

# Careers Adda

## CUET PG Psychology EXAM Muskan Gupta Ma'am

CUET PG PSYCHOLOGY   MIND MASTERS CRASH COURSE BATCH 2026   CLASS PLANNER (SUB CODE : HUQP20)			
UNIT	Topics	Days & Date	Time
	Orientation	Wednesday, December 24, 2025	2:03 PM - 2:15 PM
Introduction + History of Psychology	Introduction to psychology, Greek Philosophers	Friday, December 26, 2025	2:03 PM - 3:59 PM
Schools of psychology	All Schools, Paradigm of psychology	Saturday, December 27, 2025	2:03 PM - 3:59 PM
Biological Basis of Behavior	Neurons, Neurotransmitters	Monday, December 29, 2025	2:03 PM - 3:59 PM
	CENTRAL NERVOUS SYSTEM PT 1	Tuesday, December 30, 2025	2:03 PM - 3:59 PM
	CENTRAL NERVOUS SYSTEM + Peripheral Nervous System	Wednesday, December 31, 2025	2:03 PM - 3:59 PM
	ENDOCRINE GLANDS, Biological basis of motivation hunger and Thirst	Friday, January 2, 2026	2:03 PM - 3:59 PM
	Methods of Physiological Psychology, STAGES OF SLEEP	Saturday, January 3, 2026	2:03 PM - 3:59 PM
Learning and Memory	Classical and Operant Conditioning	Monday, January 5, 2026	2:03 PM - 3:59 PM
	Cognitive Approaches in learning - Latent, Observational and Verbal learning, Guthrie and Hull	Tuesday, January 6, 2026	2:03 PM - 3:59 PM
	Memory Process and Model	Wednesday, January 7, 2026	2:03 PM - 3:59 PM
Sensation and Perception	Introduction to Auditory and Visual Pathways	Thursday, January 8, 2026	2:03 PM - 3:59 PM
	Other sensory processes + Signal detection theory	Friday, January 9, 2026	2:03 PM - 3:59 PM
	Perception	Saturday, January 10, 2026	2:03 PM - 3:59 PM
Motivation and Emotion	Introduction and Theories of Emotion	Monday, January 12, 2026	2:03 PM - 3:59 PM
	Motivation Theories	Tuesday, January 13, 2026	2:03 PM - 3:59 PM
Intelligence	Theories of Intelligence	Wednesday, January 14, 2026	2:03 PM - 3:59 PM
Personality	Psychodynamic Approach	Thursday, January 15, 2026	2:03 PM - 3:59 PM
	Type and Trait, Humanistic and Existential	Friday, January 16, 2026	2:03 PM - 3:59 PM
Psychological testing	psychometric test construction, Reliability	Saturday, January 17, 2026	2:03 PM - 3:59 PM
	Validity, Intelligence tests	Monday, January 19, 2026	2:03 PM - 3:59 PM
	Personality Tests - Projective and Non Projective	Tuesday, January 20, 2026	2:03 PM - 3:59 PM
Life Span Development	Chromosomal disorder, Physical development	Wednesday, January 21, 2026	2:03 PM - 3:59 PM
	Moral Development- Jean piaget and Kohlberg	Thursday, January 22, 2026	2:03 PM - 3:59 PM
	Cognitive Development- Piaget and Vygotsky	Friday, January 23, 2026	2:03 PM - 3:59 PM
	Theories of Attachment, Ageing and Dying	Saturday, January 24, 2026	2:03 PM - 3:59 PM
Abnormal or Clinical Psychology	Disorder classification , Neurodevelopmental disorder, Mood disorders	Sunday, January 25, 2026	2:03 PM - 3:59 PM
	Neurocognitive, dissociative, somatic and paraphilic	Tuesday, January 27, 2026	2:03 PM - 3:59 PM
	Schizophrenia, personality disorder	Wednesday, January 28, 2026	2:03 PM - 3:59 PM
	Therapies- Psychodynamic, Humanistic	Thursday, January 29, 2026	2:03 PM - 3:59 PM
	Behavioural Therapies	Friday, January 30, 2026	2:03 PM - 3:59 PM
	Gestalt Therapies	Saturday, January 31, 2026	2:03 PM - 3:59 PM
Statistics for Psychology	Basics of research	Monday, February 2, 2026	2:03 PM - 3:59 PM
	Levels of measurement, Types of Statistics	Tuesday, February 3, 2026	2:03 PM - 3:59 PM
	Measures of Central tendency, Measures of Variability	Wednesday, February 4, 2026	2:03 PM - 3:59 PM
	Normal Probability Curve, Standard Scores	Thursday, February 5, 2026	2:03 PM - 3:59 PM
	Correlation, Factor analysis and Regression	Friday, February 6, 2026	2:03 PM - 3:59 PM