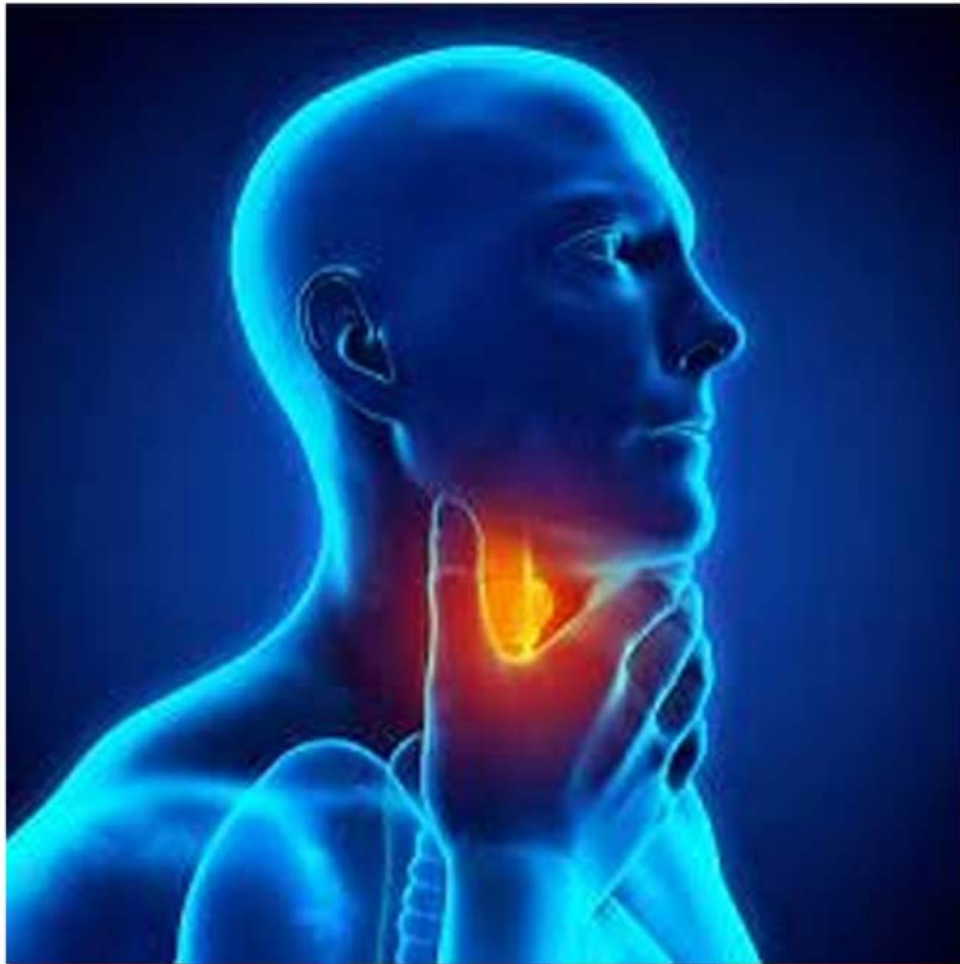


DYSPHAGIA

A & M Practice Booklet



Deglutition Research Foundation (DRF)

(Issue-1-2024)

K. Govathi Nikhila

Founder of DRF



Dysphagia A&M Practice Booklet

First Edition

Author

K. Govathi Nikhila



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Disclamier

This Book is Only made for all Students and Healthcare Professionals who ever is working with in the field of Speech & Communication Disorders and Swallowing & Its Disorders, as a Speech and Language pathologists and Dysphagia Specialists with Certified RCI Licence.

This Book helps the individual to guide all about the Dysphagia and how to do the clinical swallow assessment trials and what are all the parameters and therapeutic measurements need to be considered when looking into the patient with Dysphagia. The reason to prepare this Dysphagia A& M Booklet is to make the students to use it as a normative dysphagia practical book so that they learn the report writing style and also learn about all the parameters of dysphagia and I hope it will be a good practising book for all the students.

However, different swallowing exercises have their own advantages, disadvantages and Limitations. Swallowing Assessment should be conducted by speech language pathologist / Dysphagia specialist who is certified / Specialized in handling Dysphagia patients and they should choose appropriate swallowing exercises for the patient and modify the exercises according to a patient's condition. However, this book is not directly recommending any decision on assessment pattern / exercise to apply on patients, it is a complete choice of the Speech language pathologist/Dysphagia specialist whoever is assessing the patient need to take their own decisions. No decisions/suggestions/recommendations are suggested through this book.

After practicing this book you all can submit it on the DRF website for further check and also can get appreciation for the same. Wrong use of this book and malpractice is highly prohibited.

I wish Good luck to each and every one!!!

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DYSPHAGIA: A&M PRACTICE BOOKLET

ABOUT THE AUTHOR



A remarkable journey began at Medanta the Medicity Hospital (Gurgaon), after completing My PG (Hyderabad) from then on, I passionately pursued higher studies and research, leaving an indelible mark. My dedication led to 38 National and International Publications and over 20 stage presentations, and Editorial Board Member for 8 International Journals along with INSC showcasing expertise. As a Dysphagia specialist and young researcher, I received esteemed awards, including Best Dysphagiologist in 2019 and Best Dysphagia Specialist and Best Young Researcher in 2020 from the Global Health Care Award. My impact reached far and wide, earning National and International Recognition since 2016 not only these it made me stood as World Record Holder and to reach as a Best Youngest Scientist in 2023 national award along with Research Excellence award in 2023, Bharat Gaurav Rathna Samman 2023, Sardar Patel National Award 2024. Also received Appreciation Letter from Delhi Legislative Assembly Speaker “Ram Niwas Goel ji” for my Excellence in Research.

Amid the pandemic, I selflessly served over 5000+ people with medical and diagnostic services, extending help through home deliveries and conducting free surgeries and consultations.

My mission is to uplift communities by providing education and medical services to the needy, with a vision to implement research protocols in the government setup. My recent achievements as a world record holder and recipient of the Bharat Gaurav Rathana Samman award further exemplify my exceptional contributions Towards the Nation.

As a true educator, I offered scholarships and free education, empowering students in the field of dysphagia. Through online courses in Hyderabad, Delhi, and Gurgaon, I ignited a passion for knowledge and compassion. In this Contribution, I would like to be a beacon of hope, compassion, and knowledge, whose legacy will continue to inspire generations to come forward to serve the Nation and also be as an Helping hand for the people who are suffering with dysphagia.

Serve the Nation!!!!!!!!!!

By:

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