

**NEW ERA PUBLIC SCHOOL**  
MAYAPURI, NEW DELHI-110064

NEPS/PAR.CIR./2020-21/07

13.04.2020

Dear Parents,

As we traverse these difficult times, away from friends during the lockdown, it becomes crucial to not only maintain physical hygiene but also mental hygiene. It is a scientifically proven fact that good mental health leads to better immunity. Keeping this in mind, New Era Public School, Mayapuri would like to reach out to the students who are struggling to cope up with this phase of unprecedented isolation. I am glad to inform you that we have taken an initiative to start online counselling services.

You can avail the services by following the given procedure.

- Contact the School Counsellor – Mrs. Aarti Chawla
- Book appointment on – 9810556253(WhatsApp only) between 12 to 2 p.m.
- Timings for sessions – 4 p.m. to 6 p.m.

A. The schedule for counselling sessions is as follows:

Day	Class
Monday	VI & VII
Tuesday	VIII & IX
Wednesday	X
Thursday	XI
Friday	XII

B. Mandatory online counselling sessions will be conducted for CWSN (Children With Special Needs) on Zoom App as per the following schedule. Kindly ensure that your ward attends them.

Class	Days	Time
X	Mon, Wed & Fri	2 p.m. to 2:40 p.m.
XII	Mon, Wed & Fri	3 p.m. to 3:40 p.m.

Regards

PRINCIPAL