



**THE MODERN SCHOOL, RAJ NAGAR EXTENSION, GZB.**

**Circular for the Students of Classes S1-SS1 only**

**07.10.2021**

Dear Parent

We are organising a virtual Counselling Workshop on 'Emotional Well Being during the Pandemic' for the Senior Students on 09.10.2021 (Saturday) from 9:00 am to 10:00 am on the occasion of Mental Health Day on 10th October, 2021.

The interactive session will be conducted by Ms. Divya Jain, Clinical Psychologist with the Department of Mental Health and Behavioural Sciences, Fortis Healthcare.

You are cordially invited to join in as well.

We hope that the session will help us in achieving our primary objective of enhancing the mental health and psychological well being of our students.

The link and password will be shared with you by tomorrow (8.10.2021).

Principal