

மேன்மை 2.0 - SSC FOUNDATION BATCH 2026

Day	Date	Arun Prasath - Reasoning Time: 3PM to 4PM	VimalRaj - Aptitude Time: 9AM - 10AM	Ashiq- Current Affairs Time: 12-1PM	Pranawa - English Time: 11 - 12 PM	Subject	Kishore - General Awareness Time : 2 to 3 PM	Subject	Kishore - General Awareness Time : 4 to 5 PM
Dec 16	Tuesday	Alphanumeric symbol Series - 1	Orientation at 10AM						
Dec 17	Wednesday	Alphanumeric symbol Series - 2		Orientation at 12PM					
Dec 18	Thursday	Analogy	ALGEBRA - 1						
Dec 19	Friday	Odd One Out	ALGEBRA - 3						
Dec 20	Saturday	Directions Test - 1	ALGEBRA - 2						
Dec 21	Sunday								
Dec 22	Monday	Directions Test - 2	ALGEBRA - 4						
Dec 23	Tuesday	Blood Relations - 1	TRIGONOMETRY - 1		Noun 1				
Dec 24	Wednesday	Blood Relations - 2	TRIGONOMETRY - 3		Noun 2				
Dec 25	Thursday	-	TRIGONOMETRY - 2		Pronoun 1				
Dec 26	Friday	Coding and Decoding	HEIGHTS AND DISTANCE		Tenses 1				
Dec 27	Saturday	Arithmetic Operations & Logical Arrangement	MENSURATION - 1		Tenses 2				
Dec 28	Sunday								
Dec 29	Monday	Iniquity - 1	MENSURATION - 3		No class				
Dec 30	Tuesday	Iniquity - 2	MENSURATION - 2		No class				
Dec 31	Wednesday	Logical venn diagram	MENSURATION - 4		No class				
Jan 1	Thursday	-	MENSURATION - 5		Holiday				
Jan 2	Friday	Syllogism - 1	GEOMETRY - 1		Verb	Computer Science	Computer Science - 1		
Jan 3	Saturday	Syllogism - 2	GEOMETRY - 2		Adjective 1	Computer Science	Computer Science - 2		
Jan 4	Sunday								
Jan 5	Monday	Syllogism - 3	GEOMETRY - 3	Art and Culture of India - 1	Adjective 2	Computer Science	Computer Science - 3		
Jan 6	Tuesday	Number series / Missing Term	GEOMETRY - 4	Art and Culture of India - 2	Adverb	Computer Science	Computer Science - 4		
Jan 7	Wednesday	Cubes & Dice	GEOMETRY - 5	Indian Literature	Preposition 1				
Jan 8	Thursday	Counting of figures	GEOMETRY - 6	Games and Sports	Preposition 2				
Jan 9	Friday	Mirror image & Water image		Monuments and Places of India	Conjunction				
Jan 10	Saturday	Clock & Calendar		Miscellaneous GK	Articles				
Jan 11	Sunday								
Jan 12	Monday	Paper folding & cutting	NUMBER SYSTEM - 1	Current Affairs - 1	Subject-Verb Agreement	Geography	Universe	Economics	Introduction, Types, Systems
Jan 13	Tuesday	Embedded & Complete the Figures	NUMBER SYSTEM - 2	Current Affairs - 2	Question Tag	Geography	Solar System	Economics	Sectors, Features

Day	Date	Arun Prasath - Reasoning	VimalRaj - Aptitude	Ashiq- Current Affairs	Pranawa - English	Subject	Kishore - General Awareness	Subject	Kishore - General Awareness
		Time: 3PM to 4PM	Time: 9AM - 10AM	Time: 12-1PM	Time: 11 - 12 PM		Time : 2 to 3 PM		Time : 4 to 5 PM
Jan 14	Wednesday	-	NUMBER SYSTEM -3	Current Affairs - 3	No class	Geography	Basics of Earth	Economics	Demand, Supply
Jan 15	Thursday	-	LCM AND HCF - 1	Current Affairs - 4	No class	Geography	Continents and Countries	Economics	Goods, Markets
Jan 16	Friday	-	LCM AND HCF - 2		No class	Geography	Lithosphere	Economics	Curves
Jan 17	Saturday	-	SIMPLIFICATION - 1		No class	Geography	Hydrosphere	Economics	National Income - 1
Jan 18	Sunday								
Jan 19	Monday	Number Ranking	SIMPLIFICATION - 2		Speech 1	Geography	Atmosphere	Economics	National Income - 2
Jan 20	Tuesday	Seating Arrangement	RATIO AND PROPORTION - 1		Speech 2	Geography	Wind System	Economics	Indexes, Money Supply
Jan 21	Wednesday	Seating Arrangement	RATIO AND PROPORTION - 2		Voice 1	Geography	Land Forms	Economics	Banking
Jan 22	Thursday	Puzzle Test	AGES AND PARTNERSHIP		Voice 2	Geography	Indian Geography - Location	Economics	Inflation
Jan 23	Friday	Puzzle Test	AVERAGE - 1		Idioms	Geography	Time Zone & India Map	Economics	Five Year Plans
Jan 24	Saturday	Data Sufficiency	AVERAGE - 2		Phrasal Verbs	Geography	Physical Features of India - Part 1	Economics	Fiscal Policy, Monetary Policy, GST
Jan 25	Sunday								
Jan 26	Monday	-	PERCENTAGE - 1		Holiday	Geography	Physical Features of India - Part 2		
Jan 27	Tuesday	Statement Conclusions	PERCENTAGE - 2		Root-words 1	Geography	Indian Rivers and Drainage System		
Jan 28	Wednesday	Model Question Discussion	MIXTURE AND ALLIGATION - 1		Root-words 2	Geography	Weather, Climate, Monsoon		
Jan 29	Thursday	Alphabet Test	MIXTURE AND ALLIGATION - 2		Spell Check	Geography	Forests and Wildlife		
Jan 30	Friday	Alphanumeric symbol Series - 1	PROFIT AND LOSS - 1		One-Word Substitution	Geography	Soils		
Jan 31	Saturday	Alphanumeric symbol Series - 2	PROFIT AND LOSS - 2		Improvement	Geography	Agriculture and Crops		
Feb 1	Sunday								
Feb 2	Monday	Directions Test - 2	PROFIT AND LOSS - 3		Fillers	Geography	Minerals and Resources - Part 1	Polity	History and Making of Constitution
Feb 3	Tuesday	Blood Relations - 1	SI & CI - 1		Rearrangement	Geography	Minerals and Resources - Part 2	Polity	Salient Features & Sources
Feb 4	Wednesday	Blood Relations - 2	SI & CI - 2		Cloze Test	Geography	Transport	Polity	Parts and Schedules
Feb 5	Thursday	Coding and Decoding	TIME AND WORK - 1		Reading Comprehension	Geography	Communication	Polity	Preamble

Day	Date	Arun Prasath - Reasoning	VimalRaj - Aptitude	Ashiq- Current Affairs	Pranawa - English	Subject	Kishore - General Awareness	Subject	Kishore - General Awareness
		Time: 3PM to 4PM	Time: 9AM - 10AM	Time: 12-1PM	Time: 11 - 12 PM		Time : 2 to 3 PM		Time : 4 to 5 PM
Feb 6	Friday	Arithmetic Operations & Logical Arrangement	TIME AND WORK - 2		Revision	Geography	Social Geography	Polity	Union and its Territories
Feb 7	Saturday	Iniquity - 1	TIME AND DISTANCE - 1			Geography	Tribes and Human Geography	Polity	Citizenship
Feb 8	Sunday								
Feb 9	Monday	Iniquity - 2	TIME AND DISTANCE - 2					Polity	Fundamental Rights - Part 1
Feb 10	Tuesday	Iniquity - 3	PROBLEMS ON TRAINS					Polity	Fundamental Rights - Part 2
Feb 11	Wednesday	Logical venn diagram	BOATS AND STREAM					Polity	DPSP, Fundamental Duties
Feb 12	Thursday	-	DATA INTERPRETATION - 1					Polity	Union - Executive
Feb 13	Friday	Syllogism - 1	DATA INTERPRETATION - 2					Polity	Union - Legislature, Judiciary
Feb 14	Saturday	Syllogism - 2	STATISTICS					Polity	State - Executive
Feb 15	Sunday								
Feb 16	Monday	Syllogism - 3	PROBABILITY					Polity	State - Legislature, Judiciary
Feb 17	Tuesday	Number series / Missing Term	APTITUDE 01					Polity	Constitutional & Non Constitutional Bodies
Feb 18	Wednesday	Cubes & Dice	APTITUDE 02					Polity	Other Bodies
Feb 19	Thursday	Counting of figures						Polity	Local Self Governments
Feb 20	Friday	Mirror image & Water image						Polity	Amendments
Feb 21	Saturday	Clock & Calendar						Polity	Miscellaneous
Feb 22	Sunday								
Feb 23	Monday	Paper folding & cutting						History	Introduction, Timeline
Feb 24	Tuesday	Embedded & Complete the Figures						History	Indus Valley Civilisation
Feb 25	Wednesday	Number Ranking						History	Vedic Period
Feb 26	Thursday	Seating Arrangement						History	Jainism
Feb 27	Friday	Seating Arrangement						History	Buddhism
Feb 28	Saturday	Puzzle Test						History	Mahajanapadas

Day	Date	Arun Prasath - Reasoning	VimalRaj - Aptitude	Ashiq- Current Affairs	Pranawa - English	Subject	Kishore - General Awareness	Subject	Kishore - General Awareness
		Time: 3PM to 4PM	Time: 9AM - 10AM	Time: 12-1PM	Time: 11 - 12 PM		Time : 2 to 3 PM		Time : 4 to 5 PM
Mar 1	Sunday								
Mar 2	Monday	Puzzle Test				Biology	Concepts of Life Science - 1	History	Mauryan Empire
Mar 3	Tuesday	Data Sufficiency				Biology	Concepts of Life Science - 2	History	Post Mauryan Empire
Mar 4	Wednesday	Statement Conclusions				Biology	Concepts of Life Science - 3	History	Gupta Empire - 1
Mar 5	Thursday	Model Question Discussion				Biology	Classification of Organisms - 1	History	Gupta Empire - 2
Mar 6	Friday					Biology	Classification of Organisms - 2	History	Chalukyas
Mar 7	Saturday					Biology	Classification of Organisms - 3	History	Rashtrakutas
Mar 8	Sunday								
Mar 9	Monday					Biology	Evolution	History	Delhi Sulthans - Part 1
Mar 10	Tuesday					Biology	Genetics	History	Delhi Sulthans - Part 2
Mar 11	Wednesday					Biology	Physiology - 1	History	Bahmani Sulthans
Mar 12	Thursday					Biology	Physiology - 2	History	Vijayanagar Empire
Mar 13	Friday					Biology	Physiology - 3	History	Mughal Empire - Part 1
Mar 14	Saturday					Biology	Physiology - 4	History	Mughal Empire - Part 2
Mar 15	Sunday								
Mar 16	Monday					Biology	Nutrition	History	Marathas - Part 1
Mar 17	Tuesday					Biology	Human Diseases	History	Marathas - Part 2
Mar 18	Wednesday					Biology	Environment	History	South Indian History
Mar 19	Thursday							History	Advent of Europeans
Mar 20	Friday							History	Establishment of British Raj
Mar 21	Saturday							History	British Acts and Policies
Mar 22	Sunday								
Mar 23	Monday							History	Governor Generals and Viceroy

Day	Date	Arun Prasath - Reasoning	VimalRaj - Aptitude	Ashiq- Current Affairs	Pranawa - English	Subject	Kishore - General Awareness	Subject	Kishore - General Awareness
		Time: 3PM to 4PM	Time: 9AM - 10AM	Time: 12-1PM	Time: 11 - 12 PM		Time : 2 to 3 PM		Time : 4 to 5 PM
Mar 24	Tuesday							History	Early Resistance
Mar 25	Wednesday							History	Sepoy Revolts
Mar 26	Thursday							History	Reform Movements and Reformists
Mar 27	Friday							History	Indian National Movement
Mar 28	Saturday							History	Moderate Phase
Mar 29	Sunday								
Mar 30	Monday							History	Extremist Phase
Mar 31	Tuesday							History	Gandhian Phase
Apr 1	Wednesday							History	Towards Independence
Apr 2	Thursday							History	Sessions and Facts
Apr 3	Friday							History	Miscellaneous
Apr 4	Saturday								
Apr 5	Sunday								
Apr 6	Monday								
Apr 7	Tuesday								
Apr 8	Wednesday					Chemistry	Elements and Compounds - 1		
Apr 9	Thursday					Chemistry	Elements and Compounds - 2		
Apr 10	Friday					Chemistry	Elements and Compounds - 3		
Apr 11	Saturday					Chemistry	Acid, Bases, Salts - 1		
Apr 12	Sunday								
Apr 13	Monday					Chemistry	Acid, Bases, Salts - 2		
Apr 14	Tuesday					Chemistry	Hydrocarbons - 1		
Apr 15	Wednesday					Chemistry	Hydrocarbons - 2		

Day	Date	Arun Prasath - Reasoning	VimalRaj - Aptitude	Ashiq- Current Affairs	Pranawa - English	Subject	Kishore - General Awareness	Subject	Kishore - General Awareness
		Time: 3PM to 4PM	Time: 9AM - 10AM	Time: 12-1PM	Time: 11 - 12 PM		Time : 2 to 3 PM		
Apr 16	Thursday					Chemistry	Fertilizers, Pesticides		
Apr 17	Friday					Chemistry	Miscellaneous		
Apr 18	Saturday								
Apr 19	Sunday								
Apr 20	Monday								
Apr 21	Tuesday					Physics	Nature of Universe		
Apr 22	Wednesday					Physics	Measurements		
Apr 23	Thursday					Physics	Properties of Matter		
Apr 24	Friday					Physics	Fluids		
Apr 25	Saturday					Physics	Force and Motion		
Apr 26	Sunday								
Apr 27	Monday					Physics	Energy		
Apr 28	Tuesday					Physics	Electricity		
Apr 29	Wednesday					Physics	Light		
Apr 30	Thursday					Physics	Optics		
May 1	Friday					Physics	Sound		
May 2	Saturday					Physics	Heat		
May 3	Sunday								
May 4	Monday					Physics	Magnetism		
May 5	Tuesday					Physics	Nuclear Physics		