



**MBS INTERNATIONAL SCHOOL**  
**WORKSHOP FOR TEACHER**  
**SESSION 2018-19**

- TOPIC** : Health and Physical Education
- DATE** : November 30<sup>th</sup> & December 1<sup>st</sup>, 2018
- ATTENDED BY** : Mr Navdeep Singh
- VENUE** : Presidium School, Ashok Vihar
- RESOURCE PERSON** : Mr Mukesh Kohli (PEC India Project)  
Dr P.S. Darra (OSD Sports KVS)

Central Board of Secondary Education organized two days Capacity Building Programme on Physical Education on 30<sup>th</sup> November and 1<sup>st</sup> December 2018 at Presidium School, Ashok Vihar, New Delhi. The Resource people, Mr Mukesh Kohli (PEC India Project) and Dr P.S. Darra (OSD Sports KVS) were highly skilled for the event.

Mr Mukesh Kohli and Dr P.S. Darra elaborately discussed on issue related to Health and Physical Education and the different strands related to the project.

The event was really informative, interesting and participative. Teachers learnt and actively participated in the event.