



**MBS INTERNATIONAL SCHOOL**  
**WORKSHOP FOR PARENTS &**  
**STUDENTS**  
**SESSION 2021-22**

**TOPIC: COVID-19: Prevention & Protection**

**DATE: June 05, 2021**

**ATTENDED BY: Parents & Students**

**VENUE: Zoom**

**RESOURCE PERSON: Dr. Anuradha Wadhwa & Dr. Manisha Kukreja**

*“On the other side of storm is the strength, that comes from having navigated through it. Let’s hold each other and sail.”*

Pandemic Era has been a roller coaster ride for the world with all the lows and no highs. In the rough waves of Pandemic, if there were some important lessons which we have learnt were of resilience and of cultivating the ‘Never Say Die’ attitude, which we surely have gained by holding each other in these difficult times. Keeping this in mind, MBS International School in association with ANON Global Foundation organised a webinar for its parents and students on the topic ‘COVID 19 – Prevention & Protection’ on June 05, 2021, i.e., Saturday. The webinar was be helmed by Dr. Anuradha Wadhwa, Nephrology Specialist, Loyola University, Illinois, USA and Dr. Manisha Kukreja, Family Medicine, Maternal & child Health.

The session aimed to highlight the preventive measures which we all still need to take care of, without letting our guards down. The doctors discussed the importance of vaccines for everyone especially children and shared that the focus should not only be on the physical health of the children but should equally be on their mental and emotional health. Children may respond to stress in different ways. Common responses include having difficulty in sleeping, having pain in the stomach or head, being anxious, withdrawn and angry. We must respond to children’s reaction in a supportive way and explain to them that they are normal reactions to an abnormal situation. Our eminent panelists, respected school principal Mr Atul Wadhawan, respected vice principal Ms Rajesh Banopreeya, Prof. Bijay Dash, Director of MBS School of Planning and Architecture, gave their significant input on the topic and created a perfect setting for this educative webinar on COVID 19- Prevention & Protection.

The pandemic and post complications are not over yet and like they say prevention is always better than cure. Holding each other emotionally, we at MBS International School along with all the families associated with us have come this far and will surely overcome all the adversities together.



**MBS International School, Dwarka &  
MBS School of Planning and  
Architecture**

*in association with*

**Anon Global Foundation**

*presents an Online Webinar on*

**COVID 19**

**PREVENTION AND PROTECTION**



**Webinar ID:  
93809530775**



**June 05, 2021**

**@07:30pm**

**#ANONTalks**



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