

BOOK I

CHAPTER 2

THE DEMOGRAPHIC STRUCTURE OF THE INDIAN SOCIETY

KEY POINTS

1. Demography

- Demography, a systematic study of population, is a Greek term derived from two words, 'demos' (people) and graphein (describe) description of people.
- It studies births, migration, sex composition etc
- Demography is broadly of two types:-
 - Formal demography which is concerned with quantitative measurement and analysis of population change.
 - Social demography which deals with social, economic and political aspects of population.
- Two processes which happened to take place at roughly the same time in Europe during the latter half of the 18th century.
 - The formation of nation-states as the principal form of political organisation.
 - The beginnings of the modern science of statistics.
- Since, before Independence India has conducted a ten yearly (decennial) census. So, far, seven decennial censuses has been conducted since 1951 and the most recent one being 2011.
- The demographic data collected is essential for the planning and implementation of state policies, for economic development and public welfare.

2. Theories of population

A. Thomas Robert Malthus (1766-1834) states the fact that-

- Population increases at a much faster rate than the means of subsistence, (food, Clothing).
- Population rises in geometric progression (ie 2, 4, 8, 16, 32 etc.) at much faster rate than the means of human subsistence / agricultural production which grows in arithmetic progression (ie 2, 4, 6, 8, 10 etc.)
- Prosperity can be achieved by controlling growth of population through **preventive checks** - postponing marriage, sexual abstinence, celibacy etc. and **positive checks** - through famines and diseases.

Criticism of Malthus's theory:

- Malthus was 'criticised'
 - (a) Food production and standards of living rise despite rapid population growth as seen in the historical experience of European countries.
 - (b) Poverty, and starvation is caused not due to rise in population but due to unequal distribution of economic resources (Liberal and Marxists).

B. Theory of Demographic Transition

- This theory highlights three stages of population growth from an underdeveloped & technologically backward stage to a developed technologically advanced stage.

STAGES OF SOCIETY : LEVEL OF DEVELOPMENT GROWTH RATE (GR)

1 Underdevelopment, Technologically Backward,

High BR + High DR = High GR

2 Transition Movement from backward BR high + Low DR

Population to advance = increase in GR

Explosion

3 Advanced Technologically Low BR+ Low DR

= Low GR

- “**Population explosion**” occurs in transitional stage with death rate being lowered through disease control; better health and nutrition facility and unchanged reproductive behaviour.

3. Common concepts

- Birth rate** : number of live births in a given area during a given time per 1000 population.
- Death rate** : number of deaths in given area during a given time per 1000 population.
- Growth rate/rate to natural increases**- difference between birth rate and death rate.
- Fertility rate** : number of live birth per 1000 women in the child bearing age group of 15-49 years.
- Infant mortality rate** : number of death of babies before the age of one year per 1000 live births.
- Maternal mortality**: number of women dying in child birth per 1000 live birth.
- Sex ratio** : number of females per 1000 males in a given area at a specified time period.
- Age structure of population - proportions of persons in different age groups relative to total population.
- Dependency ratio : proportion of dependents (elderly people and children) with working age group (ie 15 - 64 years)
 - **A rising dependency ratio** is a cause for worry in countries that are facing an aging population, since it becomes difficult for a relatively smaller proportion of working - age people to carry the burden of providing for a relatively larger proportion of dependents.
 - **falling dependency ratio** can be source of economic growth and prosperity due to the larger proportion of workers relative to non workers. It is also referred as ‘demographic dividend’
- When the difference is zero (or, in practice, very small) then we say that the population has ‘stabilised’, or has reached the ‘replacement

level' which is the rate of growth required for new generations to replace the older ones that are dying out.

- k. **Life expectancy** : it refers to the estimated number of year that an average person is expected to survive.
- m. **Sonogram** : an x-ray like diagnostic device based on ultra-sound technology; sometime misused to determine the sex of the unborn child in mother's womb.

4. Famines are caused by high level of continuing poverty and malnutrition in an agro climatic environment that is effected by variations in rainfall, lack of adequate means of transportation and communication as well as inadequate efforts on the part of the state.

5. Several factors may be held responsible for the decline in the child sex ratio including-

- Severe neglect of girl babies in infancy, leading to higher death rates;
- sex specific abortions that prevent girl babies from being born;
- And female infanticide (or the killing of girl babies due to religious or cultural beliefs).

6. There are regional variations of low child sex ratio in India.

- The regional pattern of low child sex ratios, in India, is that the lowest child sex ratios are found in the most prosperous regions of India.
- Punjab, Haryana, Chandigarh, Delhi, Gujrat and Maharashtra are among the richest states in India in terms of per capita incomes, and they are also the states with the lowest child sex ratio.
- So, the problem of selective abortions in not due to poverty or ignorance or lack of resources. Economically prosperous families decide to have fewer children and they may wish to choose the sex of their child.

7. Role of literacy in population growth

- Literacy is a prerequisite to education.
- Literacy is an instrument of empowerment.
- The more literate the population the greater the consciousness of

career options, as well as participation in the knowledge economy.

- Literacy can lead to health awareness and fuller participation in the cultural and economic wellbeing of the community.
- Literacy varies considerably across gender, across regions & social groups
- Literacy rates also vary by social group : historically disadvantaged communities like the Scheduled Castes and Scheduled Tribes have lower rates of literacy and rates of female literacy within these groups are even lower.
- Regional variations are still very wide, with states like Kerala approaching universal literacy, while states like Bihar are lagging far behind.

8. Epidemic has been controlled due to mass vaccination, better sanitation. But malaria, TB, diarrhoea and dysentery kill people even today.

9. Birth rate is slow to change due to socio cultural phenomenon. Low TFR's in Kerala, Tamil Nadu, Himachal Pradesh, West Bengal, Karnataka, Maharashtra; high TFR's States – Bihar, MP, Rajasthan & UP.

10. Rural-urban differences also exist with respect to the vast majority of the population.

- It is the mass media & communication channels that are gradually bringing in images of urban life styles & patterns of consumption into the rural villages, this bridges the gap between rural & urban.
- The rapid growth in urbanization (town or city) has been attracting the rural population.
- Those who cannot find work (or sufficient work) in the rural areas go to the city in search of work.
- This flow of rural-to-urban migration has also been accelerated by the continuous decline of common property resources like ponds, forests and grazing lands.
- Now, these resources have been turned into private property, or they are exhausted. (Ponds may run dry or no longer provide enough fish; forests may have been cut down and have vanished...)
- People no longer have access to these resources, but on the other

hand have to buy many things in the market that they used to get free. The opportunities for earning income are limited in the villages.

- The city also may be preferred for social reasons, specially the relative anonymity it offers.
- The fact that urban life involves interaction with strangers can be an advantage for different reasons. For the socially oppressed groups like the Scheduled Castes and Scheduled Tribes, this may offer some partial protection from the daily humiliation, they may suffer in the village where everyone knows their caste identity. The anonymity of the city also allows the poorer sections of the socially dominant rural groups to engage in low status work that they would not be able to do in the village.
- All these reasons make the city an attractive destination for the villagers.

11. National family planning programme

- It was introduced with the objective of slowing down the rate & pattern of population growth, through birth-control methods and improve public health standards. Other coercive measures was introduced during the Emergency Period (1975-1976)
- With the coming of a new Govt. the program was renamed as National Family Welfare Program with new set of guidelines to achieve the objectives.

12. Success and failures of the family planning programme.

Success

- The growth rate of population has decreased.
- People have started appreciating small family norms.
- The infant mortality rate and maternal mortality rate has been brought down.
- Life expectancy has increased.
- Achieved nearly universal awareness of the need for and methods of family planning.

Failures

- The growth rate still continues to be high as compared to developed nations.
- Coercive family planning programme has been opposed by people (Vasectomy for men & Tubectomy for women). Mostly poor and powerless people were the victims.
- Lack of availability of reliable family planning methods.

13. Age structure of India's population.

- India is one of the youngest countries in the world—majority of Indians tend to be young.
- The average age is also less than that for most other countries.
- The share of the 15-60 age group has increased slightly, while the share of the 60+ age group is very small.
- The present trend indicates that 0-14 age group will reduce, thus the changing age structure could offer a demographic dividend for India. These potential can be converted into actual growth with the increase level of education and employment.
- There are wide regional variations in the age structure. While a state like Kerala is beginning to acquire an age structure like that of the developed countries, some states like Uttar Pradesh have high proportions in the younger age groups and relatively low proportions among the aged.

1 MARK QUESTIONS

1. The proportion of workers relative to non-workers in a given population, also refers to as _____
2. Economically prosperous families these days decide to have----- children.
3. The national Family Planning Program was renamed as-----
4. Bihar, MP, Rajasthan, and UP have----- Total Fertility Rates.
5. The city maybe a preferred destination for work since it offers-----
6. Use of Ultrasound Technique leads to a decline in the sex ratio

(Correct the statement)

7. Birth rates are fast to change due to **socio-economic** reasons.(Correct the statement)
8. Population decreases at a much faster rate than the means for subsistence. (Correct the statement)
9. Epidemics have not been controlled due to vaccination and better sanitation. (Correct the statement)
10. Better health is the only reason leading to population explosion
(Correct the statement)
11. The theory of population growth was coined by---
a. Malthus b. Karl Marx c. Max Weber d. MN Srinivas
12. The number of deaths per thousands population is known as-----
a. Birth Rate b. Death Rate c. Sex Ratio d. Maternal Mortality rate.
13. In India Census began in the year-----
a. 1881 b. 1975 c. 1875 d. 2011
14. The number of stages in the theory of demographic transition are-
a. four b. five c. three d. two
15. The country in the World which started the Family Planning program
a. Pakistan b. India c. China d. America

2 MARKS QUESTIONS

1. What is "Demography"?
2. Differentiate between formal demography and social demography.
3. What is infant mortality rate?
4. Why is rising dependency ratio a cause for worry in countries that are facing an aging population?
5. Why is falling dependency ratio a source of economic growth and prosperity?
6. What are the cause of famines?

7. Name the states which still have very high TFRS.
8. State the importance of demographic data.
9. How does India benefit from a 'demographic dividend'?
10. Name the technique used to determine the sex of a child.
11. What is 'Replacement Level'?
12. What is "Sex Ratio"?

4 MARKS QUESTIONS

1. State & critically analyze the Malthusian theory of population change.
2. Mention the features responsible for the decline in the child sex ratio.
3. Explain the regional variation of low child sex ratio in India.

6 MARKS QUESTIONS

1. Discuss the theory of demographic transition.
2. Why are cities a preferred destination for rural people?
3. Discuss India's demographic achievement.
4. Analyze the success & failures of the family planning program.
5. Discuss the national social demographic goals for 2010 (State any six points).
6. Which State in India have reached or are very near the replacement levels of population growth? Which ones still have very high rates of population growth? In your opinion what can be some of the reasons for these regional differences.
7. What is meant by the age structure of the population? Why is it relevant for economic development and growth?
8. What is meant by sex ratio? What are some of the implications of a declining sex ratio? Do you feel that parents still prefer to have sons rather than daughters? What is your opinion, could be some of the reasons for this preference.
9. State the reasons for the failure of the family programme during the National emergency (1975-76) period.
10. Discuss the age structure of India's population.