

# CBSE National Yoga Competition 2015



Our school yoga team participated in the CBSE national yoga competition. Out of the 72 schools that participated our yoga students secured the second position in the team category and Mekal Mishra secured second position in the individual category.

## **Zonal Yoga Competition 2015**

In zonal yoga competition organized by Delhi directorate held at Government Co Education School Sec 5 R K Puram. Our school yoga girls secured the following positions in different categories:-

### **Under-14 Years on 28th October 2015**

1. Akshuna of class VII secured (1st position in individual yoga competition and 1st position in artistic yoga competition)
2. Nandini of class VII secured (2nd position in Individual Yoga Competition)
3. Harshita Kumar of class VI secured (2nd position in individual yoga competition)
4. Harshita Suneja of class VI secured (2nd position in rhythmic yoga competition)

### **Girls Under-16 Years (29th October' 15)**

1. Sneha sharma of class VIII secured (1st place in artistic yoga competition)
2. Mansi Rani of class VIII secured (2nd place in rhythmic yoga competition)
3. Tanya Kapahi of class Xth secured (2nd place in individual yoga competition)
4. Ishita (2nd in individual yoga competition)

### **Girls Under-19 Years (31st October' 15)**

1. Yashmita Grover of class XI secured- (1st in artistic competition and 1st in individual competition)

- 2.** Mokal Mishra of class XII secured (1st in rhythmic competition and 2nd in individual competition)
- 3.** Riddhi Sharma of class IX secured- (3rd position in individual competition)