



"COMMUNAL/ RURAL SUPPORT PROGRAMME"
2023-24



CERTIFICATE

This is certify that NATASHA, CHANDNI, BHARAT, KAMAL, MINAKSHI, DEEPAK
student of **Psychology department** from **B.C.S. Govt. PG College, Dhamtari (C.G.)**
Organized the **Personality Development Programme** in our institute on
11 DEC 2023.




Assistant Project Officer
District Project Livelihood College
Dhamtari (C.G.)
Signature of Head of the Institute

DEPARTMENT OF PSYCHOLOGY
COMMUNAL /RURAL SUPPORT PROGRAM
B.C. S. GOVT. P.G. COLLEGE DHAMTARI (C.G.)

2023-24

Report

The Communal /Rural Support Program was started by the IQAC of B.C. S. Govt. P.G. College Dhamtari (C.G.) in session of 2023-24. The objective of communal / Rural programme is to reach the benefit of higher education to the community or rural areas. The knowledge of highly qualified teachers and their students/ alumni has been brought to the communal level.

The Personality Development Program conducted by the Department of Psychology of B.C.S. Govt. P.G. College aimed to enhance the every dimensions of personal growth of adolescents. This program was held on December 11 2023 at Livelihood College Dhamtari, under the Communal/Rural Support Program of Internal Quality Assurance Cell (IQAC).


Dr. Sarla Dwivedi, HOD Of Psychology and IQAC co-ordinator has commenced the session, discussing the essential elements of personality development and emphasizing the importance of good and positive behavioral patterns among college students. During the session, students of B.A. final year (Psychology) conducted various engaging activities such as dramas, role plays etc.

Through role play technique, students were taught that our good communication protects our lives from conflicts and manages our negative energies; this is a better technique for anger management.


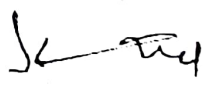
All the participants played different roles. They were given the theme of Mother-daughter, boss and subordinate and college going students and made them play the roles. This technique helps in empathy development and compassion enhancement. Also there is better training of emotional intelligence.

Communication, an important dimension of personality, was developed through this program. Through role plays, the relationship and practical and behavioral insights between students and teachers were explored by assigning students the role of teachers and vice versa. During the program, college teachers and over the 40 students are engaged.

This initiative aspires to contribute to the evolving social behavior, making them integral parts of a developed India.


HOD-Psychology

Dr. Sarla Dwivedi

 IQAC COORDINATOR IQAC Co-ordinator B.C.S. Govt. P.G. College Dhamtari (C.G.)	 PRINCIPAL PRINCIPAL B.C.S. Govt. P.G. College Dr. Shreedevi Choubey Dhamtari (C.G.)
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कार्यालय प्राचार्य
बी.सी.एस. शासकीय स्नातकोत्तर महाविद्यालय, धमतरी (छ.ग.)

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भारत 2023 INDIA

कृषि क्रांति

ONE EARTH - ONE FAMILY - ONE FUTURE

AISHE CODE: C-21763

NAAC GRADE B+

दूरभाष - 07722-238933

फैक्स - 07722-237933

धमतरी, दिनांक 06/12/2023

प्रति,

प्रधानाचार्य/प्राचार्य/अध्यक्ष

आईपली डूड कॉलेज, धमतरी

विषय :-

“Communal/ Rural Support Programme” 2023-24 के तहत कराई जाने वाली गतिविधि हेतु अनुमति बाबत।

महोदय,

विषयान्तर्गत लेख एवं निवेदन है कि बी.सी.एस. शासकीय स्नातकोत्तर महाविद्यालय, धमतरी (छ.ग.) के IQAC के तत्वाधान में “Communal/ Rural Support Programme” 2023-24 चलाया जा रहा है, जिसके अन्तर्गत मनोविज्ञान विभाग के विद्यार्थियों द्वारा आपकी संस्था में व्यक्तित्व विकास विषय पर गतिविधियों का संचालन किया जाना है। कृपया अपनी आवश्यक अनुमति प्रदान करके सहयोग प्रदान करें एवं “Communal/ Rural Support Programme” को सफल बनावे।

सधन्यवाद !

**HOD,
Psychology**

Dr. SARLA DWIVEDI
H.O.D. (Psychology)
B.C.S. Govt. PG. College
DHAMTARI (C.G.)

(Dr. Sarla Dwivedi)
IQAC Coordinator
B.C.S. Govt. P.G. College,
Dhamtari (C.G.)

(Dr. Shreedevi Choubey)
Principal

B.C.S. Govt. P.G. College,
Dhamtari (C.G.)
B.C.S. Govt. PG. College
DHAMTARI (C.G.)

दिनांक 11/12/23, दिन सोमवार
को 11 बजे गतिविधि करायी
जा सकती है।





Internal Quality Assurance Cell (IQAC)
B.C.S. GOVT. PG. COLLEGE, DHAMTARI (C.G.)



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“Communal/ Rural Support Programme” 2023-24

Livelihood College Dhamtari

S.No.	Name	Class	Sign.
1.	Aparva Bhatt	DDEO	
2.	Khemlata Sahu	DDEO	
3.	Mamta sinha	DDEO	
4.	Amit nagesh	DDEO	
5.	Damendra Sahu	D.D.E.O.	
6.	Leela Kumar Yadav	DDEO	
7.	Indrani Sahu	DDEO	
8.	Arisha Kadam	DDEO	
9	Nutan Sahu	DDEO	
(10)	Ehta Matsyapal	DDEO	
11	Dulleshwar	DDEO	
12	Rishikesh Sahu	DDEO	
13	Namra Sahu	DDEO	
14	Vasini	DDEO	
15	Purnima	DDEO	
16	Kiran Dinkar	DDEO	
17)	Anju Manhare	DDEO	
(18)	Rupali kurve	DDEO	