



FSSAI CENTRAL FOOD SAFETY OFFICER Batch Study Plan

Date	Days	Fssai - Functional Knowledge (Sandeep Sir)	Fssai - Food Safety and Analysis (Rafiq Maam)	English (Bhragu sir)	Fssai - Food Chemistry and Microbiology (Varsha Mam)	General Intelligence (DK Dheeraj sir)	General Awareness			Computer Literacy (Solanki sir)
							History/ Polity / (Ashutos h sir)	Science (Varsha Mam)	Economic sense/ Geography (Jitendra sir)	
		Time Slot: 12:00 PM-1:00 PM	Time Slot: 7:00 PM-8:00 PM	Time Slot: 11:00 AM-12:00 PM	Time Slot: 4:00 PM-5:00 PM	Time Slot: 1:00 PM-2:00 PM	Time 2:00-3:00 PM	Time 10:00AM - 11:00AM	05:00PM - 6:00PM	Time 8:00AM - 9:00AM
1-Nov-21	Mon	Introduction to FSSAI (Roles & Functions)	Food Processing Operations Part 1		INTRODUCTION	INTRODUCTION				INTRODUCTION
2-Nov-21	Tue	Genesis and Evolution of FSSAI	Food Processing Operations Part 2	Introduction of English	Structure and functions of macro-and micronutrients	CALENDAR PART 1		vitamins & disease	India an overview	FUNDAMENTAL OF COMPUTER
3-Nov-21	Wed	Structure and Functions of Food Authority	Food Processing Operations Part 3	Noun & Its Types		CALENDAR PART 2		glands & hormones	Transport	COPUTER HARDWARE
4-Nov-21	Thu	<h1>Holiday</h1>								
5-Nov-21	Fri									
6-Nov-21	Sat									

7- Nov- 21	Sun									
8- Nov- 21	Mon	Systems and processes in Standards	Food Preservation Methods Part 1	Noun (Case/Gender)	Role of macro and micronutrients in human nutrition			different branches and Studies in biology	River system	HARDWARE 2
9- Nov- 21	Tue	Systems and processes in Law Enforcement & Laboratory ecosystem	Food Preservation Methods Part 2	Rules of Noun	Food additives with respect to their technological functions			digestive system	Physical division of india	MEMORY CLASS 1
10- Nov- 21	Wed	Systems and processes in Imports & Third Party Audit	Food Preservation Methods Part 3	Important Concepts of NOun	Anti-nutritional factors and their removal from foods			blood classification and circulation	Soil and agriculture	MEMORY CLASS 2
11- Nov- 21	Thu	Promoting safe and wholesome Food 1	Food Packaging Methods Part 1	Pronoun	Enzymes as food processing aids			instruments and inventions	.Monsoon	SOFTWARE CLASS 1
12- Nov- 21	Fri	Promoting safe and wholesome Food 2	Food Packaging Methods Part 2	Pronoun-1	Nutraceuticals and functions foods	DIRECTION AND DISTANCE		classification & nomenclature	Minerals	SOFTWARE CLASS 2
13- Nov- 21	Sat					FIGURE COUNTING			wild life sanctuary	MCQ OF SOFTWARE
14- Nov- 21	Sun									
15- Nov- 21	Mon	Training and capacity building	Food Packaging Methods Part 3	Relative Pronoun	Food contaminants and adulterants and their effects on human health	ANALOGY		ACID BASE AND SALT	Solar system	M.S OFFICE CLASS
16- Nov- 21	Tue	Role of State Food Authorities	Fundamentals of field level and	Adjective	Food allergens and allergenicity	CLASSIFICATION		Metal and Non metals 1	Motion of earth	MS WORD

			laboratory sampling Part 1							
17-Nov-21	Wed	Food Safety ecosystem 1	Fundamentals of field level and laboratory sampling Part 2	Degree of Adjective	Importance of diet in alleviating health risks, especially noncommunicable diseases	SERIES		Metal and Non metals 2	Internal structure	M.S EXCEL CLASS
18-Nov-21	Thu	Food Safety ecosystem 2	Fundamentals of field level and laboratory sampling Part 3	Adjective	General principles of food microbiology	BLOOD RELATION		chemistry in everyday life	Rocks , volcano,	M. S POWER POINT
19-Nov-21	Fri		Basic/classical methods of food analysis Part 1	article	Food borne pathogens	DIRECTION AND DISTANCE		organic chemistry 1	Ocean and atmosphere	NETWORKING CLASS 1
20-Nov-21	Sat								World geography	NETWORKING CLASS 2
21-Nov-21	Sun									
22-Nov-21	Mon	Food Safety and Standards Act of India, 2006 Part 1	Basic/classical methods of food analysis Part 2	article	Sources of microorganisms in food chain (raw materials, water, air, equipment etc.)	CODING DECODING	Making of constitution , Constituent Assembly	organic chemistry 2	Five year plan1	DATA COMMUNICATION
23-Nov-21	Tue	Food Safety and Standards Act of India, 2006 Part 2	Modern analytical techniques Part 1	Subject and Verb agreement	Microbiological quality of foods	ORDER AND RANKING	Fundamental Rights	biomolecules	Five year plan 2	DATA COMMUNICATION 2
24-Nov-21	Wed	FSS Rules and Regulations	Modern analytical techniques Part 2	Verb	Microbial food spoilage and Food borne diseases	CLOCK	DPSP , Fundamental Duties	light & sound waves	National income and inflation	INTERNET CLASS 1

25-Nov-21	Thu	Other relevant national bodies 1	Modern analytical techniques Part 3	Advance Verb	General principles and techniques in microbiological examination of foods	LOGICAL	President and Vice president	optics: reflection & refraction of light	Money market/TAXATION	INTERNET CLASS 2
26-Nov-21	Fri	Other relevant national bodies 2	Principles of quality assurance and quality control Part 1	Time & Tense	Beneficial microorganisms and their role in food processing and human nutrition	NON VERBAL	Loksabha and Rajyasabha	ELECTRICOSTATICS	Budget	VIRUS ANT ANTIVIRUS CLASS 1
27-Nov-21	Sat								Forms of market	VIRUS ANT ANTIVIRUS CLASS 2
28-Nov-21	Sun									
29-Nov-21	Mon	International Food Control Systems	Principles of quality assurance and quality control Part 1	Time & Tense	General principles of food safety management systems including traceability and recall – sanitation, HACCP, Good production and processing practices(GMP,GAP,GHP, GLP, BAP, etc)(PART 1)	NON VERBAL	Panchayati Raj, Judiciary System	UNITS & DIMENSIONS	Law of demand	INETENT SECURITY
30-Nov-21	Tue	CODEX Alimentarius Commission	Principles of quality assurance and quality control Part 2	Sequence Of Tense	General principles of food safety management systems including traceability and recall – sanitation, HACCP, Good production and processing practices(GMP,GAP,GHP, GLP, BAP, etc)(PART 2)	SITTING ARRANGEMENT	Important parts, Articles, Source of Constitution	NUMERICALS SESSIONS 1	Law of supply/International organization	INETENT SECURITY CLASS 2
1-Dec-21	Wed	WTO agreements (SPS/TBT)	Principles of quality assurance and quality control Part 3	adverb		TEST	Indus Valley Civilization	NUMERICALS SESSIONS 2		BINARY NUMER SYSTE

2-Dec-21	Thu	National and international accreditation bodies Part 1		Preposition		TEST	Vedic Age	PRACTICE SESSION		CLASS 2 BINARY
3-Dec-21	Fri	National and international accreditation bodies Part 2		preposition			Baudh & Jain Religion			DBMS CLASS 1
4-Dec-21	Sat									DBMS CLASS2
5-Dec-21	Sun									
6-Dec-21	Mon			Voice			Mahajanpad			PGOGRAMMING LANGUAGE
7-Dec-21	Tue			Voice			Gupt Dynasty			MCQ
8-Dec-21	Wed			Narration			Gulam Vansh			DOUBT
9-Dec-21	Thu			narration			Khilji			MOCK TEST 1
10-Dec-21	Fri			Question Tag			Sayyid , Tughlaq and Lodhi Dynasty			MOCK TEST 2
11-Dec-21	Sat									MOCK TEST 3
12-Dec-21	Sun									
13-Dec-21	Mon			Para Jumble			Babar , Humayun			
14-Dec-21	Tue			Cloze Test			Akbar Jahangir			

15-Dec-21	Wed			Mock Test			Shahjahan and Aurangzeb			
16-Dec-21	Thu			Vocabluary 1 - antonyms and synonyms part 01			European companies , Maratha and Sikh			
17-Dec-21	Fri			Vocabluary 2 - antonyms and synonyms - part 02			1857 Revolt , INC			
18-Dec-21	Sat									
19-Dec-21	Sun									
20-Dec-21	Mon			Vocabluary 3 - idioms and phrases part 01			Indian National Movement Part 1 (1905-1922)			
21-Dec-21	Tue			Vocabluary 4 - idioms and phrases part 2			1923-1947 Indian National Movement Part 2			
22-Dec-21	Wed			Vocabluary 5 one word substitution						
23-Dec-21	Thu			Vocabluary 6 spelling test						
24-Dec-21	Fri			Vocabluary 7 fill in the blanks						
25-Dec-21	Sat									
26-Dec-21	Sun									
27-Dec-21	Mon			Vocabluary 8 cloze test						

28-Dec-21	Tue			Vocabluary 9 miscellaneous vocab - 1						
29-Dec-21	Wed			Vocabluary 10 miscellaneous vocabulary 2						
30-Dec-21	Thu			Practice 1						
31-Dec-21	Fri			Practice 2						

