

RALLY FOR NUTRITIONAL AWARENESS

Nature of Programme	:	Rally
Title	:	Rally for Nutritional Awareness.
Participants	:	Food Science & Technology Students along with Z. P. high School.
Date	:	4th September 2025
Total No. of Participants	:	100

Brief Report:

The Department of Food Science and Technology Visited Zilla Parishad High School in Punadipadu, Andhra Pradesh on 4th September 2025 has conducted a rally by final FST students along with the school students. The rally aimed to spread awareness among school children about the importance of balanced diets, healthy eating habits, and the prevention of lifestyle-related diseases. Students of Food Science and Technology, along with the school children, actively participated in the event. They carried placards and raised slogans like; “*Eat Healthy, Stay Strong!*”, “*Say Yes to Fruits and Veggies, No to Junk!*” and “*Balanced Diet, Bright Life!*”. The rally created an enthusiastic atmosphere, encouraging children to adopt healthy food choices in their daily lives. It also motivated them to share the key messages with their families and peers, thereby extending the impact of the programme to the wider community.



