WOMEN EMPOWERMENT CELL ACTIVITIES

The students and members of the cell actively participated in National Women Parliament conducted by the Government of Andhra Pradesh. The cell also organized an **International seminar** on 'Domestic Violence'. The women cell is well known in the city for its active participation in a variety of social events in association with local women welfare organizations for the awareness and upliftment of women. The cell celebrates International Women's Day every year by inviting eminent personalities to share their experiences with youth to motivate them to attain empowerment.

2014-15

Seminar on Drug Abuse and Illicit Trafficking

Women Cell in association with Vasavya Mahila Mandali conducted a seminar on the topic - **Drug Abuse and Illicit Trafficking** by Smt.Chennupati Vidya, Founder, Vasavya Mahila Mandali on 25th June 2014 on the eve of **International Day in support of survivors of torture** and **International Day Against Drug Abuse and Trafficking**. Dr.B.Keerthi, Technical Support Manager and Dr.P.Deeksha, Medical Director and Member Child Welfare Committee, Vasavya Mahila Mandali participated in the programme.



Adapilla (Girl Child)

In collaboration with the Lions Club of Vijayawada, V.R.K. Nagar Mahila organized a program on *Adapilla* on 23-08-2014. The Chief Guest was Sri.Suddala Ashok Teja, Cine Writer and the recipient of National Award, Lion Miriyala Venkateswara Rao, District Governor addressed the gathering. Lion Devineni Joni Kumari, presided over the meeting. The meeting was a grand success and students interacted with the guests on different issues related to girls. The interactive session undoubtedly enlightened the students.





A programme to develop the "capabilities approach"



Women must not accept, she must challenge.

Balikalu- Bhadratha (Saftey of Girls)

Arranged a programme in collaboration with AIDWA, on Balikalu- Bhadratha. Smt Tripurana. Venkata Ratnam, Chairman Rastra Mahila Commission, Smt K. Sridevi, AIDWA, Secretary, Vijayawada & Smt K. Usha Rani, in-charge, Krishna District graced the occasion on 22-09-2014. The programme was followed by Photo Exhibition on the problems faced by women in daily life. The guests created awareness to students on the ways to protect themselves in the wake of crime in all walks of life and the need to be careful and vigilant of the crime for their own safety.

> SRI DURGA MALLESWARA SIDDHARTHA MAHILA KALASALA: VJA (An Autonomous College in the Jurisdiction of Krishna University) Re-accredited at 'A' grade by NAAC In Collaboration with IQAC and AIDWA

Women's Cell

Cordially invites you to attend

SADASSU on BALIKALU-BHADRATHA

> the 22rd Sep, 2014 at 2.30 p.m. Chief Guest

Smt. Tripurana Venkata Ratnam

Chairman, State Mahila Commission

Guests

Smt. D.Rama Devi, Vice President AIDWA, Vijayawada & Smt. K.Usha Rani,

Secretary, AIDWA, Vijayawada.

Venue: Seminar Hall

Dr.S. KALPANA,vith onvener, Women's Cell Dr. T. VIJAYA LAKSHMI, PRINCIPAL.





A strong woman stands up herself. A stronger woman stands up for others

Lecture on Women in Social Service

Arranged a special lecture on *Women in Social Service* by Dr. Nanditha Patak, Deendayal Research Institute, Chitrakoot, Madhya Pradesh on 7th Nov, 2014. The resource person stressed the need of service for the well -being of the society in general and women in particular.

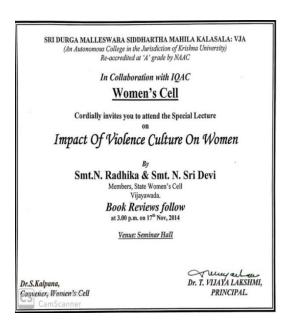




"Women can do small things in a great way"

Lecture on Impact of Violence Culture on Women

Arranged a special lecture on *Impact of Violence Culture on Women* by Smt.C.Radhika and Smt. N.Sri Devi, Members, State Women's Cell, Vijayawada on 17-11-2014. *Students reviewed certain books related to women issues*. The guests explained in detail the negative impacts of violence on women; the disgrace and depression followed due to it, the psychological problems that ensure and how to withstand all these with education and empowerment.



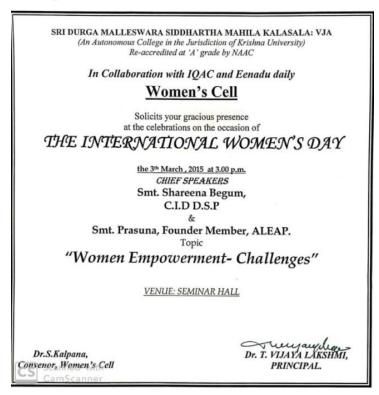




Let us pick up our books and our pens they are the most powerful weapons

International Women's Day-2014-15

On the occasion of International Women's Day arranged a Special Lecture on "Women Empowerment - Challenges" in Collaboration with Eenadu daily by Smt Shareena Begum, C.I.D. D.S.P. & Smt B. Prasuna, Founder Member, ALEAP on 3-03-2015. The guests explained that the problems that women face in attaining women empowerment should be overcome by economic independence.



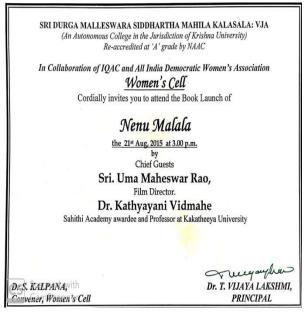


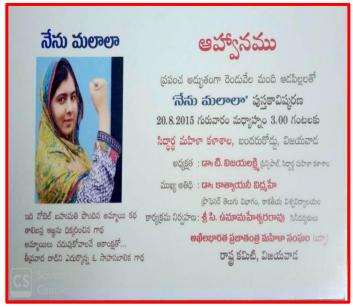
"No one can make you feel inferior without your consent"

2015-16

Book Launch of 'NENU MALALA'

The Book Launch of 'NENU MALALA', The Telugu version of 'I AM MALALA', The Auto Biography of Yousafzai Malala, who bravely put her life at risk for Girl Child Education was celebrated in our college on 21-08-2015 in collaboration with All India Democratic Women's Association. The book was unveiled by 2000 students and said slogan 'I AM MALALA' which inspired the Girl students to promote women education. Sri.Umamaheswara rao, Film Director and Dr.Kathyayani Vidmahe, Sahithi Academy Awardee and professor of Kakatheeya University participated in the programme. The guests quoted some important incidents in the book happened to Malala and inspired students.





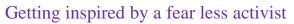
Video Link: https://www.youtube.com/watch?v=u9ggEELL6E4

"We realise the importance of our voices only when we are silenced"

- Malala yousafzai'



Nenu malala'- Book release on the campus





Do not wait for someone else to come and speak for you, It's you who can change the world.

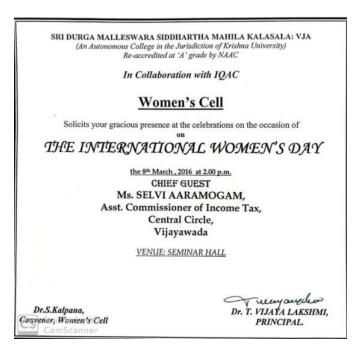
-Malala yousafzai





International Women's Day-2015-16

On the occasion of International Women's Day arranged a guest lecture on the *Importance of Women and their achievements in Different Fields* by Mrs.Selvi Aaramogam, Asst. Commissioner of Income Tax, Central Circle, VJA on 8-03-2016. The resource person motivated and inspired the students to excel in different fields to achieve empowerment.



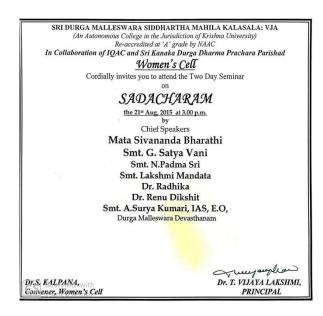


"Women should empower each other instead of being so hateful & envious of one another"

Two- Day Seminar on Sadacharam

Arranged a two- day seminar in collaboration with Sri Kanaka Durga Dharma Pracharaparishad on *Sadacharam*. Mata Sivananda Bharathi, Smt.G. Satyavani, Smt.N.Padma Sree, Smt.Lakshmi Mandata, Dr.Radhika, Dr.Renudikshit & Smt.A.Surya Kumari, IAS, E.O, Durga Malleswara Devasathanam were the resource persons on 29th & 30th Dec, 2016.

The Resource persons highlighted the glory of our culture and the need of practising our customs and traditions because they are scientifically proven. They tried their best to make the students understand the irrelevance of embracing western culture, when all European countries are looking at us for spiritual growth.





'SADACHARAM'- A programme to enlighten the women's rights, female entrepreneurship countering gender based violence, Gender discrimination, health, and vital role to play in different sectors.

National Women's Parliament

Arranged a rally to promote the awareness on **National Women's Parliament** Programme on 10th, 11th & 12th Feb, 2016.





Smt.G.Anuradha, the Chief guest stressed the need of women coming together on one platform to voice out women issues powerfully and to seek solutions to their unsolved problems. She advised that one should not wait for someone to solve problems. Therefore she addressed the gathering about the need of active participation of students in Women Parliament for the progress of women.

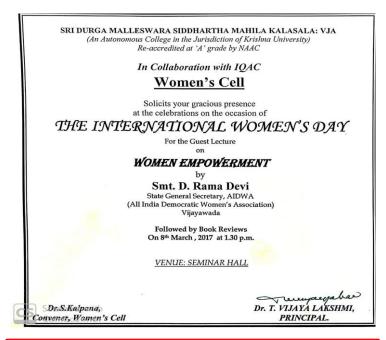






Guest Lecture on Women Empowerment

Arranged a Guest Lecture on *Women Empowerment* by Smt. D. Rama Devi, Secretary, AIDWA, Vijayawada on 08-03-2017. In the interactive session, she enlightened students on the avenues open for women for their empowerment and financial advancement. She advocated that economic independence is the solution for all the problems of women.





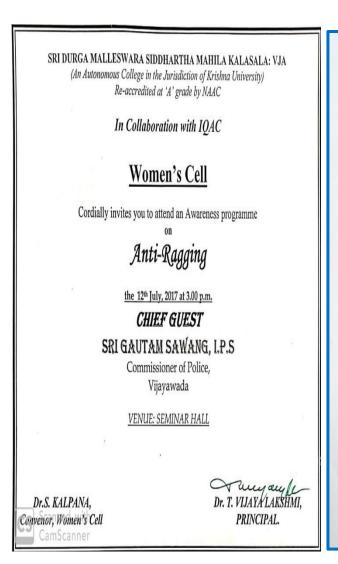
"To educate girls is to reduce poverty"- koffi Annan

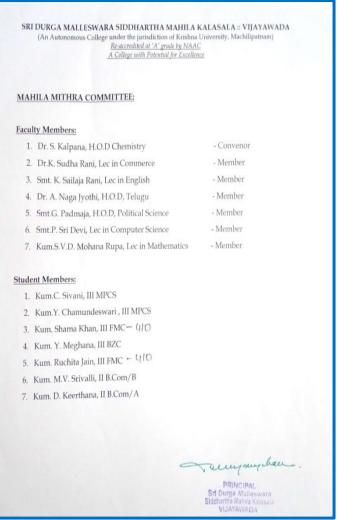
2017-18

An Awareness Programme on Ragging

Women's Cell & Anti- Ragging Cell jointly conducted **an awareness programme on** *Ragging* by Sri.Gowtham Sawang, Commissioner of Police, Vijayawada on 12-07-2017. On the occasion Mahila Mithra Committee was formed to counsel the students.

Sri. Gowtham Sawang in his awareness lecture on Ragging, introduced Mahila Mithra Committee for the safety of the students and explained its functions. He advised the student community to make use of this committee by seeking their help when ever needed. He also gave toll free numbers for consultation and explained how the *safety app* works and advised every girl to download it for their own safety.







Vijayawada city police introduced the unique initiative 'Mahila Mitra'



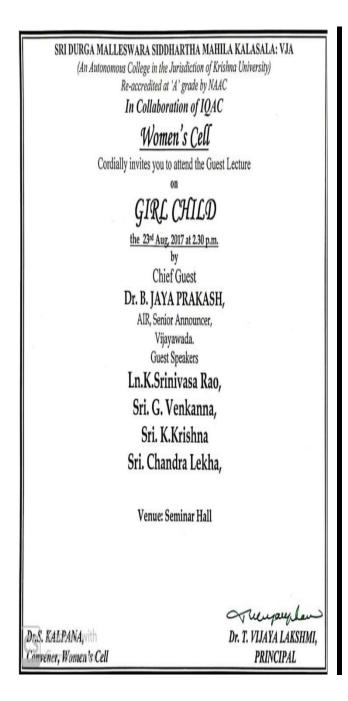
There is no tool for development more effective than the empowerment of women.
-Koffi Annan

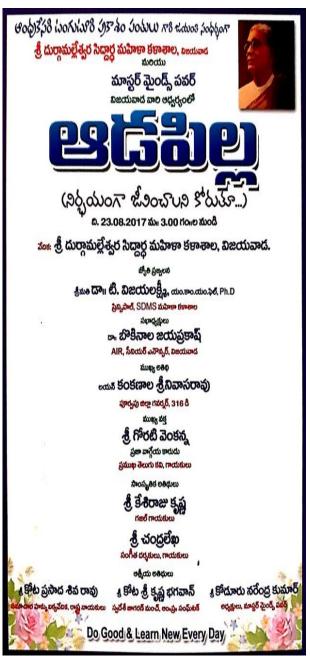


The empowered woman is powerful beyond measure and beautiful beyond description

An Awareness Programme on Girl Child

Arranged an awareness programme on *A Girl Child* by Sri. Goreti Venkanna, Singer & Dr.B. Jaya Prakash, Senior Announcer, AIR, Vijayawada on 23-08-2017. Sri. Goreti Venkanna sang wonderful songs to inspire girl students on the importance of gender.







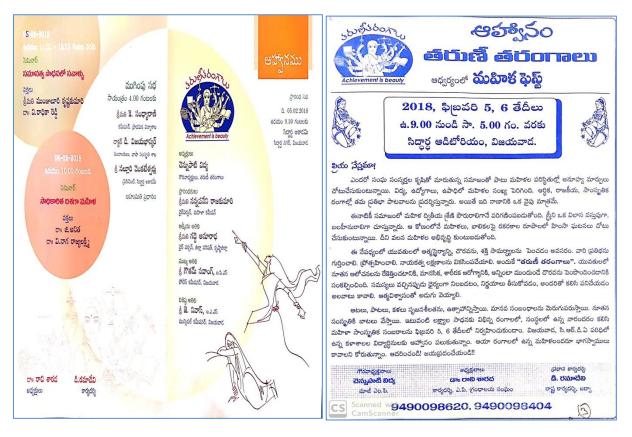
"Stability, dignity and confidence are the prettiest things you can wear"



Women are the largest untapped reservoir of talent in the world - Hillary Clinton

MAHILA FEST

Students actively participated in a two-day programme, **Mahila Fest**(*United Platform of all Women Wings of Vijayawada*) conducted by *Taruni Tarangalu* at Siddhartha Auditorium, Vijayawada on 5th & 6th Feb, 2018. Our students bagged Over All Championship in various competitions conducted in Mahila Fest.





Recipients of Overall championship



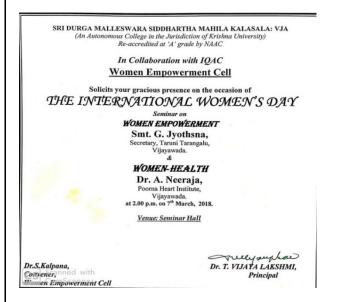


Team Work & Talent Win Championship

International Women's Day-2017-18

On the occasion of International Women's Day arranged a seminar on 'Women Empowerment' by Smt. G. Jyothsna, Secretary, Taruni Tarangalu, Vijayawada and Women – Health by Dr.A. Neeraja, Poorna Heart Institute and Joint Secretary, Taruni Tarangalu Vijayawada on 7-03-2018.

Dr. A. Neeraja spoke on the importance of women's health because women generally in their anxiety for the welfare of the family, disregard their own health which would effect in the long run. She opined that it impacts on families adversely. Smt. G. Jyothsna explained the importance of Women Empowerment.





"The true beauty of a woman is in health"



"If one man can destroy every thing why can't one girl change it?"

2018-19

Round Table Conference

A Round Table Conference on the benefits of Indian Women Network held on 15th June 2018. The resource persons motivated the faculty to join in IWN (Indian Women Network).

SRI DURGA MALLESWARA SIDDHARTHA MAHILA KALASALA: VJA ous College in the Jurisdiction of Krishna University) Re-accredited at 'A' grade by NAAC An IQAC Initiative **Women Empowerment Cell** Cordially invites you to attend Round Table Discussion on IWN Benefits On 15th June, 2018 at 3 P.M Chief Guest Mrs. M. Lakshmi IWN Vice Chair-AP & CEO of Partha Industries

Guest of Honour Mrs. V. Naga Lakshmi IWN Ex Vice Chair-AP & CEO of IMIS Pharmaceutical Speaker Mrs. D. Prasanthi IWN Convenor & Executive Manager of Efftronics VENUE: e-Class Room Dr. M. NALINI Dr. T. VIJAYA LAKSHMI, Dr.S. KALPANA, Convenor, Women Empowerment Cell DIRECTOR PRINCIPAL.



"When women support each other incredible things happen"

Seminar on Atrocities against Women and Children

The Women Empowerment Cell in association with Progressive Organisation of Women, organised a seminar on Atrocities against Women and Children on 25-06-2018. Smt.R.Ganga Bhavani, State President of POW and Smt.P.Padma, City President addressed the gathering.





"Women's Empowerment is interwined with respect of human rights"

Face Painting Competition

Face Painting Competition on the concept of 'Save Girl Child-Save the Nation', was organised by Women Empowerment Cell on 24-07-2018. The prize winners are

Y.Krishna priya and P.Jahnavi (III FMB)- I prize

D.Kavitha (IB.COM/A)- II Prize

Jasia and Vyshnavi (III B.COM/B)- III Prize













Painting contest on girl child conducted

HANS NEWS SERVICE

Vijayawada: A painting competition was organised for the students of Sidel dhartha Mahila Kalasala on the topic a Save the girl child and save the nation on the college premises here on Monday. The programme was organised by the College's Women Empowerment Wing and Student Union Committee.

College Director Dr T Vijayalakshmi said that by organising these programmes, the students could come up with useful and clean ideas. These programmes would bring out the creative skills and hidden talents from the students and they should be encouraged.

The students of both Arts and Sciences departments took part in the painting competition with lot of enthusiasm and showcased their artistic skills.



Staff and students during a painting competition on the topic 'Save the girl child and save the nation' at Siddhartha Mahila Kalasala in Vijayawada on Monday

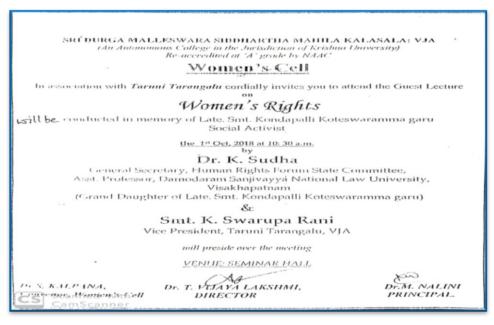
College principal M Nalini complimented the women empowerment wing and Student Union Committee of the college for organising the painting competition. Paintings throw light on the creativity of the students, she added Later, prizes were distributed to the best performers on the occasion.

Women Empowerment wing convener Dr S Kalpana Sailaja, Dr Súdha, Rupa, Student Union Committee convener Dr A Nagajyothi, Padmaja, K Sesi, Dr Kusuma, M Praveena, Bargavi, Umadevi, Kalyani, M Mani and several students were present.



Guest Lecture on Women's Rights

Organized a Guest Lecture on 01-09-2018, on *Women's Rights* by Dr.K. Sudha, General Secretary, Human Rights Forum, State Committee and Asst. Prof., Damodaram Sanjeevayya National Law University, Visakhapatnam and Grand daughter of Smt. Kondapalli Koteswaramma. She motivated students by recalling the struggle faced by her grandmother Smt. Kondapalli Koteswaramma during freedom movement. She explained her sacrifices and endless efforts to achieve Women's rights. Smt.K. Swarupa Rani, Vice- President, Taruni Tarangalu also participated.

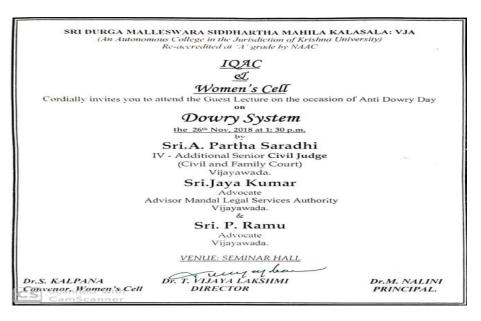




"YOU SHOULD NEVER LET YOUR FEARS PREVENT YOU FROM DOING WHAT YOU KNOW IS RIGHT" - Aung San SuuKyi

Guest Lecture on Dowry System

A guest Lecture on 'Dowry system' by Sri.A.Pardhasaradhi, Sr.Civil Judge, Vijayawada was arranged on 26-11-18. He enlightened students regarding the prevailing laws against dowry and advised them not to feel inferior. He asked them to abide by the age old societal conventions but should focus on achieving empowerment through education.





As long as she is wise and good, a girl has sufficient wealth

An Awareness Programme on Self-Defence

An awareness programme on 'Self-Defence' in collaboration with Inner Wheel Club of Vijayawada was arranged on 04-12-18. Sri Ravi, Trainer of Marshal Arts, demonstrated some tips that girls can execute to protect themselves from ragging, eve-teasing and violence.

SRI DURGA MALLESWARA SIDDHARTHA MAHILA KALASALA: VJA

(An Autonomous College in the Jurisdiction of Krishna University) Re-accredited at 'A' grade by NAAC

IOAC

Inner Wheel Club of Vijayawada Midtown & Women's Cell

Cordially invites you to attend an awareness Program on

Self Defense

G. Latha

President

Inner Wheel Club of Vijayawada Midtown

V. Jyothy

Chairman,

Inner Wheel Club of Vijayawada Midtown

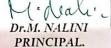
VENUE: e- class room

D.S. KALPANA with

Convenor, Women's Cell

Dr. T. VIJAYA LAKSHMI

DIRECTOR







Self-defence-an investment



The best **self-defence** is to educate oneself



Inner wheel club donated ${\bf Napkin\ Vending\ Machine}$ to Women Empowerment cell

Immediate access to napkins anytime of the day to meet Menstrual emergencies.

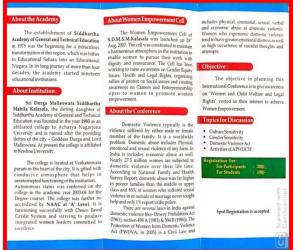
International Conference on 'Domestic Violence'

Arranged an International Conference on 'Domestic violence' on 13-12-18.

The resource persons are:

- 1. Smt.Nannapaneni Rajakumari, Chair person and AP.Mahila Commission, Vijayawada.
- 2. Smt.Kakani Bhavani, Founder and president of 'Asha Kiran' (A home for victims of Domestic Violence (USA).
- 3. Smt.R.Suez, Director, Andhra Pradesh Mahila Commission.
- 4. Smt.M. Lakshmi, Editor, Magazine Sthree Sanghatana, Hyderabad.













Don't be a silent victim! Say "NO MORE"! To domestic violence

The Resource Persons narrated interesting anecdotes to inspire girls about achieving empowerment against Domestic Violence. They also created awareness on the existing laws in favour of women to curtail domestic violence and also the provisions the victims could have in the Court of Justice by way of their right.

Awareness Programme on Social Justice

In association with Sexual Harassment Cell, the Department of Political Science arranged an awareness programme, **Nyaya vignana Sadassu** on Social Justice by P.V.Rajeev, Senior Civil Judge on 20-12-18.



Stand up for what is right! Even if you are standing alone!

Women Fest

The Women Fest was conducted on 12-02-2019 and 13-02-2019 by a team of members from Taruni Tarangalu. The students got

- i) First prize in Folk dance, group song, debate and fruit carving.
- ii) Second prize in Kolatam, mono action, skit, essay writing and fruit carving.





"Winning is not a sometime thing, It's an all-time thing".

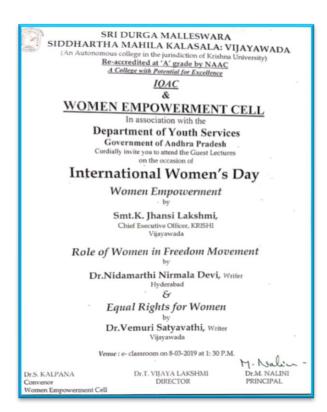
International Women's day-2018-19

On the occasion of International Women's Day i.e on 08-03-2019 arranged a guest lecture on *Women Empowerment*.

The resource persons are:

- i) Smt.K.Jhansi Lakshmi, Chief Executive Officer, KRISHI, Vijayawada.
- ii) Dr.Nidamarthi Nirmala Devi, Writer, Hyderabad.
- iii) Dr. Vemuri Satyavathi, writer, Vijayawada.

Smt.K.Jhansi Lakshmi motivated the students on how to achieve women empowerment through choosing suitable careers for themselves for their own advancement. The other resource persons projected the evils and crimes of today and concluded that education is the only remedy to control the crimes.





Education is the key to self-development and empowerment

MOUS of Women Empowerment Cell

TADEPALLI'S SATYASAI CHEYUTHA SOCIETY

Redg.No 231/08



Early intervention and special Education for Intellectually Challenged

Prevention is better than cure Early Intervention is better than late
Plot No. 18, Road No.3, Sector-IV, Lotus Land Mark, Kedareswarapet, VIJAYAWADA-3. (O) 0866-2535781 (M): 9440421781

Dt: 11-07-2016

MEMORANDUM OF UNDERSTANDING

CHEYUTHA

(Early intervention and special education centre)

And

WOMEN EMPOWERMENT CELL

S.D.M.SiddharthaMahilaKalasala, Vijayawada

In accordance with mutual understanding between CHEYUTHA, Vijayawada and S.D.M.SiddharthaMahilaKalasala, Vijayawada to extend co-operation in conducting activities for the exchange of ideas and rendering service to society through Women Empowerment Cell, both the organizations enter into MoU for a period from 11th July 2016 to 30th April, 2019.

Convenor of Women Empowerment Cell, S.D.M.SiddharthaMahilaKalasala invites the members of CHEYUTHA to conduct various activities in the college, for the furtherance of knowledge without any financial commitment.

CHEYUTHA invites the members of Women Empowerment Cell, S.D.M.SiddharthaMahilaKalasala, to deliver lectures and to conduct activities without any financial commitment.



Dr. T. Kr: elne kunar.

PRINCIPAL PRINCIPAL

"CHEYUTHA"

Early Intervention & Special Education School Plot No: 18, Road No: 3, Sector-IV, Lotus Land Mark, Kedareswarapet, VIJAYAWADA-520-003,



Students and Members of Women's Cell & No More Tears participated in the District level Seminar and Work Shop on AUTISM by 'CHEYUTHA'



A memento to the guest Dr.T.Krishna kumara, Principal, Cheyutha





TARUNI TARANGALU

Janasikshana Samsthan Office, 32-15-75, Ravichettu Centre, Moghafrajpuram, VIJAYAWADA Cell : 9392102171, 9490098620, 9490098404, e-mail : tarunitarangafu@gmail.com

Ref

Date: 25 1 2015

MEMORANDUM OF UNDERSTANDING

TARUNI TARANGALU

(MahilA Sadikarika Samastha)

e.

WOMEN EMPOWERMENT CELL

S.D.M.Siddhartha Mahila Kalasala, Vijayawada.

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Convener of Women Empowerment Cell, SDM Siddhartha Mahila kalasala invites the members of Taruni Tarangalu to conduct various activities in the college, for the furtherance of knowledge without any financial commitment.

Taruni Tarangalu invites the members of Women Empowerment Cell, SDM Siddhartha Mahila Kalsala to conduct various activities for the furtherance of knowledge without any financial commitment.

(G. Jyotsna)

Gen. Secretary

Vijayawada.

Director Director

Sri Durga Malleswara

Siddhartha Mahila Kalasata Vijayawada-10. Principal I/C Sri Durga Malleswara

Siddhartha Mahila Kalasala VIJAYAWADA-10.

President :

Dr. Ravi Sarada

General Secretary:

G. Jyotsna

Vice-Presidents: N. Vidya Kanna, K. Satyavathi, Dr. Rejeena, G. Vani, P. Sailaja, K. Kalpana
Join Secretaries: D. Rama Devi, K. Swarupa Rani, Dr. A. Neeraja, K. Sri Devi, K.L. Aneesha, G. Krishna Veni
Cam Scanner

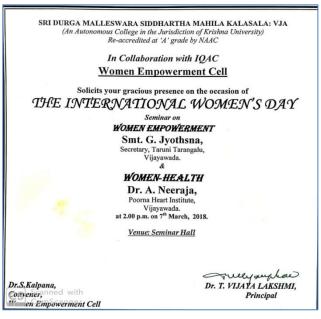
Recipients of Overall Championship in Mahila Fest conducted by Taruni Tarangalu





On the occasion of International Women's Day arranged a seminar on Women *Empowerment* by Smt. G. Jyothsna, Secretary, Taruni Tarangalu, Vijayawada and *Women – Health* by Dr.A. Neeraja, Poorna Heart Institute, Joint Secretary, Taruni Tarangalu Vijayawada on 7-03-2018.

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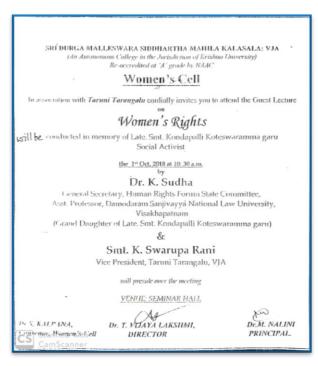


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"YOU SHOULD NEVER LET YOUR FEARS PREVENT YOU FROM DOING WHAT YOU KNOW IS RIGHT" - Aung San SuuKyi



VASAVYA MAHILA MANDALI

Estd 1969 - Regd. No. 237 of 1975 Accredited to : International HIV/AIDS Alliance, U.K. IRCT, Denmark.

TISS (AESDII), Mumbai.



Founder : Sara

Saraswathi Gora

Recipient of Jamana Lal Bajaj Award 1999

Recipient of G.D. Birla Award 2000

President

: Dr. B. Keerthi

Change Maker

Founder:

Chennupati Vidya

President 1969 - 2018

Former Member of Parliament

Recipient of Jamana Lal Bajaj Award 2014

Secretary

: G. RASHMI. B.Sc.,

MEMORANDUM OF UNDERSTANDING

VASAVYA MAHILA MADALI

(NGO for Women & Child)

And

WOMEN EMPOWERMENT CELL

S.D.M.Siddhartha Mahila Kalasala, Vijayawada

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Convenor of Women Empowerment Cell, S.D.M.Siddhartha Mahila Kalasala invites the members of Vasavya Mahila Mandali to conduct various activities in the college, for the furtherance of knowledge without any financial commitment.

Vasavya Mahila Mandali invites the members of Women Empowerment Cell, S.D.M.Siddhartha Mahila Kalasala, to deliver lectures without any financial commitment.

Dr. B. Keerthi President

Vasavya Mahila Mandali

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Principal I/C Sri Durga Malleswara Siddhartha Mahila Kalasala VIJAYAWA DA-10.

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In association with Vasavya Mahila Mandali, No More Tears conducted SURVEY by the students of the college on Maternal Health Care Services





A seminar on the topic - Drug Abuse and Illicit Trafficking by Smt.Chennupati Vidya, Founder, Vasavya Mahila Mandali on 25th June 2014 on the eve of International Day in support of survivors of torture and International Day Against Drug Abuse and Trafficking. Dr.B.Keerthi, Technical Support Manager and Dr.P.Deeksha, Medical Director and Member Child Welfare Committee, Vasvya Mahila Mandali participated in the programme.

A seminar on the topic - Drug Abuse and Illicit Trafficking by Smt.Chennupati Vidya, Founder, Vasavya Mahila Mandali.



REPORT TO VERMA COMMITTEE ON ATROCITIES AGAINST WOMEN

In 24-1-2013, Humanities Association, Student Welfare Counseling cell and women's cell of SDMSM Kalasala together organized a panel discussion on 'Atrocities against Women'. The panel constituted 11 members of repute from different walks of life. The panel analyzed the reasons for frequent attacks and atrocities on women a menace to society, and suggested the following measures to curb the evil.

- Hanging criminals is not a suitable solution .Must try to bring change in the
 thinking and behavior of men towards women by cultivating human values and by
 building up of love and affection in family relations and by forbidding youth from
 drugs and the intake of liquor .Punishments must be severe to evoke respect and
 fear for law.
- 2. To minimize domestic violence and atrocities on women, women welfare organizations must send their volunteers from home to home to record cases of domestic violence and provide mobile justice duly.
- Children from small families enjoy unlimited freedom and exercise individuality
 .They must strictly take all caution for self defense and act within limits.
- 4. Media also must play a responsible role in condemning unjust acts against women and enlighten them on matters of how to fight legally against such atrocities. It must not print or telecast anything in detail that badly influences the youth.
- 5. The government must give up completely stimulants like liquor and drugs that trigger vice and violence in man.
- 6. Parents and teachers must frequently guide youth to overcome their depression, natural at their age and help them improve self confidence. Children must trust their parents as true well wishers and confide in them. Parents and teachers must instill courage among children. They must encourage students to confide in them without inhibitions and fight against evils.