V and Abhinav P B (Thazhava panchayath, Ward-15), Dileep G P and Anilkumar S (Thevalakkara panchayath, Ward-8), Adithya Babu and Archana (Poruvazhy panchayath, Ward-10), Anilkumar A and Aswin S U (Poruvazhi panchayath, Ward-11), Gokul G and Noufal N (Thodiyoor panchayath, Ward-15), and Aparna A and Renjitha Raj (Sooranadu panchayath, Ward-10) spearheaded the task with renewed zest. Their social commitment and social responsibility won eulogies and accolades from the authorities.







Rain Water Harvesting- digging pits for collecting rainwater in the campus premises

MONSOON DISEASES AWARENESS PROGRAMME		
NCC UNIT, KSM DB COLLEGE		
DATE	NUMBER OF STUDENTS PARTICIPATED	
5-5-2021	92	

NCC unit conducted awareness program on monsoon diseases and their causes. As part of the programme, the cadets cleaned the premises of their houses. The cadets prepared awareness posters and a documentary describing ways to avoid waterlogging and prevent monsoon diseases. 92 cadets participated in the activities.





Monsoon diseases awareness Programme



TRAFFIC PATROLLING DUTY		
NCC UNIT, KSM DB COLLEGE		
DATE	NUMBER OF STUDENTS PARTICIPATED	
12-05-2021 to 15-05-2021	13	

The NCC cadets of KSMDB College weredeployed at the traffic patrolling in co-operation with the PoliceDepartment, Sasthamcotta to fight against Covid-19 pandemic. A total of 30 cadets volunteered for the duty. 13 cadets, each did the duty in two shifts in a day. ANO Lt.Dr.T.Madhu was there for giving guidance for the cadets. 13 cadets each did the duty for 4 days (12/05/2021, 13/05/2021, 14/05/2021,15/05/2021. The duty vested to our cadets was traffic patrolling. Inorder to maintain the safety of cadets the Sasthamcotta policedepartment gave them covid gadgets to protect them from covid 19 effects. All cadets did their duties properly and it was a great help to the Police department.









Traffic Patrol Duty during the Pandemic period

നാടിനു കാവലായി കുട്ടിപ്പൊലിസും



എൻസിസി കേഡറ്റുകൾ ശാസ്താംകോട്ട പൊലീസ് സ്റ്റേഷനിൽ

സ്വന്തം ലേഖകൻ

ശാസ്വാംകോട്ട

കോവിഡ് നിയന്ത്രണങ്ങൾ ഉറ പ്ലൂവരുത്തുന്നതിന് നാടിനു കാവ ലേകുന്ന പൊലീസ് സംഘത്തി നു സഹായവുമായി കുട്ടിപ്പൊലീ സ് സംഘം. ലോക്ഡൗൺ പ്രഖ്യോപിച്ചതോടെ പുറത്തിറങ്ങു ന്നവരെ പരിശോധിക്കുന്നതിന് 1000 ചെക്കിങ് പോയിന്റുകളാണ് സ്ഥാപിച്ചിട്ടുള്ളത്.

പൊലീസുകാരുടെ എണ്ണം പരിമിതമായതിനാൽ ക്യാമ്പസു കളിൽ നിന്ന് എൻസിസി കേഡ റ്റുകളെ ഉൾപ്പെടുത്തിയാണ് പരി ശോധന.

ശാസ്വാംകോട്ട പൊലിസ് സ്റ്റേഷൻ പരിധിയിലെ ചെക്കിങ് പോയിന്റുകളിൽ ശാസ്മാംകോട്ട ദേവസ്വം ബോർഡ് കോളേജി ലെ കേഡറ്റുകളാണ് സൗജന്യ മായി സേവനം ചെയ്യുന്നത്. അമൽകൃഷ്ണന്റെയും അഭിനന്ദിന്റെ യും നേത്രത്വത്തിൽ 30 കേഡറ്റുക ളാണ് പ്രവർത്തിക്കുന്നത്. എൻ സിസി കേഡറ്റുകളെ മുൻനിര പോരാളികളായി പ്രഖ്യാപിച്ച് വാ ക്ലിൻ നൽകുന്നത് പരിഗണിക്ക ണമെന്ന് എൻസിസി ഓഫീസർ ലെഫ്റ്റനന്റ് ടി മധു പറഞ്ഞു. രണ്ടു ഷിഫ്റ്റുകളിലായി മികച്ച സേവനമാണ് കേഡറ്റുകളുടേ തെന്ന് ശാസ്കാംകോട്ട ഇൻസ്പെ ക്ടർ എ ബൈജു പറഞ്ഞു.



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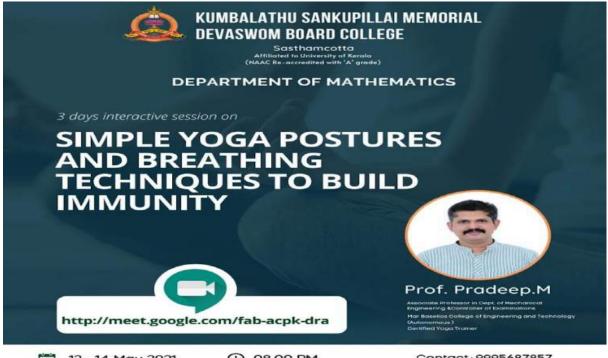
SIMPLE YOGA POSTURES AND BREATHING TECHNIQUES TO BUILD IMMUNITY

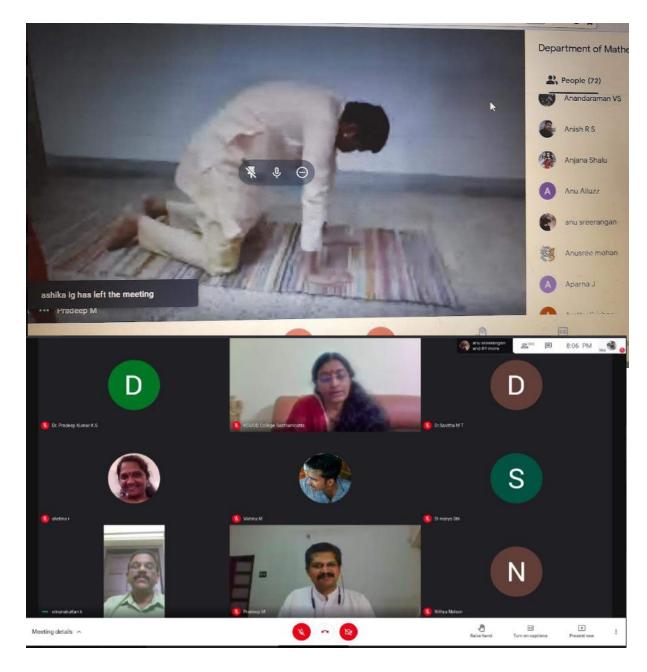
DEPARTMENT OF MATHEMATICS, KSMDB COLLEGE, SASTHAMCOTTA

DATE	NUMBER OF STUDENTS PARTICIPATED
12 /05/2021 TO 14 /05/2021	100

Department of Mathematics organized a 3-days extension activity "Simple Yoga Postures and Breathing Techniques to Build Immunity" from 12th May to 14th May 2021, to help the students, their parents and officials of Sasthamcotta Village office to improve their immunity in this pandemic situation. Mr.Pradeep, Associate Professor, Mar Baselios College of Engineering and Technology, Thiruvananthapuram was the resource person. He is a certified Yoga trainer. There were more than 100 participants. We got fruitful feedback for the programme.

പരിശീലന ക്ലാസ് ഗാസ്താംകോട്ടു കൊവിഡ് വ്യാപനത്തിന്റെ പശ്ചാത്തലത്തിൽ ലളിതമായ യോഗ മുറകളിലൂടെ മാനസികവും ശാരീരികവു മായ ഉത്തേജനം നൽകുക എന്ന ലക്ഷ്യത്തോടെ കുമ്പളത്ത് ശങ്കുപിള്ള മെമ്മോറിയൽ കോളേജ് ഗണിതശാസ്ത്ര വിഭാഗത്തിന്റെ അഭിമുഖൃത്തിൽ യോഗ മുറകളും ശ്വസന രീതിയും എന്ന വിഷയത്തിൽ ഓൺലൈൻ പരിശീലന ക്ലാസ് സംഘടിപ്പിച്ചു. പ്രൊഫ. എം. പ്രദീപ് നേതൃത്വം നൽകി. പ്രിൻസിപ്പാൾ ഡോ. മിനിചന്ദ്രൻ സി ഉദ്ഘാടനം ചെയ്തു.





Yoga Awareness Through Webinar





NATIONAL DENGUE DAY OBSERVATION-CLEANING		
THE SURROUNDINGS		
NCC UNIT		
DATE	NUMBER OF STUDENTS PARTICIPATED	
16-05-2021	30	

May 16 is observed as the National **Dengue Day** in **India**. This **day** aims at spreading awareness about **dengue**, informing people about the disease, and encouraging them to take the necessary precautions to prevent it. As a part of this on 16/05/2021 the NCC unit of KSMDB College Sasthamcotta conducted Surroundings cleaning programme by cleaning their surroundings and discard the waters accumulated in the surrounding. The cadets made many cartoons and placards showing the ill effects of dengue fever and remedies for preventing diseases and shared them through social platforms.





SAHITHYAM, KALA, SAMSKARAM "- ONLINE LITERARY CAMP FOR PLUS TWO STUDENTSONLINE LITERARY CAMP FOR HIGHER SECONDARY STUDENTS-

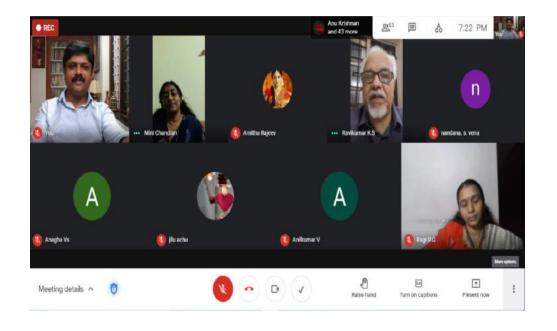
DEPARTMENT OF MALAYALAM

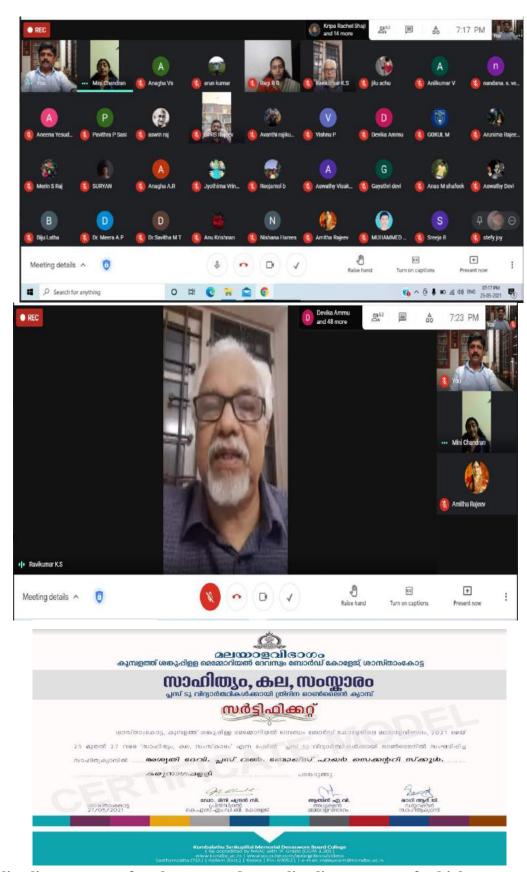
DATE	NUMBER OF STUDENTS PARTICIPATED
25/05/2021 to 27/05/2021.	15

The Malayalam department of K S M D B College Sasthamcotta, organized a threeday literary camp for the students of various higher secondary schools in Kollam district. The camp, titled "Literature, Art and Culture" was conducted via online from 25/05/2021 to 27/05/2021. 44 members were registered for the camp organized by Malayalam department, with social commitment for the survival of covid. On 25/05/2021 at 7 p.m Prof. K S Ravikumar, Pro-Vice Chancellor of Kalady. Sree Sankaracharya Sanskrit University inaugurated the function. The function was presided over by Hon. Principal Dr. Mini Chandran C and Kerala University Syndicate member Sri. R Arun Kumar, counsel secretary Dr. T Madhu, Head of the department Sri. A. V. Aathman, Camp Director Smt. Ragi R G and Office superintendent Smt. Sreeja R was felicitated. On the first day, Dr. R S Rajeev, the Academic Counsellor of IGNOU, gave a lecture on the subject of & quot; Kavithayudevazhikal & quot;. Second day Dr. Jose K Manuel, from Mahatma Gandhi University, Kottayam presented the subject in & quot; Cinemayum Thirakadhayum & quot;. Third day Dr. K B Selvamani, from Sanskrit University lectured on the subject of & quot; Cherukadhayude varthamanam & quot;. Sessions on book experience, film reviews, literary writings of students and quizzes were held in the camp which helped to boost the confidence of the camp members.

Workshop for Higher secondary Students-Day 1: https://youtu.be/IjQqssNJEsU
Workshop for Higher secondary Students-Day 2: https://youtu.be/sZQaMLXvYd8
Workshop for Higher secondary Students-Day 3: https://youtu.be/sZQaMLXvYd8







Online literary camp for plus two studentsonline literary camp for higher secondary students

KATHA VAAYANA -STORY READING FOR THE COMMUNITY (USING YOUTUBE CHANNEL)

DEPARTMENT OF MALAYALAM

DATE	NUMBER OF STUDENTS PARTICIPATED
STARTED ON 01/06/2021	14

Katha Vayana" or "Reading Stories" is an online programme organized by the department of Malayalam for the public as a means to listen to and appreciate literature in an age where the relationship between the people and literature is getting weaker day by day. The awareness that people are more inclined towards listening to stories rather than reading books in this new media age lead us to think out of the box and we arrived at this innovative juncture of digitalizing stories in Malayalam.

The Department of Malayalam uploaded the video files of stories prepared by the students as audio files as part of the digitalization programme. It has got wide reach and if the minimum number of views that a video file has received is 1200, the maximum number of views extended up to 9600 after ten months. The increase in the number of views shows its popularity and acceptance in the public space. It leads one to think that it has helped thousands of people to have access to the realm of appreciating literature.

https://www.youtube.com/playlist?list=PL8FyC33ZdUfMQAK-AdmWFRpcrGwh_B2xW https://www.youtube.com/playlist?list=PL8FyC33ZdUfMJlW60x1B1B03_acnvFnJl





Katha vaayana -story reading for the community (using youtube channel)

ENVIRONMENT DAY CELEBRATION-PLANTING		
THE SAPLINGS		
NCC UNIT		
DATE	DATE NUMBER OF STUDENTS PARTICIPATED	
5-6-2021	66	

As part of World Environment Day, around 93 NCC cadets planted saplings of various species in their homes and distributed saplings to their family members. The cadets produced various placards and documentaries to spread the slogan and awareness in the society. Today it is not just planting saplings but also cleaning the surroundings. All the cadets collected plastics and organic waste from around their homes, treated them separately and reused the collected plastic for making art craft materials. Cadets prepared posters and drawings related to nature conservation.



Planting saplings



REDUCE, REUSE AND RECYCLE-MAKING ART CRAFT		
FROM PLASTICS		
NCC UNIT		
DATE	NUMBER OF STUDENTS PARTICIPATED	
7-06-2021	30	

NCC cadets of Sasthamcotta KSMDB College collected plastics from the college and house premises as part of Environment Day celebrations. The collected plastics were reused and recycled to make artcrafts. About 40 cadets participated in the activity. Parents also joined hands in this activity to make their surroundings plastic free





COVID AWARENESS WEBINAR - COVID: THE MENACE OF TIMES

KERALA STATE LITERACY MISSION CLUB& HINDI DEPARTMENT

DATE	NUMBER OF STUDENTS PARTICIPATED
12/06/2021	200

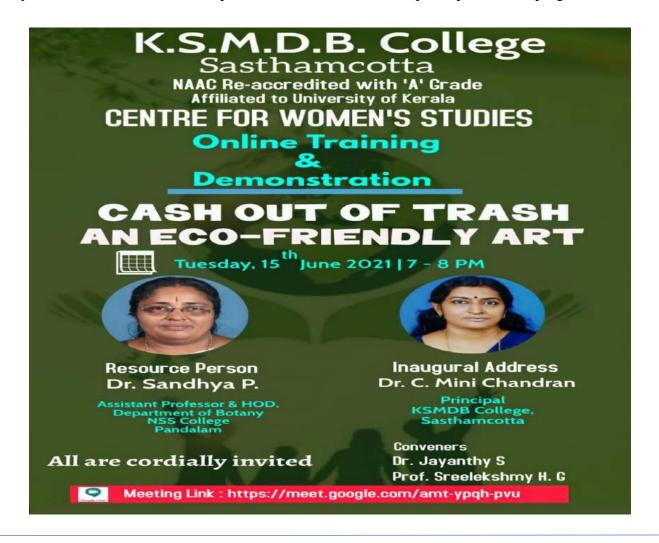
Kerala Literacy mission club and the Hindi department organized a Covid Awareness Webinar on Covid: The Menace of times on 12/06/2021. The webinar was inaugurated by Principal Dr. Minichandran.c and chief guest was Thiruvananthapuram DMO Dr. Shinu. KS . More than 200 were participated in this webinar and certificates were distributed to all the participants . Youtube link: https://youtu.be/VUwwBjnEpf8

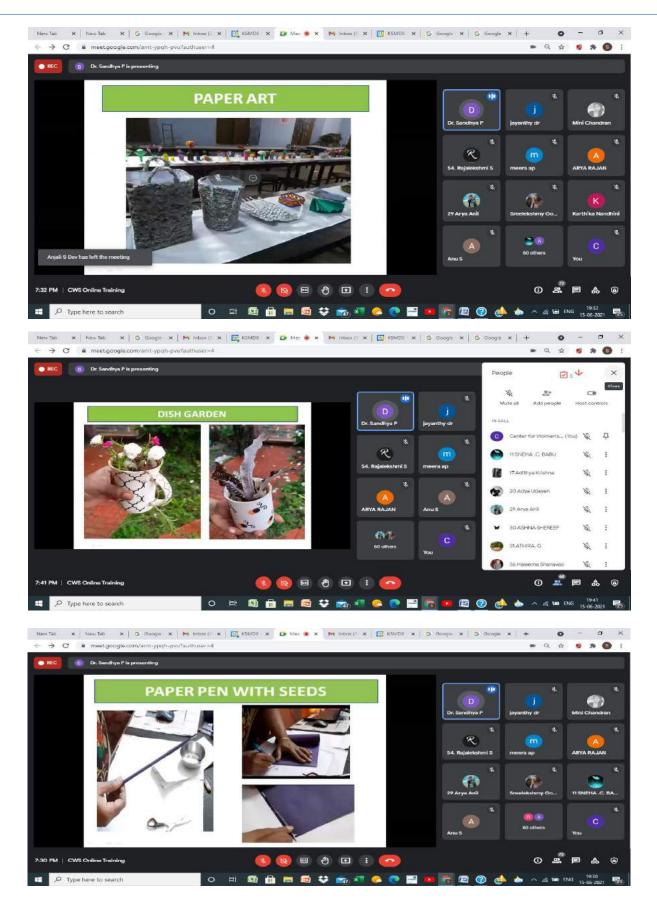


Covid awareness webinar - covid: the menace of times

CASH OUT OF TRASH- AN ECO-FRIENDLY ART	
CENTRE FOR WOMEN'S STUDIES, KSM DB COLLEGE	
DATE	NUMBER OF STUDENTS PARTICIPATED
15/06/2021	84

Online training and demonstration programme organised by CWS on 15 th June 2021 "Cash out of Trash- An Eco-friendly Art". The Resource Person was Dr. Sandhya R, Assistant Professor, NSS College, Pandalam. The hands-on training programme was really worthy and useful to the students in the period of covid pandemic. The making of eco-friendly products and its commercial production aspects attracts the interest of students. The RP also proposes a practical solution for the household waste management and points out the need for environmental cleanliness and its protection. The function was formally inaugurated by Dr. C. Mini Chandran, Principal and more than 80 students participated in the programme.



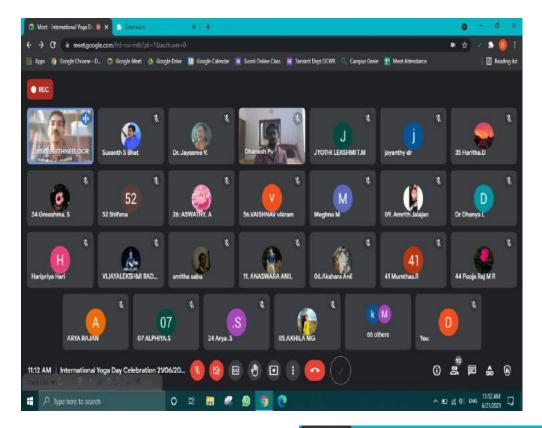


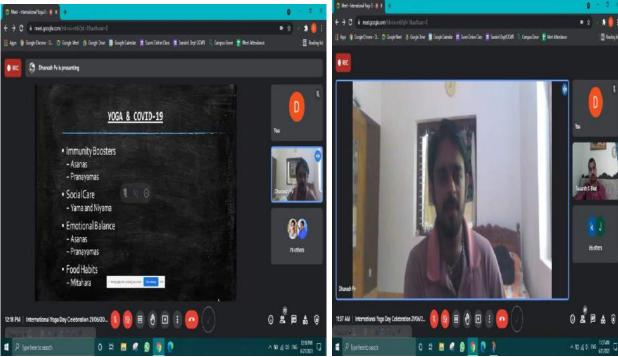
Webinar on Cash out of trash- an eco-friendly art

YOGA: A BREATH OF HOPE DURING COVID-19		
DEPARTMENT OF SANKRIT		
DATE NUMBER OF STUDENTS PARTICIPATED		
21/06/2021	110	

The Sanskrit department had conducted a National Webinar on 21 June 2021 in connection with International Yoga Day Celebration. Dr. Mini Chandran C., Principal, KSMDB College, Sasthamcotta Inaugurated the Programme and Dr. Susanth S., HOD, Dept. Of Sanskrit presided over the programme. Sri. Dhanesh P.V., Teacher in Yoga, Central Sanskrit University, Guruvayoor Campus, Trichur delivered the keynote address on the topic "Yoga: A Breath of Hope During Covid-19". Prof. R. Arunkumar, Syndicate member, Kerala University, Dr. Madhu T., Secretary, college council, Dr. V. Jayasree V. Coordinator, IQAC made felicitations in the Programme. Dr. Sreegith T.G., Convenor Webinar, delivered the welcome speech and Kumari Veena Vijayan, Student, I semester MA Sanskrit, expressed vote of thanks.







Awareness programme on yoga





THE INTERNATIONAL ANTI-DRUG DAY OBSERVANCE	
NCC UNIT	
DATE	NUMBER OF STUDENTS PARTICIPATED
26/06/2021	<u>26</u>

The International Day Against Drug Abuse is observed worldwide on June 26. As part of this, the NCC unit conducted a public awareness programmme by displaying posters showing the harmful effects of drugs. Most of the cadets made awareness posters and displayed them around. The cadets also produced a video documentary on the causes of drug abuse. A drawing competition was also held on the occasion of Anti-Drug Day. The cadets drew several cartoons showing the ill effects of drug use and shared them through social platforms.







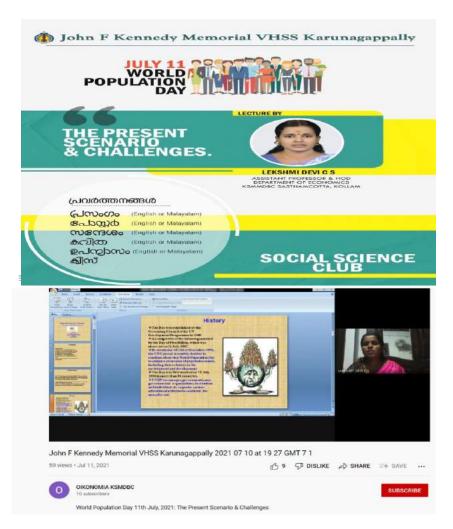
Anti-Drug Day Observation-creating awareness to public through posters



POPULATION DAY- LECTURE TO JOHN F KENNEDY MEMORIAL	
SCHOOL, KARUNAGAPALLY	
DEPARTMENT OF ECONOMICS, KSMDB COLLEGE, SASTHAMCOTTA	
DATE NUMBER OF STUDENTS PARTICIPATED	
11/7/2021 50	

In connection with world population day on July 11th, Department of Economics has conducted an extension lecture to students in the John F Kennedy Memorial school, Karunagapally. The objective of this lecture to aware students the present scenario and challenges of increasing population.

Link to the Activityhttps://youtu.be/aEh21NpD_8g



Population day Observance- Lecture to john FKennedy memorial schoolKarunagapally



DISTRIBUTION OF FOOD PACKETS TO THE RESIDENTS OF THE ADOPTED VILLAGE, KUNNUMPURAM NSS ANF PROF.R. GANGAPRASAD FOUNDATION

DATE	NUMBER OF STUDENTS PARTICIPATED
19/7/2021	15

In collaboration with the Prof. R. Gangaprasad Foundation, the NSS Unit of KSM DB College organized a food kit distribution program for the residents of vulnerable families affected by the second wave of covid-19 epidemic in the adopted village of Kunnumpuram. MLA Sri Kovur Kunjumon inaugurated the program. Dr. Arun Shanoj N, (NSS Programme officer) addressed the gathering with a warm welcome. It was followed by the Presidential address by the Principal Dr.Minichandran C in which she emphasized the importance of such activities for the betterment of the society. Rajani.M, Member (Town ward, Sasthamcotta and member in Kudumbasree unit) offered her felicitation.









Distribution of food packets to the residents of the adopted village, Kunnumpuram



Beend

SUBHIKSHA 2020-PINAPPLE HARVESTINGDEPARTMENT OF BOTANY, NSS, NCC, PTA, AGRICULTURE DEPARTMENT, DAIRY DEVELOPMENT BOARD SASTHAMCOTTA & GRAMA PANCHAYATHU – SASTHAMCOTTA

DATE	NUMBER OF STUDENTS PARTICIPATED
26/07/2021	52

The students of our college succeeded in transforming the 5-acre barren land on the banks of the Sasthamcotta Lake into a field of ripe pineapples within a short span of time and reaped the fruits of their labour too. The harvest was a good one consisting of about 2000 pineapples.

This project, which included the cultivation of vegetables and fodder along with pineapple, was the joint venture of 'Subhiksha Keralam' Project of The Government of Kerala, 'Devaharitham Project' of Travancore Devaswom Board and 'Harithalayam Project' of NSS. Support was rendered by PTA too.

The students of NSS and NCC toiled in the barren land to make this venture a huge success. Even in the time of the Covid 19 pandemic, 20 students each sweated out in the land following Covid Protocol. Within a year, the students reaped the harvest of their labour. The method of farming was fully automatic. Dr. Geethakrishnan Nair of Botany Department gave timely suggestions and guidance. Smt. Binisha, Agriculture Officer, was with the students during all the stages of farming right from the selection of seeds to harvesting.

The harvesting programme was inaugurated by Adv. Sri. N. Vasu, Hon'ble President of Travancore Devaswom Board in the esteemed presence of Adv. Sri K.S. Ravi, Member of TDB, Dr. K.S. Anil Kumar, Registrar, University of Kerala, Prof. R. Arunkumar, Syndicate Member, Dr. C. Mini Chandran, Principal, Dr. Jayanthi S, PTA Secretary, Sri. H. Nazeer PTA Vice President, Dr. T. Madhu, NCC Officer and Prof. A.V.Aathman, former NSS Programme officer.

https://youtu.be/V5hDSUOJmKY







വിദ്യാർത്ഥികൾ പണിക്കാരായി

ശാസ്താംകോട്ട തടാകതീരത്തെ തരിശിൽ പൈനാഷിൾ വസന്തം



തടാകതിരഞ്ഞ പെനാപ്പിനക്കുഷി

കൃഷിചെയ്തത് അഞ്ചേക്കറിൽ

ശാസ്മാംകോട്ട • തടാകക്കരയി ലെ അഞ്ചേക്കർ തരിശിൽ പൈനാപ്പിടംക്കൃഷിയിൽ വി ദ്യാർത്ഥികളുടെ വിജയഗാധ കുമ്പളത്ത് ശങ്കുപ്പിള്ള സ്കാരക ദേവസ്വം ബോർഡ് കോളേജി ലെ വിദ്യാർത്ഥിക്കൂട്ടായയുടെ കരുത്തിൽ തടാകതിരത്തു നട ത്തിയ പൈനാപ്പിടംക്കൃഷയിൽ ലഭിച്ചത് വൻവിളവ്.

രണ്ടായിരത്തോളം കൈതവ്വ കേളാണ് വിളയതുനിൽക്കു ന്നത്. സർക്കാരിന്റെ സുഭി ക്കാകരളം, ദേവനും ബോർഡി ൻെ ദേവഹരിതം, നാഷണൽ



 ഡി.ബി.കോളേജ് വിദ്യാർത്ഥിക്കാ നടത്തിയ ഒപ്പൊപ്പിനുക്കൃഷിയുടെ വിളവെടുപ്പ് ഉദ്ഘടനം ദേവസ്വം ബോർഡ് പ്രസിഡൻറ് എൻ.വാസു നിർവഹിക്കുന്നു

സർവീസ് സ്ക്ലീമിൻെറ ഹരിതാല യം എന്നീ പദ്ധതികഠം സമന്വ യിപ്പിച്ചാണ് പൈനാപ്പിഠം, തീറ്റ പ്പുല്ല്, മറ്റ് പച്ചക്കറികഠം എന്നിവ ക്ഷിചെയ്ത്.

എൻ.എസ്.എസ്., എൻ. സി.സി. യൂണിറ്റുകളിലെ വി ദൃാർത്ഥികളാണ് തരിശ്യമണ്ണിൽ വിയർപ്പൊഴുക്കിയത്. കോവി ഡിനെ അതിജീവിച്ച് ഓരോ ഘട്ടത്തിലും 20 കുട്ടിക്കാവീതം പണികളിലേർപ്പെട്ടു.

കൃഷിനടത്തി ഒരുവർഷത്തി നകം വിളവെടുത്തു. പൂർണ മായും ജൈവ കൃഷിതിതിയാണ് അവലംബിച്ചത്.

ബോട്ടണി വിഭാഗം മേധാവി ഡോ. പി.ഗീതാകൃഷ്യൻ നായർ നിർദേശങ്ങറം നൽകി. പി.ടി എ. അവർക്ക് കൈതമാങ്ങാ യി പ്പെംകൂടി. വിത്ത് കണ്ടെത്തു ന്നതുമുതൽ വിളവെടുക്കുന്നതു വരെ പിന്തുണയുമായി കൃഷി ഓഫീസർ ബിനിഷ കൂട്ടികഠം കൊപ്പമുണ്ടായിരുന്നു.

ദേവസ്വം ബോർഡ് പ്രസി ഡൻറ് എൻ.വാസു വിളവെടു പ്പ് ഉദ്ഘാടനം ചെയ്യു.

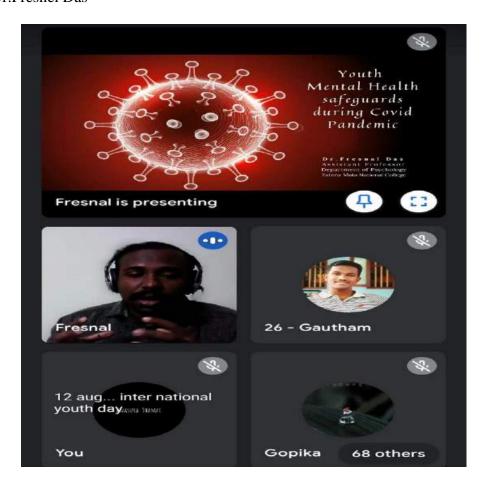
ബോർഡ് അംഗം കെ.എ സ്.രവി, കേരള സർവകലാ ശാല രജിസ്ട്രാർ ഡോ. കെ.എസ്.അനിൽകുമാർ, സിൻഡി കോറ്റ് അംഗം ആർ.അരുൺകു മാർ, പ്രിൻസിപ്പൽ ഡോ. സി. മിനി ചന്ദ്രൻ, പി.ടി.എ. സെ കൂടി ഡോ. എസ്.ജയന്തി, വൈസ് പ്രസിഡൻറ് എച്ച്. നസീർ, എൻ.സി.സി. ഓഫി സർ ഡോ. ടി.മധു. എൻ.എസ്. എസ്. മുൻ പ്രോഗ്രാം ഓഫി സർ എ.വി.ആ.അർ എന്തിവർ പടെടുത്തു.

https://youtu.be/V5hDSUOJmKY

WEBINAR ON YOUTH MENTAL HEALTH SAFEGUARDS DURING THE COVID-19 PANDEMIC NSS UNIT

DATE	NUMBER OF STUDENTS PARTICIPATED
12-08-2021	70

NSS Unit celebrated International Youth Day on 12th August and conducted a webinar on the topic "Youth Mental Health Safeguards during the Covid-19 pandemic". Resource Person was Dr.Fresnel Das



In connection with international youth day Red ribbon club of the college in association with NSS organized a quiz competition on 19/08/2021 at 6 pm through Google meet. A total of 12 students participated in this programme. The theme of this year youth day

Food systems: Youth innovation for Human and Planetary Health'.

Students actively participated in the competition with much enthusiasm. Two student coordinators Ashina and Sahana conducted the event. Nazrin Fathima F from I year BA Malayalam won first prize and Sanuja. S first year student from BVoc food processing won second prize. E- certificate were given to winners.





Red Ribbon Club and National Service Scheme



August 12 2021

International Youth Day

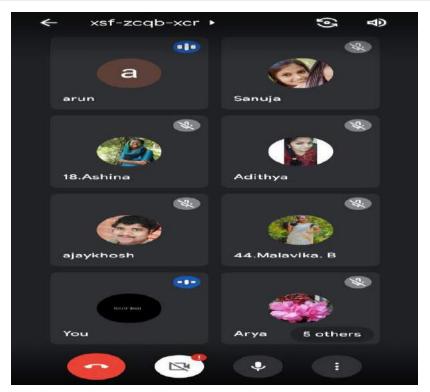
Online Quiz Competition NEW INDIA@75

AUGUST 19, 2021

* TIME: 6:00 PM

Student Coordinators: Ashina (I year-BA Malayalam)
Shahana S (III Year-Political Science

Platform: Google meet



Online quiz competition as part of International Youth Day

KARUNYA PADHADHI -GIFTING A SMART PHONE TO A FINANCIALLY BACKWARD STUDENT NCC UNIT DATE NUMBER OF STUDENTS PARTICIPATED 01-09-2021 51

As a part of the Karunya padhadhi the NCC unit of KSMDB collage donate a smart phone to a student studying in the college for his study purpose. The smart phone was handed over to the student by Dr. Mini S Chandran (principal) and Lt.Dr.T.Madhu (ANO) in the presence of college staffs and cadets.



Donating a smart phone to a financially poor student



SWACHH BHARATH ABHIYAN PROGRAMME	
NCC UNIT	
DATE	NUMBER OF STUDENTS DARTICIDATED
DATE	NUMBER OF STUDENTS PARTICIPATED
26-10-2021	57

Swachh Bharat Mission (SBM), Swachh Bharat Abhiyan, or Clean India Mission is a country-wide campaign initiated by the Government of India in 2014 to eradicate open defecation and improve solid waste management. As part of this programme the cadets of KSMDB College Sasthamcotta conducted a cleaning programme. They cleaned up their house and surroundings and college premises as well as the banks of sasthamcotta lake by removing plastic wastes and disposing them properly.



Swachh Bharath -Cleaning Drive

SAHAPAA	DIKKORU VEEDU 2020- KEY TRANSFER
CEREMONY	
NSS UNIT	
DATE	NUMBER OF STUDENTS PARTICIPATED
08-11-2021	11

The key transfer of the house built by the college in association with NSS units and Devaswom Board, for one of the students of our college, was done on 08/11/2021, Monday at 9.00 am by the Honourable President of Travancore Devaswom Board, Adv. N. Vasu. Honorable members of Devaswom Board, Sri K. S. Ravi and Sri. P. M. Thankappan, The Registrar of University of Kerala, Dr K.S. Anil Kumar, Panchayath President Dr.C.Unnikrishnan, Syndicate member Sri. R. Arun Kumar, College Principal Dr. B. Beena, former NSS Programme Officers Sri Aathman A V and Dr. Remya G R and NSS Programme Officer Dr. Arun Shanoj D S participated in this programme.



സഹപാഠിക്ക് തണലൊരുക്കി ഡിബി കോളേജ് വിദ്യാർഥികൾ

സഹപാഠിക്ക് അടച്ചുറപ്പുള്ള വീ ടിന്റെ തണലൊരുക്കി കുമ്പളത്ത് ശങ്കുപ്പിള്ള മെമ്മോറിയൽ ദേവ സ്വം ബോർഡ് കോളേജ് വിദ്യാർ ഥികൾ. തിരുവിതാംകൂർ ദേവ സ്വം ബോർഡിന്റെ സഹകരണ ത്തോടെ 'സഹപാഠിക്കൊരു വീ ട് പദ്ധതിയിലാണ് വീട് നിറമിച്ച ത്. വീടിന്റെ താക്കോൽ ദേവ സ്വം ബോർഡ് പ്രസിഡന്റ് എൻ വാസു കൈമാറി.

കിടപ്പുരോഗിയായ സഹോദ രനുള്ള വിദ്യാർഥിക്ക് നിർമിക്കു ന്ന വീടിന് ഡിസംബർ അവസാ നമാണ് തറക്കല്ലിട്ടത്. അധ്യാപ കരും അനധ്യാപകരും വിദ്യാർഥി കളും ചേർന്ന് ഏഴര ലക്ഷം രൂപ ചെലവിൽ 650 ചതുരശ്ര അടി വിസ്തീർണമുള്ള വീടാണ് നിർ മിച്ചത്. നാഷണൽ സർവീസ് സ്കീം നേതൃത്വത്തിൽ പൊതുജ നങ്ങളിൽനിന്നും ധനം സമാഹ



ശാസ്താംകോട്ട ഡിബി കോളേജ് വിദ്യാർഥികൾ നിർമിച്ച വീടിന്റെ താക്കോൽ ദേവസ്വം ബോർഡ് പ്രസിഡന്റ് എൻ വാസു നൽകുന്നു

രിച്ചിരുന്നു. പൂർവവിദ്യാർഥിക ളും പൂർവ അധ്യാപകരും സഹ കരിച്ചു.

ചടങ്ങിൽ പ്രിൻസിപ്പൽ ബി ബീന അധൃക്ഷയായി. സർവക ലാശാല രജിസ്ട്രാർ ഡോ. കെ എസ് അനിൽകുമാർ, പഞ്ചായ ത്ത് പ്രസിഡന്റ് സി ഉണ്ണിക്കൃ ഷ്ക്ഷൻ, ഡോ. സി മിനി ചന്ദ്രൻ,

ഡോ. ടി മധു. എച്ച് നസീർ. ഡോ. എസ് ജയന്തി, ആർ ശ്രീജ, ഡോ. ജി ആർ രമ്യ, ഡോ. അരുൺ ഷനോജ്, എ വി ആത്മൻ എന്നിവർ സംസാരിച്ചു. നിർമാണത്തിന് നേതൃത്വം നൽ കിയ എൻഎസ്എസ് പ്രോഗ്രാം ഓഫീസറായിരുന്ന എ വി ആത്മ നെ ചടങ്ങിൽ ആദരിച്ചു.



'സഹപാഠിക്കൊരു വീട്^ക പൂർത്തിയായി

ശാസ്താംകോട്ട ● കിടപ്പുരോഗി യായ സഹോദരനുമായി കഴിയു ശാസ്താംകോട്ട ● കിടപ്പുരോഗി യായ സഹോദരനുമായി കഴിയു ന്ന വിദ്യാര്ഥിക്കു സുരക്ഷിത ഭവ നം ഉറപ്പാക്കുന്നതിനായി നടപ്പാ ക്കിയ 'സഹപാഠിക്കാരു വീട്' പദ്ധതിക്കു സാക്ഷാത്കാരം കെഎസ്എം ഡിബി കോളജും ദേവസ്വം ബോര്ഡും ചേര്ന്നാണ് ഏഴര ലക്ഷം രൂപ ചെലവിൽ 650 ചതുരശ്ര അടിയുള്ള വീട് നിര്മി ച്ചത്. നാഷനൽ സർവീസ് സ്കീം ചുമതല വഹിച്ച പദ്ധതിയിൽ അധ്യാപകരും അനധ്യാപകരും വിദ്യാര്ഥികളും പൂര്വ വിദ്യാര്ഥി കളും പൂർവ അധ്യാപകരും നാട്ടു കാരും കൈത്താങ്ങായി. പടി ഞ്ഞാറേ കല്ലട കടപ്പാക്കുഴിയിൽ

നടന്ന ചടങ്ങിൽ ദേവസദം ബോർ

നടന്ന ചടങ്ങിൽ ദേവസ്വം ബോർ ഡ് പ്രസിഡന്റ് എൻ. വാസു വീടി ന്റെ താക്കോൽ കൈമാറി. പ്രിൻസിപ്പൽ ഡോ.ബി.ബിന അധ്യക്ഷത വഹിച്ചു. വീട് നിർമാ ണത്തിനു നേത്യത്വം വഹിച്ച എൻഎസ്എസ് പ്രോഗ്രാം ഓഫി സർ എ.വി. ആത്മനെ ചടങ്ങിൽ ആദരിച്ചു. കേരള സർവകലാ ശാല റജിസ്ട്രാർ ഡോ.കെ.എസ്. അനിൽകുമാർ. പഞ്ചായത്ത് ശാല റജിസ്ട്രാർ ഡോ.കെ.എസ്. അനിൽകുമാർ, പഞ്ചായത്ത് പ്രസിഡൻ്റ് ഡോ.സി. ഉണ്ണിക്കു ഷ്ണൻ, മൂൻ പ്രിൻസിപ്പൽ ഡോ. സി.മിനി ചന്ദ്രൻ, കൗൺസിൽ സെക്രട്ടറി ഡോ.ടി. മധു, പിടിഎ വൈസ് പ്രസിഡൻ്റ് എച്ച്. നസിർ തുടങ്ങിയവർ പ്രസംഗിച്ചു.



Sahapaadikkoru Veedu 2020- Home for a fellow student

MENORIAL DELIGION DIST. ACOUNT OF THE MORIAL DELIGION OF THE MENORIAL D

KARUNYA-HELPING HAND FOR FINANCIALLY POOR	
STUDENTS	
NCC	
DATE	NUMBER OF STUDENTS PARTICIPATED
26/11/2021	30

KARUNYA ' programme which aimed to provide financial help to financially backward and academically bright students was also conducted and study materials were distributed among 15 selected students from the nearby school. The programme was inaugurated by the Principal, in the presence of college staff and NCC cadets. Around 20 cadets participated in the programme

PLASTIC FREE CAMPUS-CAMPUS CLEANING		
NSS UNIT		
DATE	NUMBER OF STUDENTS PARTICIPATED	
29/11/2021	100	

The NSS Units cleaned the campus and related areas. The mission was named as 'Plastic Free Campus'. There were so much plastic wastes and book paper wastes that are dumped in the various parts of the campus. The volunteers collected a large amount of plastic from the campus that would be have been diversely affected the nearby fresh water lake. 180 volunteers participated in thecleaning programme.



AIDS DAY-QUIZ COMPETITION		
DEPARTMENT OF ZOOLOGY, KSM DB COLLEGE,		
SASTHAMCOTTA		
DATE	NUMBER OF STUDENTS PARTICIPATED	
1-12-2021	12	

Dept of Zoology observed AIDS Day 2021 in association with the Health Education Club of the college on 1st December 2021 at the Zoology Smart seminar Hall at 2pm. 14 students from various departments (Zoology, Chemistry, Botany, Malayalam, History and B.Voc. Software Development) participated in the quiz competition. The First Prize (Rs.500/-) was secured by **Amrutha L**, S2. B.A. Malayalam. The second prize was shared among two students; **Rubiya P** (S2 B.A. History) and **Sanuja S** (B.Voc Software Development



AIDS DAY CELEBRATION- 'ASAMATHVANGAL AVASANIPPIKKAM AIDSUM MAHAMARIKALUM ILLATHAKKAM

NSS UNIT & TALUK HEAD QUARTERS HOSPITAL, KOTTARAKKARA

Date	NUMBER OF STUDENTS PARTICIPATED
1-12-2021	76

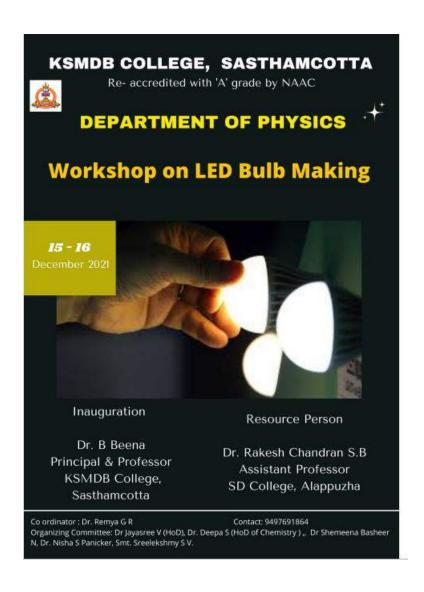
An awareness class was conducted through google meet on 1-12-2021. The topic was 'Asamathvangal avasanippikkam Aidsum mahamarikalum illathakkam'and was taken by Sri Bijomon, ICTC Counsellor, Taluk Head Quarters Hospital, Kottarakkara. About 75 NSS volunteers attended the programme. A poster making competition was also conducted.





LED BULB MAKING DEPARTMENT OF PHYSICS		
Date	NUMBER OF STUDENTS PARTICIPATED	
15-12-2021&16-12-2021	75	

The Department of Physics organized a workshop of LED bulb making as an interdepartmental as well as an extension activity during the year 2020-21. The programme was conducted on 15th and 16th December 2021 in the Physics Lab. The workshop was inaugurated by Dr. B Beena, Principal and Professor on 15th December. The programme began at 10:30 am with a prayer song by students (Parvathy Das and Meenakshy M.S). About 50 students including students from other departments participated in the programme. Dr. Remya G.R addressed the gathering with a warm welcome. It was followed by the Presidential address by the Head of the Department, **Dr Jayasree V** in which she stressed the importance of LED making among students. LED bulbs are electric lamps containing numerous clusters of LEDs mounted on a base. They generate a lower heat output, offer a better color rendering index (CRI), and are eco-friendly. As compared to conventional bulbs, such as fluorescent and incandescent lights, LED bulbs have a longer lifespan, reduced energy consumption, and compact size. They are available in various wattages, shapes, colors, and dimmable controls. As a result, LED bulbs are widely used in general lighting, street lighting, signal and signage, healthcare, forensics, etc. The Resource Person was Dr. Rakesh Chandran S.B, Assistant Professor, SD College, Alappuzha and gave proper guidance for making LEDs. Students from various disciplines join together and made the at success. This programme helped to develop a general awareness of energy





"PLASTIC MUKTHA COLLEGE, HARITHA COLLEGE" NSS UNIT DATE NUMBER OF STUDENTS PARTICIPATED 18-12-2021 100

AS part of NSS activities, the campus cleaning was done on 18/12/2021. Activities that started at 9.00am, lasted till noon. Students collected plastic wastes and garbages from different parts of the campus and properly disposed it. The activity was done with the aim of "Plastic muktha College, Haritha College". The cleaning activity was done on 14/01/2022 and arranged provisions for depositing food wastes. Food wastes were collected from different parts of the campus and disposed it. Three pits were made for composting food wastes and three boards were also placed.





COVID 19 AND HOMEOPATHIC APPROACH		
COMMUNITY AND HEALTH ACTIVITY CLUB		
DATE	NUMBER OF STUDENTS PARTICIPATED	
18/12/2021	40	

The activities of the club during the year 2020-21was inaugurated by Dr B Beena (Principal and Professor) on 18th December 2021. The programme began at 7.00 pm with a prayer song. Dr. Shemeena Basheer N, (Convener, CAHAC) addressed the gathering with a warm welcome. It was followed by the Presidential address by the Principal Dr B Beena in which he stressed on the importance of extending community-based health activities of the students. Rajani.M, Member (Town ward, Sasthamcotta and member in Kudumbasree unit) offered her felicitation. The total number of students participated in the programme were around 40. As an extension activity of the club, an online webinar grounded on the Homeopathic Approach towards COVID 19 was also conducted in association with Kudumbasree unit, Kunnumpuram,Sasthamcotta. The webinar is presented by Dr. S Geethakumary(BHMS) and she gave a wonderful talk about the relevance of Homeopathy to this COVID Pandemic. She discussed about the symptoms of COVID -19 and how to approach this pandemic by Homeopathy. This programme helped to develop a confidence among students and all others who were presented in this webinar to fight against this pandemic. The programme continued for two hours and vote of thanks is proposed by Anju A (student member)

Online link: Google Meet joining info Video call link: https://meet.google.com/ycd-cepm-djj







SAPARYA – ANNUAL SEVEN DAY COHABITATION CAMP NSS UNIT, KSM DB COLLEGE DATE NUMBER OF STUDENTS PARTICIPATED 24/12/2021 TO 30-12-2021 115

The seven-day special camp of NSS unit of KSM DB College, Sasthamcotta, started on 24th December 2021, at our college. The aim of the camp is to take an initiative towards a cleaner and greener environment at the campus and also do the same for the villages adopted by NSS unit of the College. It will also focus on teaching volunteers about the importance of the use of eco-friendly methods for agriculture.

Day 1 (24/12/2021)

NSS annual seven days camp began at DB College on 24st December, 2021 under the supervision of Dr. Arun Snoj (NSS coordinator, Assistant Professor in Politics) and Dr.Smitha (Assistant Professor, department of mathematics). On the first day, volunteers got acquainted each other and turned into seven groups. Each group was given names of mountains as Kanchanganga, MountK2, Aaravalli, Himadri, Silent Valley, Kilimanjaro and Aanamudi.



Day 2 (25/12/2021)

On the Second Day volunteers started social survey in the adopted village and completed the survey by 4.00pm. By this survey, volunteers could realize the difficulties faced by the residents of the village and they tried to find out remedies to help them. The drama conducted by Mr.Biju Manjadi was started at 7.00pm and cultural programmes were started at 8.00 pm.



Day 3 (26/12/2022)

A talk on the topic "Basic Life Support & First Aid" was conducted at 10.00 am. The resource person was Sri. Sabulal, Station Officer, Fire force, Sasthamcotta. From 2.00 pm to 3.00 pm, an anti-drug awareness talk was condcuted by Sri.Bijilal P, Excise Preventive Offcer. From 7.00 pm to 8.00 pm, a literary workshop was arranged which was leaded by the poet, Sri.Balamurali Krishna









Day4 (27/12/2021)

The students made a herbal garden with medicinal plants. After lunch at 2.00 pm, a handicrafts making workshop was conducted by Mr.Sabilesh G. From 7.00 pm to 8.00 pm, folk song practice was conduted by Sri.Biju Sasthamcotta, Aadi Nattarivu Padanakendram.







Day5 (28/12/2022)

NSS volunteers cleaned the banks of Sasthamcotta Lake and they named the project as "Kayalvaram". At 2.00 pm, a talk was delivered by Dr.Joseph Antony (Rtd.Professor, Department of Politics, Kariavattom Campus) on the topic "Fundamental Rights-Indian Constitution". From 3.15 pm-4.30 pm, Sri.Sarathchandran R. (Joint RTO, Kunnathoor Taluk) give awareness on Road safety. A short film was presented by Mr.Anil Kizhakkedath at 7.00 pm









Day6 (29/12/2022)

The students cleaned market near the college. After lunch at 2.00pm, an awareness class on the topic "Protection of Women from domestic violence act" was conducted by Adv.Mohankumar. After that at 3.15 pm, arranged Palliative class and the resource person was Mr.Reji A, Physiotherapist, Taluk Hospital, Nilamel.







Day7 (30/12/2022)

Today the cleanliness drive was continued following which the volunteers cleaned the camp. Valedictory function was conducted at 1.00 pm







Send off





CENTRE FOR ADULT CONTINUING		
EDUCATION AND EXTENSION 2021		
KSM DB COLLEGE		
DATE	NUMBER OF STUDENTS PARTICIPATED	
2021-2022		

KSMDB College is a centre of CACEE (Centre for Adult Continuing Education and Extension) University of Kerala for conducting CLISc and CCA courses. The Courses are managed by a committee consisting of 8 members headed by the principal. A teacher of the college acts as the coordinator for running the course. Dr. Rathika Nath G, Asst Professor, Department of Chemistry is the Co-ordinator of the CACEE Sub Centre of this college. The Courses offered under CACEE are CLISc (CERTIFICATE IN LIBRARY AND INFORMATION SCIENCE) and CCA (CERTIFICATE IN COMPUTERISED ACCOUNTING). Prospectus and details of the 2021-2022 programmes are available in the link.https://ksmdbc.ac.in/cacee-2021/

The number of students admitted for CLISc (Certificate in Library and Information Science) is 17 and CCA (Certificate in Computerized Accounting) is 10 .More details about CACEE can be found at the link https://ksmdbc.ac.in/extension/



REPORT OF THE EVENT ORGANIZED 2019-2020



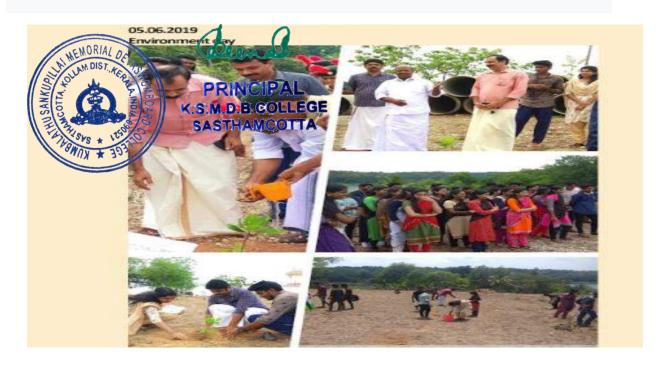


WORLD ENVIRONMENT DAY CELEBRATION-PLANTING SAPLINGS

NSS &NCC ANDWITH KERALA STATE CASHEW DEVELOPMENT CORPORATION

DATE	NUMBER OF STUDENTS PARTICIPATED
05/06/2019	224

NSS and NCC unit of KSM DB College celebrated World Environment Day in a grand manner. The theme for World Environment Day 2019 was "Beat air pollution". The programme started by 09:30 am with a rally from our college to the Sasthamcotta Town by holding the pluck cards describing about the importance of environmental protection and the tree saplings that to be planted. The tree plantation programme was inaugurated by Hon. Cashew Corporation Chairman Sri. Vijayakumar in presence of our College Principal Dr. C Unnikrishnan, Lt. Dr. T Madhu (ANO) and Aathman A V (NSS Programme Officer). In association with Kerala State Cashew Development Corporation, the NSS volunteers and NCC cadets planted 100 cashew saplings. Cashew Development Corporation chairman Sri. S. Jaya Mohan inaugurated the project.











World Environment Day Celebration-Planting saplings on the banks of Sasthamcotta lake

READING DAY CELEBRATION - BOOK DISTRIBUTION TO THE CHILDREN OF THE ADOPTED VILLAGE KUNNUMPURAM

NSS UNIT, KSM DB COLLEGE

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DATE	NUMBER OF STUDENTS PARTICIPATED
19/6/2019	55

NSS volunteers celebrated Reading Day on 19 June 2019 by visiting the adopted village. The collected books were distributed to the students of the adopted village. 55 volunteers visited the village. Volunteer Secretary Karthik Pillai presided over the program.



INTERNATIONAL DAY AGAINST DRUG ABUSE		
NSS UNIT, KSM DB COLLEGE		
DATE	NUMBER OF STUDENTS PARTICIPATED	
26-6-2019	70	

The NSS unit observed International Day against Drug Abuse and Illicit Trafficking on 26 June 2019 by conducting poster presentation. 70 Volunteers participated in the programme. The posters were created to provide awareness to the students about the ill effects of drug usages.



AWARENESS CLASS BY THE CADETS TO THE PUBLIC ABOUT THE DISADVANTAGES OF OVER POPULATION IN OUR COUNTRY

NCC UNIT AND GRAMA PANCHAYAT, SASTHAMCOTTA

DATE	NUMBER OF STUDENTS PARTICIPATED
11-07-2019	96

On behalf of 8 (K) Battalion NCC Mavellikara, K S M D B College NCC Unit celebrated the World Population Day on 11th July 2019. A Seminar programme was conducted on the importance of Population Day. The programme was inaugurated by our ANO Lt. Dr. T Madhu by giving a short speech about the relevance of celebrating this day in this current scenario. The seminar was taken by Assistant Professor Maya (Department of Economics, KSMDB College, Sasthamcotta). She gave us a proper awareness about the demerits of Population Explosion. After the programme our cadets were divided into several groups and went out to the public. The cadets gave notice to the public which was about the importance of Population Control; our cadets also took out a small awareness class to the public about how the Nation is affected by over population. The programme was concluded by around 03:35 pm.





Reading Day-Awareness class and pamphlet distribution to public

OBSERVANCE OF INTERNATIONAL DAY AGAINST DRUG ABUSE

NSS UNIT, NCC UNIT AND EXCISE DEPARTMENT.SASTHAMCOTTA

DATE	NUMBER OF STUDENTS PARTICIPATED
12-07-2019	225

On July 12, NCC Unit and NSS Unit jointly conducted an awareness class on ill effects of drug and alcohol use. Excise Deputy Commissioner S Renjith inaugurated the programme. The class was taken by Suresh Richard (Rtd. Excise Deputy Commissioner). He spoke about each and every section related to the topic using a power point presentation. After the class they have distributed prizes to 3 NCC cadets and NSS Volunteers respectively.



Antidrug day awareness class By Suresh Richard (Rtd. Excise Deputy Commissioner)





ലഹരിക്കെതിരേ ബോധവത്കരണം



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ന്മാർ വർധില്ലാവ്യന്ന വൈട്ട് പ്രത്യേഷ വ്യവസ്ത്ര വെടുന്ന് കേര് പ്രവയ്യൻ വെടുന്നു. വ്യവസ്ത്ര വെടുന്നു കേര് പ്രവയ്യൻ വരുന്ന് വരുന്നു. വ്യവസ്ത്ര പ്രവയ്യൻ വ്യവസ്ത്ര വരുന്ന് വരുന്നു. വരുന്നു പ്രവയയൻ വ്യവയൻ വ്യവത്തി വരുന്നു. വരുന്നു വരുന

Anti drug awareness class









INTERNATIONAL YOGA DAY OBSERVATION		
NCC UNIT, KSMDB COLLEGE, SASTHAMCOTTA		
DATE	NUMBER OF STUDENTS PARTICIPATED	
21-07-2019	96	

NCC Unit celebrated the International Yoga Day on 21st July. The programme was conducted by Vasudevan Nair Yoga trainer. He delivered a small speech on the importance of yoga. He himself was a good example of doing daily yoga. About 96 cadets were participated in the programme, through this program we came to know about the benefits of doing yoga. It provides a better body posture, it is good for heart, weight controlling and fitness. As a student it helps to reduce anxiety, depression and increase our concentration therefore we must follow yoga daily



KARGIL DIWAS RALLY NCC UNIT	
DATE	NUMBER OF STUDENTS PARTICIPATED
21-07-2019	28

NCC unit observed Kargil Vijay Divas on 27th july 2019.Kargil war was an armed conflict between India and Pakistan that took place between May and July 1999 in the Kargil District of Kashmir. It was the day our brave soldiers sacrificed their lives for our nation. We've lighted candles and prayed for their souls and also offered flowers. After that a **rally** was conducted from college to Sasthamcotta town.





Kargil Divas Awareness Rally



CARE AND MAINTENANCE OF THE WETLAND-SASTHAMCOTTA FRESH WATER LAKE

NSS &NCC UNIT KERALA STATE WETLAND AUTHORITY AND PAVITHRESWARAM GRAMIN LIBRARY

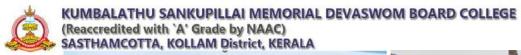
TAVITIKESWAKAWI GRAWII CIDRAKI		
DATE NUMBER OF STUDENTS PARTICIPATED		
27-07-2019	242	

NSS Unit, NCC and State Wetland Authority of Kerala along with Sasthamcotta NGO conducted a wetland protection awareness class and Sasthamcotta lake cleaning programme on 27thJuly 2019. Sasthamcotta Gramapanchayath President Sri I. Noushadin inaugurated the programme in the presence of Dr C. Unni Krishnan (Principal).

All the dignitaries spoke about the importance of preservation of water bodies. Sasthamcotta Lake is the one of the largest fresh water lake in India and now days it is facing danger. After the awareness class all the cadets gathered at the bank of the lake and cleaned the surroundings by removing the biodegradable and plastic wastes. The NSS volunteers also helped the cadets.













Cleaning the Banks of Sasthamcotta Lake

WORKSHOP ON EXPERIMENTAL PHYSICS		
DEPARTMENT OF PHYSICS		
DATE NUMBER OF STUDENTS PARTICIPATED		
2-08-2019	56	

As part of the outreach Programme, the department of physics is regularly organizing a Workshop on Experimental Physics for the higher secondary students. The current year programme was scheduled on 02 August 2019. Students from 8 nearby schools have participated in this programme.10 experiments were arranged and demonstration is carried out by the students of 3rd sem and 5th sem B.Sc. Physics. The students were divided into 10 batches and each batch is entrusted with 3 students of the department to guide them through the different experimental setup arranged in the Physics Lab. Local hospitality is arranged by the department for the participants and the volunteers. Feedback is collected from the students at the end of the program



SAHAPAADIKKORU VEEDU 2019- HANDING OVER THE		
KEY		
NSS UNIT		
DATE NUMBER OF STUDENTS PARTICIPATED		
3/8/2019	190	

Students under the National Service Scheme have turned an epitome of social service by constructing a house for a poor family. It was a proud moment for the students when the house key was handed over on 3rd August 2019. Principal Dr. C. Unnikrishnan presided over the meeting. Kerala University NSS Coordinator Dr. A Shaji handed over the key. Programme officer Aathman A. V. and Prof. Vijayalakshmi felicitates the meeting. 180volundeers attended the meeting







WORLD BREAST FEEDING WEEK CELEBRATION

NSS & GOVT TALUK HOSPITAL, SASTHAMCOTTA

DATE	NUMBER OF STUDENTS PARTICIPATED
05/08/2019	60

Based on World Breast feeding week NSS Unit had conducted a signature campaign on 5th August 2019 jointly with Thaluk Govt. Hospital, Sasthamcotta. Second year volunteers take part in the program. They gave awareness about the importance of breast feeding and they collected signatures of those people who have participated in the programme.



ശാസ്താംകോട്ട താലുക്ക് ആശുപത്രിയിൽ മുലയുട്ടൽ വാരാചരണ പരിപാടിഗ്രാമപഞ്ചായത്ത് പ്രസിഡന്റ് ഐ നൗഷാദ് ഉദ്ഘാടനം ചെയ്യന്നു

ശാസ്താംകോട്ട താലൂക്ക് ആശുപത്രിയിൽ മുലയൂട്ടൽ വാരാചരണം

ശാസ്താംകോട്ട: താലുക്ക് ആശുപ ത്രിയിൽ നടന്ന ലോക മുലയുട്ടൽ വാരാചരണം ഗ്രാമ പഞ്ചായത്ത് പ്രസിഡന്റ്ഐ നൗഷാദ് ഉദ്ഘാ ടനംചെയ്യ.ശിശ്ശക്ഷേവകഷ്യംദേ വസ്വംബോർഡ്കോളേജിലെഎ ൻ.എസ്.എസ്മ്യണിറ്റംസംയുക്ത മായാണ് പരിപാടി സംഘടിഷിച്ച ത്. ഇതോടനബന്ധിച്ച് സിഗ്നേ ച്വർ കാമ്പയിനം ബോധവത്കര

ണവും നടന്ന . ആശുപത്രി സ്വപ്ര ണ്ട് ഷഹാന അഹമ്മദ്, ഡോ. അ ആപ്, ഡോ, ഷബീർ, ജനപ്രതിനി കളായ കൃഷ്ണകമാരി, എസ്. ദിലീപ് കമാർതുടങ്ങിയുവർസംസാരിച്ച



05.08.2019
World Breast Feeding week
Celebration

SWACHATHA PLEDGE	
NSS UNIT	
DATE NUMBER OF STUDENTS PARTICIPATED	
05/08/2019	80

NSS unit of our college conducted an oath taking ceremonyOn 5th August 2019 to create an awareness about the importance of cleanliness. The awareness session was conducted by NSS Programme Officers Aathman A. V. and Prof. Vijayalakshmi. They guided the students with how they can achieve cleanliness and what is the ultimate need for a cleaner surrounding.





Swachhata Pledge

TREE PLANTATION NCC UNIT, KSMDB COLLEGE, SASTHAMCOTTA	
DATE	NUMBER OF STUDENTS PARTICIPATED
06/08/2019	38

NCC Unit conducted a tree plantation programme on 6th August 2019. The program begins by around 12:30 pm. A total of 78 Cadets attended the programme. As part of the program, all cadets planted Saplings. There were many varieties of sapling. The program was inaugurated by Lt. Dr. T Madhu in presence of NCC Cadets. The program was a great inspiration to all students in the college. By this programme we can aware the society about the importance of planting trees and conserving the trees and our environment.



CAMPUS CLEANING NSS UNIT	
DATE	NUMBER OF STUDENTS PARTICIPATED
10-8-2019	55

NSS volunteers of first and second years cleaned the weeded areas of campus on August 10, 2019. Each group were given different areas. Many areas of the campus were cleaned through this massive programme. As our campus is a plastic free campus, students ensured that there are no plastic materials around our campus.



SUPPORTING FLOOD-HIT KERALA 2019-COLLECTION AND DISTRIBUTION OF RELIEF MATERIALS TO FLOOD AFFECTED AREAS NSS UNIT KSM DB COLLEGE DATE NUMBER OF STUDENTS PARTICIPATED 13/08/2019&14-08-2019 85

NSS unit started a counter at the college for collecting groceries and dress materials for flood affected areas on August 13, 2019. All the staff and most of the students ensured their participation. The collected groceries were send to the affected area through Taluk authorities on August 14, 2019.





INDEPENDENCE DAY CELEBRATION NSS UNIT, KSMDB COLLEGE, SASTHAMCOTTA &NCC UNIT, KSMDB COLLEGE, SASTHAMCOTTA DATE NUMBER OF STUDENTS PARTICIPATED 15/08/2019 245

NSS and NCC unit of our college celebrated Independence Day ina grand manner.. The celebration was started by hoisting the flag. The flag was hoisted by Dr. C Unnikrishnan (Principal) in presence of Lt Dr. T Madhu (ANO), Hav. Pramod Kumar (BHM), Athman A V (NSS programe officer). All the dignitaries have given valuable speech about the special day. Independence Day marks the end of British rule in 1947 and the establishment of a free and IndependentIndian nation. After the flag hoisting ceremony a rally was conducted from the college toSasthamcotta town. The programme was concluded by around 10:30 am.







Independence Day Awareness Rally





06-09-2019

ONAMKIT DISTRIBUTION TO THE FINANCIALLY CHALLENGED PEOPLE OF THE NEIGHBOURHOOD COMMUNITY NSS UNIT DATE NUMBER OF STUDENTS PARTICIPATED

190

NSS unit distributed Onam Kits to the people in the adopted village on Septemder 6, 2019. 25 kits were distributed. Pricipal Dr. C Unnikrishan inaugurated the function and distributes the kit. NSS volunteers were participated the function with much enthusiasm



Onam Kit Distribution By Principal Dr.C.Unnikrishnan to Financially

Challenged people of Neighbourhood Community



DISTRIBUTION OF BAMBOO SAPLINGS	
BIODIVERSITY CLUB AND DEPARTMENT OF BOTANY, K. S. M. D. B.	
COLLEGE, SASTHAMCOTTA	
DATE	NUMBER OF STUDENTS PARTICIPATED
18-9-2019	14

World Bamboo Day is observed globally on 18 September every year. This day is celebrated to raise awareness of the benefits of bamboo and to promote its use in everyday products. In association with Botany department, Sasthamcotta Grama Panchayat and Biodiversity club celebrated the world Bamboo Day on 18/9/2019.Distribution of Bamboo saplings inaugurated by Dr. Unnikrishna Pillai, Principal, K.S.M.D.B College, Sasthamcotta. Dr. Geethakrishnan Nair. P, H.O.D, Department of Botany made the key note address. Sri. Dileep kumar, Panchayat member offered felicitation. The members of Biodiversity club planted saplings in the college campus. The students were grouped and assigned the task to nurture the saplings planted in the campus.



Bamboo Sampling distribution on world Bamboo Day



NSS DAY CELEBRATION - CLEANED UP THE AREA OF THE PRE-METRIC HOSTEL NEAR OUR CAMPUS

NSS UNIT

DATE	NUMBER OF STUDENTS PARTICIPATED
24/9/2019	150

Every year NSS day was impressively celebrated in our college on September 24. A meeting of first and second year NSS volunteers were conducted by Program officer. Followed by the meeting the NSS volunteers cleaned the surroundings of premetric hostel near our campus. They also cleaned the way from college to hostel. About 150 volunteers take part in the programme.





Cleaning Drive in the surroundings of the parametric hostel near the campus



എൻ.എസ്.എസ്. ദിനം ശുചീകരണത്തിനായി മാറ്റിവെച്ച് വിദ്യാർഥികൾ



 ടോവനും ബോർഡ് കോളേജിലെ വിദ്യാർഥികർാ പ്രിമെട്ടിക് ഹോസ്റ്റൻ പരിസരം ശ്വാമീകരിക്കുന്നു

ശാസ്താംകോട്ട > നാഷണൽ സർ വീസ് സ്ക്കീരിലെ സന്നദ്ധപ്രവർത്ത കർ ശാസ്താംകോട്ടയിൽ ശുചികര ണം നടത്തി.

എൻ.എസ്.എസ്. ദിനാച രണത്തിൻെ ഭാഗമായാണ് രാസ്റ്റംകോട്ട ജങ്ഷനും പട്ടിക ജാതി പ്രിമേടിക് ഹോസ്റ്റലും വി ദ്യാർഥികുട്ടായയിൽ വൃത്തിയാ ക്ഷിയൻ. ദേവസ്വം ബോർഡ് കോളേ ജിലെ സന്നദ്ധപ്രവർത്തകർ കാ ടുമുടിക്കിടന്നിരുന്ന ഹോസ്റ്റലും പരിസരവും വൃത്തിയാക്കുകയും മാലിന്യങ്ങഠാ തിക്കംചെയ്ക് ഗുചീ കരിക്കുകയും ചെയ്യു.

കോളേജിന് മുൻവശംമുതൽ ഹോസ്റ്റൽവരെയുള്ള റോഡും കാട് വെട്ടിത്തെളിച്ച് വ്യത്തിയാ ക്കി. നൂറോളം വിദ്യാർഥികാം



 ശാന്യാംകോട്ട ജിഎച്ച്.എസ്.എസിലെ വിദ്യാർഥിക്കാ നടത്തിയ മാല്ന്വന്ദിർമാർഅനയാണം

പങ്കാളികളായി. പ്രോഗ്രാം ഓഫ് സർ എ.വി.ആത്മൻ, ജി.ആർ. രമു. ഗോക്യൽ, പ്രജ എന്നിവർ നേതൃത്വം നൽകി.

ശാസ്റ്റാംകോട്ട ഗവ, ഹയർ സെക്കൻഡറി സ്കൂറം വിദ്യാർമിക ളാൺ ജങ്ഷനും പരിസരവും ശു ചീകരിച്ചത്.

തടാകത്തിലെത്താൻ സാധ്യ തയുള്ള പ്ലാസ്സിക് മാലിനുങ്ങളും അവർ നീക്കംചെയ്യു. സ്കൂളിൽ പ്ര തുേക അസംബ്ലിയും വിദ്യാർമിക ളുടെ റാലിയും ഉണ്ടായിരുന്നു

വാർഡ് അംഗം എസ്.ദിലി പ്കുമാർ ഉദ്ഘാടനം ചെയ്തു പി. ടി.എ പ്രസിഡൻർ സുമ്പിൽ വലു ത്ത്, പ്രോഗ്രാം ഓഫ്സർ എസ്. ജയചന്ദ്രൻ, എസ്.ഗിരിജ. ഷീനം, റെജി എല്ല. വിൽഗ്രഡ് തുടങ്ങി യവർ നേത്വത്വം നൽകി.



Beend

WORLD HEART DAY OBSERVANCE

NSS, GRAMAPANCHAYATH, SASTHAMCOTTA & PADMAVATHY HOSPITAL, SASTHAMCOTTA

DATE	NUMBER OF STUDENTS PARTICIPATED
29/09/2019	150

A rally was conducted on September 29, 2019 by NSS volunteers with an intension to create an awareness of the importance of living healthy for a healthy heart. The flag off was done by Sri V S Prasanth, Station house officer, Police Station, Sasthamcotta at about 10 AM. Gramapanchayath member Sri. S. Dileep Kumar was also present. The rally started from Bharanikavu and ended at G.H.S.S. Sasthamcotta. The volunteers raised slogans based on the importance of healthy life for healthy heart throughout the rally. After the rally they attended an awareness class conducted by Padmavathi Hospital.



World Heart Day Awareness rally and Class

NJANGALKUMPARAYANUNDU' FOR	
DIFFERENTLY ABLED CHILDREN	
NSS UNIT	
DATE	NUMBER OF STUDENTS PARTICIPATED
30/09/2019	182

The art tour conducted by the differently abled children of Kozhikode in order to create awareness among the common people about the skills and abilities of differently abled was welcomed by our NSS unit to our college. The program started at about 3.30PM. The NSS. Volunteers along with other students encouraged them throughout the program. It was a great delight for the stud





GANDHI JAYANTI CELEBRATION-SWACHH BHARATH NSS & NCC UNIT OF KSM DB COLLEGE&SASTHAMCOTTA GRAMA PANCHAYATH

DATE	NUMBER OF STUDENTS PARTICIPATED
2/10/2019	116

NSS volunteers participated in railway station cleaning program as part of Gandhi Jayanti Day. Then volunteers and program officers visited Gandhi Bhavan, Pathanapuram and gave them various gifts and dress materials.



NSS Programme officers and Volunteers at Gandhi Bhavan, Pathanapuram



On the 150th Jayanthi of Mahatma Gandhi a cleaning programme was organised by the NCC unit of KSMDB College Sasthamcotta. The program was inaugurated by respected ward member Sri. Dileep Kumar in presence of village officer Sri. Ajith Edward, Village Office Staff Sri. Regunathan Pillaiand Lt .Dr T Madhu (ANO). Dileep Kumar gave the inauguration speech on topic 'Cleaning My City' mission by 'SWACHH BHARAT'. The importance of keeping our surroundings will help us to live a healthy life was the central idea of his speech. Edward sir gave the thanksgiving speech. After that the cadets cleaned the Sasthamcotta Village Office, Agricultural Office and its surroundings. Around 95 cadets participated on the cleaning process under the leadership of ANO. After the cleaning the cadets got refreshments. The program was conducted by around 12 pm.On the 150th Jayanthi of Mahatma Gandhi a mass awareness rally was conducted onbehalf of KSMDB College Sasthamcotta and 8K Battalion NCC Mavelikkara. The program was inaugurated by Dr T Ajay Kumar (Associate Professor, Department of History). The rally was headed by ANO Lt. Dr. T. Madhu from our college to Sasthamcotta town. About 95 cadets participated in the rally. The eadets had provided information about keeping our surroundings clean and about

SASTHAMCOTTA

the vision and thoughts of our great Mahatma. The program was concluded by around 10:15 am.









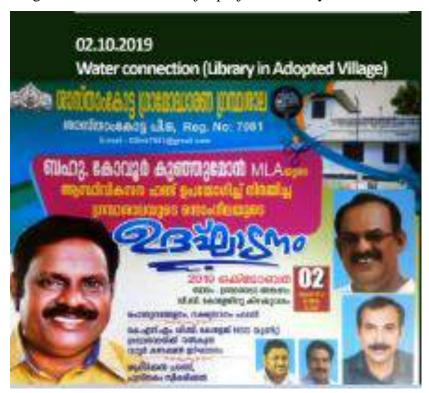


Swachh Bharat Programme-Cleaning Drive and Awareness rally



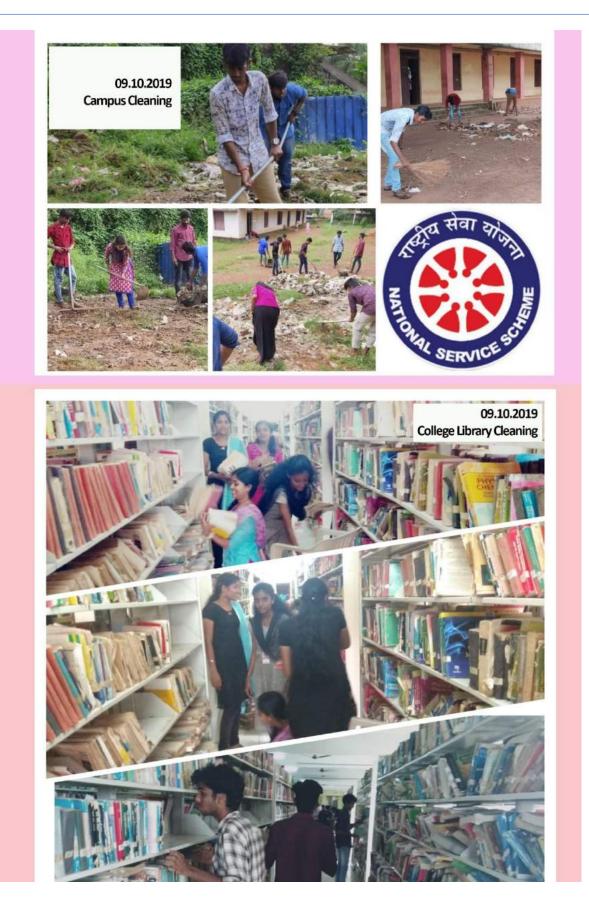
ESTABLISHMENT OF WATER CONNECTION TO	
LIBRARY IN ADOPTED VILLAGE	
NSS UNIT	
DATE	NUMBER OF STUDENTS PARTICIPATED
02/10/2019	<u>50</u>

The NSS unit gives assistance to complete the electrification work of library which situated in the adopted village Kunnumpuram. This library is only one source of students for gaining knowledge. This is one of the major projects taken by the unit.



Cleaning Drive-Campus and College Library	
NSS Unit KSM DB College,Sasthamcotta	
Date	Number of students participated
02/10/2019	<u>123</u>

On October 9,2019,the NSS volunteers grouped to clean the surroundings of the individual buildings in the campus. NSS volunteers actively collected plastic wastes, tea cups, weeds, and dry leaves spread over the surrounding areas. Second year NSS volunteers devoted their day for cleaning the library. They clean the shelves and floor of the library and arranged the books. They set aside the torned books required for binding.



CHILDREN'S DAY CELEBRATION WITH THE	
CHILDREN OF THE ANGANWADI AT THE ADOPTED	
VILLAGE	
NSS UNIT	
DATE	NUMBER OF STUDENTS PARTICIPATED
14/11/2019	<u>30</u>

The NSS units of the College celebrated Children's Day of this year by spending some quality time with the children of the Anganawadi at the adopted village. A team of NSS volunteers visited the Anganawadi, distributed sweets to the kids and enjoyed the company of each other. It was a joyful experience for the NSS volunteers and also for the kids of the Anganawadi. NSS volunteers also distributed badge of vimukthi among the students of our college on the same day. The students and NSS volunteers enthusiastically wear that badge.



CHILDREN'S DAY PROGRAM AT MANOVIKAS SCHOOL FOR DIFFERENTLY ABLED CHILDREN

NCC UNIT KSM DB COLLEGE, SASTHAMCOTTA

DATE	NUMBER OF STUDENTS PARTICIPATED
14/11/2019	28

Children's day is celebrated across India to increase awareness of the rights, care and education of children. It is celebrated on 14th November every year as a tribute to India's First Prime Minister Jawaharlal Nehru. This year the NCC unit of KSMDB College celebrated the Children's Day at Manovikas School for Differently Abled Children's Sasthamcotta





NCC Cadets at Manovikas School, Sasthamcotta

Students held a rally with the help of cadets. About 40 cadets joined and made the rally a great success. The rally started from the Manovikas school to the junction and ended back at the school. After that a cultural programme was conducted by them. All the children expressed their skills. The cadets interacted with them. After those sweets and drinks were distributed to the children. The programme concluded by around 01:00 am.



Children's Day Rally by ManovikasSchool and NCC Cadets



EK BHARATH SHRESHT BHARATH		
NSS UNIT KSM DB COLLEGE, SASTHAMCOTTA		
DATE NUMBER OF STUDENTS PARTICIPATED		
22/11/2019	48	

As part of the Ek Bharat Shreshta Bharat initiative of the Central Government, NSS Unit have formed an EBSB Club in our college. As the Ek Bharat Shresha Bharat programme, aims to actively enhance interaction between people of diverse cultures living in different States and UTs in India, the club will take initiatives to acquaint our students with the culture of Himachal Pradesh. As a part of Ek Bharath Shresht Bharath activities on November 22, 2019, Amritha A, volunteer of our college shared her experiences about the journey to Himachal Pradesh as a part of the adventure camp conducted there. She shared about the geographical features, their clothing, food and house patterns. She cleared all the doubts of NSS volunteers and gave a clear picture of culture and practices of Himachal Pradesh. Programme officer Prof.Athman A.V introduce the topic to students



Amritha A, shares her experiences about the journey to Himachal Pradesh

KARUNYAM PADDATI: FINANCIAL AID TO 8 POOR			
PATIENTS			
NCC UNIT			
DATE	DATE NUMBER OF STUDENTS PARTICIPATED		
23-11-2019	25		

The NCC Unit of KSMDB College initiated a mission named "Karunyam padhathi", for helping the poor sections of society especially economically backward students and patients. For this, the Unit collect money from NCC cadets, Teachers, College students and public at needed time and finally the unit distributed it to the deseved one. As part of Karunya Programme, KSMD B College NCC Unit has given cash of Rs.5000 to 8 patients. The programme started at 10:00 am and our NCC Cadets. The Presidential Address was given by Dr. C. Unni Krishnan (Principal). The welcome speech was given by Lt. Dr T Madhu (ANO). The programme was inaugurated by Sasthamcotta Block Panchayat President Aruna and the cash was distributed by Sasthamcotta Grama Panchayat President I. Noushad. Ward member Dileep Kumar delivered the vote of thanks for the programme. BHM HAV. Pramod Kumar and P.I. StaffHAV. Patmanabhan were also present. The programme concluded by around 11:30 am.

















Karunya Padhathi: Financial support to Poor People

CELEBRATION OF NCC DAY WITH THE INMATES		
OF BISHOP JEROME ORPHANAGE		
NCC UNIT		
Date NUMBER OF STUDENTS PARTICIPATED		
24-11-2019 96		

As part of the NCC Day celebrations, KSMDB College Cadets and ANO Lt. Dr. T Madhu visited Bishop Jerome Orphanage on 24-11-2019. The cadets were welcomed by Bishop Jerome Shelter Manager Kunjachan S. Arudan. The cadets distributed sweets, dress material, and stationery to them. Various cultural programs were presented by the inmates. Lunch packs collected from the cadets were distributed to them in the afternoon. After lunch, the cadets returned to the college











NCC Cadets at Bishop Jerome orphanage





WATER PRESERVATION		
NCC UNIT KSM DB COLLEGE, SASTHAMCOTTA		
DATE	NUMBER OF STUDENTS PARTICIPATED	
30-11-2019	66	

On 30th November 2019 NCC Unit of KSMDB College Sasthamcotta conducted a WaterConservation Programme. 66 cadets participated in the programme. The programme wasinaugurated by ANO Lt. Dr. T. Madhu by delivering a short speech on the importance of WaterConservation. The condition of the Sasthamcotta fresh water lake is getting contaminated day byday. The lake was covered with some kind of algae which is polluting the lake. The cadetscleaned the algae which were present on its banks and also became an inspiration to theneighbours, who came forward to clean the surroundings of Sasthamcotta Lake. Most of theplastic wastes were collected and disposed properly. The programme ended at 12 pm.









Shastantota Lake Conservation Awareness Programme

PRINCIPAL K.S.M.D.B COLLEGE SASTHAMCOTTA

AIDS DAY CELEBRATION- FLASH MOB AND SEMINAR NSS UNIT, RED RIBBON CLUB TALUK GOVT HOSPITAL SASTHAMCOTTA &LIONS CLUB SASTHAMCOTTA DATE NUMBER OF STUDENTS PARTICIPATED

 DATE
 NUMBER OF STUDENTS PARTICIPATED

 2/12/2019 &12/12/2019
 30

World Aids Day observed annually on December 1st is dedicated to raising awareness to the Aids pandemic caused by the spread of HIV infection. As December 1st was Sunday, the program was conducted on December 2nd,2019. In collaboration with Red ribbon club NSS volunteers conducted a flash mob at Taluk Govt Hospital Sasthamcotta based on the theme "Communities Make the Difference" in association with Taluk Govt Hospital, and Lions club Sasthamcotta.



AIDS Day awareness Class and Flash Mob

DAY OF PERSONS WITH DISABILITIES- A CLEANING PROGRAM WAS CONDUCTED AT BRC SCHOOL FOR STUDENTS HAVING MENTAL AND PHYSICAL CHALLENGES

NCC UNIT

DATE	NUMBER OF STUDENTS PARTICIPATED	
03/12/2019	45	

UN observes 03rd December as the Day of Persons with Disabilities. As part of this day a cleaning programme was conducted at BRC School Students with Mental and Physical Disabilities. The programme was inaugurated by ANO Lt Dr T Madhu and Sasthamcotta Town Ward member Dileep S in presence of BRC Officer Bushra. BRC officer gave us a speech on the difficulties which the students are going through. About 45 cadets participated in the cleaning programme. The cadets cleaned the surroundings of the school. After the cleaning programme refreshments were given. The programme was about 2hrs and it was a great success.









NCC cadets at at BRC school for students having mental and physical challenges



PLOGGING-Swachh bharat Programme	
NCC UNIT	
DATE NUMBER OF STUDENTS PARTICIPATED	
7-12-2019	<u>103</u>

As part of 'SWACH BHARAT'NCC Unit organized a 'Plogging' programme on December 7th 2019. Plogging refers to an emerging international trend, in which someone pick up trash while jogging or brisk walking as a way for cleaning up litter while also taking care of fitness. About 103 cadets were part of this program which aims at both individual fitness and cleaning of our surroundings. The program was inaugurated by Sasthamcotta Panchayath President Dileep Kumar in the presence of Lt Dr T Madhu (ANO) and Rajani (Medical representative). The program started from Sasthamcotta lake covered Sasthamcotta Jn and Sasthamcotta market. The programme was for about 90 minutes.









Plogging Programme by NCC Cadets

VIMUKTHI AWARENESS PROGRAMME NSS, NCC& EXCISE DEPARTMENT, SASTHAMCOTTA

DATE	NUMBER OF STUDENTS PARTICIPATED
9/12/2019	116

Alcohol and drug abuse is becoming a menace in our society. Vimukthi is an antinarcotics campaign launched by the Government of Kerala to highlight the seriousness of the situation and to create awareness among the people, especially the youth. It is a collective effort aims at eradicating all sorts of narcotic substances from Kerala. Addiction free Kerala is the aim of this campaign drive. State wide campaigns to make students, youth and general public to give awareness on the evil effects of drug addiction and alcoholism is being conducted as part of the mission under Excise Department.













The cadets of KSMDB College NCC Unit and NSS unit got an opportunity to be a part of this programme. In cooperation with the Excise Department a rally was conducted in Sasthamcotta Town. Sasthamcotta Town Ward Member Dileep, Excise Officers, ANO Lt. Dr. T Madhu and Kovur Kunjumon MLA were present for the programme. MLA delivered a short speech on the ill effects of using alcohol and the importance of conducting such a programme and he flagged off the rally. The programme was a great success and a good message was delivered to the society about the ill effects of using drugs and alcohol.





Vimukthi-Anti drug awareness Programme



Beend

PRINCIPAL
K.S.M.D.B COLLEGE
SASTHAMCOTTA

WATER QUALITY ANALYSIS OF SASTHAMCOTTA LAKE AND WELL WATER SAMPLES OF PANCHAYATH

DEPARTMENT OF BOTANY, OF BHOOMITRA SENA CLUBKSMDB COLLEGE, SASTHAMCOTTA

DATE	NUMBER OF STUDENTS PARTICIPATED	
11-12 -2019	8	

As part of extension activities of Department of Botany drinking water and well water samples from different localities of Sasthamkotta Panchayath and different parts of the lake was analyzed for coliform bacteria. The study was conducted under the guidance of Ms.Lekshmy Sreekumar Head of the Department of Botany, Dr.P. Geeta Krishnan Nair and Ms.Dhanya S.R, Assistant Professor of Department of Botany, also offered valuable suggestions. . Eight students from the department of botany participated in the study, conducted on 11-12 -2019. Students of the Department of botany participated in the collection of samples. Altogether twenty samples were analyzed for preliminary screening. Those samples tested positive were further subjected to microbiological analysis in CEPCI (Cashew Export Promotion Council of India) for testing total coliforms and the two subgroups thermotolerant fecal coliforms and E.coli. The result indicated that the water tested was contaminated highly with fecal materials. Water pollution caused by fecal contamination is a serious problem due to the potential for contracting diseases from pathogens. The presence of pathogens is determined with indirect evidence by testing for an "indicator" organism such as coliform bacteria. Coliforms are easy to identify, are usually present in larger numbers than more dangerous pathogens and respond the environment, waste water treatment and water pathogens. As a result, testing for coliform bacteria can be a to many

wis MidiBecourbegeathogenic bacteria are present. Awareness

regraphics were conducted and the public people around the locality were advised to take

proper measures to solve the coliform problem.

MAZHAVILLU-ANNUAL SEVEN DAY COHABITATION		
CAMP		
NSS		
DATE	NUMBER OF STUDENTS PARTICIPATED	
20-12-2019 TO26-12-2019	96	

Seven-day camp 'Mazhavillu' was started on December 20, 2019. The inauguration of the camp was done by MLA Sri Kovoor Kunjumon. The function was conducted at the bank of Sasthamcotta Lake. Presidential address was done by principal in chargeDr.K .Santhosh. Welcome speech was done by Program officer and camp directorAathman A. V. Inaugural speech was done by Panchayat president Sri A. Naushad.Distric panchayat member Smt.K Sobhana, Block panchayat member Smt. T. Anila, Grama panchayat member Sri. S. Dileep Kumar, Prof.Arun kumar, Sri. H. Nazeer, Dr.T. Madhu, Dr. R S Harikumar, Amal Surya, Dr.Remya G.R. felicitated the meeting. On the second day (21-12-2019) an eye camp was set up at the camp in association with MTMMM Hospital, Bharanikavu. The eye camp was inaugurated by our principal Dr. C. Unnikrishnan. At the afternoon, a session was conducted by Sri.Murukesh based on the topic 'Importance Mahatma Gandhi in this new era'. A fter that Dr. A. Mohanakumar, Principal, Kerala University Institute of Technology, conducted a session based on the new generation campus. At 7 pm a folk song training program for the students was conducted by Sri. Biju, Sasthamcotta. On the third day (22-12-2019) NSS volunteers cleaned the Sasthamcotta lake. Afterthat they have classes on anti-drug awareness program by excise and short filmmaking. Antidrug awareness class was taken by Sri Prasad, C A, Excise. The class onshort film making was conducted by Sri.Bibin Babu. At 7 pm a short film about thedrug abuse was presented to the students.On (019) an awareness programs were conducted Sri KHarikumar, District ue kesim baseCobleGeopic 'Basic lifesupport and first aid'. At the Micle inspector Sri Shibu T present the importance of the road safety. After

that the students were given a session about the solar eclipse. At the evening parents were came to visit their children. On fifth day (24-12-2019) an inauguration of palliative care training was done by Block Panchayath Vice President Smt. K Krishna kumari. Smt. Kaladevi (Healthstanding committee chair person), Smt. Shahana, Superintentdent, Govt. ThalukHospital, felicitates the meeting. An awareness class on cyber laws were taken for the students at the afternoon. After that a craft making session conducted by Smt. Rejani.At 7pm a short film was displayed to the students and a discussion session was conducted. Volunteers actively involved in the discussions. Sixth day (25-12-2020) after the vegetable garden and flower garden makingDr.Girijakumari took a class on how NSS influence the society. Followed by thatsession agarbathi making session was conducted by Aparna. The valedictory ceremony was conducted on seventh day (26-12-2020). Inaugurationwas done by Block panchayath president Smt.Arunamony. Prof. Athman A Vwelcomed everybody. The Presidential address was done by principal in Dr.CUnnikrishnan. Sri. S. Dileep Kumar, Prof. Arun kumar, Dr T. Madhu, Dr. T Santhosh, Amal Surya, Dr. Remya G.R. felicitated



















Beend

PRINCIPAL
K.S.M.D.B COLLEGE
SASTHAMCOTTA





Mazhavillu-NSS Annual Seven-day Cohabitation Camp

FIRE BREAK CREATION ANDCLEANING PROGRAMME

NCC UNIT, FIRE FORCE, POLICE DEPARTMENT & GRAMAPANCHAYAT, SASTHAMCOTTA

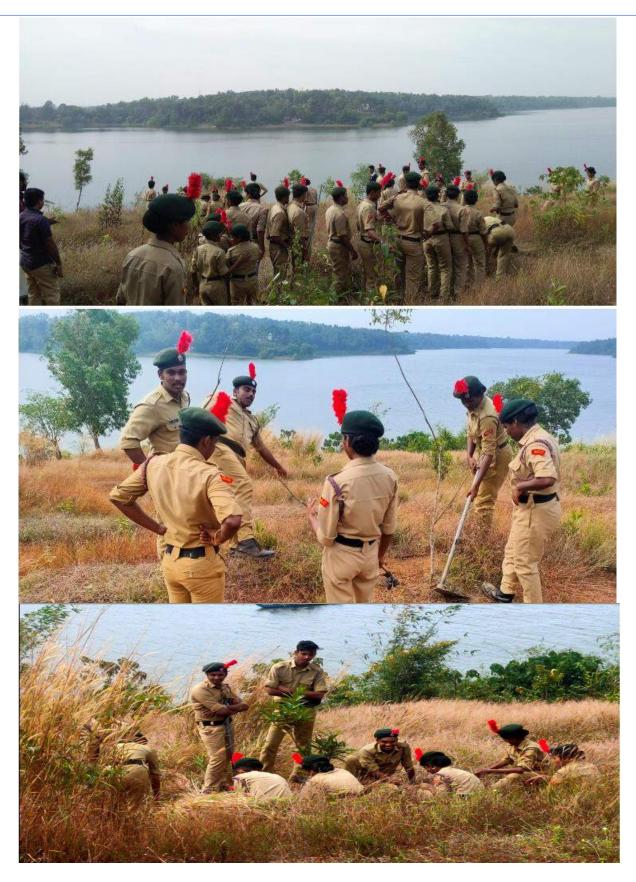
DATE NUMBER OF STUDENTS PARTICIPATED	
21-12-2019	100

In association with the Kerala Forest Department NCC unit of KSMDB College conducted a rally on Fire Resistance and Lake Protection. Sri. Kovoor Kunjumon MLA inaugurated the awareness rally. Mr.Rajan (Forest Range Officer), Shastamkota Town Member S. Dileep, Lt. Dr. T. Madhu and NSS. Officer Prof. AV Atman also participated in the function. After the rally, an awareness class was held in the college auditorium on the importance of protecting lakes and the need to prevent forest fires.





PRINCIPAL K.S.M.D.B COLLEGE SASTHAMCOTTA



Fire rescue creation and Cleaning Programme

MANDALAKALA FESTIVAL -SABARIMALA DUTY NCC UNIT	
DATE	NUMBER OF STUDENTS PARTICIPATED
24/12/2019 TO 27/12/2019	49

As part of the Mandalakala festival, 49 SD cadets of KSMDB college NCC unit were deployed at Sabarimala from 24th December to 27th December 2019. The cadets were welcomed by Executive Officer of Travancore Devasom Board at Sabarimala. Due to the rush there on the Mandalakala festival, the Devaswom board staff couldn't control the devotees. The cadets were allowed to do the duty of distributing medicated water and biscuits to the devotees. This was a great experience and blessing for the cadets.















Sabarimala Duty

11/1/2020 &26-01-2020

INAUGURATION OF THE HANDMADE ECOFRIENDLY PAPER PEN DISTRIBUTION NSS UNIT DATE NUMBER OF STUDENTS PARTICIPATED

53

A paper pen making activity has been organised to induce a sense of conservation of environment in students as a part of "the best out of waste" program on January 11, 2020. All the students were split into groups and every group worked with great enthusiasm to make pens from waste paper. Everyone showed a positive response towards the activity and thus was able to create over 100 paper pens within a couple of hours.

PAPER PEN
National Service Scheme
KSM DBC, Sasthamcotta

On January 26, 2020, Smt. J. Mercykutty Amma, Hon'ble Minister for Fisheries, Harbour Engineering and Cashew Industry inaugurate the paper pen distribution. The

function was presided by our Principal Dr. C. Unnikrishnan. All NSS volunteers as well as students participated in the programme





SAFE KOLLAM PROGRAMME

NCC UNIT, NSS UNIT, FIRE FORCE, RTO, FOOD AND SAFETY, POLICE DEPARTMENT, WATERAUTHORITY, REVENUE, HEALTH DEPARTMENT AND GRAMAPANCHAYAT, SASTHAMCOTTA

DATE NUMBER OF STUDENTS PARTICIPATED	
14/1/2020	200

Safe Kollam is an initiative of the district administration focussing on multiple aspects, including safe environment and safe water. The authorities have been conducting various awareness campaigns as part of a multilevel strategy to ensure proper waste management and strict enforcement of norms. As part of Safe Kollam Programme NCC and NSS units jointly held a rally on 14 January 2020. The program also targets environment, water, road safety and safety of women and children from communal attacks. The rally started around 02:30 PM. Around 70 cadets were part of this grand event. Honorable MP Adv. Somaprasad inaugurated the program. The rally started from the Padmavathy hospital junction and ended at the KSRTC ground, Sasthamcotta. Safe Kollam message was shared by Mr. Abdul Nasser (Kollam District Collector). Fire Force, Excise, RTO, Food and Safety, Police, Water Authority, Revenue, Health Department, Kudumbashree Units, NCC, NSS, Scout and Guides and SPC also took part in the rally. The vote of thanks was given by G. Rajan Achari.





14.01.2020 Safe Kollam - Rally



PRINCIPAL K.S.M.D.B COLLEGE SASTHAMCOTTA

FIT INDIA RALLY NSS UNIT		
DATE	NUMBER OF STUDENTS PARTICIPATED	
18-01-2020	100	

NSS Unitt organized a rally on Fit India Movement on January 18, 2020 to create awareness to our students who are future of our country to be physically and mentally fit. Rally started in the morning at 10 AM and about 150 volunteers take part in the rally







SHASTHRAPADHAM-2020-SOCIAL SCIENCE CAMP

IQAC, KSM DB COLLEGE, SASTHAMCOTTA, DEPARTMENT OF HIGHER SECONDARY EDUCATION, DEPARTMENT OF COLLEGIATE EDUCATION

DATE	NUMBER OF STUDENTS PARTICIPATED
25-01-2020to 27-01-2020	10

TheSasthrapadhamprojectlaunchedbySSA-KeralainassociationwithSamagrashiksha is aimed at providing a three-day social science camp for 100 selected students (of standard 11th) from Government and Aided Higher Secondary Schools of Kollam district. We are extremely proud for being one of the venues for hosting the function. The programme was organized in such a way that the rewere both theory and practical classes. Theory classes were on subjects like career development, Law, Political science .,History ,Indian Democracy, Banking Sectoretc .Excellent resource persons were selected for lecture sessions from and outside the College.



A detailed report of Sasthrapadham -Social Camp is given on the link. https://ksmdbc.ac.in/wp-content/uploads/2022/07/Report-on-sasthrapadham-Social-Science-camp-2020-for-website-NAAC.pdf

SHASTHRAPADHAM-2020- SCIENCE CAMP

IQAC, KSM DB COLLEGE, SASTHAMCOTTA, DEPARTMENT OF HIGHER SECONDARY EDUCATION, DEPARTMENT OF COLLEGIATE EDUCATION

DATE	NUMBER OF STUDENTS PARTICIPATED
25-01-2020to 27-01-2020	14

The Sasthrapadham project launched by SSA-Kerala in association with Samagrashiksha is aimed at providing a three-day science camp for 100 selected students (ofstandard11th) from Government and Aided Higher Secondary Schools of Kollam district. We are extremely proud for being one of the venues for hosting the function. The programme was organized in such a way that there were both theory and practical classes. Theory classes were on subjects like career development, recent advances in sciences, forensic sciences, medicinal sciences etc. Practical classes were on hands on training on Chemistry, Physics, Botany, Zoology and Mathematics. Excellent resource persons were selected for lecture sessions from and outside the College and science labs were arranged for demonstration classes by the College students under the direction of teachers.



REPUBLIC DAY CELEBRATIONCLEANING			
DRIVE			
NSS &NCC UNIT OF KSMDB COLLEGE, SASTHAMCOTTA			
DATE	NUMBER OF STUDENTS PARTICIPATED		
26/1/2020	50		

NSS and NCC Unit celebrated Republic Day by hoisting the National Flag by Principal Dr.C. Unnikrishnan in presence of Adv. D. Prakash (former SUO of DB College 1973) and Lt Dr T Madhu. Former SUO Adv. D Prakash had given a small speech about the importance of NCC in our life. He shared some of his old memories; all the cadets interacted with him. After the interaction a rally was conducted from College to Sasthamcotta Town. After the rally a cleaning session was conducted at surroundings of the Sasthamcotta Lake. The cadets removed all the plastic wastes and disposed them properly. The activities were concluded by 11:30.



Republic Day Awareness Rally

HOME VISIT BY PALLIATIVE CLUB MEMBERS		
NSS UNIT		
DATE	NUMBER OF STUDENTS PARTICIPATED	
17/1/2020,26/1/2020,28/1/20	15	

Palliative club members of our college along with palliative care members of Thaluk Hospital Sasthamcotta visited bed ridden members on January 17, January 26, January 28. The four volunteers accompanied the palliative care unit of hospital each day for help their activities. The service ensures medical, psychosocial, and supportive needs of the patients and reduces their pain and symptoms. Inmates became stress free and more active by this visit



Home visit by Palliative Students Club members

AWARENESSRALLY AND SEMINAR ON FIRE RESCUE			
NSS UNIT	NSS UNIT, NCC UNIT & KERALA FOREST DEPARTMENT		
Date	NUMBER OF STUDENTS PARTICIPATED		
1-02-2020	40		

NSS and NCC of our college, in collaboration with forestry department conducted an awareness rally and seminar on February 1, 2020. The officers from fire and rescue department arrived and took an awareness class. They also showed some demonstration and bothered the children about the topic. The rally was inaugurated by MLA Sri. Kovoor Kunjumon.





SAFE KOLLAM PROGRAMME

NCC UNIT, NSS UNIT, FIRE FORCE, RTO, FOOD AND SAFETY, POLICE DEPARTMENT, WATERAUTHORITY, REVENUE, HEALTH DEPARTMENT AND GRAMAPANCHAYAT, SASTHAMCOTTA

DATE	NUMBER OF STUDENTS PARTICIPATED
11/2/2020	50

As part of Safe Kollam program District Collector B. Abdul Nasar visited our college on February 11, 2020. The program was jointly conducted by district administration, NSS our college and Nature plus, kerala. A cleaning drive was conducted at the Sasthamcotta lake on that day under the leadership of District Collector. Volunteers actively participated in the program and removed invasive weeds, including African moss and plastic waste, from the lake and cleared the shore up to 100 m. The police, Fire and Rescue Services, Suchithva Mission, and residents participated in the drive. Block panchayat president B. Arunamani, district panchayat member K. Shobhana, and Sasthamcotta grama panchayat president A. Naushad were present in the venture.



WORKSHOP ON SOCIALISATION SKILLS	
NSS UNIT	
DATE	NUMBER OF STUDENTS PARTICIPATED
29-2-2020	100

An interaction workshop on socialisation skills was conducted by NSS Unit on February 29,2020. Vishnu Prasad of Gandhibhavan was the resource person. The workshop focussed on social skills that are essential for effective communication, how to identify and replace negative thoughts, practice good manners etc. The volunteers actively participated in the program and was very helpful for the students



Workshop on Socialisation Skills

PREPARATION OF HAND SANITISER - "MUKTHI"		
P G DEPARTMENT OF CHEMISTRY AND POLYMER CHEMISTRY		
DATE	NUMBER OF STUDENTS PARTICIPATED	
16/3/2020 TO 18/3/2020	30	

KSM DBcollege inculcates the social value and responsibilities of the faculty members, staff and students by imparting extension activities in the neighbourhood. All faculty members, non-teaching staff and students of the Chemistry department are engaged in the extension activities.

Kerala, was the first state in the country to report coronavirus infection in January 2020. Department of Chemistry has conducted some awareness classes among students, their parents and local people through kudumbasree. In March 2020 our department staffs have prepared around 100 litres of hand sanitizer under the trade name "Mukthi" strictly following WHO regulations. First batch was supplied to all departments and staffs in our college. Second batch is prepared for the students who are coming to college for examination and various purposes.

As many cases of Covid 19 reported in Kerala in the midst of March, there was a shortage of hand sanitizer all around our country. There is an urgent need of hand sanitizers in hospitals and in emergency services. We have prepared a third batch and were given to the Medical officer, Taluk hospital, Sasthamkotta free of cost. 5 litres are given to the treasury department which is also an essential service during this season. Another batch is supplied to the nationalised Banks including Indian Bank, SBI, South Indian Bank, Co-operative Bank Etc.

About 50 litres of hand sanitizer prepared is given to Travancore Devaswom board, to use in their offices and temples all over Kerala. We have also given awareness among staff and students about the importance of social distancing and wearing masks.

കേരള 🦳 കാമുദി



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വിക്ടോറിയയിലും ജില്ലാ ആശുപത്രിയിലും



സാധാരണക്കാർക്കിടയിൽ ചവറ ഗവ.കോളേജ്



മാത്രാർകാട്ട ഡി.തി.രം. താരാത് ആദ്യ നിർത്ത് പുരു വർ തി.രം. താരാത് തുരു വർ തി.രം. തി. തെ.രാത് തുരു വർ തിന്ന് നാരക്കാര് കാര താരു വർ തിന്ന് നാരക്കാര് കാര താരു വർ തി.രം. തി.ര

Ellaviggs മാറ്റ്നപ്പ് സാനി എന്നിൽ കൈക്യോൻവെള്ള ഒറ്റസർതിയോണത്തിൽ പ്രഹാൻഡ് വാന്ദ്ര വ്യ ഒരിയത്. കാമ്പസിൽ പരിഷം തിഎൻഎസ്എസ്എൻ

കോവിഡിനെ നേരിടാൻ ശാസ്താംകോട്ട ഡിബി കോളേജും

കൊല്ലം

ശാസ്കാംകോട്ട ദേവസ്വം ബോർഡ് കോളേജിലെ രസ തന്ത്ര വിഭാഗവും എൻഎസ്എ സ് യൂണിറ്റുകളും ബ്രേക്ക് ദ ചെയിൻ ക്യാമ്പയിൻ ഏറ്റെടു ത്തു. ഹാൻഡ് വാഷ് ഉപയോ ഗിച്ച് കൈ കഴുകുന്നതിനുള്ള സൗകര്യം കോളേജിൽ ഒരുക്കി. സാനിറ്റൈസർ നിർമിച്ച് വിതര ണം ചെയ്യു.

താലൂക്കാശുപത്രി, തിരു വിതാംകൂർ ദേവസ്വം ബോർ ഡിന്റെ വിവിധ സ്ഥാപന ങ്ങൾ എന്നിവിടങ്ങളിലേ ക്കും സാനിറ്റൈസർ നിർ മിച്ചു നൽകി. പ്രിൻസിപ്പൽ സി ഉണ്ണിക്കൃഷ്ണൻ, രസത ന്ത്ര വിഭാഗം മേധാവി കെ ലിസി. എൻഎസ്എസ് പ്രോ



ശാസ്റ്റാംകോട്ട ഭേവസ്വം ബോർഡ് കോളേജിൽ ബ്രേക്ക് ദ ചെയിൻ ക്യാമ്പയിന്റെ ഭാഗമായി കൈകഴുകാനുള്ള സൗകര്യമൊരുക്കിയപ്പോൾ

ഗ്രാം ഓഫീസർമാരായ എ എന്നിവർ പരിപാടികൾക്ക് നേ വി ആത്മൻ, ഡോ. ജി ആർ രമൃ തൃത്വം നൽകി.









Prof.K.Lisy, HoD Department of Chemistry and Polymer Chemistry distributing sanitiser to the teachers and staff in the college



BREAK THE CHAIN CAMPAIGN		
NSS UNIT		
DATE	NUMBER OF STUDENTS	
	PARTICIPATED	
16/3/2020	15	

As part of break the chain campaign based on the safety measures to prevent Covid-19, NSS unit setup a hand wash challenge by providing hand wash and water near the college entrance from March 16,2020. Students and staff actively participated in the campaign. The volunteers remembered everyone about the importance of keeping personal hygiene to protect the self and the community from Covid-19 infection.



FORMATION OF GROUP TO SUPPORT THE STUDIES		
OF FOR VISUALLY IMPAIRED		
NSS UNIT		
DATE	NUMBER OF STUDENTS PARTICIPATED	
21/3/2020 30		

A WhatsApp group was created by NSS unit for visually impaired persons on March 21and was given the name MOZHI. The members of the group were students, teachers, volunteers etc. Every day they used to read stories, poems, news etc to their fellow beings who are not able to read by themselves.

WhatsApp link:https://chat.whatsapp.com/FQMliQVBhPPGlSPasmI42U

LOCKDOWN ACTIVITIES 2020	
NSS UNIT	
DATE	NUMBER OF STUDENTS PARTICIPATED
2 04 2020 TO 28 04 2020	20
2-04-2020 TO 28-04-2020 30	

The NSS units of KSM DB College organised a variety of activities for volunteers during the lock down period to explore their creativity. Getting involved in these activities helps students to avoid boredom and to utilize their time at home in a positive way.

Share your experiences

Students were asked to share their experiences about the lock down period. They were asked to write about how they spend their time, about the activities they done at home etc. last date given was 2-04-2020

Be creative

Students were asked to share the photo of the creative work they have done during lock down period. The last date given was 5-04-2020

Mobile Photography

Students were asked to take beautiful photos on mobile and were asked to send to the group without editing. Only one entry was allowed for a person. Last date given was 07-04-2020

Creative cooking

Other lockdown activity is creative cooking. Students were asked to cook something new and asked them to submit photos of their dish and the recipes before 09-04-2020.

Selfie with a sapling

As a part of lock down activities students were asked to plant a sapling and submit the selfie along with the plant on or before 10-04-2020

Cleaning the house

Students were asked to clean their home and surroundings and send photos of their work along with the statement of their parents before 12-04-2020

Film review

Students were asked to submit a review of any film that they liked very much before 15-04-2020

Mask making and distribution

As a part of raising awareness against covid students were asked to make mask and ask them to distribute in the nearby areas and were asked to spread messages about social distancing and importance of using mask and sanitizer on 17-04-2020

Cloth bag making

Students were asked to make bags from clothes and paper on or before 19-04-2020 and ask them to produce it to the college after the reopening of college

Reading books

Students were asked to write a review of book they read and asked them to send through whats app on or before 22-04-2020

Elocution

Students were asked to send a voice record of their speech based on the topic 'what covid teach us' before 21-04-2020

Short film script writing

Programme officer asked students to write a screenplay for a short film with a duration of 5 minute with anti drug message and asked to send the soft copy on or before 26-04-2020

Sing a song

Students were asked to send a voice note on the song sung by them on or before28-04-2020

ചെയ്ഞ്ചിനു ചലഞ്ച്; Deshabhimani ഇത് അടിച്ചുപൊളി ലോക്ക്ഡൗஎ

സ്വന്തം ലേഖകൻ

കൊല്ലം

ലോക് ഡൗൺ മടുപ്പില്ലാ തെ ആഘോഷിക്കുകയാ ണ് ശാസ്താംകോട്ട ഡിബി കോളേജിലെ എൻഎസ്എ സ് വളണ്ടിയർമാർ. അവധി ദിനങ്ങൾ അടിച്ചുപൊളിയാ ക്കാൻ വ്യത്യസ്ത ചലഞ്ചു കളുമായി എൻഎസ്എസ് ഓരോ ദിവസവും വിദ്യാർ ഥികളുടെ മുന്നിലെത്തും. ഫോൺ വഴിയാണ് ഈ കളർ ഫുൾ ആഘോഷം.

വീട്ടിൽ സാധാരണ ചെയ്യാ ത്ത ഒരു കാര്യം ചെയ്ത് സഹാ യിക്കുകയായിരുന്നു ആദ്യ ചലഞ്ച്. മികച്ച പ്രതികരണ മാണ് വളന്റിയർമാരിൽനിന്ന് ഉണ്ടായത്. കൃഷിപ്പണികളിൽ സഹായിക്കുക, നെല്ല് പുഴു ങ്ങുന്നതിനും ഉണക്കുന്നതി

നും സഹായിക്കുക, പശുവി ന് പുല്ല് വെട്ടുക, വെള്ളം കൊ ടുക്കുക തുടങ്ങി പശുവിനെ കറക്കുക വരെ ചെയ്ത് ഇവർ വീട്ടുകാരെ ഞെട്ടിച്ചു.

അനുഭവക്കുറിപ്പെഴുതിയ താണ് അടുത്ത ചലഞ്ച്. വാ യിച്ച നോവലുകളെക്കുറിച്ചും കണ്ട് സിനിമകളെക്കുറിച്ചു മെല്ലാം വിശദമായി എഴുതി. പുന്തോട്ടം നിർമിച്ചതും ക്രാ ഫ്റ്റും പെയിന്റിങ് ചെയ്തതും എഴുത്തിന് വിഷയമായി. എല്ലാത്തിനും ഉപരി വീട്ടിൽ അച്ചനും അമ്മയുമെല്ലാമായി സംസാരിക്കുന്നതിലൂടെയും ഒരുമിച്ച് ജോലികളും മറ്റും ചെ യുന്നതിലൂടെയും ഇവർക്കു ലഭിച്ചത് പുതിയ അനുഭവം. കൊറോണ പ്രതിരോധ പ്ര വർത്തനങ്ങളിൽ തുടക്കംമു തലേ എൻഎസ്എസ് സജീ വമാണ്. യൂണിവേഴ്സിറ്റി പരീക്ഷ നടന്നുകൊണ്ടിരി ക്കെ കോളേജ് കവാടത്തിൽ കൈ കഴുകി പ്രവേശിക്കാൻ സൗകര്യമൊരുക്കി. കാഴ്ചപ രിമിതിയുള്ള വിദ്യാർഥികൾ ക്കായി മൊഴി വാട്സാപ് ഗ്രൂ പ്പ് തുടങ്ങി.

ഈ ഗ്രൂപ്പിൽ അധ്യാപകരെ യും ഉൾപ്പെടുത്തി. കഥകൾ, കവിതകൾ, വാർത്തകൾ എന്നിവയെല്ലാം അവർ വാ യിച്ചു നൽകുന്നു. പാട്ട് പാ ടുന്നവർ പാടിയും കഥ പറ യുന്നവർ പറഞ്ഞും കവിത ചൊല്ലുന്നവർ ചൊല്ലിയും ഗ്രൂപ്പ് സജീവം. കൊറോണ ബോധവൽക്കരണ പോസ്റ്ററു കളും തയ്യാറാക്കി നൽകുന്നു ണ്ട്. പ്രോഗ്രാം ഓഫീസർമാ രായ എ വി ആത്മൻ, ഡോ. ജി ആർ രമ്യ എന്നിവരാണ് പ്ര വർത്തനങ്ങൾക്ക് നേതൃത്വം നൽകുന്നത്.

പശുവിന് പുല്ലരിഞ്ഞും നെല്ലുണക്കിയും വിദ്വാർഥികൾ Mathrubhumi

ലോക് ഡൗണിലും സജീവമായി നാഷണൽ സർവീസ് സ്കീം

ശാസ്മാംകോട്ട ► ലോക് ഡൗണിൽ വീട്ടിനുള്ളിൽ 'ലോക്ക്' ആയിപ്പോയെങ്കി ലും ശാസ്താംകോട്ട കെ.എസ്. എം.ഡി.ബി. കോളേജിലെ നാ ഷണൽ സർവീസ് സ്ലിം അംഗ ങ്ങഠം വേറിട്ട പ്രവർത്തനങ്ങളു മായി സജീവമാണ്. നവമാധമ ങ്ങളിലൂടെ അവരുടെ ദൈനം ദിന പ്രവർത്തനങ്ങാം ഏകോ പിപ്പിക്കുകയും നടപ്പാക്കുക യുമാണ്.

എൻ.എസ്.എസ്. യൂണിറ്റു കളുടെ നേതൃത്വത്തിൽ കോളേ ജിലെ കാഴ്ചപരിച്ചിതിയുള്ള വി ദ്യാർഥികഠംക്കായി 'മൊഴി' എന്ന ബ് ഇവരുടെ ശ്രദ്ധേയമായ പ്ര ബ് ഇവരുടെ ശ്രദ്ധേയമായ പ്ര വർത്തനം. ഈ ഗ്രൂപ്പിൽ സന്ന ദ്ധപ്രവർത്തകരെക്കൂടാതെ കോളേജിലെ അധ്യാപകരാമാ ണ്ട്. കഥകരം, കവിതകരം, വാർ



പശുവിന് പുല്പരിയുന്ന എൻ.എസ്.എസ്. സന്നദ്ധ പ്രവർത്തക

ത്തകഠം എന്നിവയെല്ലാം അവർ വായിച്ചുനല്ലുന്നു. ഗ്രൂപ്പിലെ മറ്റു ള്ളവരും വായനയുടെ സാധ്യ തകളെ ഉപയോഗപ്പെടുത്തു ന്നു. ഇതിനകം അൻപതോളം ഓഡിയോകഠം ഗ്രൂപ്പിലെത്തി. കൂടാതെ പാട്ടും ചെറുകഥകളും കവിതകളും അവതരിപ്പിച്ച് അം ഗങ്ങറം സജീവമാണ്.

എൻ.എസ്.എസി ൻെ ഔദ്യോഗിക ഗ്രൂപ്പിൽ

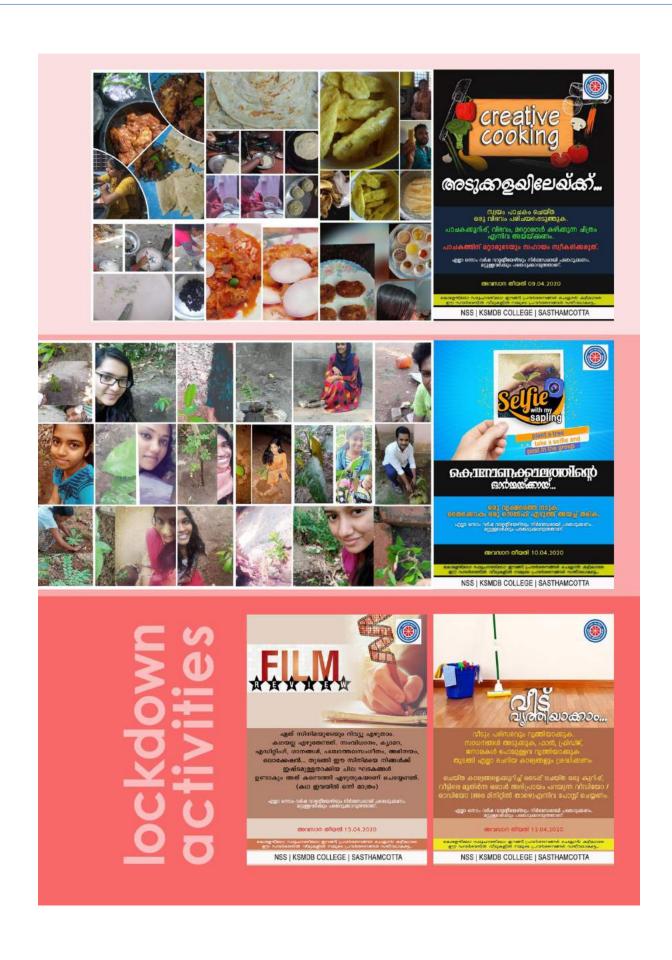
കൊറോണ ബോധവത്കരണ സന്ദേശങ്ങരം അടങ്ങിയ പോ സ്റ്ററുകരം വിദ്യാർഥികരം തയ്യാ റാക്കി പ്രചരിപ്പിച്ചു. പിന്നീട് വീട് കേന്ദ്രീകരിച്ചായിരുന്നു ഇവരു ടെ പ്രവർത്തനം. പ്രോഗ്രാം ഓഫീസർമാർ നൽകുന്ന ഓരോ പ്രവൃത്തിയും അംഗങ്ങാം സമയ ബന്ധിതമായി പൂർത്തിയാക്കി എസ്.എസിൻെറ ഔദ്യോഗിക വാട്സാപ്പ് ഗ്രൂപ്പിൽ ഫോട്ടോക

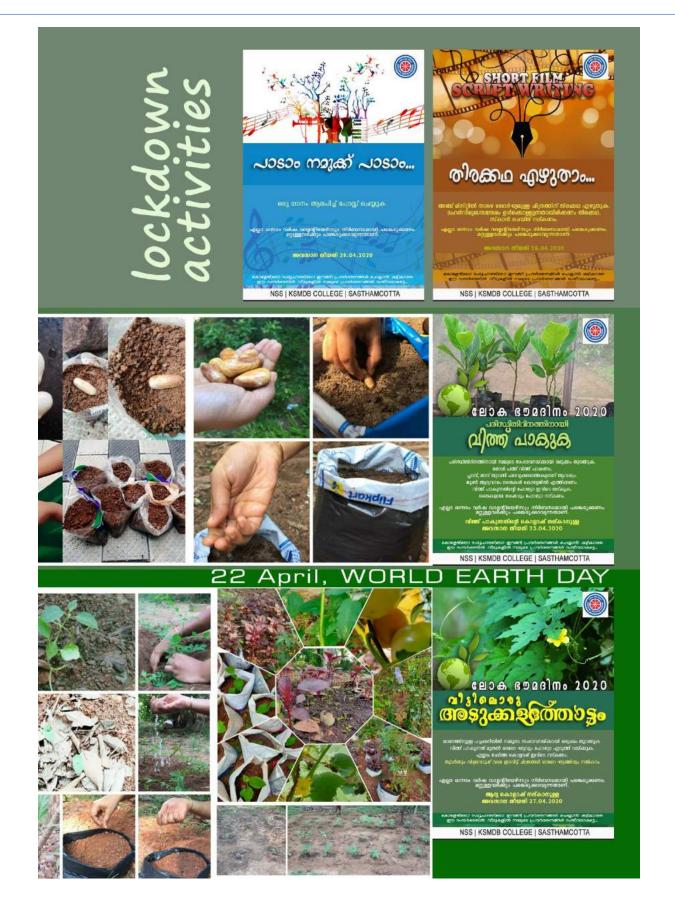
ളായി നല്ലുന്ന രീതിയായിരുന്നു ഇത്. വിട്ടിൽ സാധാരണ ചെയ്യാ ത്ത ഒരു കാര്യം ചെയ്യ് വീട്ടുക് ഞ്ഞ ഒരു കാദ്യം ചെയ്യം തെ സഹായിക്കുക എന്നതായി രുന്നു ആദ്യ ചലഞ്ഞ്. കൃഷിപ്പണി കളിൽ സഹായിക്കുക, നെല്ല് പു ഴുങ്ങുന്നതിനും ഉണക്കുന്നതി നും പങ്കാളിയാകുക, പശുവിന് പൂല് അരിയുക, വെള്ളം കൊടു ക്കുക തുടങ്ങി പശുക്കറവവരെ ചെയ്ത് ഇവർ വീട്ടുകാരെ ഞെ ട്ടിച്ചു. കിളികഠംക്കായി വെള്ളം വെച്ചും പൂന്തോട്ടം നിർമിച്ചും പാചകം ചെയ്തുമെല്ലാം ഇവർ വിടുകളിൽ താരങ്ങളായി. അനുഭവക്കുറിപ്പെഴുതുക

യാണ് അടുത്തതായി ഇവർക്ക് ലഭിച്ച ചലഞ്ച്. വായിച്ച നോവ ലുകളെക്കുറിച്ചും കണ്ട സിനിമ കളെക്കുറിച്ചുമെല്ലാം വിശദമാ യി എഴുതി.

എല്ലാത്തിലുമുപരി വീട്ടിൽ അച്ഛനും അമ്മയുമെല്ലാമായി സംസാരിച്ചും ഒരുമിച്ച് ജോ ലിചെയ്തും ഇവർക്ക് ലഭിച്ചത് പുതിയ അറിവുകളായിരുന്നു. ഇത്തരം അനുഭവങ്ങളിലൂടെ കടന്നുപോകാൻ കഴിഞ്ഞതി ൻെറ ആവേശത്തിലാണ് ഇവർ.







NSS YOUTH FESTIVAL		
NSS UNIT		
DATE	NUMBER OF STUDENTS PARTICIPATED	
3-05-2020	15	

NSS youth festival was conducted for volunteers on May 3, 2020. Monoact, Mimicry, Light music, Guzal, Poem, Elocution, Dance, Instrumental music were the proposed programmes. Each student was allowed to participate in three items only. The students recorded videos and were send to the programme officers. The recorded videos were displayed to the students on the particular day. The programme was inaugurated by Principal Dr. K S Anil Kumar. Presidential address was given by Aathman AV, NSS Programme officer. Welcome speach was given by Dr. Remya G R, NSS Programme Officer. S S keerthana Iyer, NSS Volunteer gave Vote of Thanks.



COVID 19-HARBOR DUTY AT SAKTHIKULANGARA, KOLLAM		
NCC UNIT		
DATE	NUMBER OF STUDENTS PARTICIPATED	
07/05/2020 to 28/05/2020)	15	

On behalf of the Kollam Group and 8 Kerala Battalion of NCC, the NCC cadets of KSMDB College were deployed at the harbor in co-operation with the Police Department to fight against Covid-19 pandemic. PI staff and ANO from Kollam Group were there to give guidance for the cadets. A total of 19 cadets volunteered for the duty. 10 cadets each did the duty at harbor for 9 days (07/05/2020, 09/05/2020, 12/05/2020, 14/05/2020, 16/05/2020, 21/05/2020, 23/05/2020, 26/05/2020 and 28/05/2020). The duty vested to our cadets was giving the entry passes and controlling the people entering harbor. All cadets did their duties properly and it was a great help to the Police department



NCC Cadets on Harbour duty during Covid 19 Pandemic at Kollam harbour

VINIMAYAM (CREATIVE COMMUNICATIONS)		
NSS UNIT		
DATE	NUMBER OF STUDENTS PARTICIPATED	
10-05-2020	51	

NSS Program Officers instructed students to develop a communication model to raise awareness among the general public on issues such as not spitting on public roads, wearing masks, using sanitizers, and keeping a social distance. They can use Videos, animations, graphics, posters, paintings and cartoons to spread awareness among the people.



CONSERVATION OF BIO DIVERSITY NCC UNIT	
DATE NUMBER OF STUDENTS PARTICIPATED	
24/05/2020	87

Environment is the gift which is given to us by the Earth. It is our responsibility to conserve and protect the environment. As part of the Conservation of Biodiversity, NCC unit of KSMDB College, Sasthamcotta had initiated a program to cultivate the essential vegetables at their own house. The concept was put forward by ANO Lt Dr T Madhu. A kitchen-garden in every house. All the cadets took the concept seriously and started to plant

variety of vegetables in the limited area around their home. It started around the end of March and at the beginning of the 1st lockdown. The cadets have taken good care of the garden. Cadets spend at least half an hour to nurture and take care of the garden. The garden is almost in its full capacity and ready for harvest. The concept influenced the neighbors and they also began to make kitchen-garden. The thought was really a great one and it succeed.





CLEANING DRIVE-CLEANING THE CAMPUS PREMISES	
NCC UNIT	
DATE NUMBER OF STUDENTS PARTICIPATED	
28/05/2020	83

"Cleanliness is a habit not an act." All cadets were reported at 10:00 am, we were following the guidelines given by the Government against the Covid-19. Cadets were split into groups and each group was allotted around the College and the classrooms. The cleaning was under the presence of our honorable Principal Dr K S Anilkumar and ANO Lt Dr T Madhu. Our aim was to make the premises and the classrooms clean for the students who are coming for the University Exams in the coming days. All of us worked till 12:00 pm. After the cleaning we sanitized our hands properly. After that we had the refreshments.



WORLD ENVIRONMENT DAY CELEBRATION-2020-PARITHRANAM

NSS UNIVERSITY OF KERALA AND NATIONAL YOUTH COUNCIL OF INDIA.

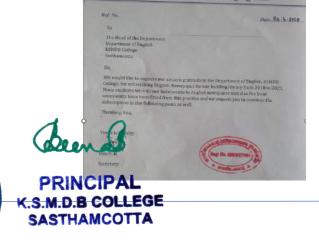
DATE	NUMBER OF STUDENTS PARTICIPATED
29/05/2020	47

As part of the World Environment Day celebration-2020, National Service Scheme of our college joined the new initiative 'Parithranam' jointly organised by NSS, University of Kerala and National Youth Council of India. The program was inaugurated by our Principal Dr. K. S. Anil Kumar on 29th May 2020 by planting a sapling in the college campus. PTA secretary Prof. R. S. Harikumar, former NSS program officer Dr. K. Santhosh, NSS Program officers Prof. Aathman A. V., Dr. Remya G.R., and NSS Volunteer Secretaries Praja Vijayan and Gokul S. Pillai participated in the program observing Covid protocol. For the period of one week 28 NSS volunteers planted saplings of various trees in their home and in the nearby locality. In our college NSS volunteers started to create a Butterfly Garden on that day. About 10 volunteers came to the college on various days and planted the different types of plants which would attract butterflies. On 5th June the principal started the world environmental day celebration by planting a tree in the campus. Following that program NSS volunteers planted about 50 saplings in various parts of the campus. Rest of the volunteers also participated from their home by planting tree saplings at their surroundings.



EXTENSION ACTIVITES BY DEPARTMENT OF ENGLISH	
Date	Number of students participated
July 2019	

The Department of English has conducted Communicative English classes for the students of Boys High School, Thevalakkara, Kollam from 17-7-2019 to 19-7-2019. This extension activity has helped develop a taste for language for the students from the rural areas.The Department has subscribed the newspaper The Hindu to Sasthamcotta Gramodharana Grandhashala, the village library and this has been beneficial to many educated people who do not normally have access to this prestigious daily. The Department has decided to make these activities done on a regular basis. The Department has been conducting extra classes for PG students to enable them to fare well in their Comprehensive Examination Paper, which will also enable them to qualify UGC National Eligibility Test. Many students have benefitted from this coaching. Regular test papers are conducted to monitor the progress of the students, also one of the faculty members is deputed to coordinate the classes. The questions are designed in such a way that the coaching will enable them to qualify the Kerala State Eligibility Test (SET) also, the eligibility test for Higher Secondary School Teachers, as many of our students pursue B Ed Degree Course after their PG courses. This can be taken as a prep activity, enabling the graduates to get a job of their choice and contribute to the society. Also,



communicative English Classes







CENTRE FOR ADULT CONTINUING EDUCATION AND		
EXTENSION 2021		
KSMDB COLLEGE		
DATE	NUMBER OF STUDENTS PARTICIPATED	
2020-2021	6	

KSMDB College is a centre of CACEE (Centre for Adult Continuing Education and Extension) University of Kerala for conducting CLISc and CCA courses. The Courses are managed by a committee consisting of 8 members headed by the principal. A teacher of the college acts as the coordinator for running the course. Dr. Rathika Nath G, Asst Professor, Department of Chemistry is the Co-ordinator of the CACEE Sub Centre of this college. The Courses offered under CACEE are CLISc (CERTIFICATE IN LIBRARY AND INFORMATION SCIENCE) and CCA (CERTIFICATE IN COMPUTERISED ACCOUNTING). Prospectus and details of 2020-2021 programmes are available in the linkhttps://ksmdbc.ac.in/cacee/

The number of students admitted for CLISc(Certificate in Library and Information Science)is 22 and CCA (Certificate in Computerized Accounting) is 10.More details about CACEE can be found at the link https://ksmdbc.ac.in/extension/



REPORT OF THE EVENT ORGANIZED 2018-2019

TREE WALK	
BIODIVERSITY CLUB, KSMDB COLLEGE, SASTHAMCOTTA	
DATE NUMBER OF STUDENTS PARTICIPATED	
04-06-2018	21

The World Environment Day celebrations kick started on 4th June 2018 Saturday by hoisting the environment day banner at the college courtyard. Followed by that a one-day programme was arranged named 'Tree walk'. The one-day workshop began with an inaugural session. Dr.Geethakrishnan Nair, H.O.D, Department of Botany, welcomed the guests. Principal Dr. K. Beena inaugurated the session. Smt. Dhanya S.R. Convenor of College Biodiversity Club offered felicitation. After that the one-day camp had three distinct sessions. In the first session, Smt. DhanyaS.R. Convenor explained the importance of riparian vegetation and its relevance in sustaining life.A Tree-walk was conducted in the Sasthamcotta lake premises on 04th June 2018. After that Biodiversity club volunteers shared their experience on tree walk, they have experienced.An environmental field trip was arranged for club members on 5th June 2018 to the banks of Sasthamcotta Lake for cleanliness drive. Total 35 Biodiversity club members have participated in this event.



Tree walk

ENVIRONMENT DAY CELEBRATION		
NSS & NCC UNIT OF KSM DB COLLEGE		
DATE	NUMBER OF STUDENTS PARTICIPATED	
05-06-2018	283	

The NCC unit of KSMDBC organized World Environmental Day celebrations with the slogan BEAT PLASTIC POLLUTION on 5 June 2018. Dr.Beena Kurup, Principal of the College inaugurated the event. The NCC cadets prepared a model of India using plastic waste and conducted an exhibition of pens collected from the college. As part of the celebrations, they conducted an awareness rally and planted trees on the campus and its premises.



The NSS unit conducted various events as part of the Environment Day. They planted saplings on the banks of Sasthamcotta Lake. Panchayat President Smt. Radhamani inaugurated the function. Shri. Sivasankarappilla, (Panchayat member), Shri. Dileep Kumar

(ward member) also attended the function. On Environment Day, posters on the importance of environmental protection were displayed on campus. Tree saplings were also planted on campus. Principal Dr. K. Beena inaugurated the function NSS Unit conducted various programes as a part of Environmental Day.



ENVIRONMENTAL DAY CELEBRATION, 05/06/2018



PRINCIPAL K.S.M.D.B COLLEGE SASTHAMCOTTA

DISTRICT YOUTH CONVENTION AND YOGA DEMONSTRATION

NEHRU YUVA KENDRA, KOLLAM, NSS UNITS &NCC UNIT

DATE	NUMBER OF STUDENTS PARTICIPATED
21/06/2018	216

NSS unit and NCC unit jointly organized a yoga training program on 21/06/2018 in association with Nehru Yuva Kendra as part of International Yoga Day. Mr Vayyanam Anish, Yoga Instructor took class. Mr. S. Shankarapilla inaugurated and Principal Dr. K. Beena delivered the keynote address.







നെഹ്റു യുവകേന്ദ്ര, നാഷന<mark>ൽ സ</mark>ർവീസ് സ്കീം, എൻസിസി എന്നിവർ ചേർന്നു സംഘടിപ്പിച്ച യോഗദിനാചരണത്തിന്റെ ഭാഗമായി ശാസ്താംകോട്ട കെഎസ്എം ഡിബി കോളജിൽ നടത്തിയ പൊതുയോഗം ബ്ലോക്ക് പഞ്ചായത്ത് വൈസ് പ്രസിഡന്റ് എസ്.ശിവൻപിള്ള ഉദ്ഘാടനം ചെയ്യുന്നു.

YOGA DAY CELEBRATION, 21/06/2018

After the yoga class there is a seminar on the topic'YOGA FOR HARMONY AND PEACE'. Lt. Dr. T Madhu (Associate NCC Officer) and Naib Subaidar Manoj Kumar led the programme.



International Yoga Day Celebration-Training session

POSTER DISPLAY AND RALLY-AWARENESS RAISING ON THE DISEASES DURING RAINY SEASON AND THEIR PRECAUTION AND ERADICATION OF MOSQUITOS

NSS UNII	
DATE	NUMBER OF STUDENTS PARTICIPATED
7-7-2018	125

NCC unit conducted poster display and rally on 07/07/2018, in the adopted village regarding rain diseases, causes and precautionary measures. Necessity for the eradication of mosquitoes, symptoms of various rain diseases were discussed by the volunteers.

വൈവിധ്യമാർന്നപ്രവർത്തനങ്ങളുമായി നാഷണൽ സർവ്വിസ് സ്കിം

ശാസ്താംകോട്ട: മഴക്കാല - ക്രേണ്ട മുൽക്കുവലുകൾ വി പൂർവ ബോധ നൽക്കരണത്തി - ശവക്കരി ആരോഗ്യ വകുട്ടു! ലൂം യുഹീകരണത്തിലും ത്ര മർ ലഘുലേഖകൾ വിതര ദേഗയമായ പവർത്തനംയുട്ടു അം ചെയ്തു വീടുകളിലെ മായി ദേവസംബോർഡ് കോ - അി ഗ്രൂഹികവണം നടവാട്ടക. ളേജിലെ എൻഎസ്എസ് യു - യായിരുന്നു നേടുത്തഘട്ടം. ണിറ്റുകൾ. ടൗൺവർഡിലെ തുടർന്ന് ഭാലിന്യസംസ്കരണ കുന്നുംപുറം മേലലയിലാണ് - തൊക്കുറിച്ച് ബോഗവരിക്കറി യുണിറ്റുകളുടെ പ്രവർത്തനം ച്ചു പച്ചകരിക്യബിയ്ക്കായി സജീവമായി നടക്കുന്നത്. ഇക്കൊല്ലം മഴ ശക്തമാകു - ലും എത്തിച്ചു. ന്നതിന് മുൻപെ വിദ്യാർത്ഥി കൾ വീടുകൾ കന്മറിച്ചിറത്നി

മഴക്കാലമാഗണൾക്ക് എടു

സ്വകാര്വവാഹന ക്കാർ ആക്രമിച്ചു ആര്യകാൻ: പാലത്യൻ നി നോസമോദ കേന്ദ്രതിലേ aggs aprilim talpantition to വരുന്ന സഞ്ചാരികളെ ടാക്സി വാഹനങ്ങളിൽ പോകാൻ അ നുവദിക്കാതെ ബലമായി സ്വ കാരു വാഹനങ്ങളിൽ കയറ്റി

കൊണ്ട് പോകുകയും ഇത് ചോദ്യം ചെയ്ത ഓട്ടോഡ്രൈ വിത്തുകൾ എല്ലാ വീടുകളി

omelyanda incgalgea

ബോധവത്കണോലിയും പോസ്റ്റർ പ്രദർശനവും വി godorland moverslyftag. датумар азражет пр യിക്കാതെ നാവധി ദിവസങ്ങ ളിലാണ് വർദ്യാർഷറികളും അ minumply manyaryaminim ത്തിനിറങ്ങുന്നത്

ดำเวเบา ยวงชามสตาน യ നുരതൻ എവി, **ആർവിയ** penealal, appenind on തുരോഗുന്നപ്പെട്ടിന്റെ സർ ക്രട്ടറിമാമായ ഷോഗണ്, സ വേയിലെ വാളങ്ങിയാമാർ ബിന എന്നിവമാണ് നെ contrate



മഴക്കാലപൂർവരോഗങ്ങൾക്ക് എതിരായി എൻഎസിഎസ് യുണ്ടിറ്റ് വിവാർത്ഥികൾ നോധവാധികരണ പോസ്റ്റർ പതിക്കുന്നു





POSTER DISPLAY AND RALLY, 07/07/2018



PRINCIPAL K.S.M.D.B COLLEGE SASTHAMCOTTA

PLANTING THE SAPLINGS OF JACK FRUIT TREE		
NSS UNIT AND SASTHAMCOTTA GRAMAPANCHAYAT		
DATE	NUMBER OF STUDENTS PARTICIPATED	
12/07/2018	83	

As part of celebrating the Jack Fruit tree as our official tree of the state, the NSS unit took the challenge of planting 1 lakh jack fruit tree saplings across the state. The programme was inaugurated by Ward member, Sri Dileep Kumar on 12/07/2018. Numerous saplings were planted across the campus and neighbourhood as part of the campaign



Mr.Dileep,Panchayath ward member, Planting Jackfruit saplings

MAINTENANCE OF HYGIENE IN THE ANGANWADI		
IN THE ADOPTED VILLAGE		
NSS UNIT AND SASTHAMCOTTA GRAMAPANCHAYAT		
DATE NUMBER OF STUDENTS PARTICIPATED		
28/07/2018	130	

NSS unit conducted cleanliness drive on 28th July 2018 in Anganwadi of adopted village. All NSS volunteers actively participated in it. The volunteers share the responsibilities with each other without any hesitation and everyone guides them towards the success of the event.



CLEANING PROGRAMME IN ANGANAVADI. 28/07/2018

WORKSHOP ON EXPERIMENTAL PHYSICS		
DEPARTMENT OF PHYSICS		
DATE	NUMBER OF STUDENTS PARTICIPATED	
31-07-2018	50	

As part of the outreach Programme, the department of the department of physics is regularly organizing a Workshop on Experimental Physics for the higher secondary students. The current year programme was scheduled on 31July 2018. 50 students from 10 nearby schools have participated in this programme.10 experiments were arranged and demonstration is carried out by the students of 3rd sem and 5th sem B.Sc. Physics. The students were divided into 10 batches and each batch is entrusted with 3 students of the

department to guide them through the different experimental setup arranged in the Physics

Lab. Local hospitality is arranged by the department for the participants and the volunteers.

Feedback is collected from the students at the end of the program









ALERTNESS ON THE GUIDELINES OF SHUCHITVA MISSION		
NSS UNIT		
DATE	NUMBER OF STUDENTS PARTICIPATED	
14-08-2018	170	

Suchitwa Mission is the Technical Support Group (TSG) in Waste Management sector under the Local Self Government Department, Government of Kerala. It is responsible for providing technical and managerial support to the Local Self Governments of the State. Also responsible for conceptualizing, action planning, conducting creative workshops, organizing training programmes, initiating sector related studies, bringing out occasional papers, initiating action research, conducting monitoring and such other activities in Waste Management Sector. The Mission is also the Nodal agency for implementing Swachh Bharat Mission (Urban), Swachh Bharat Mission (Rural) and Communication and Capacity Development Unit (CCDU) in the State.

NSS Volunteers distributed pamphlets on Shuchitva mission in the public offices in Sastamcotta on 14/08/2018. Programme was inaugurated by Sri. SivasankaraPillai, Panchayat President. Volunteers cleaned the premises of Police Station, Court and Thaluk Office in Sastamcotta.





Distribution of Suchitva Mission Pamphlets in public offices in Shastamcotta

SASTHAMCOTTA TOWN CLEANING	
NCC UNIT & SASTHAMCOTTA GRAMA PANCHAYATHU	
DATE	NUMBER OF STUDENTS PARTICIPATED
14-08-2018	65

In support of 8(K) Bn NCC unit and Sasthamcotta Grama Panchayat, town cleaning programme was conducted on 14 th August2018. The programme started around 10:30AM. NCC cadets and NSS volunteers from KSMDB College Sasthamcotta, NSS volunteers from Government HSS Sasthamcotta and MGNREGS workers played a role in the town cleaning programme. V R Sankarapillai, Hon. President, Grama Panchayat Sasthamcotta inaugurated the programme. KSMDB College NCC unit ANO Lt. Dr. T Madhu, Sasthamcotta Circle Inspector and Panchayat member Dileep Kumar had given a speech about the programme. A group of 15 members cleansed the Taluk Hospital, BRC, School Compound, Localities and town area respectively. The programme was ended up by around 1:30 PM



Sasthamcotta Town Cleaning Drive

SUPPORTING FLOOD-HIT KERALA-COLLECTION AND DISTRIBUTION OF FOOD, CLOTHING AND OTHER NECESSITIES TO VARIOUS FLOOD-AFFECTED AREAS OF THE STATE

NSS UNIT	
DATE	NUMBER OF STUDENTS PARTICIPATED
18-8-2018 TO 20-8-2018	170

Severe floods devasted the south Indian state, Kerala in 2018 & 2019 due to unusual high rainfall during the monsoon season. The flood claimed 483 lives with many residents missing. More than 14.5 lakh people were forced to move to flood relief camps across the state. The flood victims of Kerala are in desperate need of relief support to survive and get back to their normal life. The NSS and NCC units of the college made remarkable performance in post-flood related activities. Volunteers actively participated in various cleaning programmes in the different parts of the district. Volunteers actively participated in the collection, segregation and distribution of the necessary articles for the flood affected areas along with other volunteers. College staff also donated Rs.... to CMDRF and were directly involved in relief work.

Urgent requirements of flood affected areas were met by NSS Volunteers from 18/08/2018- 20/08/2018. Food materials, Clothing, other necessary amenities were collected and send to various flood affected parts of the state.







Collection and Distribution of Flood Relief materials to various parts of the State





PRINCIPAL
K.S.M.D.B COLLEGE
SASTHAMCOTTA

SUPPORTING FLOOD- HIT KERALA 2018 -RELIEF MATERIAL DISTRIBUTION TO GOVERNMENT COLLECTION CAMP AT MANNAR

NCC UNIT

DATE	NUMBER OF STUDENTS PARTICIPATED
18/8/2018	50

Kerala state faced severe flood hits in august 2018 due to the unusual rainfall., Ex-NCC cadets and teachers of KSMDB College collected goods for flood relief camps. Dispatch of various relief materials such as coconut-110, rice crispy-5kg, washing soap, bathing soap-100, Rava powder-4kg, rice floor-3kg, medicines, toothbrush and paste, food items, clothes, rice about 180 kg, sugar-3kg, wheatflour-6kg, mineral water, coffee powder, etc. These products were collected and distributed on 18th august 2018 to the camps of flood hit regions of Mannar under the supervision of K S M D B College NCC Unit ANO Lt. Dr. T Madhu and Hon. Principal Beenakurup.





supporting flood- hit kerala 2018 -relief material distribution to government collection camp at mannar

SUPPORTING FLOOD- HIT KERALA 2018 -RELIEF MATERIAL DISTRIBUTION TO GOVERNMENT COLLECTION CAMP AT ST. CYRIL'S, ADOOR

NCC UNIT

DATE	NUMBER OF STUDENTS PARTICIPATED
20/8/2018	75

NCC cadets became partner in rebuilding the state on a crisis that has tremendously affected their motherland. D B College NCC Cadets participated in the flood relief activities on 20th August 2018 since morning 10 AM, gathered at Government collection camp at St.Cyril's, Adoor The team collected necessary items like 60Kg rice ,40 pair dresses ,50 churidar, 100 sarees, daily using products, food items(30 boxes), 50 packets of biscuit and rusks, 50kgwheat, 5 kg bleaching powder, 30 bottle lotion, fruits etc. NCC Unit ANO Lt. Dr. T Madhu and Hon. Principal Dr.Beenakurup had kept touch with this occasion.







SUPPORTING FLOOD- HIT KERALA 2018 - FLOOD CAMP CHENGANNUR

PLANNING FORUM, KSM DB COLLEGE

DATE	NUMBER OF STUDENTS PARTICIPATED
20/8/2018	6

Kerala State experienced a great flood that the people ever had in their life from 8/8/2018 to 20/08/2018. Kollam district caught by flood from 15/08/2018. As amandatory club, planning forum collected fund from the members of planning forum forthe onam celebration in the college which was directly transferred to purchase materials for the flood camp- Chengannur. The amount was Rs. 12000/-





PRINCIPAL K.S.M.D.B COLLEGE SASTHAMCOTTA

SUPPORTING FLOOD HIT KERALA 2018 -ONAKKODI TO		
CHENGANNUR FLOOD RELIEF CAMP		
NCC UNIT		
DATE	NUMBER OF STUDENTS PARTICIPATED	
23/08/2018 145		

NCC Cadets of KSMDB College, collected new clothes for those staying at Chengannur flood relief camp. They collected about 100 bed sheets, 100 nighties, 100 lunkies, 150 saries, 200 shirts and 100 under garments etc. They handed over the collected materials at the camp on 23rd August at the camp and our NCC Cadets distributed the onakkodi under the guidance of ANO Lt. Dr. TMadhu and Hon. Principal Dr. Beenakurup.



SUPPORTING FLOOD HIT KERALA-CLEANING PROGRAME GOVT L P SCHOOL, THIRUVALLA & CHENGANOOR NSS UNIT DATE NUMBER OF STUDENTS PARTICIPATED 28/08/2018 150

Chenganoor, a major flood affected area was visited by the NSS volunteers on 28/08/2018. They cleaned the area with the help of 30 NSS volunteers.









PRINCIPAL K.S.M.D.B COLLEGE SASTHAMCOTTA 28/08/2018

SUPPORTING FLOOD HIT KERALA 2018 -CLEAN UP OPERATION DEVASWOM BOARD PAMPA COLLEGE, PARUMALA NCC DATE NUMBER OF STUDENTS PARTICIPATED

30

Once the threats of flood subsided, the next task that lies ahead of the Keralites is the cleaning up mission. For thus, on the behalf of KSMDB College and 8(K)BN NCC unit Mavelikkara, cleaning up programme was conducted on 28th august 2018 at Devaswom Board Pampa College, Parumala. A of group 30 SD Cadets cleansed two department, rooms, corridor etc. Through this, the NCC Cadets contributed the best to help the floodaffected area. 8(K) BN PI staff Mr. Sudeesh also became a part of this programme.







Post flood cleaning drive at DB College, Parumala

SUPPORTING FLOOD-HIT KERALA 2018 - DISTRIBUTION OF STUDY MATERIALS TO GOVT LP SCHOOL, THIRUVALLA NSS DATE NUMBER OF STUDENTS PARTICIPATED 04/09/2018 130

NSS Volunteers distributed study material in Govt LP School, Thiruvalla on 04/09/2018.

This was one of the flood-affected areas in the Pathanamthitta district.



Post flood relief programme-Distribution of study materials to Govt LP school, Thiruvalla

CROSS COUNTRY CHAMPIONSHIP		
NCC UNIT AND UNIVERSITY OF KERALA		
DATE	NUMBER OF STUDENTS PARTICIPATED	
8/9/2018	97	

Cross Country Championship is a Joint venture of KSMDBCSasthamcotta, 8 (k) Bn NCC unit and University of Kerala. The NCC cadets assisted by staying in checkpoints to guide the participants and also in supplying them with water and other medical facilities.



SWATCHTA HI SEVA- AWARENESS CLASS	
NCC UNIT	
DATE	NUMBER OF STUDENTS PARTICIPATED
17/9/2018	46

On the behalf of KSMDB college and 8(k) BN NCC unit, on 17 th of September, awareness class on the topic 'Swachta Hi Seva' was held at the college seminar hall. All the NCC cadets and other students of the college had attended the awareness class. DB College ANO Lt Dr T Madhu takes class on the topic 'What can I do to clean my city': The class ended up with the felicitation speech delivered by Hon. Principal Dr Beenakurup



Swachta -Hi-Seva-CleaningAwareness programme

AWARENESS RALLY	
NICCO TINUTE	
NCC UNIT	
DATE NUMBER OF STUDENTS PARTICIPATED	DATE
18/9/2018 43	18/9/2018

he NCC cadets of KSMDB College conducted a rally to spread the idea of Swachta Hi Seva from the college to Sasthamcotta junction under the leadership of Lt. Dr. T Madhu, ANO. The cadets put their effort to clean the contaminated banks of the freesh water lake. The programme came to a close at 4pm.



HEART DAY OBSERVANCE-CONDUCTED A RALLY IN ASSOCIATION WITH PADMAVATHI MEDICAL FOUNDATION.

NSS & PADMAVATHI MEDICAL FOUNDATION, SASTHAMCOTTA

DATE	NUMBER OF STUDENTS PARTICIPATED
28/09/2018	170

NSS Volunteers conducted a rally on 28/09/2018, in association with Padmavathi Medical Foundation,Sasthamcotta to create awareness among common people about cardiovascular illness, heart diseases and brain strokes

1





World Heart Day Awareness Rally



PRINCIPAL K.S.M.D.B COLLEGE SASTHAMCOTTA

GANDHI JAYANTHI CELEBRATION-CLEANING THE BANK OF SASTHAMCOTTA LAKE

NCC UNIT, KSMDB COLLEGE& VENAD TOURISM DEVELOPMENT COMMITTEE

DATE	NUMBER OF STUDENTS PARTICIPATED
2/10/2018	50

On behalf of KSMDB College and 8(K) BN Mavellikara, 150th Gandhi jayanthi celebration was held at college auditorium, with the co-operation of Venad Tourism development Committee. Various programmes were conducted on the bank of Sasthamcotta Lake. NCC cadets of DB College successfully clean up the lake surrounding. And our cadets became a part of GANDHI SMRITHI HARITHA NEERKUDAM Rally. The team blessed with the presence of famous film director and sculptor Shri Rajeev Anchal. Several activists, NCC Cadets, scout and Guides Cadets, NSS Volunteers, and teachers were participated in this programme. The programme was guided by our ANO Lt. Dr. T Madhu.





Gandhi Jayanthi Celebration-Awareness Rally and Interactive Programme

SHASTHRAJALAKAM(SIET)

KSM DB COLLEGE, SASTHAMCOTTA, DEPARTMENT OF HIGHER SECONDARY EDUCATION AND DEPARTMENT OF COLLEGIATE EDUCATION

DATE NUMBER OF PARTICIPANTS

26-10-2018 to 28-10-2018

The Sasthrajaalakam project launched by SIET in association with DDE, aimed at providing athree-day science camp for 150 selected students (of standard 9th) from Government and Aidedschools of Kollam district. We are extremely proud for being one of the venues for hosting thefunction. The programme was organized in such a way that day 1 was meant for Physics, day 2 for Chemistry and the day 3 for Biology. Excellent resource persons were selected for lecture sessions from and outside the College and science labs were arranged for demonstration classes by the College students underthedirection of teachers.





The Inaugural Session was chaired by the College principal Dr. K. Beena, who expressed her happiness in hostingthe function. It was certainly a privilege to have Shri P. Radhakrishnan, Space scientist toinaugurate the function. Welcome speech was delivered by Dr. Rathika Nath G, the programmecoordinator. Dr. V. Jayasree proposed vote of thanks fortheinauguralsession.

A detailed report of Sasthrajalakam 2018 is given on the linkhttps://ksmdbc.ac.in/wp-content/uploads/2022/07/Report-on-sasthrajaalakam-2018-for-website-NAAC.pdf

Biodiversity Management Committee (BMC) and Kerala State Biodiversity (KSBB) with thetechnical inputs from a wide range of research institutes and stake holders. The objective ofthe process was to undertake a rapid assessment of the damages to ecosystem and Biodiversity after the floods and to lay the foundation for a recovery and ecosystem-based reconstruction process at local level.

The biodiversity club coordinator has participated as Field Expert in the "Rapid Assessment Survey on Impact of Flood on Biodiversity-Community Perspective" conducted by the Kerala State Biodiversity Board, Government of Kerala from October 2018- November 2018. A Joint team of subject experts (Dhanya S.R., Biodiversity convener.) and 5 Biodiversity club members (Rahul.S., Adarsh.M., Jegath.S., Arun.P. and Sonu.S.) with representation from KSBB was constituted to conduct a rapid impact assessment of floods in Munroe Islands. Theteam visited the affected areas and data was collected in a prescribed format using Open DataKit software. Our team visited the affected areas in Munroe Islands to understand the extent and the nature of damage and record the findings.

FLOOD ASSESSMENT SURVEY ON IMPACT OF BIODIVERSITY IN MUNROE ISLANDS









Our team in Munroe Islands





GIFTING OF CHEKKUTTI DOLLS TO THE CHILDREN OF THE ANGANWADI IN THE ADOPTED VILLAGE

NSS UNIT, KSMDB COLLEGE, SASTHAMCOTTA

DATE	NUMBER OF STUDENTS PARTICIPATED
8-11-2018 &15 -11-2018	100

"Chekkutty" or "the child who survived the mud" is the recent face of the post-flood Kerala. Made from the mud-stained sarees of the flood hit Chennamangalam, the ancient weaving village of Kerala, these dolls symbolize the resilience of emerging Kerala. The fabrics that got damaged in flood are being recycled into beautiful small handmade dolls named Chekkutty to raise funds to support the weavers. Students were given training on Doll making with clothes on 08/11/2018. Chekkutti Dolls made by NSS Volunteers were distributed among kids of Anganavadi in the adopted village on 15/11/2018.





CHEKKUTTIPAVA (DOLL) MAKING, 08/11/2018





SISUDINAM, 15/11/2018

BLOOD DONATION CAMP		
NSS UNIT		
DATE	NUMBER OF STUDENTS PARTICIPATED	
29/11/2018	100	

Blood Donation Camp conducted in college on 29/11/2018. Most of the volunteers participated in the blood donation camp



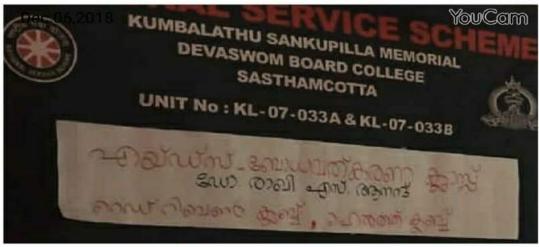


AWARENESS CLASS ON 'AIDS-KNOW YOUR STATUS' NSS UNIT, GOVERNMENT TALUK HOSPITAL, SASTHAMCOTTA, RED RIBBON CLUB, HEALTH EDUCATION CLUB AND KERALA STATE AIDS CONTROL SOCIETY DATE NUMBER OF STUDENTS PARTICIPATED 6-12-2018 100

In connection with AIDS day a talk 'AIDS-Know your statuses was organised by Red ribbon club in association with Health Club and NSS unit of KSM DB College sasthamcotta for kudumbasree unit (Sasthamcotta) and volunteers of red ribbon club. The health club convenor Dr. Manju gave welcome speech. Thereafter Principal Dr.K.Beena gave presidential address to the gathering. The Function was inaugurated by Chief Guest Dr.Rakhi S Anand Junior Consultant Gynecologist, Govt Taluk Hospital sasthamcotta. During keynote address she mentioned the history of world AIDS day in a simple manner through power point presentation. She also emphasises the importance of this year theme know your status.

NSS programme officer Prof.Athman A.V. spoke about the involvement of Kudumbasree unit against AIDS and their role in making a healthy society. After the lecture of doctor, students took part in an interaction & cleared their misconception eg. 'mosquito bite cannot spread HIV', 'sharing cloths cannot spread HIV' etc. The queries were answered by the speaker. Concluding speech was given by Anjana Unni, Red Ribbon Club student convenor.











AIDS Day Awareness Class





WORLD SOIL DAY OBSERVANCE-VISHARAHITHA PACHAKKARY NAMMUDE VEETUMUTTATHU DEPARTMENT OF ZOOLOGY

DATE	NUMBER OF STUDENTS PARTICIPATED
7.12.2018	20

Health Education Club in association with Dept of Zoology organized a seminar on *Visharahitha Pachakkary nammude veetumuttathu on* 7th December 2018 in order to observe World Soil Day 2018. The function began at 11am in the Digital Seminar Hall. Dr. Manju M., convener, Health Education Club welcomed the guests and participants. The meeting was presided over by Dr. Beena K, Principal. Mr. Sumesh S.G., Agricultural Officer, District Agricultural Farm, Anchal, Kollam, inaugurated the seminar and delivered the Keynote address on the topic. He discussed about the practice of growing various vegetables in our home premises, various pests affecting the plantation, and their control measures. He also distributed vegetable seeds to the participants. The Felicitations were offered by Dr. Mini Chandran C. (Asso. Prof. Dept. of Zoology), Dr. S. Girijakumary (Asso. Prof. Dept. of Zoology), Dr. Harikumar R.S, PTA secretary and Dr. Geethakrishnan P (Coordinator, Clubs and Forums). Miss Jinsy George, Student Convener, proposed the vote of thanks. The meeting ended at 2pm.







Health Education Club & Department of Zoology K.S.M.D.B.College, Sasthamcotta

We are happy to announe a seminar organizing on 7th December 2018 in connection with the World Soil Day.

Venue: Digital Seminar Hall Time: 11 am

Programme Schedule

Prayer :

Welcome : Dr. Manju M.

(Convener, Health Education Club)

Presidential Address : Dr. K. Beena

(Principal)

Inauguration and

Keynote Address : Mr. Sumesh S.G.

(Agricultural Officer, District Agricultural Farm, Anchal,

Kollam)

" Visharahitha Pachakkary Nammude Veettumuttathu"

Felicitation : Dr. Mini Chandran

(Asso. Professor, Dept. Of Zoology)

Dr. Girljakumary S.

(Asso. Professor, Dept. Of Zoology)

Dr. Geethakrishnan Nair (General Convener)

Dr. R.S. Harikumar (PTA Secretary)

to the section

Vote of Thanks : Ms. Jinsi

(Student Convener, Health Club)

All are cordially invited

KARUNYA PADDHATI-FINANCIAL SUPPORT TO ECONOMICALLY BACKWARD PATIENT

NCC UNIT

DATE	NUMBER OF STUDENTS PARTICIPATED
18-12-2018	36

The NCC unit of KSMDBC volunteered to collect the amount asked for by Mr. Shaji Samuel, Naranganam, Pathanamthitta for his surgery in the prevailing medical conditions of the patient which was scheduled to be in January 2019. The NCC unit had collected Rs.2060/- and handed over to him for the smooth conduct of the surgery at the scheduled date.





PRINCIPAL
K.S.M.D.B COLLEGE
SASTHAMCOTTA

FIELD TRIP TO SHENDURNEY WILD LIFE			
SANCTUARY.			
BIODIVERSITY CLUB			
DATE	NUMBER OF STUDENTS PARTICIPATED		
22/12/2018	30		

The Biodiversity club conducted a one-day Nature Camp at Shendurney Wild life Sanctuary. Students and faculty went on a field trip to Shendurney Wild Life Sanctuary on 22.12.2018. The sanctuary has thick forest cover and is also noted for many exotic plants, some of which are medically important. Four different types of vegetation have been found in Shenduruny. They include: West Coast tropical evergreen forest, West Coast tropical semi-evergreen forest, Southern moist mixed deciduous forest and the Southern hilltop tropical evergreen forest. Of these four, the tropical evergreen forest comprises one fourth of the total Shenduruny forest area. The Shenduruny forest, which was declared a wildlife sanctuary in 1984, gets its name from an endemic species of tree called Chenkuruny or Shenkuruny (Gluta travancoria). In the central region of this moist, mixed deciduous forest, spread over a hilly terrain of over 100 sq km is the 26 sq km artificial lake formed by the Parappar dam built across the Shenduruny and Kulathupuzha rivers.



Pneumatophores (Breathing roots) in Shendurney





ANNUAL SEVEN DAY COHABITATION CAMP			
NSS UNIT			
DATE	NUMBER OF STUDENTS PARTICIPATED		
22/12/2018 TO 28-12-2018	92		

K.S.M.D.B. College NSS units' Seven-day camp was started on December 22,2018. The inauguration of the camp was done by MLA Sri Kovoor Kunjumon. Presidential address was done by Principal Dr, Beena K. Welcome speech was doneby Programme officer and camp director Aathman A.V. Inaugural speech was doneby Panchayath President Smt. P.S. Jayalakshmi. Sri. Thomas Vaidyan (BlockPanchayath Member), Sri. B. Raghunathan Pillai (Grama panchayath vice president), Sri. K. Kochuvelu Master (Grama Panchayath Member), Advocate A. ViswanathanPillai, Smt. T. R. Jayalakshmi, Smt. T Indira, Sri S. Devarajan, Dr. K Santhosh, Prof.R. Arunkumar, Dr. T.Madhu, Dr. R. S. Harikumar, Kumari Anjitha Jose felicitated themeeting. At the Afternoon of the First Day after ice breaking session Prof. R.Radhakrishnapillai conducted a session on the topic 'Relevance of NSS in this modernworld'. After the session Prof. Doney Kurian took an interesting class on the topic'Enjoying Mathematics'. Students actively participated in the session as they feel themathematics is not a complex subject. Every day morning a camp started with a yogasession. Following the session regular activities began with the flag hoisting andended with the camp review.23-12-2018On the second day NSS Volunteers visit the kallada river as a part of the program 'Along with the river'. At the afternoon, a session was conducted by Dr. Adarsh Rathnakaran on the topic 'Science curiosities. After that an awareness classon 'Road safety' was conducted by Sri. Binu N. Kunjumon, Assistant Motor vehicleInspector, R. T. Office, Kollam. During evening a class on 'Literature and Society' bywas conducted by Dr. C. Unnikrishnan.On the third day NSS volunteers conducted an awareness program on the 'Protection of Riparian Land and River Water' as a part of the program 'Nadiyodoppam'. Our units conducted a rally Near Kallada River in Kallada GramaPanchayath area.

Volunteers displayed posters based on this topic. At the afternoon aclass on the topic 'Tips for communication' was taken by Prof. Kesavachandran Nair.After that session Dr.Girijakumari took a class on how NSS influence the society. Followed by that session a folk song training program for the students was conducted by Sri. Biju, Sasthamcotta. On the fourth day () after the making of flower garden a craft class wasconducted by Sri. K. Kochuvelu master. A blood donation awareness program wasconducted at the afternoon by Sri. Ratheesh S., General Secretary, All Kerala BloodDonors Society. At the evening a documentary 'Memories of Trans' was displayed. Volunteers actively involved in the discussions conducted after the session.On fifth day NSS volunteers energetically participated in the construction ofroad. At the afternoon a session on the topic 'Natural calamities and NSS' wasconducted by Dr. K. Prakash, Former NSS State Layson Officer. At the afternoon Dr.A. Mohanakumar, Principal, Kerala University Institute of Technology, conducted assession based on the topic 'Person-Possibilities and Liabilities'. At the evening a study of photography and its techniques was conducted by Sarath Prabhav. On Sixth day after the vegetable garden and flower garden making an awarenessseminar was conducted with the participation of Kudumbasree unit members. Theprogram was inaugurated by Sri. Ranjith Rajan, Hon. Judicial First Class Magistrateand Chairman of thaluk legal sevice society. Presidential address was done by Advocate V.K. Prasad, President, Bar Association, Sasthamcotta. Advocate SibuM.A. Vattavila felicitate the meeting. The session was conducted by Advocate RajanIlavinal. After the session a short film was displayed to the students and a discussionsession was conducted.

On the seventh day after the awareness class on health and hygiene and cleaning program, the valedictory ceremony was conducted. Inauguration was done by Grama panchayath president Smt. P.S. Jayalakshmi. Aathman A.V. welcomedeverybody. The Presidential address was done by Principal in Dr.Beena K., Sri.Thomas Vaidyan (Block

panchayath member), Sri. K. Kochuvelu master(Gramapanchayath member), Advocate A. Viswanathan Pillai, Smt. T. R.Jayalakshmi, Sri R. Muraleedhara Kuruppu felicitated the meeting. Karthik Pillai gaveaway the vote of thanks.



Annual seven-day cohabitation camp-Inaugural Function



Annual seven-day cohabitation camp-Youth for River protection

















OBSERVATION OF NATIONAL YOUTH DAY-SEMINAR AND WORKSHOP NSS AND KERALA STATE YOUTH WELFARE BOARD DATE NUMBER OF STUDENTS PARTICIPATED 12-01-2019 150

Seminar and workshop were held on12/01/2019 in association with Kerala State Youth Welfare Board and NSS Unit. Programme was inaugurated by SMT Radhamani, District Panchayat President and chaired by Dr.Unnikrishnan, Head of the Department of Malayalam. Mr Nripan Das took class on Contemporary period and Ideas of Vivekananda.







PRINCIPAL K.S.M.D.B COLLEGE SASTHAMCOTTA

SHASTHRAPADHAM-2019

IQAC, KSM DB COLLEGE, SASTHAMCOTTA, DEPARTMENT OF HIGHER SECONDARY EDUCATION, DEPARTMENT OF COLLEGIATE EDUCATION

DATE	NUMBER OF STUDENTS PARTICIPATED
26-01-2019 to 28-02-2019	10

The Sasthrapadham project launched by SSA- Kerala in association with Samagrashiksha is aimed at providing a three day science camp for 100 selected students (of standard 11th) from Government and Aided Higher Secondary Schools of Kollam district. We are extremely proud for being one of the venues for hosting the function. The programme was organized in such a way that there were both theory and practical classes. Theory classes were on subjects like career development, recent advances in sciences, ethical issues, pseudo sciences etc. Practical classes were on hands on training on Chemistry, Physics, Botany, Zoology and Mathematics. Excellent resource persons were selected for lecture sessions from and outside the College and science labs were arranged for demonstration classes by the College students under the direction of teachers.



More details about Sastharapadham 2019 can be found in the linkhttps://ksmdbc.ac.in/wp-content/uploads/2022/07/Report-on-Sasthrapadam-2019-for-website-NAAC.pdf

AIDS –A GLOBAL CONCERN				
KERALA STATE AIDS CONTROLE SOCITEY, RED RIBBON				
CLUB&NSSUNIT				
DATE	NUMBER OF STUDENTS PARTICIPATED			
28-01-2019	30			

A seminar on 'Aids- Global Concern' was held in association with Red Ribbon and NSS as part of Aids Day celebration on 28/01/2019. The programme was inaugurated by Chief Guest Mr. Bijomon Y, ICTC Counsellor, Govt Taluk Head quarters hospital, Kottarakkara. Welcome address was given by red ribbon club convenor Dr.N.D. Suma. Resource persontalk about HIV/AIDS prevention, care, support and treatment carried out at the various prevention centres in Kerala. He also pointed what is ICTC, its role and how it helps HIV infected people. Principal Dr. K. Beena appreciated the student's participation in such programme voluntarily. Dr. R.s Harikumar PTA secratery spoke about the need of such club activities in colleges. The session was followed with queries answered by the resource personnel.





OBSERVATION OF WORLD WETLAND DAY		
NSS & NCC UNIT, KSMDB COLLEGE, SASTHAMCOTTA		
DATE	NUMBER OF STUDENTS PARTICIPATED	
02/02/2019	125	

World wetland day was celebrated on February 2nd 2019 by KSMDBC NCC unit and Sasthamcotta Panchayath. The programme was inaugurated by Dr P K Gopan. Apart from the NCC unit, Collage NSS unit, 'nammude kayal koottayma' whatsapp group also participated in the programme. A rally was conducted from the junction to the lake side as a part of the celebration.



SEMINAR- DRUG USAGE AND HEALTH ISSUES
EXCISE DEPARTMENT, SASTHAMCOTTA AND CENTRE FOR
WOMEN'S STUDIES, KSMDB COLLEGE

DATE	NUMBER OF STUDENTS PARTICIPATED
4-02-2019	52

The Centre for Women's Studies collaborates with Excise Department and organises programmes aimed at empowering women students and addressing the various social, personal and psychological problems faced by girl students. Anti-drug abuse programmes are organised to address drug abuse related problems among students, especially girl students. The seminar, titled Drug Abuse and Health Issues, organised by the Centre of Women's Studies in collaboration with Excise Department, on 04 February 2019 was inaugurated by the Sasthamcotta Grama Panchayat President and featured a talk by the deputy commissioner of Excise Department which threw light on the various hazards of drug addiction.





CLEANING THE ROAD AFTER THE TEMPLE PROCESSION IN CONNECTION WITH THE FESTIVAL OF THE SASTHAMCOTTA SREE SASTHA TEMPLE

NSS & SASTHAMCOTTA GRAMAPANCHAYATH

1 (65 44 612 1111111 0 1 1 1 1 0 1 1 1 1 1 1 1 1 1	
DATE	NUMBER OF STUDENTS PARTICIPATED
23/02/2019	185

NSS Volunteers cleaned Sasthamcotta town on 23/02/2019 after the temple procession in connection with the festival of the Sree Sastha temple. Mr. Dileep Kumar, Town Ward Counsellor gave leadership to the programme. Prof. Aathman, Programme Officer was in charge of the event.







PRINCIPAL K.S.M.D.B COLLEGE SASTHAMCOTTA

SCIENCE EXHIBITION		
SCIENCE DEPARTMENTS, KSM DB COLLEGE &KSCSTE, GOVT. OF		
KERALA		
DATE	NUMBER OF STUDENTS PARTICIPATED	
28-02-2019	30	

An exhibition was organized for the high school students by all the science departments of the college on 28th February 2019. The formal inauguration of the Science Exhibition was done by Dr. K. Beena, Principal, K.S.M.D.B College. The inaugural session was started with prayer followed by welcome address by Dr. Meera A.P, Coordinator, NSD-19. She explained the relevance of science and technology in the modern world. Prof. P.K Reji (HOD, Chemistry) delivered the presidential address. He emphasized to undertake actions to raise publicawareness on science and its benefits which can eventually eliminate the myths and superstitious beliefs existing in the society. In the inaugural speech, Dr. K. Beena mentioned about the purpose of conducting such an exhibition. She stressed that such exhibitions would inspire the students and would enhance their aptitude for science.

This was followed by felicitations by Prof. S. Leela (HOD, Physics), Dr. Geethakrishnan Nair(HOD, Botany), Dr. B. Beena (Research Committee Convenor) and Dr. R.S Harikumar (PTASecretary). Dr. Remya G.R (Coordinator NSD-19) delivered vote of thanks. About 250 students from various nearby schools participated in the exhibition. There were students from Govt. High School, Sasthamcotta, Lords Public School, Karunagappally and Brook International School, Rajagiri, Sasthamcotta. The students were accompanied byteachers. Prof. P.K Reji, HOD, Chemistry and Dr. B Beena, Associate Professor, Dept. of Chemistry delivered a brief introduction about the exhibition.

Impact and Follow-up activity

The purpose of conducting such a programme was to spread the message of theimportance of science and its application in our daily life and popularize Science

andTechnology. All the students have given very positive feedback about the exhibition. We alsofelt very active participation and good interaction from the side of students. The only suggestionthat we received was the shortage of time. We promised to organize yet another scienceexhibition for two or more days next year which would take the students into the magic world ofscience. The teachers also congratulated and thanked the Science Club for organizing such an

exhibition with the support of KSCSTE, Govt. of Kerala which was really an inspiration for all ofus.

















INTER COLLIGIATE PHYSICS QUIZ COMPETITION &EDUCATION SEMINAR

PROF.T. VIJAYAKUMARI FOUNDATION AND DEPARTMENT OF PHYSICS, KSMDB COLLEGE, SASTHAMCOTTA

DATE	NUMBER OF STUDENTS PARTICIPATED
01-03-2019	150

Prof. T. Vijayakumary foundation, a memorial established by the family members of former Professor Late. Smt. T Vijayakumary organizes an intercollegiate Physics competition every year starting from 2015. Current year programme was on 01/03/2019. Dr. Premlet B, HOD of Department of Physics, TKM College of Engineering, and Kollam was the quiz master.a team comprising of 2 students from 20 colleges across different part of the state have participated in the programme. Students of TKM Arts and Science College won the first price and MG College Thiruvananthapuram won the second prize. A cash price of Rs5000/- and a trophy were for first prize winners, Rs 3000/- and trophy for second position and 2000/- and trophy for third prize winners were distributed by the Principal in Charge Dr. C. Unnikrishanan.



On 01/03 2019 an education seminar was organized in collaboration with Prof. T. Vijayakumary foundation for students from different colleges. Malayalam Writers Mr. Anilkumar and Vijayakumar were the resource persons













OBSERVATION OF WATER DAY-CLEANING THE		
	BANK OF SASTHAMCOTTA LAKE	
NSS Unit &NCC UNIT, KSMDB COLLEGE		
DATE	NUMBER OF STUDENTS PARTICIPATED	
22-03-2019	150	

As part of World Water Day, NSS and NCC unit jointly organized a rally and cleaning program. The rally started from the college and ended at Sasthamkota lake. All plastics dumped on the shores of the lake are collected and properly disposed of. An awareness class was also organized on water conservation.





WEALTH FROM WASTE		
COMMU	COMMUNITY BASED ACTIVITIES CLUB (CBAC) AND	
NSS UNIT, KSMDB COLLEGE, SASTHAMCOTTA		
DATE	NUMBER OF STUDENTS PARTICIPATED	
22/3/2019	87	

The activities of the club during the year 2018-19 was inaugurated by Dr. K Beena (Principal, KSMDB College, Sasthamcotta) at the General Seminar Hall on 22 March 2019 along with a Workshop on the topic "Wealth from Waste" in association with the NSS unit of our college. The programme began at 10:30 am with an invocation to the Almighty. Parvathi S, (Convener, CBAC) addressed the gathering with a warm welcome. It was followed by the inauguration and the Presidential address by the principal Dr. K Beena in which she stressed on the importance of extending community-based activities of the students. Sri. Dileep Kumar (ward member), Dr. Manju M (Member, CBAC), and Nandu Krishnan (student convener, CBAC) offered their felicitations. Miss. Divya MR, Tutor, Govt. Polytechnique College, Nattakom lead the workshop. Students from various departments and some people from Kunnathoor Panchayath actively participated in the workshop and they were taught to make various things like carry bags, carpets, and different types of curios from paper and waste materials. The workshop continued for two hours and ended with Dr. Athman A V proposing the vote of thanks.









PRE- MONSOON CLEANING	
NSS UNIT	
DATE	NUMBER OF STUDENTS PARTICIPATED
11/05/2019	180

NSS volunteers participated in pre monsoon cleaning of Sasthamcotta town on 11th May 2019. They removed the plastic wastes and cleaned the town. The active participation of the NSS volunteers creates interest in the young minds and the public to support the mission. The programme was successful as it could attain its aim in cleaning the areas and thereby state the importance of cleaning and prevention of pre-monsoon diseases.



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SASTHAMCOTTA TOWN CLEANING		
NCC UNIT, KSMDB COLLEGE, SASTHAMCOTTA AND		
SASTHAMCOTTA GRAMA PANCHYATH,		
DATE	NUMBER OF STUDENTS PARTICIPATED	
11/5/2019	43	

Sasthamcotta Town was cleaned on 11th May 2019 as part of the hygiene drive organized by the NCC unit of the college. The programme was inaugurated by sri. Anil Kumar, Circle Inspector of Sasthamcotta Police Station in the presence of sri. I. Noushad, President, Sasthamcotta Gramapanchayath Town ward member, ANO and health workers. 9 bags of plastics and other wastes were collected and treated properly. In association with the Excise department an awareness rally was conducted on December 9, 2019. NSS volunteers performed a street play on drug abuse among the youth. An anti-drug poster presentation and signature campaign was also conducted by the State Excise department.









EXTENSION ACTIVITIES-DEPARTMENT OF ENGLISH	
DATE	NUMBER OF STUDENTS PARTICIPATED
2019	10

The Department of English has been subscribing the newspaper Deccan Chronicle to Sasthamcotta Gramodharana Grandhashala, the village library and this has been beneficial to many educated people who do not normally have access to this prestigious daily. Also the Department has been conducting Communicative English classes for the students of HSS for girls Thevalakkara around the college. This extension activity has helped develop a taste for language for the students from the rural areas. The Department has decided to make these activities done on a regular basis. The Department has been conducting extra classes for PG students to enable them to fare well in their Comprehensive Examination Paper, which will also enable them to qualify UGC National Eligibility Test. Many students have benefitted from this coaching. Regular test papers are conducted to monitor the progress of the students, also one of the faculty member is deputed to coordinate the classes. The questions are designed in such a way that the coaching will enable them to qualify the Kerala State Eligibility Test (SET) also, the eligibility test for Higher Secondary School Teachers, as many of our students pursue B Ed Degree Course after their PG courses. This can be taken as a prep activity, enabling the graduates to get a job of their choice and contribute to the society.



REPORTS OF THE EVENT ORGANIZED 2017-2018



STUDY MATERIAL DISTRIBUTION	
NSS UNIT	
DATE	NUMBER OF STUDENTS
	PARTICIPATED
20/06/2017.	19

NSS units distributed study materials for the students in the pre-metric hostel for boys Sasthamcotta. Principal Dr.Mohan Kumar Inaugurated the Programe. The inmates of hostel belong to poor family background from the scheduled caste.









Our units give study materials for the students in the Pre metric hostel for boys, Sasthamcotta.



WORKSHOP ON EXPERIMENTAL PHYSICS		
DEPARTMENT OF PHYSICS		
DATE	NUMBER OF STUDENTS PARTICIPATED	
30/06/2017.	50	

As part of the outreach Programme, the department of Physics is regularly organizing a Workshop on Experimental Physics for the higher secondary students. The current year programme was scheduled on 30June 2017. 5 students each from 10 nearby schools have participated in this programme.10 experiments were arranged and demonstration is carried out by the students of 3rd sem and 5th sem B.Sc. Physics. The students were divided into 10 batches and each batch is entrusted with 3 students of the department to guide them through the different experimental setup arranged in the Physics Lab. Local hospitality is arranged by the department for the participants and the volunteers. Feedback is collected from the students at the end of the program.



PRINCIPAL
K.S.M.D.B COLLEGE
SASTHAMCOTTA

SASTHAMCOTTA TOWN CLEANING	
NSS	
DATE	NUMBER OF STUDENTS
	PARTICIPATED
01/07/2017.	200

NSS volunteers were participated in the Sasthamcotta town cleaning programme and campaigning on 01/07/2017. The unit cleans the town between intervals. It is one of the major projects done by the unit





PRINCIPAL K.S.M.D.B COLLEGE SASTHAMCOTTA

ELECTRIFICATION OF LIBRARY IN THE ADOPTED VILLAGE		
NSS UNIT		
DATE NUMBER OF STUDENTS PARTICIPATED		
3/08/2017.	45	

The NSS unit gives assistance to complete the electrification work of library which situated in the adopted village. This library is only one source of students for gaining knowledge. this is one of the major projects taken by the unit.









Sri. Kovoor Kunjumon M.L.A. inaugurates the completed electrification work of the library in the adopted village by our units.



FREEDOM FROM WASTE-AN AWARENESS		
RALLY		
NSS UNIT AND SASTHAMCOTTA GRAMA PANCHAYATH		
DATE	NUMBER OF STUDENTS PARTICIPATED	
4/08/2017	63	

NSS Unit of KSM DB College in association with Sasthamcotta block panchayathu conducted a rally on 04-08-2017 at sasthamcotta town to create an awareness among public about the importance of proper disposal of waste. Honoruble MLA Sri .Kovoor Kunjumon inaugurated the rally



CAMPUS CLEANING		
NSS UNIT		
DATE	NUMBER OF STUDENTS	
	PARTICIPATED	
11-08-2017	53	

NSS volunteers cleaned the campus on 11/08/2017 as part of the Clean Campus program.

They were divided into different groups and started working at 3 pm. NSS programme officers Prof.Athman AV and Prof.Vijaya lekshmi gave proper guidance for this cleaning drive.





PRINCIPAL K.S.M.D.B COLLEGE SASTHAMCOTTA

INDEPENDENCE DAY CELEBRATION-AWARENESS			
RALLY ABOUT FREE FROM WASTE			
NSS ,NCC UNI	NSS ,NCC UNIT AND SASTHAMCOTTA GRAMA PANCHAYATH		
DATE	NUMBER OF STUDENTS PARTICIPATED		
15-08-2017	112		

NSS AND NCC jointly celebrated the Independence Day. The principal Dr.K.Mohana Kumar hoisted the National flag at 8.30am .The principal delivered independence day message to all those who become a part of it. There was conducted a rally from college to Sasthamcotta town. Later a marathon was organized by 'Samagra Shuchitva Padhati' with the motto of 'Free from Waste' in association with Sasthamcotta Grama panchayath and NCC unit of KSMDB College. Later ward member Sri. Dileep imparted an oath to all cadets present in that function



LEGAL LITERACY CAMP-AWARENESS ON LEGAL KNOWLEDGE TO BOTH EDUCATED AND UNEDUCATED PEOPLE IN SASTHAMCOTTA

NSS UNIT & KUNNATHOOR TALUK LEGAL SERVICE COMMITTEE BAR ASSOCIATION

1100 0 011111011	
DATE	Number of students participated
16-08-2017	52

Legal literacy camp was one of our unit's mega projects aims to give awareness about legal knowledge to the people both educated and uneducated in Sasthamcotta. This project was completed with Kunnathoor taluk legal service committee bar association, Sasthamcotta and anti- ragging cell, KSM DB college, Sasthamcotta on 16/08/2017.



SURVEY AND AWARENESS PROGRAM ABOUT WASTE		
MANAGEMENT		
NCC UNIT &SASTHAMCOTTA GRAMAPANCHAYATH		
DATE NUMBER OF STUDENTS PARTICIPATED		
19-08-2017	60	

In association with Sasthamcotta gramapanchayath and NCC unit of KSMDB college, an awareness programme and medical survey was conducted on 19th August 2017.Health inspector Sunil Raj delivered an introductory speech raising the idea 'Free From Waste'.Later a class was conducted by junior Health inspector Mannom pillai about the importance of hygiene and biogas plant.AS a continuation of this, a medical survey was also conducted by covering almost every areas of Sasthamcotta.





PRINCIPAL K.S.M.D.B COLLEGE SASTHAMCOTTA

FOOD DISTRIBUTION TO SASTHAMCOTTA TALUK		
HOSPITAL		
NCC UNIT		
DATE	NUMBER OF STUDENTS PARTICIPATED	
AUGUST 2017 TO JANUARY 2018. 10		

The NCC Cadets actively took part in the food distribution programme for 200 people that was organised on every month on the eve of supporting poor sections of society.







PRINCIPAL K.S.M.D.B COLLEGE SASTHAMCOTTA





FINANCIAL AID FOR ALUMNI		
NSS UNIT		
DATE	NUMBER OF STUDENTS	
	PARTICIPATED	
26-08-2017	119	

The NSS unit had collected money for former student of our college Mr. Stalin Tatitus for his treatment and the financial aid was handed over to his father by programme officer prof. aathman. A.V on 26/08/2017.





ONAM CELEBRATION AND ONAM KIT DISTRIBUTION TO		
POOR PEOPLE FROM THE ADOPTED VILLAGE		
NSS UNIT		
DATE NUMBER OF STUDENTS PARTICIPATED		
30/08/2017	200	

NSS units conducted Onam celebration in a grand and traditional manner. As part of this celebration NSS unit distributed onam kits for the poor people from the adopted village on 30/08/2017



poor people in the adopted village.

Our units organised Onam celebrations in the campus and distribute Onakkits for the













SUPPORTING HANDS FOR NEEDED ONE-ONAM CELEBRATION		
NCC UNIT		
DATE	NUMBER OF STUDENTS PARTICIPATED	
31/08/2017	60	

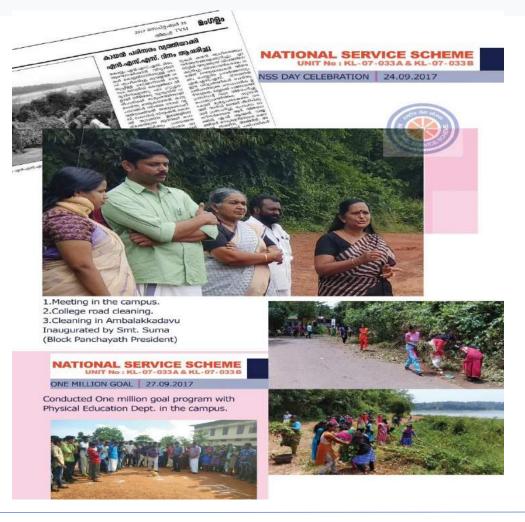


NCC Unit of KSMDB College turns to make a chain for supporting poor and even financially backward people in association with Sasthamcotta Gramapanchayath. As a part of it, NCC Officer, LT.Dr.T.Madhu, the members of Sasthamcotta Gramapanchayath as well as five NCC cadets visited those houses and distributed food and stationary items to them on 31st August 2017.



NSS DAY CELEBRATION-CLEANING THE PREMISES		
OF THE LAKE		
NCC UNIT		
DATE	NUMBER OF STUDENTS PARTICIPATED	
24/09/2017	200	

The NSS volunteers of KSMDB College, Sasthamcotta actively took part in the cleaning of the banks of Sasthamcotta fresh water lake as part of the NSS Day celebrations on 24/9/2017. They have also cleaned the road leading to the college as well as Ambalakkadavu as part of theprogramme. Smt. Suma, President, Block Panchayath inaugurated the events of the day.Leaflets were distributed to create awareness about the misuse of plastic and its dangers. The public road was cleared of debris and bushes. It was very useful for the pedestrians going to the police station, court and taluk office. NSS Program Officers Prof. Atman AV and Prof. Vijayalakshmi actively supported the students throughout the program and it was a great success.



SWACHHATA HI SEWA- THE IMPORTANCE OF		
CLEANLINESS		
NCC UNIT		
DATE	NUMBER OF STUDENTS PARTICIPATED	
24/09/2017	52	

As part of "Swachhata HI Sewa" a class was conducted on the topic "The importance of cleanliness" by NCC Unit. Health Inspector Mannom Pillai was the resource person. Three NCC Cadets Krishnapriya, Parvathy Babu, and Saranya delivered a speech on the topic Clean India, Public hygiene, Personal hygiene respectively.









Later there was a rally to Sasthamcotta Junction .



GANDHI JAYANTHY CELEBRATION-SURVEY AND CAMPAIGN ON HYGIENE IN ADOPTED VILLAGE

NSS UNIT

DATE	NUMBER OF STUDENTS PARTICIPATED
02/10/2017	102

The NSS unit celebrated Gandhi Jayanthi on 02/10/2017 with various programmes. survey and campaign on hygiene in adopted village and cleaning programme on adopted village were the major programmes of the units.



WORLD HEART DAY CELEBRATION	
NSS & PADMAVATHI MEDICAL FOUNDATION,	
SASTHAMCOTTA	
DATE	NUMBER OF STUDENTS PARTICIPATED
28/09/2017	37

The NSS units observed world heart day with Padmavathi Medical Foundation and conducted a rally in Sasthamcotta town and a seminar in the Padmavathi Hospital on 28/09/2017



JALASABHA-AWARENESS CLASS ABOUT THE IMPORTANCE OF FRESH WATER LAKE, SASTHAMCOTTA

NCC UNIT, NSS UNIT & SASTHAMCOTTA GRAMAPANCHAYATH

DATE	NUMBER OF STUDENTS PARTICIPATED
07/10/2017	59

Jalasabha is a programme organized by the Sasthamcotta Block Panchayath to save the feshwater lake and the water bodies on the banks of the Sasthamcotta lake. NSS volunteers, NCCcadets and several other students took part in the meeting. It was inaugurated by Sri KovoorKunjumon, MLA



Jalasabha is a programme conducted by Sasthamcotta Block Panchayath near Sasthamcotta Lake . Our volunteers and Program Officer Vijayalekshmi participated in the program. Event inaugurated by Sri. Kovoor Kunjumon MLA.



ANTI-DRUG AWARENESS PROGRAME	
NCC UNIT, & SASTHAMCOTTA GRAMAPANCHAYATH	
DATE	NUMBER OF STUDENTS
	PARTICIPATED
07/10/2017	60

The closing ceremony of anti-drug awareness programme was conducted on 7 October 2017. The programme was inaugurated by C.Ajoy, Kollam district information officer. This occasion witnessed a thought provoking skit based on the theme ''Anti-Drug Awareness''.





WORLD MENTAL HEALTH DAY NSS UNIT, & AASHRAYA, KALAYAPURAM	
DATE	NUMBER OF STUDENTS
	PARTICIPATED
10-10-2017	85

NSS volunteers attended the seminar conducted by Aashraya, Kalayapuram on 10/10/2017 world mental health day. They spend time with inmates there.





FOOD FEST-SWAAD NSS UNIT	
DATE	NUMBER OF STUDENTS
	PARTICIPATED
13-10-2017	183

NSS units conducted grand food fest named Swaad in the campu. Principal Dr. K. MohanaKumar inaugurated the fest on 13/10/2017. The aim of the programme was given awareness among the students on a healthy food culture.





Exhibition of Agricultural Equipments-Palathu	
NSS Unit and Malayalam Department	
Date Number of students participated	
01-11-2017	89

Department of Malayalam and NSS Unit of the college jointly organised an exhibition of the ancient agricultural tools, lamps and coin counting device etc. The exhibition was organised with the objective of raising the awareness of the socio-economic culture of the past generation of Kerala to the new generation of enthusiastic students. The programme was inaugurated by the Principal Dr. K. Mohana Kumar by lighting the traditional plantain husk lamp of Kerala. The exhibition reminded the viewers that the culture is a mixture of variety of components instituting it. The ancient radio, the cover that was in use to protect the husk of the bullock etc. All the items showed in the exhibition were collected by the students themselves from the armers without the mediation of agents. The exhibition was so attractive and informative.







NATIONAL SERVICE SCHEME UNIT No: KL-07-033A & KL-07-033B

EXHIBITION 01.11.2017





കെ,മോഹനകുമാർ ഡോ, റ്റി.എ.ഗീതാദേവി പിൻസിപ്പൂൻ അധുക്ഷ, ലേയാളവിഭാഗം

വിജയലക്ഷ്മി ആർ., ആത്മൻ എ.വി. എൻ.എസ്.എസ്. പ്രോഗ്രാം ഓഫീസേഴ്സ്









കാർഷികോപകരണ പ്രദർശനം നടത്തി



പഴമയുടെ പെരുമ വിളിച്ചറിയിച്ച് പുരാവസ്തുപ്രദർശനം

NATIONAL SERVICE SCHEME UNIT No: KL-07-033A & KL-07-033B

CAMPUS CLEANING 11.11.2017







KARUNYA PADDHATI-DONATION OF RS1000 TO	
AN OLD MAN FROM KOLLAM DISTRICT	
NCC UNIT	
DATE Number of students participated	
8-11-2017	

As a part of ''Karunya Paddhathi'' Rs1000 was given to an old man for his medical treatment on 8^{th} November 2017.



RAJAN DAS

CHARUVIL PUTHEN VEEDU,

KAIPILI MUKKU,KOLLAM

LEGAL LITERACY PROGRAME AND RALLY	
NSS & KUNNATHOORTALUK LEGAL SERVICE	
COMMITTEE BAR ASSOCIATION	
DATE	NUMBER OF STUDENTS
	PARTICIPATED
13/11/2017 &17-11-2017	274

NSS units conducted a legal awareness seminar and campaigning in the adopted village, the programme was organized with Kunnathoor Taluk Legal Services committee on 13/11/2017. NSS volunteers participated in legal awareness rally conducted in Sasthamcotta town on 17/11/2017.







NATIONAL SERVICE SCHEME

UNIT No: KL-07-033A & KL-07-033B

LEGAL AWARENESS PROGRAMME | 13.11.2017

not me, but you...

Our units conduct a Legel awareness seminar and Campaigning in the adopted village. The programme was organised with Kunnathur Taluk Legal Services Committee.





180 volunteers participated in Legal awareness rally conducted in Sasthamcotta town.



NATIONAL SERVICE SCHEME UNIT No: KL-07-033A & KL-07-033B

LEGAL AWARENESS RALLY 17.11.2017







BLOOD DONATION CAMP	
NCC UNIT ,KERALA STATE AIDS CONTROL SOCIETY AND KERALA STATE	
BLOOD TRANSFUSION COUNCIL	
DATE	NUMBER OF STUDENTS PARTICIPATED
25/11/2017	47

The NCC unit K.S.M.D.B.College conducted a Blood Donation Camp on 25th

November 2017 in association with Kerala State AIDS Control Society and Kerala State Blood Transfusion Council. The Commanding Officer of 8[k]Bn,Col.Lewellyn Nott;the NCC Officer,Lt.Dr.T.Madhu and cadets volunteerly donated blood on this occasion



SEMINAR ON PSYCHOSOCIAL COMPETENCE-IN CONNECTION WITH HIV AWARENESS CAMPAIGN NSS UNIT, RED RIBBON CLUB &KERALA STATE AIDS CONTROL SOCIETY DATE NUMBER OF STUDENTS PARTICIPATED 10-12-2017 152

Talk on Psychosocial competence-in connection with HIV awareness campaign was organized by red ribbon club in association with NSS Unit 0n 10th December 2017.Dr. N.D.Suma convener of Red Ribbon Club welcomed the chief guestDr. Neethu Suresh, and students to this prograame. The class was lead by Dr. Neethu Suresh, Junior Consultant psychiatrist Govt Taluk Hospital Karunagappally. She explained the students to the basic understanding on HIV /AIDS epidemiology, transmission, risk factors and clinical manifestation. Lecture was highly inspiring and everlasting.50 students participated in this programme.



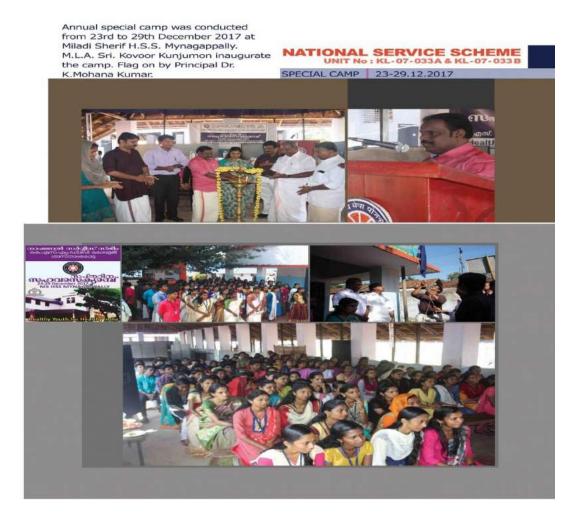


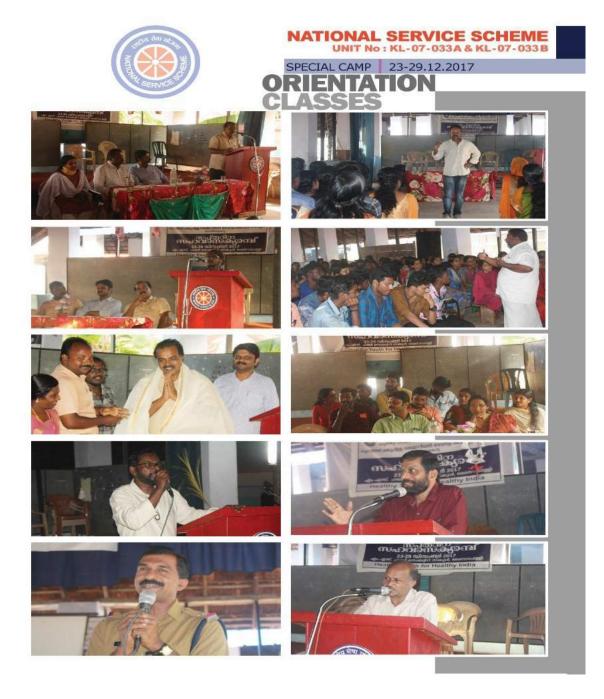




SPECIAL CAMP NSS UNIT	
DATE	NUMBER OF STUDENTS PARTICIPATED
23/12/2017 TO 29/12/2017	100

The annual seven-day camp of NSS units of KSMDBC, Sasthamcotta was held at Milad –e-Sherif Higher Secondary School, Mynagappalli. The camp was organized with the aim of creating a socially conscious youth with the motto of Healthy Youth for National Progress. The seven day camp included classes and seminars to help volunteers increase knowledge and create social awareness. As a part of the camp, programmes were organized to promote environmental awareness and public relations. Artistic performances played an important role in the camp.









PRINCIPAL
K.S.M.D.B COLLEGE
SASTHAMCOTTA



NATIONAL SERVICE SCHEME UNIT No: KL-07-033A & KL-07-033B

SPECIAL CAMP 23-29.12.2017



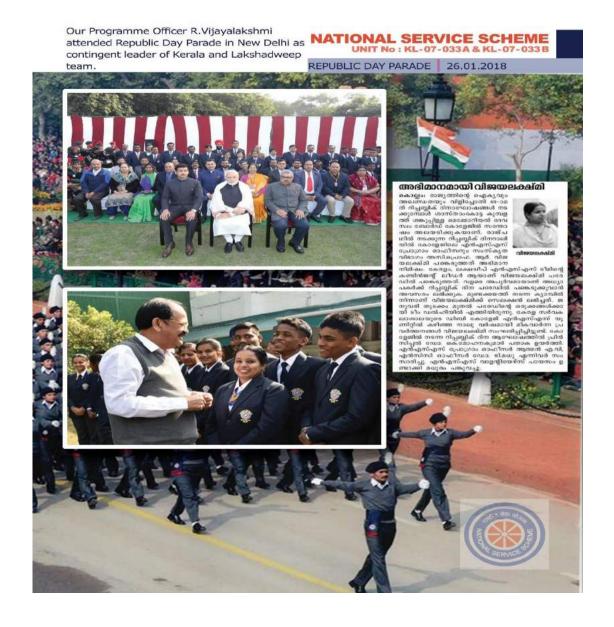






PARTICIPATION IN REPUBLIC DAY PARADE IN DELHI	
NSS UNIT	
DATE	NUMBER OF STUDENTS PARTICIPATED

The teachers of this college also provide leadership and inspiring models for motivating girl students, as in the case of NSS programme officer R Vijayalekshmi, Assistant Professor, Department of Sanskrit who participated as contingent leader in Republic Day Parade camp, New Delhi from 1 to 31 January 2018.



KARUNYAM PADHATI-FINANCIAL AID TO	
ECONOMICALLY BACKWARD STUDENTS	
NCC	
DATE	Number of students participated
07/02/2018	10

NCC unit organized a function for the distribution of financial aid to three economically backward and academically brilliant students including one cadet on 07/02/2018







WATER QUALITY ANALYSIS OF SASTHAMCOTTA		
LAKE AND WELL WATER SAMPLES OF PANCHAYATH		
DEPARTMENT OF BOTANY		
Date NUMBER OF STUDENTS PARTICIPATED		
11/2/2018	9	

Department of botany analysed the water quality of Sasthamcotta lake under the supervision of Ms.Lekshmy Sreekumar. Eight students from the department of botany participated in thwe study, conducted on 11-02-2018. Samples from different localities of Sasthamkotta Panchayath and different parts of the lake were analyzed for coliform bacteria. Altogether twenty samples were analyzed for preliminary screening. The result indicated that the water tested was contaminated highly with faecal materials. Water pollution caused by fecal contamination is a serious problem due to the potential for contracting diseases from pathogens. The presence of pathogens is determined with indirect evidence by testing for an "indicator" organism such as coliform bacteria. Coliforms are easy to identify, are usually present in larger numbers. As a result, testing for coliform bacteria can be a reasonable indication of whether other pathogenic bacteria are present. Thus, the public people around the locality were advised to take proper measures to solve the coliform problem. It can sometimes be solved with relatively simple actions like chlorination, boiling, and adding disinfectants. Thus awareness programs were conducted to revive the quality of Sasthamcotta Lake.



HUMAN RESOURCE DEVELOPMENT PROGRAME IN	
ADOPTED VILLAGE	
NSS	
DATE	NUMBER OF STUDENTS
PARTICIPATED	
14/2/2018 to16/2/2018	<u>106</u>

NSS Unit organized a human resource development programme in association with Coir board for SC people in the adopted village from 14-02 -2018 to 16-02-2018. The Programme was inaugurated by Sri.Kovoor Kunjumon MLA. It includes technical sessions for self-employment and one day medical camp.



SELF DEFENSE TRAINING FOR GIRL STUDENTS CENTRE FOR WOMEN'S STUDIES, KSM DB COLLEGE & KERALA POLICE, SASTHANKOTTA STATION

2-11-19-1	
DATE	NUMBER OF STUDENTS PARTICIPATED
14-02-2018 to 16-02- 2018	147

One of the most remarkable programmes Organised by Centre for Women Studies was the Self Defence Training Program for Girl Students in Association with Kerala Police, Sasthankotta station. the program was conducted on 14th to 16th February 2018. The programme was inaugurated by Mr Sini Dennis DYSP, Crime Branch, Kollam on 14th February 2018. The technical support for the program was provided by Mr Kunjumon, Additional SI Sasthamcota police station. The programme was really an eye-opener and need of the hour. Girl Students were actively participated in the three-day training program and worth for them.













SASTHAMCOTTA TOWN CLEANING	
NSS UNIT	
Date NUMBER OF STUDENTS PARTICIPATED	
05/03/2018	<u>77</u>

Our volunteers clean Sasthamcotta town area after the temple's festival. It was very urgent the town. Volunteers made a good job for this. They came 7.30 morning and complete the work on 9.30. All the people appreciate them TOWN CLEANING AFTER UTSAVAM 05.03.2018 for their social commitment.









INTERCOLLEGIATE PHYSICS QUIZ COMPETITION		
AND EDUCATION SEMINAR		
NSS UNIT		
Date	NUMBER OF STUDENTS PARTICIPATED	
15-03-2018	<u>152</u>	

Prof. T. Vijayakumari foundation, a memorial established by the family members of former Professor Late. Smt. T Vijayakumari organizes an intercollegiate Physics competition every year starting from 2015. Current year programme was on 15/03/2018. Dr. Premlet B, HOD of Department of Physics, TKM College of Engineering, Kollam was the quiz master. A team comprising of 2 students from 13 colleges across different part of the state have participated in the programme. Students of Mahatma Gandhi College, Thiruvananthapuram won the first price, S.N.College Punalur won the second prize and TKM College Kollam won third prize. A cash price of Rs5000/-and a trophy for first prize winners, Rs 3000/-and trophy for second position and 2000/- and trophy for third prize winners were distributed by the Principal Dr.K.Mohanakumar.

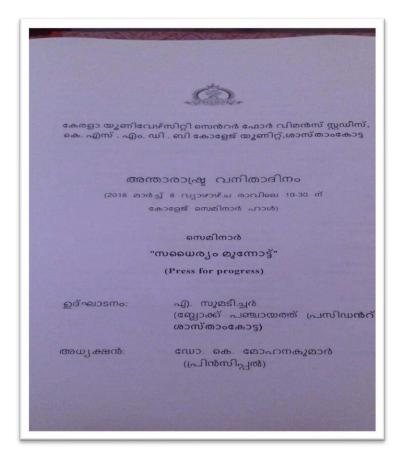
On 15/03/2018, an education seminar was organized in collaboration with Prof. T. Vijayakumary foundation for students from different colleges. Dr.C.Unnikrishnan (Member of Kerala Sahithya Academy and also a faculty of our college), Prof.A. Mohanakumar, Prof.K.R.Sankaranarayanan, Dr.Girijakumari.S, Dr.B.Beena and Mr.J.P.Jayalal were the resource persons. Mr.V.Vijayakumar (Secretary of Taluk Library Council, Karunagappally) was the moderator





INTERNATIONAL WOMEN'S DAY CELEBRATION CENTRE FOR WOMEN'S STUDIES& SASTHAMCOTTA GRAMA		
PANCHAYATH		
DATE	NUMBER OF STUDENTS PARTICIPATED	
20-03-2018	158	

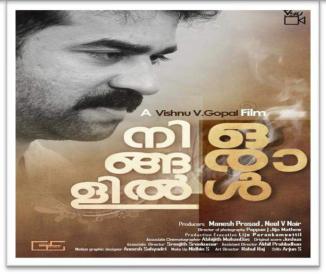
On March 8 2018, International Women's Day was celebrated in the college with the slogan Press for Progress. The seminar was inaugurated by Smt. A Suma Block Panchayat President, Sasthamcotta. Mr P K Sanu Assistant Excise Commissioner, Kollam inaugurate the function and lead the class on Vigilance of campus against drugs. After that short film describing the ill effects of drug abuse was screened to make the students aware of drug abuse











Short Film Show-Ningalil oral

WORLD WATER DAY -AWARENESS CLASS ON 'WATER			
RESOURCES PRESERVATION"			
NCC UNIT			
DATE	NUMBER OF STUDENTS PARTICIPATED		
22-03 -2018	<u>45</u>		

World Water Day is an annual observance day on 22 March to highlight the importance of freshwater. It is also used to advocate for the sustainable management of freshwater resources. In order to fulfil this day, the NCC Unit of KSMDB College organized an awareness class on "Water resources Preservation" in association with Sasthamcotta Gramapanchayath. Panchayath president Sankarapillai inaugurated the event of cleaning the surroundings of Sasthamcotta Lake.



ROAD SAFETY AWARENESS PROGRAMME			
NCC UNIT			
DATE NUMBER OF STUDENTS			
	PARTICIPATED		
28-04 -2018	<u>45</u>		

NCC unit organized Road safety awareness programme on 28-04-2018 Saturday. Road safety banners and placards were used by the NCC Cadets in the rally. Classes regarding road safety measures were taken up by Lt. Dr. T Madhu. As a helpful hand for the society, messages regarding the subject were given.





SURVEY ON THE CLEANLINESS AND AWARENESS		
CAMPAIGN ON PRE- RAINY SEASON		
NSS		
DATE	NUMBER OF STUDENTS PARTICIPATED	
22/05/2018 &24/05/2018 97		

Volunteers conducted a survey on 22/05/2018 to know about the cleanliness in adopted village. Through this programme volunteers identified the waste disposal and other problems in this village area. Awareness campaign on pre- rainy season was conducted on 24/05/2018 in the adopted village. Notices from health department were distributed among the people and volunteers gave them precautionary instructions.





SURVEY IN ADOPTED VILLAGE, 22/05/2018









AWARENESS PRE- RAINY SEASON, 24/05/2018

DEPARTMENT OF ENGLISH, KSMDB COLLEGE, SASTHAMCOTTA

21221212001212				
DATE	NUMBER OF STUDENTS PARTICIPATED			
2017-2018				

The Department has been conducting Communicative English classes for the students of various schools around the college. This extension activity has helped develop a taste for language for the students from the rural areas. The Department has been subscribing the newspaper Deccan Chronicle to Sasthamcotta Gramodharana Grandhashala, the village library and this has been beneficial to many educated people who do not normally have access to this prestigious daily. The Department has been conducting extra classes for PG students to enable them to fare well in their Comprehensive Examination Paper, which will also enable them to qualify UGC National Eligibility Test. Many students have benefitted from this coaching. Regular test papers are conducted to monitor the progress of the students, also one of the faculty member is deputed to coordinate the classes. The questions are designed in such a way that the coaching will enable them to qualify the Kerala State Eligibility Test (SET) also, the eligibility test for Higher Secondary School Teachers, as many of our students pursue B Ed Degree Course after their PG courses. This can be taken as a prep activity, enabling the graduates to get a job of their choice and contribute to the society. The students of the department, have conducted yoga classes to help both the students and staff maintain good mental health.



REPORT OF THE EVENT ORGANIZED 2016-2017





52

04-06-2016

ENVIRONMENT DAY CELEBRATION-SASTHAMCOTTA PANCHAYAT OFFICE PREMISES CLEANING AND PLANTING OF SAPLINGS NEAR THE HOUSES NEAR THE COLLEGE NCC UNIT DATE NUMBER OF STUDENTS PARTICIPATED

NCC Unit of DB College organized a cleaning campaign on 4th June 2016 on behalf of World Environment Day. The College principal, Dr. Latheesh inaugurated this programme. NCC Cadets cleaned the premises of Sasthamcotta Panchayath Office and collected 1500 empty pen cases within three days that is thrown away by students in the college premises



NCC organized a campaign for reducing several epidemics. Nearby colonies were cleaned by NCC unit and a number of members from the college gave their special attention to this campaign. The Cadets also planted trees in **42 houses at Sasthamcotta**. This programme was inaugurated by Dr.Latheesh, the principal of D B College by planting trees. NCC Officer Lt.Dr.T.Madhu, Dr.Santhosh, Vijayalekshmi also participated in the event and planted trees.Anti- drug Awareness

ANTI- DRUG AWARENESS			
	NCC UNIT		
DATE	NUMBER OF STUDENTS PARTICIPATED		
06-06-2016	44		

NCC unit Anti-Drugs conducted an Anti-drug awareness programme on 6th June 2016at DB College Sasthamcotta in association with kerala state Anti-drugs committee, kerala state excise division. Shri.P.Babukuttan, the Excise division district officer and the college NCC officer, Lt.Dr.T.Madhu were also honoured in this function. Excise Circle Inspector Sri.B.Suresh arranged an awareness class on Anti-drugs with the discussion of preventing the use of drugs among youth.



INDEPENDENCE DAY CELEBRATION		
NCC UNIT&NSS UNIT		
DATE	NUMBER OF STUDENTS PARTICIPATED	
15-08-2016	200	

The NSS and NCC unit celebrated the Independence Day on 15/08/2016, by flag hosting. The celebration was inaugurated by the college Principal, Dr. D Latheesh. The units conducted a rally from the college to the Sasthamcottajunction. In the afternoon session Programme Officer R.Vijayalekshmi had delivered an awareness class to the first year volunteers.





KARUNYAM PADDHATI-KARUNYA FUND RAISING AND DISTRIBUTION		
NCC		
DATE	NUMBER OF STUDENTS PARTICIPATED	
17/08/2016	44	

The NCC Unit of KSMDB College initiated a mission named "Karunyam paddhati" for helping the poor sections of society especially economically backward students and patients. For this, the Unit collect money from NCC cadets, Teachers, College students and public at needed time and finally the unit distributed it to the deserved one.

1. Anmeriya

Chamavilathekkethil, Manakkara, Sasthamcotta

5000 Rs.

2. Kuttappan

Ellumvila Thekkethil, Kadappa, Mynagappally

5000 Rs.

3. Vineesh

Vineesh Vilasam, Ambedkar colony, Kadakkal, Kollam

3000Rs

4. Dineasn,

Chirayil veedu, Kannanalloor, Kollam

10000Rs

On 17th August 2016, NCC unit distributed the Karunya fund gathered by the NCC Cadets of D B College. NCC cadets raised the fund by collecting money from nearby houses and shops. It was raised in order to provide financial help to patients and other people from the poor sections of society. NCC unit selected 12 patients suffering from cancer. Each of the patients was given 5000Rs. The distribution function was inaugurated by Honble M.P.Adv.K.Somaprasad. NCC Officer, Lt.Dr.T.Madhu delivered the welcome speech. Prof.Arun Kumar (Dept of Physical Education), Dr. R.SushilKumar (IQAC Convenor), Dr.V.Jayasree (Council Secretary), Dr.R.S.Narikumar (PTA Secretary) were also present in this function.

1	Anu R	Anu Bhavananam,	2	Naishn	Chunakkadu
		Kattikkadavu, Adinadu.		a	vayal,Puthen
					sanketham,Thevalakkar
					a.
3	Maniyamma	MeenuBhavana, Punnakkadu,Sasthamcotta	4	Amar	Valiya madathil,
	1			Nadh	Sasthamcotta.
5	Leelamani	mangalathukadavu, Arinallor,Thevalakkara	6	Revath	Kumbazhathara
				у	Kizhakkathil,Mynagapal
					ly.
7	Vasudevan	Chudukattil, Vadakkethil, Vadakkumbhagam, ch	8	Sivan	Sivabhavanam,
	pillai	avara		R	Manakkara,Sasthamcott
					a.
9	Ramadevi	Valiya	1	Deep P	Vadakke Puliyarayil
		poovanpallil,Edavansseri,Kunnathoor,mynagap	0	M	Puthen Sanketham,
		ally.			Thevalakkara.
1	Ramani	Pallickal veedu,	1	Shamee	Nilakkal Kizhakkathil,
1	Amma	chammakkadu,kollam.	2	r	Pallisserickal,sasthamco
1					tta



DISTRIBUTION OF ONAM KIT TO PEOPLE IN		
ADOPTED VILLAGE		
NSS		
DATE	NUMBER OF STUDENTS PARTICIPATED	
09/09/2016	<u>152</u>	

The NSS units had hosted the Onam celebration in the college on 09/09/2016. Dr. K. Prakash, State Liaison Officer, National Service Scheme had inaugurated the celebration. In the afternoon, as part of the celebration, units distributed Onam kit to the 15 families selected from the adopted community in the Kunnumpuram of the Sasthamcotta Grama Panchayat. The programme was inaugurated by Dr.R.Arunkumar, Senate member, University of Kerala. Town ward member Sri Dileepkumar was the chief guest. Dr. K. Santhosh, Associate Professor, Department of Sanskrit gave the felicitation. Volunteers from both units participated in the programme.



WORLD HEART DAY-AWARENESS RALLY		
NSS&PADMAVATHIMEDICALFOUNDATION, ASTHAMCOTTA		
DATE	NUMBER OF STUDENTS PARTICIPATED	
29/09/2016	100	

The NSS units observed the Heart Day with Padmavathi Medical Foundation on 29/09/2016. The rally was flagged on by Sri. Vinod, Sub Inspector of Police, Sasthamcotta. The programmes were chaired by Dr. G. Sumithran. Heart Day function was inaugurated by Smt. Suma, President, Block Panchayat. Life style diseases and their impact in family is the main subject.



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GANDHIJAYANTHIVARAKHOSHAM		
NSS UNIT&EXCISE RANGE OFFICE, SASTHAMCOTTA		
DATE	NUMBER OF STUDENTS PARTICIPATED	
5/10/2016	<u>150</u>	

The NSS units celebrated Gandhi Jayanthi with various programmes on 2/10/2016. The celebration was inaugurated by college Principal, Dr.D.Latheesh. The units conducted a rally from the college to Sasthamcotta junction. In correlation with the programme the units had conducted a quiz programme for students of the college. Various departments participated in the quiz programme and department of Malayalam won the first place. The cultural events were inaugurated by Dr. K. Prakash, NSS State Liaison Officer and he also delivered a speech about the importance of Gandhiyan Concepts in the present scenario.





GANDHI JAYANTHI CELEBRATION-LAHARIVIRUDHA KAVI SAMMELANAM

NSS Unit & Excise Range Office, Sasthamcotta

Date	Number of students participated
5/10/2016	130

The programme was conducted by Excise Range Office, Sasthamcotta with NSS units DB College related to 'GandhijayanthiVarakhosham' on 05/10/16. A convention of Malayalam poets was also conducted on the same day. Vijayalekshmi.R, NSS. Programme Officer welcomed the chief guest. The programme is a campaign against drugs and alcohol. The convention was inaugurated by Sri. InchakkaduBalachandran, famous Malayalam poet.





GROW BAG MAKING	
NSS UNIT & EXCISE RANGE OFFICE, SASTHAMCOTTA	
DATE	NUMBER OF STUDENTS PARTICIPATED
08-10-2016	150

NSS unit had conducted a skill development programme for the volunteers on 8/10/2016. Grow bag making from the flex is the idea provided by the trainers. Mr.Fariz Choppadan and Vineesh were the trainers. The faculties from various department participated in the programme.



ENERGY CONSERVATION PROGRAME NSS UNIT & EXCISE RANGE OFFICE, SASTAMCOTTA	
DATE NUMBER OF STUDENTS PARTICIPATED	
09-11-2016	<u>150</u>

NSS Unit conducted energy conservation class on 19/11/2016. The programme was inaugurated by Mr. Mohan, Executive Engineer, KSEB, Karunagapally. The class was taken by Mr.Omanakuttan, AE, KSEB, Sasthamcotta. Volunteers got awareness about the conservation of energy. They shared their doubts and vision about the energy conservation.







BLOOD DONATION PROGRAMME	
NCC UNIT & PADMAVATHI HOSPITAL, SASTHAMCOTTA	
DATE	NUMBER OF STUDENTS PARTICIPATED
24-11-2016	<u>12</u>

NCC unit in association with Padmavathi hospital, Sasthamcotta held a Blood Donation Camp and The cadets wilfully donated blood on $24^{\rm th}$ November 2016 .





AGRICULTURE-CULTIVATION OF CROPS	
NSS UNIT	
DATE NUMBER OF STUDENTS PARTICIPATED	
5/12/2016	113

NSS units had eagerly participated in agricultural activities. It was done by the 50 selected volunteers of the units. The aim of the programme was to understand farming and agriculture. To grow our own fruits and vegetables in the college were the aim of the programme. National Service Scheme of our college decided to do farming as part of our programme. With the help of Agriculture Office, Sasthamcotta we could achieve the aim. The programme was inaugurated by Principal K. Mohanakumar on 05/12/2016.





SASTHAMCOTTA TOWN CLEANING PROGRAMME NCC UNIT	
DATE	NUMBER OF STUDENTS PARTICIPATED
08/12/2016	44

NCC Unit conducted a cleaning programme at Sasthamcotta water authority office on 8th December 2016. The cadets were interested in cleaning the surroundings of water authority situated at Sasthamcotta and removing plastics from there. The programme was an inspiration to the upcoming generation because of its eco-friendly nature.



BLOOD DONATION PROGRAME NSS UNIT & DISTRICT HOSPITAL, KOLLAM	
Date	NUMBER OF STUDENTS PARTICIPATED
16/12/2016	45

The NSS units had conducted a blood donation camp on 16/12/2016, with the cooperation of District hospital, Kollam. Students from various departments participated in the camp.





VISIT TO MANOVIKAS-A SPECIAL SCHOOL FOR MENTALLY DISABLED NCC UNIT Date NUMBER OF STUDENTS PARTICIPATED 07/01/2017 40

NCC cadets participated in the one-day camp at Manovikas (Special School for Mentally Disabled) on 7th January 2017 under the responsibility of Alimco Banglore and VRC, Thiruvananthapuaram. The Cadets being socially committed human beings could easily identify and provide relief to the problems of inmates. The chairman of Alimco group, Dr.Alex inaugurated this event and spoke on the importance of getting mentally challenged people to the main stream society.





SASTHAMCOTTA TOWN CLEANING AFTER SREE SASTHA TEMPLE FESTIVAL **NCC UNIT** Date NUMBER OF STUDENTS PARTICIPATED 25/03/2017 132

NSS unit conducted a cleaning drive at Sasthamcotta junction day after temple festival i.e.,25/03/2017. The surroundings of temple and Sasthamoctta junction were polluted by different type of wastes like papers, plastic bottles and covers. They collected all the waste and disposed them in proper manner. They cleaned about 500 meters of road inside the temple to Sasthamcotta junction.



ഉത്സവംകഴിഞ്ഞ് കാണികൾ മടങ്ങി ശാസ്താംകോട്ടയെ ശുചീകരിച്ച് വിദ്യാർഥിക്കൂട്ടായു

രാനുക്കോട്ട ഉത്താക്കിലെ വാസ്ത്രാക്കാളയ മാരിനുമുണ്ടാരെ വിദ്യാർവിക്കാ മാളകയായി. പാലം മുട്ടോരായാണ് കുട്ടിക്കാ സേവസ്യ വർത്തന്തിരായി സമയം കാലത്തിയൻ ഡി.ബി. കോട്ടേതിലെ സംബാസർ സർവീസ് സ്റ്റീം പ്രവർത്തക

കോട്ടല്ല് സഷാത് താൻ ന്റെ പ്രവിന്തര തൻ ശാര്യക്ഷെട്ട ടണ്ണിൽ വുക്കുട്ട മാല്ന് അത പൂർത്തായി നിരേഷവള് തുടിക്കിട്ടത്. തിര ഉദ്യ നടന്ന കൈത്രാത്തായിലൻ ലോക്കുകളെ നട കുമ്പരായിലുന്നു. എന്നുറു പ്രവര്യിക്ക് പുടിക്ക്, കാനുകാ, പ്രേപ്പി യുടൽ നിര്യത്തിൽ ക്യൂര്യത് പുറിക്ക് പുടിക്ക് ചെല്ലെ വര്യത്തിലുന്നു. അവുക്കെ വുടിക്കുക് ഒക്കോയിരുന്നു. അവുത്തി ഇവതെല്ലാം ഒരുക് തോകത്തിയാല് എത്തുതെത്തിലാർ നിക്കം വ

മുന്നത് അന്താരുവുടയാടുന്നു. തുടത്ന് അത തോളം വരുന്ന വിരുത്തിനാം കാല്രത്താര് വിരുത്ത എന്നത്ത് രായിത്യാരായത്ത തുടത്ത് കേരുത്തിന്റെ ഇൻവാം മുത്ത് പിൽറ്റർ പറ്റ ന് തൽക്ക് വരായുള്ള 100 മിൽ വേരാത്ത ഉത്ത ന് തൽക്ക് വരായുള്ള 100 മിൽ വേരാത്ത ന് വെരുത്തുള്ള വരായില് നിൽതാർത്ത വെ യു. വിവിധ സംവത്തുവർൽത്ത്ത് താത്തിര സംവത്തു വരുത്ത വെരുത്തത്തെക്ക് തുടുക്കായുടെയും വരുത്താ

unitoni wilywowani wantajai



AWARENESS PROGRAMME ABOUT LIFE STYLE DISEASES

NCC UNIT, KSMDB COLLEGE, SASTHAMCOTTA &TALUK HOSPITAL SASTHAMCOTTA

Date	NUMBER OF STUDENTS PARTICIPATED
27-03-2017	50

In association with the Taluk hospital Sasthamcotta NCC Unit conducted an awareness programme and rally on 27th March 2017.The Presidential address was delievered by the Block Panchayat President Smt.Suma. The awareness class about Life Style Diseases was taken by the Spt. of sasthamcotta hospital.







SNEHASPARSHAM-MID-DAY MEAL PROGRAMME	
NSS	
DATE	NUMBER OF STUDENTS PARTICIPATED
13/04/2017	<u>20</u>

NSS units visited Badhanya Bhavan Orphanage as part of the Snehasparsham programme. Students shared time with the inmates and supplied food for them. They also helped them in making food. Volunteers made the event a memorable one for the orphan souls.





DISTRIBUTION OF STUDY MATERIALS TO STUDENTSOF J.M.H.S.S, BHARANIKAVU AND L.P.S, **PALLISSERIKKAL**

NCC UNIT, KSMDB COLLEGE

Date	NUMBER OF STUDENTS PARTICIPATED
19-06-2016	43

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NNCC Unit of DB College distributed study material to the students of J.M.H.S.S, Bharanikavu and L.P.S, Pallisserikkal on reading day 2016. Study materials were given to the selected 100 cadets of these schools. NCC Officer Lt. Dr. T.Madhu, Dr.Jayasree(Dept of Physics), Prof. R Arun Kumar(Dept of Physical Education) distributed study materials to the students.





SAHAPAADIKKORU VEEDU 2017- HOME FOR FELLOW STUDENT FOUNDATION STONE LAYING CEREMONY

NSS UNIT

DATE	NUMBER OF STUDENTS PARTICIPATED
17-04-2017	40

The NSS Unit of KSMDB College, Sasthamcotta in collaboration with the Devaswom Board decided to build a home for an NSS volunteer under the leadership of Program officer Prof. Vijayalekshmi R. The Volunteers visited the home and prepared a plan for the new one. They submitted the plan to the Devaswom Board and started work in April 2017 with the financial assistance of the Board.









Construction of the house -Different stages