



BLOOM PUBLIC SCHOOL
C-8 Vasant Kunj New Delhi
SYLLABUS FOR THE SESSION 2021-22

Class: XI

Subject: Psychology

MONTH	CHAPTERS/UNIT (NCERT TEXT BOOK)	CONTENT (As per Rationalised Syllabus)
June	Unit I What is Psychology?	1. Introduction 2. What is Psychology? <ul style="list-style-type: none"> ● Psychology as a Discipline ● Psychology as a Natural Science ● Psychology as a Social Science 3. Understanding Mind and Behaviour 4. Popular Notions about the Discipline of Psychology 5. Evolution of Psychology 6. Development of Psychology in India 7. Branches of Psychology 8. Themes of Research and Applications 9. Psychology and Other Disciplines 10. Psychologists at Work 11. Psychology in Everyday Life
July	Unit II Methods of Enquiry in Psychology	1. Introduction 2. Goals of Psychological Enquiry <ul style="list-style-type: none"> ● Steps in Conducting Scientific Research ● Alternative Paradigms of Research 3. Nature of Psychological Data 4. Some Important Methods in Psychology <ul style="list-style-type: none"> ● Observational Method ● Experimental Method ● Correlational Research ● Survey Research ● Psychological Testing ● Case Study 5. Analysis of Data <ul style="list-style-type: none"> ● Quantitative Methods ● Qualitative Method

		6. Limitations of Psychological Enquiry 7. Ethical Issues
August	Unit III The Bases of Human Behaviour	1. Introduction 2. Evolutionary Perspective 3. Biological and Cultural Roots 4. Biological Basis of Behaviour <ul style="list-style-type: none"> ● Neurons 5. Structure and Functions of Nervous System and Endocrine System and their Relationship with Behaviour and Experience <ul style="list-style-type: none"> ● The Nervous System ● The Endocrine System 6. Heredity: Genes and Behaviour 7. Cultural Basis: Socio-Cultural Shaping of Behaviour <ul style="list-style-type: none"> ● Concept of Culture 8. Enculturation 9. Socialization 10. Acculturation
	Unit Test-1	Unit I,II and III only till page 49
September	Unit IV: Human Development	1. Introduction 2. Meaning of Development <ul style="list-style-type: none"> ● Life-Span Perspective on Development 3. Factors Influencing Development
October	UNIT IV: Human Development	1. Introduction 2. Meaning of Development <ul style="list-style-type: none"> ● Life-Span Perspective on Development 3. Factors Influencing Development 4. Context of Development 5. Overview of Developmental Stages <ul style="list-style-type: none"> ● Prenatal Stage ● Infancy ● Childhood ● Challenges of Adolescence ● Adulthood and Old Age
	Revision	Unit I,II and III
	Term 1 Exam	Unit I,II and III

November	Unit V: Sensory, Attentional and Perceptual Processes	<ol style="list-style-type: none"> 1. Introduction 2. Knowing the world 3. Nature and varieties of Stimulus 4. Sense Modalities 5. Attentional Processes <ul style="list-style-type: none"> ● Selective Attention ● Sustained Attention
December	Unit V: Sensory, Attentional and Perceptual Processes (Continued)	<ol style="list-style-type: none"> 1. Introduction 2. Knowing the world 3. Nature and varieties of Stimulus 4. Sense Modalities 5. Attentional Processes <ul style="list-style-type: none"> ● Selective Attention ● Sustained Attention 6. Perceptual Processes <ul style="list-style-type: none"> ● Processing Approaches in Perception 7. The Perceiver 8. Principles of Perceptual Organisation 9. Perception of Space, Depth and Distance <ul style="list-style-type: none"> ● Monocular Cues and Binocular Cues 10. Perceptual Constancies 11. Illusions 12. Socio-Cultural Influences on Perception
January	<p>UNIT VI : Learning</p> <p>Unit Test-2</p>	<ol style="list-style-type: none"> 1. Introduction 2. Nature of Learning 3. Paradigms of Learning 4. Classical Conditioning <ul style="list-style-type: none"> ● Determinants of Classical Conditioning 5. Operant/Instrumental Conditioning <ul style="list-style-type: none"> ● Determinants of Operant Conditioning 6. Key Learning Processes 7. Observational Learning 8. Cognitive Learning 9. Verbal Learning 10. Skill Learning 11. Factors Facilitating Learning 12. Learning Disabilities <p>Unit IV,V and VI till determinants of classical conditioning</p>
February	UNIT VII: Human Memory	<ol style="list-style-type: none"> 1. Introduction 2. Nature of Memory

		3. Information Processing Approach: The Stage Model 4. Memory Systems: Sensory, Short-term and Long-term Memories 5. Levels of Processing 6. Types of Long-term Memory <ul style="list-style-type: none"> ● Declarative and Procedural; Episodic and Semantic 7. Memory as a Constructive Process 8. Nature and Causes of Forgetting <ul style="list-style-type: none"> ● Forgetting due to Trace Decay, Interference and Retrieval Failure 9. Enhancing Memory <ul style="list-style-type: none"> ● Mnemonics using Images and Organization
March	Term II Exam	Unit IV,V,VI and VII

ASSESSMENT SYLLABUS

1. Unit Test-I(July-August)

Unit I What is Psychology?

Unit II Methods of Enquiry in Psychology

Unit III The Bases of Human Behavior

2. Term 1 Exam

Unit I What is Psychology?

Unit II Methods of Enquiry in Psychology

Unit III The Bases of Human Behavior

3. Unit Test -II (Jan)

Unit IV: Human development

Unit V: Sensory, Attentional and Perceptual Processes

Unit VI: Learning

4. Term 2 Exam

Unit IV: Human development

Unit V: Sensory, Attentional and Perceptual Processes

Unit VI: Learning

Unit VII : Human Memory

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