

# **BRAIN INTERNATIONAL SCHOOL**

**SUBJECT: PHYSICAL EDUCATION      CLASS XII      April,2020**

## **UNIT 1: PLANNING IN SPORTS**

- Q1. What do you mean by planning in sports? Explain its importance.
- Q2. List down the various committees and their responsibilities(Pre, During, Post).
- Q3. Write down the various types of tournaments and their importance and shortcomings.
- Q4. Draw a fixture for knock out tournament of 23 teams out of which last season's quarter finalists have to be seeded into the quarterfinals?
- Q5. What is the meaning of intramural and extramural tournament? Write down their importance.
- Q6. Elucidate the various types of sports programmes and their importance.