



VOICES FOR A GREENER TOMORROW

GLOBAL THOUGHT LEADERS ON SUSTAINABILITY

Dr. Haleema Sadia | Nara Subramaniam

Voices for a Greener Tomorrow

Global Thought Leaders on Sustainability

Volume - I

Editors

Dr. Haleema Sadia
Nara Subramaniam



Title of the Book: Voices for a Greener Tomorrow: Global Thought Leaders on Sustainability

Volume - I

Copyright 2025 © Dr. Haleema Sadia, Research Scholar, INTI International University, Malaysia Sustainability Advocate & International Educator.

No part of this book may be reproduced or transmitted in any form by any means, electronic or mechanical, including photocopy, recording or any information storage and retrieval system, without permission in writing from the copyright owners.

Disclaimer

The authors are solely responsible for the contents published in this book. The publishers don't take any responsibility for the same in any manner. Errors, if any, are purely unintentional and readers are requested to communicate such errors to the editors or publishers to avoid discrepancies in future.

E-ISBN: 978-1-68576-626-9

MRP Rs. 240/-

Publisher, Printer & Distributor:

Selfypage Developers Pvt Ltd.,
Pushpagiri Complex,
Beside SBI Housing Board,
K.M. Road Chikkamagaluru, Karnataka.
Tel.: +91-8861518868
E-mail: info@iipbooks.com

IMPRINT: IIP Iterative International Publishers

For Sales Enquiries:

Contact: +91- 8861511583
E-mail: sales@iipbooks.com

Preface

In an era where environmental challenges have increasingly shaped the future of humanity and the planet, the power of shared wisdom and collective voice has never been more vital. This book, "Voices for a Greener Tomorrow – Global Thought Leaders on Sustainability," brings together a unique chorus of global thought leaders who are shaping the discourse on sustainability. They are leaders whose insights and innovations have been showcased in the dynamic forums of the EcoVisionaries Group, founded by Dr. Haleema Sadia.

In my capacity as Chairperson of the EcoVisionaries Group, I had the honour of witnessing firsthand the remarkable depth of knowledge, passion, and dedication these contributors bring to the pursuit of a sustainable future. Their diverse perspectives span continents, disciplines, and sectors, unified by a common commitment to environmental stewardship, equitable development, and transformative leadership.

The chapters ahead represent more than just ideas; they are calls to action rooted in decades of experience and visionary leadership. They embody breakthroughs in education, corporate responsibility, sustainable business innovation, and community empowerment. Each contributor offers not only analysis but also practical pathways to accelerate the global transition to greener, more resilient societies.

This collection is intended to inspire leaders, practitioners, policymakers, and citizens alike to embrace sustainability not as an option but as an imperative for survival and thriving. It reflects the essence of what the EcoVisionaries Group stands for—a global collaborative platform where creative solutions emerge and collective impact multiplies.

I hope that "Voices for a Greener Tomorrow" will serve both as a guide and a catalyst for ongoing dialogue, innovation, and commitment. May it empower all who engage with it to envision and realize, a world where economic growth, social inclusion, and ecological balance coexist harmoniously.

Together, through shared knowledge and action, we can indeed foster a greener tomorrow.

October 2025

Nara Subramaniam
Chairperson,
EcoVisionaries Group.

Acknowledgement

Voices for a Greener Tomorrow – Volume 1

With immense gratitude and joy, I extend my heartfelt appreciation to every visionary, changemaker, and thought leader whose contributions have made “Voices for a Greener Tomorrow – Volume 1” a reality. This journal is a living reflection of the wisdom and passion shared through three remarkable milestones — the **Sustainability Conference in Dubai (14th September 2024)**, the **Sustainability Conference in Maldives (12th April 2025)**, and the record-making **“Magic of 17” Conference on SDGs (17th September 2025)**.

Each article and speech in this compilation carries the heartbeat of those who believe that sustainability is not just a goal but a shared responsibility. From the depths of my heart, I thank every participant, speaker, and supporter — over **300 voices united for a greener, wiser, and kinder planet.**

A **special note of appreciation** goes to **Mr. Nara Subramaniam**, whose meticulous editing and dedication ensured that every word resonates with clarity and impact. My sincere gratitude also extends to all **eco-visionaries, office bearers, well-wishers, and supporters** of Edufam who stood steadfast in this journey of collective growth and green consciousness.

The Earth is crying for healing — and it is only through **teamwork, awareness, and shared** purpose that we can answer her call. This compilation is a testimony that one person can make a difference, but together, **we can transform the future.**

As we look ahead to our **next Global Sustainability Conference in Singapore on 7th December 2025**, we eagerly anticipate **Volume 2** of Voices for a Greener Tomorrow, focusing on AI & ML for a Sustainable Future. We look forward to even more inspiring ideas and innovations from our global network of change agents.

To all our brilliant contributors of Volume 1 — your insights and inspiration will continue to echo across generations:

Contributors:

Dr. Anara Naeem | Prof. Mumtaz Ali | Mr. Nara Subramaniam | Dr. Haleema Sadia | Dr. Balakrishnan Ramanathan & Mr. Kavin Devaraj | Dr. Yamuna Govindan & Ms. Geetha | Dr. Sayed Anwar Bari | Dr. Shah Mihir | Mr. Narendra Singh | Ms. Noreen McGuckin | Dr. Saman Ahmad | Dr. Ayesha Tazeen | Mr. Ajay Kumar | Dr. Hina Mudgal | Dr. Anjum Nazeer Qureshi | Mr. Mohd. Anwar ul Haque | Mr. Mohammad Abdul Salam Zubair | Happiness Coach C.K. Arora | Ms. Rana Jameel | Ms. Silvana | Dr. Ushavati Shetty | Ms. Deepika Varshney | Ms. Mariyam Mohammad | Ms. Buddhini C. Dharmawardhana | Ms. Reshma S | Mr. Digavalli Nageswara Rao | Mr. Mohammad Yusuf | Ms. Shehnaaz Shamshad Ali Ansari | Ms. Tauseef Fatima | Ms. Mridula Chouhan | Mr. Md. Aazam Tahir Gandhi | Mr. Mohammad Rehan Ansari | Ms. Kamini | Mr. Binu George | Dr. h.c. Azeeza Jalaluddin | Amb. Nur Ahmed | Ms. Alisha Neyaz | Ms. Fathimath Afiya

Together, we are not just writing — we are redefining the future.

With Heartfelt Thanks,

Dr. Haleema Sadia

Director, Edufam International Academy
Editor-in-Chief, Voices for a Greener Tomorrow – Volume 1

Table of Contents

Chapter 1 Rising Together: Empowering Maldivian Women for a Thriving Future	3
Chapter 2 Sustainability at Risk: Why Succession Planning is a Global Leadership Challenge for Securing SDG 8	9
Chapter 3 Embracing a Sustainable Lifestyle: A Vital Imperative For The 21st Century	15
Chapter 4 Taking a Closer Look: Awareness and Adherence to Hyperlipidemia Therapeutic Lifestyle Changes (TLCs) in Singapore	22
Chapter 5 Informal Markets and Economic Dynamics in India	29
Chapter 6 SDG 12: Reducing Waste through Best Practices	35
Chapter 7 Navigating the Tides: Healthcare and Sustainability in the Age of Climate Change – A Maldivian Perspective for a Global Future	41
Chapter 8 SDG-02 Zero Hunger: Inequality in Food Distribution and Access	49
Chapter 9 Sustainable Education in Schools and Its Role in Advancing SDG4 – Quality Education for All	55
Chapter 10 EduSustainability: Integrating Education and Sustainability for Global Impact	61

Chapter 11 Sustainability, Green Energy, and Renewable Energy	65
Chapter 12 Weak Judicial and Legal Systems	69
Chapter 13 Sustainability in Green Gardens: Building Thriving Spaces for Schools and Communities	73
Chapter 14 AI and Blockchain: Transforming Education for Sustainable Development (SDG 4)	79
Chapter 15 Public-Private Partnerships: Catalysts for Urban Sustainability	85
Chapter 16 Sustainability Engineering, Green Engineering and Smart Buildings	91
Chapter 17 The Science of Happiness: Building Well-Being at Workplaces	95
Chapter 18 Bridging the Gaps: Advancing Quality of Education for Sustainable Future	103
Chapter 19 Being Sustainable or Successful? A Reflection on Purpose, Progress, and Planetary Responsibility	111
Chapter 20 From Awareness to Action: Empowering University Students to Lead Climate Change Solutions	117
Chapter 21 Landslides: An Emerging Environmental Threat with Widespread Impact	123
Chapter 22 Thriving Together: Mental Health as a Key to Sustainable Living in the Maldives	129

Chapter 23	137
Ensuring the Right to Education in Sri Lanka: Legal Provisions and Challenges Faced in Practice	
Chapter 24	143
The Systemic Crisis of Marine Plastic and Micro- plastics: New Evidence, Impacts, and Imperatives	
Chapter 25	153
Sustainable Development Goal 7: Affordable and Clean Energy	
Chapter 26	157
Swachh Bharat, Healthy Living and Good Social Habits: Pathways to a Better Life and Creating a Sustainable Future	
Chapter 27	173
Poverty: Promises v/s Reality	
Chapter 28	177
Women’s Contribution to Sustainable Economic Development	
Chapter 29	181
Emergence of Early Marriage and Its Devastating Impacts: A Study through the Lens of SDG 5 – Gender Equality	
Chapter 30	187
The Heartbeat of Cities: Towards Sustainable Communities	
Chapter 31	197
Corruption and Lack of Transparency: An Enduring Challenge for Progress	
Chapter 32	203
Out of School Children in Conflict Zones: Causes, Effects and solutions	
Chapter 33	209
The Silent Crisis: Why Global Leaders Must Rethink Sustainability Now	

Chapter 34 213
**The 7-Wisdoms® of Conscious Leadership: Scaling Purpose
with Impact**

Chapter 35 217
**Bridging the Gap between Consumer Awareness and
Sustainable Practices**

Chapter 36 223
**When a Plate Becomes a Promise: Our Generation’s Call to
End Hunger**

Chapter 37 227
**Empowering Female Entrepreneurs in Advancing Gender
Equality (UN SDG5): A Phenomenology Study of the
Maldives**

ABOUT AUTHORS



Dr. Haleema Sadia

Leadership Development Facilitator | Sustainability Coach | Strategic Business Growth Specialist

As the Founder of Edefam Training Services and the Eco Visionaries Global Group, Dr. Haleema Sadia brings over 30 years of transformational leadership across the education, corporate training, and personal development sectors. Her journey spans esteemed roles such as Principal of HPS Delhi, IIS Sharjah, DPS Ajman, and BIS Maldives, where she has shaped thousands of lives through her commitment to educational excellence. Author of four books, including *Leadership and Influence* and *Parenting Guide: Make Them Happy, Make Them Great*, Dr. Haleema has mentored over 38,000 individuals worldwide. Her impact extends to media platforms such as ZEE TV, ETV, and Tahzeeb Channel, with more than 500 televised educational programs under her name. Currently based in Dubai, she is the Director of Edefam International Academy, passionately dedicated to empowering individuals and institutions toward sustainable growth. Through visionary leadership and dynamic training, she continues to inspire people across borders to become the best versions of themselves and to realize their fullest potential.



Nara Subramaniam

Chief Future Officer, Sulomas Group | Business Improvement Specialist | Global Speaker

With five decades of corporate excellence, Nara Subramaniam stands as a beacon of strategic transformation, sustainable innovation, and leadership capacity building. He currently serves as the Chief Future Officer at the Sulomas Group of Companies, a fully Malaysian-owned diversified international provider of waste management products and services, headquartered in Kuala Lumpur and committed to eco-solutions and waste-to-energy (WTE) innovation. His distinguished career includes leadership roles such as Director of Finance for MEMC Electronic Materials (Malaysia) and Global Commodity Director for Sun Edison Inc., where he was involved in investments of over RM1 billion in Malaysia, and leading enterprise-level projects, including SAP implementation and Shared Services Center of Excellence. As a Chartered Accountant, Certified Coach (UMCEED), and a PASIA-certified Strategic Sourcing Professional, Nara has guided conglomerates, SMEs, and start-ups alike. He is a member of the Malaysian Association of Professional Speakers (MAPS), collaborates with universities in business and leadership training and provides management consultancy through RESOLVE ASIA (Malaysia). With deep-rooted interests in people, process, and performance, his life's work is to help individuals and organizations connect the dots, prepare for the future, and thrive through operational excellence and self-managed leadership.



E-ISBN: 978-1-68576-626-9



MRP Rs. 240/-