

# Circular No: SIS/2021/2703/CLASS PRE- NURSERY- CLASS XII/HOME-SCHOOLING

Dear Parents,

You might be inclined to create a minute by minute schedule for your kids. You have high hopes of hours of learning, including online activities, science experiments, and book reports. You'll limit technology until everything is done! But here's the thing...

Our kids are just as scared as we are right now. Our kids not only can hear everything that is going on around them, but they feel our constant tension and anxiety. They have never experienced anything like this before. Although the idea of being off of school for weeks sounds awesome, they are probably picturing a fun time like summer break, not the reality of being trapped at home and not seeing their friends.

Over the coming weeks, you will see an increase in behavior issues with your kids. Whether it is anxiety, or anger, or protest that they can't do things normally - it will happen. You'll see more meltdowns, tantrums, and oppositional behavior in the coming weeks. This is normal and expected under these circumstances.

What kids need right now is to feel comfortable and be loved. To feel like it's all going to be ok. And that might mean that you tear up your perfect schedule and love on your kids a bit more. Bake cookies and paint pictures. Play board games and watch movies. Do a science experiment together or find virtual field trips of the zoo. Start a book and read together as a family. Snuggle under warm blankets and do nothing.

Don't worry about them regressing in school. Every single kid is in this boat and they all will be ok. When we are back in the classroom, we will all course correct and meet them where they are. Teachers are experts at this! Don't pick fights with your kids because they don't want to do math. Don't scream at your kids for not following the schedule. Don't mandate 2 hours of learning time if they are resisting it.

If I can leave you with one thing, it's this: at the end of all of this, your kids' mental health will be more important than their academic skills. And how they felt during this time will stay with them long after the memory of what they did during those weeks is long gone. So keep that in mind, every single day.

# Here we are sharing few tips to help your child home-school: 5 tips for parents to teach kids at home during Coronavirus lockdown and still make it fun

The Coronavirus pandemic has already claimed over 14,000 lives worldwide and is not showing signs of slowing down. This has caused public movement to come to a halt as quarantine measures are being taken to slow the spread of Covid-19 all around the world.

This is definitely putting a big dent on education as not only have all exams been postponed, including board exams, schools have also been temporarily shut across the world to encourage social distancing and protect children and students.

At such a time, proper homeschooling measures must be taken to keep learning at home fun and productive for kids. Parents are now trying to come up with ways that can keep children mentally engaged even though they wouldn't be going to school for a long time.

Here are a few homeschooling tips to make learning at home a fun activity during the Coronavirus lockdown:

# 1. Make a daily routine for your kids

Make a pretty daily routine for fun learning during this Coronavirus lockdown.

When children go to school, the majority of their time is spent in a proper schedule. As a number one homeschooling tip, parents should ensure that they sit down with their kids and create their own routine to follow at home.

If the child gets bored with the routine, change it in a week again!

A proper routine helps a child's body clock adjust in a manner that their eating, sleeping, learning and playing times remain fixed. It is best if children are kept calm by creating an environment where they can follow almost the same pattern they did every day when they were going to school.

If you make the weekly routine look pretty and stick it on the fridge, it will become fun for your child to follow it every morning.

# 2. Create a proper learning space

When your kid is studying in his learning space, he or she should know that the area is meant only for studying If your kid already has a study desk, make it more homely as that is where your child will spend the majority of their daily time.

The learning space should be away from the TV and video games and you should keep mobiles away from there. Also, don't let your child eat at the study desk.

When your kid is studying in his learning space, he or she should know that the area is meant only for studying. However, parents should note that different kinds of learning spaces work for different kinds of children. It is up to you and your child to decide on how you will create that space!

### 3. Don't spoon-feed your children

This is a major homeschooling tip to keep learning fun!

Often, to save time, parents solve the answers in their children's notebooks and ask the kids to learn. But this doesn't teach them anything.

Parents ensure your ward goes through each and every detail of **Online Learning** sent to you through the portal. Allow children to come up with solutions on their own and struggle with textbook problems to develop critical thinking skills.

If parents spoon-feed their children and give them all the solutions without letting them think for themselves, it will not only prevent them from learning but also bore them during their learning hours during this Coronavirus lockdown.

# 4. Follow the prescribed curriculum in school

While teaching your kids at home, check their syllabus properly so you don't end up spending too much time on topics they wouldn't need for now.

It is true that learning new things will help children but since schools have been shut, it is best if children utilize the time at home to catch up with the syllabus prescribed at school and the Online Learning Videos and worksheets provided.

Parents can coordinate with other parents of their children's classmates at school to better coordinate with how others are homeschooling their children and which topics from which subjects they are tackling first.

### 5. Give children the freedom to choose

Giving kids the freedom to choose what they are learning at any given time makes them more motivated to learn at home during the Coronavirus lockdown.

When homeschooling kids, it is important to make a routine and stick to it, but learning at home does come with its perks. It is very good for the individual student as in a classroom setting; a large number of children are forced to learn the same way.

When teaching children at home, parents can pay close attention to what their child wants to study at different times each day and include it in the daily routine you create.

You can even promise your kids small returns for a great week of studying and following the routine but make sure it doesn't become a habit for your child to only study for getting that gift in return as the situation is sure to change when schools reopen!

Homeschooling can be a very fun experience for children as they don't need to rush every morning to school and can instead keep a relaxed mind. There are no school exams or tests right now, and learning at home means they can get more breaks than they did in school!

So parents can follow the homeschooling tips above and make learning at home a fun experience for kids during this Coronavirus lockdown.

Regards

Admin