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THE INDIA

INFECTION PREVENTION & CONTROL (IPC) HANDBOOK

A Practical Guide to NABH, JCI, and National Compliance

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Foreword
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The India Infection Prevention & Control (IPC) Handbook

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ABOUT THE BOOK

In India's diverse and demanding healthcare landscape, healthcare-associated infections (HAIs) remain a critical challenge, contributing significantly to patient morbidity, prolonged hospital stays, and escalating costs. Preventing these infections demands clear, practical, and locally relevant guidance—exactly what The India IPC Handbook delivers. This comprehensive yet user-friendly guide, crafted collaboratively by over 48 leading infection prevention and control experts from 18 states and overseas, offers actionable strategies across 26 essential chapters. From hand hygiene and sterilization validation to biomedical waste management (fully aligned with 2024 Rules), high-risk unit protocols, construction ICRA, employee health, and medico-legal safeguards, it equips you with ready-to-implement tools: checklists, KPIs, audit formats, and risk matrices. Fully updated with NABH 6th Edition, JCI 7th Edition, Kayakalp, LaQshya, and the latest national guidelines, this handbook is tailored to Indian realities—addressing high endemic burdens, resource constraints, and emerging threats like antimicrobial resistance. Whether you are a hospital administrator, IPC nurse, microbiologist, clinician, or accreditation assessor, this book is your definitive roadmap to achieving sustained compliance, reducing preventable HAIs, and building a culture of patient safety.

Foreword by Dr. Ranga Reddy Burri President, Infection Control Academy of India
A must-have reference for safer healthcare in India.

ABOUT THE AUTHORS



Dr. Mohd Aadam Bin Najeeb is an Assistant Professor in the Department of Microbiology at NAMO Medical Education & Research Institute, Silvassa. A distinguished medical microbiologist and educator, Dr. Najeeb specializes in diagnostic microbiology, infection prevention, and outbreak investigation. He is the author of *Microbial Clues: Clinical Cases in Diagnostic Microbiology*, and his research encompasses antimicrobial resistance (AMR), mycobacteriology, and multidrug-resistant pathogens. His expertise in bridging laboratory diagnostics with clinical infection control enriches this handbook with practical, evidence-based insights.



Dr. Darshan K. Mahyavanshi is a Professor in the Department of Community Medicine and serves as the Medical Superintendent at NAMO Medical Education & Research Institute and NAMO Hospital, Silvassa. A public health specialist with over 15 years of experience in medical education, hospital administration, quality assurance, and national programmes (immunisation, NACO, WASH, CMAM), Dr. Mahyavanshi leads MRHRU and NMHS-2 as a Principal Investigator. With more than 40 publications and collaborations with UNICEF, WHO, and ICMR, he brings administrative excellence and a real-world public health perspective to infection prevention strategies.



Dr. Narayan Kamath is a Professor in the Department of Microbiology at NAMO Medical Education & Research Institute, Silvassa. An accomplished microbiologist with extensive experience in diagnostics, research, and teaching, Dr. Kamath focuses on microbial pathogenesis, antimicrobial resistance, and laboratory-supported infection control. His contributions strengthen the handbook's emphasis on surveillance, sterilization validation, and the translation of microbiological evidence into effective prevention protocols for Indian healthcare settings.



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