

## Physical Education by Monu Sir

Time: 3:00 PM to 4:00 PM

Date	Day	Topic
19-Jan-26	Monday	Physical Education _ Class_01
20-Jan-26	Tuesday	Physical Education _ Class_02
21-Jan-26	Wednesday	Physical Education _ Class_03
22-Jan-26	Thursday	Physical Education _ Class_04
23-Jan-26	Friday	Physical Education _ Class_05
27-Jan-26	Tuesday	Physical Education _ Class_06
28-Jan-26	Wednesday	Physical Education _ Class_07
29-Jan-26	Thursday	Physical Education _ Class_08
30-Jan-26	Friday	Physical Education _ Class_09
2-Feb-26	Monday	Physical Education _ Class_10
3-Feb-26	Tuesday	Physical Education _ Class_11
4-Feb-26	Wednesday	Physical Education _ Class_12
5-Feb-26	Thursday	Physical Education _ Class_13
6-Feb-26	Friday	Physical Education _ Class_14
9-Feb-26	Monday	Physical Education _ Class_15
10-Feb-26	Tuesday	Physical Education _ Class_16
11-Feb-26	Wednesday	Physical Education _ Class_17
12-Feb-26	Thursday	Physical Education _ Class_18
13-Feb-26	Friday	Physical Education _ Class_19
16-Feb-26	Monday	Physical Education _ Class_20
17-Feb-26	Tuesday	Physical Education _ Class_21
18-Feb-26	Wednesday	Physical Education _ Class_22
19-Feb-26	Thursday	Physical Education _ Class_23
20-Feb-26	Friday	Physical Education _ Class_24
23-Feb-26	Monday	Physical Education _ Class_25
24-Feb-26	Tuesday	Physical Education _ Class_26
25-Feb-26	Wednesday	Physical Education _ Class_27
26-Feb-26	Thursday	Physical Education _ Class_28
27-Feb-26	Friday	Physical Education _ Class_29

2-Mar-26	Monday	Physical Education _ Class_30
3-Mar-26	Tuesday	Physical Education _ Class_31
4-Mar-26	Wednesday	Physical Education _ Class_32
5-Mar-26	Thursday	Physical Education _ Class_33
6-Mar-26	Friday	Physical Education _ Class_34
9-Mar-26	Monday	Physical Education _ Class_35
10-Mar-26	Tuesday	Physical Education _ Class_36
11-Mar-26	Wednesday	Physical Education _ Class_37
12-Mar-26	Thursday	Physical Education _ Class_38
13-Mar-26	Friday	Physical Education _ Class_39
16-Mar-26	Monday	Physical Education _ Class_40
17-Mar-26	Tuesday	Physical Education _ Class_41
18-Mar-26	Wednesday	Physical Education _ Class_42
19-Mar-26	Thursday	Physical Education _ Class_43
20-Mar-26	Friday	Physical Education _ Class_44