



स्वास्थ्य का आवश्यकता पर बहुत ही सुंदर व्याख्यान दिया। डाक्टर लोकेश्वर प्रसाद सिन्हा ने मनोविज्ञान की आवश्यकता को जरूरी बताया। धमतरी कॉलेज के मनोविज्ञान विभाग की विभागाध्यक्ष डॉक्टर सरला द्विवेदी एवम दुर्गा महाविद्यालय की विभागाध्यक्ष डॉक्टर शकुंतला दुल्हानी ने मानसिक स्वास्थ्य एवं एमओयू के तहत दोनों ही कॉलेज के प्राध्यापक गणों एवं विद्यार्थियों के मध्य इस प्रकार के कार्यक्रम को बहुत ही सराहा एवं इसकी आवश्यकता पर प्रकाश डाला। इस कार्यक्रम में धमतरी कॉलेज की प्राचार्य श्रीदेवी चौबे मैडम, उपप्राचार्य अनीता राजपुरिया मैडम, अर्थशास्त्र विभाग की खालसा मैडम, अंग्रेजी विभाग से चौधरी सर,



Dhantari, Chhattisgarh, India
PG5J+J2X, PG College Rd, Subhash Nagar, Dhantari, Chhattisgarh 493
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Long 81.530204°
30/01/24 12:53 PM GMT +05:30



MoU

Memorandum of Understanding



PSYCHOLOGY DEPARTMENT

B.C.S. Govt. P.G. College, Dhamtarti (C.G.)

&

PSYCHOLOGY DEPARTMENT

Durga College, Raipur (C.G.)

For

**Student Exchange Programs
Faculty Exchange Programs**

The general objective of this MoU is to stimulate and facilitate the development of collaborative and mutually beneficial programs which serve to enhance the intellectual aspect of student as well as faculty and culture development on both campuses. Thus B.C.S. Govt. P.G. College, Dhamtarti and Durga College, Raipur have agreed that in support of their mutual interest in the field of education. From 01-09-2022 to 31-08-2025.



(Dr. Sarla Dwivedi)

HoD, Psychology Department

(Dr. Shakuntala Dulhani)

HoD, Psychology Department

Principal
B.C.S. Govt. P.G.
Dhamtarti

B.C.S. Govt. P.G. College, Dhamtarti

Principal

Durga College, Raipur
PRINCIPAL,
DURGA COLLEGE, RAIPUR, C.G.

Report of Faculty and Student Exchange Program
under the agies of Memorandum of Understanding (MoU)

30.01.2024

Organized by

Department of Psychology, B.C.S. Govt. P.G.College, Dhamtari (CG)

&


Department of Psychology, Durga , College,Raipur (CG)

On 30th January, 2024, under the MoU of Psychology Department, B.C.S. Govt. P. G. College, Dhamtari and Psychology Department, Durga College, Raipur, activities were organized in the faculty and student exchange program, in which the following activities were carried out by the students of Psychology Department of both the colleges.

SN	Name of Activity	Details
1	Skit (Student of B.A. III Nathasha, Nand Kishore, Tanishq, Kusum, Soumya, Meenakshi)	A drama on parent child relationship was performed by the students of B.A.part III in which the students tried to show how the relationship between parents and children should be. The right communication was based on mutual understanding. How parents should choose the career of their children based on their interests and abilities and how children should take advantage of the guidance, experiences and suggestions of their parents to fulfill their needs was demonstrated through the skit.
2	Dance Drama (Student of B.A. III Kusum, Meenakshi, Nathasha, Megha. Laxmi, Chandni Soumya parihar)	An attempt was made to express the ill-effects of social media through dance drama. Students explained how people spend more time on social media these days. They live in their own world, away from their family members even while staying with them. An attempt was made to show through dance drama what effect it is having on children, their studies and overall personality development.

3	Presentation (Student of B.A. III Deepak Gangber)	What is prosocial behaviour? An attempt was made to explain its individual, social and situational determinants through the presentation.
4	Presentation (Student of B.A. II Shoib Ali)	In this presentation, the student tried to explain what social psychology is, how it became an emergence of Social Psychology; what is its scope and what type of content is taught it.
5	Presentation (Student of B.A. III Tanishq)	In the presentation, an attempt was made to explain how social media is used excessively and how a lot of our day's time is wasted on social media. How is this affecting our daily routine, studies and productivity and work efficiency?
6	Relaxation Dance (Student of B.A. II Shubhra Thakur)	Training was given in relaxing dance. This is a technique that reduces mental and physical stress. It releases good and happy hormones. It makes us feel happy.
7	Lecture (Dr. Shakuntala Dulhani, HOD Psychology)	Dr. Shakuntala Dulhani gave a lecture on communication skills. In this she explained how communication skills can be improved. What impact can it have. How communication skills can be helpful in your professional, personal and academic life.
8	Lecture (Dr. Sarla Dwivedi, HOD Psychology)	Dr. Sarla Dwivedi gave a lecture on public speaking anxiety. In this she explained public speaking anxiety and also suggested ways to overcome it. How can students overcome public speaking anxiety? She explained the best technique to overcome stage phobia.

In this program, many professors of the college and faculty members of the Psychology department, students and professors and students of Durga college were present. The program was organized and prepared by all the students of the Psychology department and the program was guided and directed by the Head of the Department, Dr. Sarla Dwivedi.


Dr. SARLA DWIVEDI
 H.O.D. (Psychology)
 B.C.S. Govt. PG. College
 DHAMTARI (C.G.)



दुर्गा महाविद्यालय, रायपुर (छ.ग.)

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क्रमांक -----

दिनांक 29/1/24

प्रति,

प्राचार्य

शासकीय बी.सी.एस. पी.जी. महाविद्यालय,

धमतरी, (छ.ग.)

विषय- एमओयू के तहत दिनांक 30 जनवरी 2024 को मनोविज्ञान विभाग द्वारा Student Exchange Program & Faculty Exchange Program में सम्मिलित होने बाबत।

महोदया,

उपरोक्त विषयान्तर्गत दिनांक 30 जनवरी 2024 को एमओयू के तहत मनोविज्ञान विभाग धमतरी एवं मनोविज्ञान विभाग दुर्गा महाविद्यालय के संयुक्त तत्वावधान में Student Exchange Program & Faculty Exchange Program का आयोजन किया गया है।

उक्त कार्यक्रम हेतु दुर्गा महाविद्यालय के मनोविज्ञान विभाग की विभागाध्यक्ष डॉ. शकुन्तला दुल्हानी एवं महाविद्यालय के डॉ. व्ही.के. चौबे, तथा डॉ. लोकेश्वर प्रसाद सिन्हा सम्मिलित होंगे, साथ ही साथ मनोविज्ञान विभाग के 35 छात्र-छात्राएँ भी उक्त कार्यक्रम में अपनी सहभागिता देंगे।

प्राचार्य
PRINCIPAL

दुर्गा महाविद्यालय, रायपुर (छ.ग.)
RAIPUR (C.G.)



कार्यालय प्राचार्य
बी.सी.एस. शासकीय स्नातकोत्तर महाविद्यालय, धमतरी (छ.ग.)

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दिनांक 29/01/2024

:: सूचना ::

महाविद्यालय के समस्त नियमित छात्र-छात्राओं एवं स्टॉफ को सूचित किया जाता है कि मनोविज्ञान विभाग बी.सी.एस.शासकीय स्नातकोत्तर महाविद्यालय धमतरी एवं दुर्गा महाविद्यालय रायपुर के MOU के तहत Student Exchange and Faculty Exchange Programme का आयोजन कल दिनांक 30.01.2024 को किया जाना है ,जिसमें दुर्गा महाविद्यालय रायपुर के मनोविज्ञान विभाग की विभागाध्यक्ष डॉ.शकुन्तला दुल्हानी , डॉ.व्ही.के.चौबे तथा डॉ.लोकेश्वर प्रसाद सिन्हा सम्मिलित होंगे साथ ही मनोविज्ञान विभाग के 35 छात्र-छात्राएं भी अपनी सहभागिता देंगे। आप सभी की उपस्थिति अनिवार्य है।

समय :- प्रातः 11:30 बजे

स्थान :- नवीन भवन स्थित स्मार्ट क्लॉस रूम

(डॉ. अनिल कुमार)

PRINCIPAL
B.C.S. Govt. P.G. College

बी.सी.एस. शासकीय स्नातकोत्तर महाविद्यालय
जिला-धमतरी (छ.ग.)