



2nd Annual Health Conclave of South First

Dakshin Health Summit 2025
in Association with Neoethical Professionals Association

9 November
2025

AIG Hospitals,
Hyderabad

Organised by



S O U T H
F I R S T

The other half of the India story

Conclave Brochure

Theme

Bridging Knowledge and
Care in Dermatology



For registration [click here](#)





Organiser's Note

Dear all,

It is our privilege to welcome you to the 2nd Annual Health Conclave of South First-Dakshin Health Summit 2025, with this year's theme, "Bridging Knowledge and Care in Dermatology."

At The South First, health has always been one of our most trusted and widely read verticals. Over the years, our readers have come to rely on us for credible, evidence-based health journalism that puts people before publicity. Dakshin Health Summit 2025 is a natural extension of that trust - our way of moving the conversation beyond the screen and into meaningful dialogue among professionals, policy-makers, and practitioners.

When we first envisioned Dakshin Health Summit, our goal was simple - to make this an annual platform that addresses pressing issues in medicine with honesty and depth. This year, as dermatology takes centre stage, the need for such a discussion feels more urgent than ever. The field is witnessing explosive growth, but also concerning trends - from the casualisation of procedures to the growing misuse of steroids and the entry of unqualified practitioners, even from unrelated fields. It is time to pause, reflect, and reclaim dermatology as a science rooted in ethics and care.

This conclave will bring together some of the most respected voices in skin, hair, and aesthetic medicine to share insights, debate challenges, and build bridges between innovation and integrity.

A special note of gratitude to Dr Rajetha Damisetty, our Organising Chairperson, whose commitment, vision, and tireless efforts have helped us shape this summit into a meaningful and memorable gathering.

This summit would not have taken shape without the unwavering efforts of my colleagues at The South First.

Sumit Jha, whose deep commitment to health reporting and meticulous coverage of medical issues have consistently upheld the integrity of our work, has been instrumental in shaping both our health vertical and this event. His dedication reflects the core values that define our platform.

Our Editor, Anusha Ravi Sood, continues to navigate South First with sincerity and vision, ensuring that stories from the South are told with authenticity and depth. Her leadership has been invaluable in strengthening the foundation on which initiatives like this are built.

And, more importantly, our Founder & CEO, Vasu Gandikota, whose clarity of purpose and steadfast intent guide every step we take. He has been the driving force behind our mission. His belief in what needs to be done - and his conviction in why it must be done - have given this summit its direction and spirit.

We hope Dakshin Health Summit 2025 sparks not just discussion but direction-towards safer, more ethical, and more compassionate dermatological care for all. Your presence will add purpose to our effort.

Warm regards,
Chetana R Belagere
Editor, Health
The South First





||| Welcome Note |||

Dear colleagues from the dermatology fraternity,

I am delighted to welcome you all to Dakshin Health Summit 2025: Bridging Knowledge and Care in Dermatology. At a time when there is an epidemic of conferences, this is a unique conclave meant to provide a platform to dermatologists to not just discuss topics that affect their patients but to transmit key messages to the general public.

This congress is going to be focused on the trends and tribulations that dermatologists and people with skin and hair concerns are faced with, ranging from quackery and abuse of steroid containing creams to anti-aging procedures, skin care and hair loss. The ultimate goal is to create a connect between the fraternity and the public and help dermatologists find the scientifically accurate terminology to decode evidence-based dermatology for their patients.

The model the organizing committee has chosen, after much deliberation, is a series of in depth panel discussions with plenty of time allotted to delegate interaction, to encourage exhaustive coverage of the chosen topics.

I extend my profound gratitude to Padma Vibhushan, Dr D Nageshwar Reddy and the team at Asian Institute of Gastroenterology, Gachibowli for being our venue partners and to all the panelists and moderators for giving us their valuable time. Many faculty members will be travelling thousands of kilometers and spending time away from their homes. I place on record my deepest appreciation for their commitment.

I am truly grateful to Neo-ethical professionals' association and its subsidiary, Indian dermatologists and doctors against quackery (IDDAQ) represented by their general secretary, Dr Amarendra Pandey, for collaborating with us. And to the enthusiastic team at South First for their dedicated efforts, particularly Mr Vasu Gandikota for giving me a free hand in planning the conference and Ms Chetana Balagere and Mr Sumit Jha for their endless patience and putting up with the vagaries of my schedule.

I look forward to meeting old friends and like-minded dermatologists on the 9th of November, 2025 for a day of camaraderie and knowledge and encourage each one of you reading this to register and spread the word. Together, let us celebrate science, learning, and the spirit of dermatology. Wishing you a memorable and meaningful conference experience.

Rajetha Damisetty, MD (Dermatology),
Organising Chairperson





Words of Encouragement from Dr DBN Murthy

"The future of dermatology depends on our collective commitment to ethical practice and patient welfare. I extend my heartfelt blessings to Dakshin Health Summit 2025 - a much-needed platform for honest dialogue and transformative change in our field."

Dr DBN Murthy

Senior Consultant Dermatologist
Doctor DBN Dermatology and Aesthetic Centre
Jubilee Hills, Hyderabad



Guidance from Dr Anchala Parthasaradhi

"In an era where dermatology faces both unprecedented growth and ethical challenges, platforms like Dakshin Health Summit are essential. I wholeheartedly bless this endeavor to unite our fraternity in the pursuit of scientific excellence and patient-centered care."

Dr Anchala Parthasaradhi

Senior Dermatologist
Dr. Anchala Skin Institute & Research Center
Hyderabad

Organising committee

Dakshin Health Summit



Dr Rajetha Damisetty
Organising Chairperson



Vasu Gandikota
CEO, The South First



Dr. P. Madhavi Reddy
Organising Secretary



Dr. Nazia Nousheen Siddiqua
Organising Secretary



Dr Amarendra Pandey
Organising Secretary



Anusha Ravi Sood
Editor, The South First



Chetana Belagere
Editor, Health, The South First



TS Ravi Kiran
VP, The South First



Nolan Pinto
Deputy Editor, The South First



Sumit Jha
Correspondent, The South First



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Reporter, The South First



Dr. Aishwarya Kalathil
Organising Committee Member



Dr. Supriya Reddy
Organising Committee Member



Dr. V. Sushitha
Organising Committee Member



Dr Tejal M
Organising Committee Member



Dr Amareshwar Bilakanti
Organising Committee Member

Conference Highlights

Dakshin Health Summit 2025



Participation of over 250 healthcare professionals in the field of dermatology and aesthetics.



Be part of insightful discussions and interaction with leading professionals across India



Network with leading professionals and policymakers in the field of dermatology

Venue

ALG Auditorium, ALG Hospitals, P Janardhan Reddy Nagar,
Gachibowli, Hyderabad, Telangana 500032



**SOUTH
FIRST**

The other half of the India story

The Programme ▶▶▶

Inauguration by **Shri C Damodar Raja Narasimha**,
Health Minister, Telangana

Keynote Address – **Dr Rajetha Damisetty**

Senior Dermatologist, Procedural Dermatology Trainer, Anti-Quackery
and Public Health Activist

10:00am-11:15 am

Quackery in Dermatology:
Problems & Pathways

Dr. Amarendra Pandey

Dermatologist & Laser Surgeon,
Jabalpur

Karam Komireddy

Advocate

Dr. K Mahesh Kumar

Chairman, TGMC

Dr. Rajetha Damisetty

Senior Dermatologist

Dr. Nazia Nousheen Siddiqua

Civil Surgeon Specialist, Dermatologist

Dr. T Prem Sundar

Consultant Plastic Surgeon

11:20 am- 11:50 am

Fireside Chat – Tackling
Early – Onset Hair Loss

Dr. Madhavi Reddy P

Senior Dermatologist

Dr. Kavish Chouhan

Dermatologist, Hair Transplant Surgeon

3:20 pm- 4:20 pm

Skin Health & Aging

Dr. Malvika Kohli

Aesthetic Dermatologist

Dr. Kalpana Sarangi

Consulting Dermatologist

Dr. Maya Vedamurthy

Senior Dermatologist

Dr. Lakshmi Lavanya

Endocrinologist and Diabetologist

Mrinal Pandit

Nutritionist

Dr. Jyotsna Gampa

Dermatologist and Trichologist

Dr. Usha Pothuru

Dermatologist

12:00 pm- 1:15 pm

Cosmetic Dermatology:
Trends & Transformations

Dr. Nazia Nousheen Siddiqua

Civil Surgeon Specialist, Dermatologist

Dr. Maya Vedamurthy

Senior Dermatologist, Chennai

Dr. Sharon Baisil

Epidemiologist & AI Expert in
Public Health

Dr. Padmavathi Surapaneni

Senior Dermatologist

Dr. P Ashwini

Senior Dermatologist, AIG Hospitals

Dr. Jenny Mathew

Clinical & Cosmetic Dermatology

Dr. Priti Shukla

Cosmetic Plastic Surgeon

2:15 pm- 3:15 pm

Steroid Misuse in
Dermatology

Dr. Rajetha Damisetty

Senior Dermatologist

Dr. Shyam Verma

Senior Dermatologist And Acclaimed
Researcher

Dr. Md. Saiful Islam Bhuiyan

Skin Specialist, Dhaka

Dr. Sudip Parajuli

Associate Professor, Department of
Dermatology and Venereology,
Tribhuvan University, Kathmandu

Dr. Putta Srinivas

Senior Dermatologist, First
DME Telangana

Dr. Sudha Rani

Professor and HoD GMC Hyderabad,
President elect, IADVL Telangana

Dr. Gitanjali Batmanabane

Pharmacologist, Pro Vice-Chancellor
(Medical Sciences), GITAM University

Dr. P Navaneetha Reddy

Dermatologist and Trichologist

4:30 pm- 5:30 pm

Social Media and Skin & Hair Health

Dr. K Sai Sandeepthi

Dermatologist

Dr. Avinash Pravin

Consultant Dermatologist

Dr. Jalagam Vijay

Dermatologist, Co opted member of legal
and antiquackery committee, TGMC

Dr. Karishni Chittarvu

Dermatologist, General Secretary
RDA Telangana

Dr. Sivaranjani Santosh

Senior Paediatrician, First Aid Trainer,
Social Activist

Dr. Sangeet Kumar K

Dermatologist

Dr. Rakesh Kumar

Dermatologist



Scientific Discussion and Highlights



Quackery, Regulation & Ethics

Will address the growing threat of unqualified practices, regulatory gaps, and the urgent need for ethical standards in dermatology and aesthetics.



Early-Onset of Hair Loss in India

The alarming rise in premature hair loss among young Indians, its lifestyle and genetic drivers, and evolving treatment solutions.



Cosmetic Dermatology Trends

Innovations shaping the future of aesthetics, from minimally invasive procedures to AI-driven personalization.



Skin Care & Skin Aging

Preventive skin health, longevity science, and new therapies to manage aging in diverse Indian skin types.



Topical Steroid Abuse: Problems/Solution

Widespread, unregulated usage of dermatological steroids - are pharmacists enabling over-the-counter access? What regulatory gaps allow misuse? Can regional collaborations across India help?

Skin & Hair Treatment in the Age of Social Media

Social media trends reshape beauty standards & treatment demand • Rise of DIY skincare hacks & misinformation risks

About Dakshin Health Summit



Dakshin Health Summit is an annual conference convened in Hyderabad by South First with the aim of advancing healthcare in South India through dialogue, research, and innovation.

The inaugural edition in 2024 brought together leading healthcare professionals, researchers, and policymakers to deliberate on critical themes such as longevity, the integration of artificial intelligence in medical diagnostics, the impact of fast food on infertility, and improvements in healthcare delivery systems.

Key speakers included **Dr. Sangita Reddy** (Joint Managing Director, Apollo Hospitals), **Dr. Arvinder Singh Soin** (Chairman, Institute of Liver Transplantation and Regenerative Medicine, Medanta), **Dr. Deepak Saini** (IISc), **Dr. Manvir Bhatia** (Founder, Neurology and Sleep Centre, New Delhi), and **Dr. K.D. Modi** (Endocrinologist). Public health and private sector roles were also explored with insights from **Dr. C.N. Manjunath**, MP, and **Dr. Nageshwar Reddy** (Chairman, AIG Hospitals).

About Dakshin Dialogues



At The South First, creating spaces where politicians, policymakers, actors, influencers, and business leaders engage with readers is integral to our brand's DNA. Dakshin Dialogues represents that very spirit, a first-of-its-kind platform that places South India at the heart of national conversations. It's where ideas meet action, and dialogue drives change.

The journey began in **Hyderabad** with the **inaugural edition on 17 September 2022**, themed "Is India Truly Federal?" The event sparked insightful debates on the balance of power between the Centre and the states, setting the tone for a series that celebrates intellectual depth and diversity.

The **second edition**, held in **Bengaluru on 7 October 2023**, focused on the **Delimitation Exercise**, exploring how future representation could reshape India's political landscape.

The **third edition**, hosted once again in **Hyderabad on 5 October 2024** at **Taj Krishna**, carried the theme "People and Technology: Governance for Tomorrow." The 2024 conclave examined how technology is transforming governance and citizen engagement across the South. It brought together thought leaders, policymakers, technocrats, and changemakers who explored how digital innovation can build more transparent, inclusive, and efficient systems for the future.

Now, as Dakshin Dialogues it stands as a landmark platform for serious, solutions-oriented discourse - a space where the South speaks in its own voice and helps shape the nation's larger narrative.

About South First



We are South India's fastest-growing English news platform, built on a simple belief – it matters who tells your stories, and where those stories are told from. At The South First, we bring you news from the South, about the South, offering perspectives that complete the other half of the Indian narrative often overlooked in mainstream coverage.

As our name suggests, The South First is rooted in the idea of giving the southern states their due space in national discourse. We are committed to accurate, balanced, and non-partisan journalism, focusing on the politics and policies that shape the everyday lives of people. Whether it's the economy, public health, welfare, or even cinema – we believe every aspect of life is touched by politics, and understanding it is key to understanding the South.

In an era of increasing centralisation, we also seek to highlight the dynamic relationship between the Centre and the States, exploring how governance, identity, and representation are evolving across the region.

Our newsroom is headquartered in Hyderabad – a city that stands both geographically and culturally at the crossroads of India. From this vantage point, we witness and document the sharp socio-political and cultural transformations reshaping the South today.

Behind The South First is a dedicated team of journalists who report with rigour, honesty, and fearlessness. Alongside them, a wide network of freelance contributors adds depth and diversity to our coverage, ensuring every story carries a distinct voice from the ground.

As we continue to grow, we invite you – our readers – to journey with us. Your attention, engagement, and trust are what fuel this effort to tell South India's story the way it deserves to be told.

– Vasu Gandikota, CEO & Founder