

## DSSSB UPDATED STUDY PLAN

DATE	ROHIT SIR- PHYSICAL EDUCATION	AMARDEEP SIR(HINDI/QUANT/REASONING)	TEJAS SIR - GS AND CURRENT AFFAIRS	MANISH SIR - ENGLISH
	Slot - 6.00-7.00 PM ( 60 Mins )	Slot - 11.30AM-12.30 PM ( 60 Mins )	Slot - 3.30- 4.30 PM ( 60 Mins )	Slot - 1.00-2.00 PM ( 60 Mins )
21-Sep	SKELETON SYSTEM PART 1	वर्ण विचार -1	Ancient history in one sight	ARTICLES
22-Sep	SKELETON SYSTEM PART 2	वर्ण विचार 2	Medival history in one sight part 1	TENSE
23-Sep	TYPE OF JOINTS PART 1	शब्द विचार 1	Medival history in one sight part 2	CONDITIONAL TENSE
24-Sep	TYPE OF JOINT PART 2	शब्द विचार 2	Modern history in one sight part 1	Subject Verb Agreement
25-Sep	TYPE OF MAJOR MUSCLES PART 1	संज्ञा	Modern history in one sight part 2	ADJECTIVE
26-Sep	TYPE OF MAJOR MUSCLES PART 2	सर्वनाम	Modern history in one sight part 3	Adverb
28-Sep	PLANNING IN SPORTS PART 1	विशेषण	World geography part 1	CONJUNCTION
29-Sep	PLANNING IN SPORTS PART 2	कारक	World geography part 2	Voice
30-Sep	PLANNING IN SPORTS PART 3	क्रिया	Indian geography part 1	PRACTICE CLASS
1-Oct	YOGA	अविकारी शब्द	Indian geography part 2	NARATION
2-Oct	POSTURES	उपसर्ग प्रत्यय	Indian geography part 3	PRACTICE CLASS
3-Oct	WOMEN AND SPORTS	संधि 1	Solar system	PREPOSITION
5-Oct	SPORTS MEDICINE PART 1	संधि 2	Indian polity part 1	ERROR DETECTION
6-Oct	SPORTS MEDICINE PART 2	समास	Indian polity in one sight	READING COMPREHENTIONS

			part 2	
7-Oct	SPORTS MEDICINE PART 3	वाक्य और काल	indian polity in one sight part 3	PARAJUMBLES
8-Oct	SPORTS TRAINING PART 1	वाक्य विचार	indian polity in one sight part 4	PHRASE REPLACEMENT
9-Oct	SPORTS TRAINING PART 2	लिंग वचन और शब्द त्रुटि	indian economy one sight part 1	SENTENCE COMPLETE
10-Oct	SPORTS TRAINING PART 3	रस छंद और अलंकार	indian economy in one sight part 2	ANTONYM/SYNONYM
12-Oct	SPORTS NUTRITION PART 1	हिंदी साहित्य की एक झलक	indian economy in one sight part 3	IDIOM /PHRASE
13-Oct	SPORTS NUTRITION PART 2	अनुच्छेद एक परिचय	Static gk part 1	ONE WORD SUBSTITUTION
14-Oct	SPORTS NUTRITION PART 3	NUMERICAL ABILITIES(maths)	Static gk part 2	
15-Oct	HEALTH EDUCATION PART 1	NUMBER SYSTEM	Static gk part 3	
16-Oct	HEALTH EDUCATION PART 2	SIMPLIFICATION	Static gk part 4	
17-Oct	HEALTH EDUCATION PART 3	DECIMAL ANDS FRACTION	Current affairs part 1	
19-Oct	KINESIOLOGY AND BIOMECHANICS PART 1	LCM AND HCF	Current affairs part 2	
20-Oct	KINESIOLOGY AND BIOMECHANICS PART 2	PERCENTAGE	Current affairs part 3	
21-Oct	KINESIOLOGY AND BIOMECHANICS PART 3	RATIO AND PROPORTION	Practice session on current event 1	
22-Oct	PHYSIOLOGY AND SPORTS PART 1	PROFIT LOSS	Practice session on current event 2	
23-Oct	PHYSIOLOGY AND SPORTS PART 2	DISCOUNT AND CI	Practice session on current event 3	
24-Oct	BODY TYPES AND BMI	SIMPLE INTEREST	Practice session on current event 4	
26-Oct	PSYCHOLOGY AND SPORTS PART 1	AVERAGE		
27-Oct	PSYCHOLOGY AND SPORTS PART 2	TIME AND DISTANCE		

28-Oct	PSYCHOLOGY AND SPORTS PART 3	TIME AND WORK		
29-Oct	TEST MEASUREMENT PART 1	MENSURATION		
30-Oct	TEST MEASUREMENT PART 2	DATA INTERPRETATION		
31-Oct	DIVYANG	MOCK TEST 1		
2-Nov	PHYSICAL FITNESS AND WELLNESS	MOCK TEST 2		
3-Nov	CIRCULATORY SYSTEM	Alphabates		
4-Nov	DIGESTIVE SYSTEM	Analogy		
5-Nov	ENDOCRINE SYSTEM	Syllogism		
6-Nov	RESPIRATORY SYSTEM	Classification		
7-Nov	NERVOUS SYSTEM	series		
9-Nov	EXCRETORY SYSTEM	Direction and Distance		
10-Nov	BLOOD	Blood Relation		
11-Nov	CELL ,TISSUES, ORGAN	Calender		
12-Nov	DIFFRENT THEORIES OF FATNESS PART 1	Cube and Dices		
13-Nov	DIFFRENT THEORIES OF FATNESS PART 2	Find and Lost Diagram		
14-Nov	OLYMPICS PART 1	Mirror and Water		
16-Nov	OLYMPICS PART 2	Mirror Image		
17-Nov	HISTORY OF PHYSICAL EDUCATION PART 1	Venn Diagram		
18-Nov	HISTORY OF PHYSICAL EDUCATION PART 2	Clock		
19-Nov	TEST AND MEASUREMENTS IN GAMES PART 1	Sitting Arragement and Ranking		
20-Nov	TEST AND MEASUREMENTS IN GAMES PART 2	Statement and Assertions		
21-Nov	COMMONWEALTH GAMES	Counting of Figures		
23-Nov	ASIAN GAMES	Practice sessions		
24 Nov	MEASUREMENT PART 1			
25-Nov	MEASUREMENT PART 2			
26 Nov	MEASUREMENT PART 3			
27 Nov	AWARD AND TROPHIES			

## WHY TAKE THIS COURSE?

- Interactive classes let you get in touch with your favourite teachers as you can directly talk to them and solve your doubts.
- Complete course from basic to advance along with the tricks and tips to increase your speed.
- Topic wise test after each class with detailed solutions to help you solidify your concepts.
- Content based on latest pattern by the biggest content research team.
- 24\*7 Doubt clearing helps you in resolving your query anywhere, anytime.

