

## **REPORT ON INTERACTIVE SESSION ON SAFETY IN SCHOOLS & DEALING WITH HIGH RISK BEHAVIOR**

1. The interactive session was held at Urivi Vikram Charitable Trust (UVCT) at Sector 22, Dwarka on 21 Jul 18 from 11 AM to 1.30 PM. It was attended by Principals, teachers, counselors of about 20 schools. The session was chaired by Mr Rao , chairman of the trust.
2. **Reasons of high risk behavior** -The following reasons were identified about the high risk behavior during the session;\_
  - (a) Attitudinal changes.
  - (b) Egalitarian society.
  - (c) Liberalism
  - (d) Increased use of technology.
  - (e) Social media.
  - (f) Cyber addiction.
  - (g) Pressure to do well.
  - (h) Unrealistic ideals / expectations for children.
  - (i) Loss of values.
  - (j) Absence of face to face interaction.
  - (k) Insecurity of future.
  - (l) Peer pressure.
  - (m) Intake of drugs / substance abuse.
3. **Safety Measures** - In addition to the conventional safety measures the following were identified:-
  - (a) Nirbhik Program : Approach police authorities for lectures at the schools.
  - (b) CCTV cameras.
  - (c) Counseling of students.
  - (d) Training of staff.
  - (e) Safety walk by safety committee.
  - (f) Verified staff on school buses.
  - (g) CCTV coverage of buses.
  - (h) Ascertaining views of teachers & students all the time.
  - (i) Policy on vendors outside the schools.
  - (j) Exchange of information in staff meetings.
  - (k) Keep an eye on deviant children & try to control them with / without help of parents and counselors.
  - (l) Balance between academics and holistic development of schools.
  - (m) Equation of teachers with students to be fair and empathetic.
  - (n) PTMs to be used for educating parents by experts on psychological and psychiatric issues of adolescent students.
4. In conclusion it was concluded that the counselor has a great role to play as an enabler in resolving of behavioral / psychiatric problems in children.