			MPPSC FSO St	udy Plan				Ten	tative Study	Plan	
		Mahima Ma'am	Mahima Ma'am	Mahima Ma'am	Sandeep Sir	Mahima Ma'am	Food & Nutrition	Food Safety, Quality Control & Hygiene	Food Processing Technology	Integrated Agriculture Production Technology	Indian Farming System
		Food Microbiology	Food Preservation, Packaging & Storage	Animal Product Processing	Food Laws	Introduction to Basic Food Science	Mahima Ma'am	Mahima Ma'am	Mahima Ma'am	Mahima Ma'am	Mahima Ma'am
Date	Day	1:00 PM - 2:00 PM	1:00 PM - 2:00 PM	1:00 PM - 2:00 PM	6:00 PM - 7:00 PM	1:00 PM - 2:00 PM					
Date	Day	1.00 PM - 2.00 PM	1.00 PM - 2.00 PM	1.00 PM - 2.00 PM		1.00 PM - 2.00 PM				Integrated	
		General characteristics of microorganism						Food Safety, Quality	Food Processing Technology	Agriculture Production	
15-Jan-26	Thu	, classification -1					Food & Nutrition -1	Control & Hygiene - 1	-1	Technology -1	Indian Farming System -1
										Integrated Agriculture	
16-Jan-26	Fri	Nutrition and Reproduction -1					Food & Nutrition -2	Food Safety, Quality Control & Hygiene - 2	Food Processing Technology	Production Technology -2	Indian Farming System -2
10-3411-20	FII	Nutrition and Reproduction -1					rood & Nutrition -2	Control & Hygierie - 2	-2	Integrated	Indian ranning System -2
								Food Safety, Quality	Food Processing Technology	Agriculture Production	
17-Jan-26	Sat	Class Off - Saturday					Food & Nutrition -3	Control & Hygiene - 3	-3	Technology -3	Indian Farming System -3
										Integrated Agriculture	
18-Jan-26	Sun	Class Off - Sunday					Food & Nutrition -4	Food Safety, Quality Control & Hygiene - 4	Food Processing Technology	Production Technology -4	Indian Farming System -4
18-3411-20	Juli	Class Oil - Sullday					FOOD & NUCLICION -4	Control & Hygiene - 4	-4	Integrated	Indian raining System -4
								Food Safety, Quality	Food Processing Technology	Agriculture Production	
19-Jan-26	Mon	Nutrition and Reproduction -2					Food & Nutrition -5	Control & Hygiene - 5	-5	Technology -5	Indian Farming System -5
										Integrated Agriculture	
20-Jan-26	Tue	Missahial assumb					Food & Nutrition -6	Food Safety, Quality Control & Hygiene - 6	Food Processing Technology	Production	Indian Familia Contact C
20-Jan-26	Tue	Microbial growth					FOOD & NULFILION -6	Control & Hygierie - 6	-0	Technology -6 Integrated	Indian Farming System -6
								Food Safety, Quality	Food Processing Technology	Agriculture Production	
21-Jan-26	Wed	Food poisoning and food borne disease					Food & Nutrition -7	Control & Hygiene - 7	-7	Technology -7	Indian Farming System -7
										Integrated Agriculture	
22.2.2.2	Thu	E					Food & Nutrition -8	Food Safety, Quality	Food Processing Technology	Production	
22-Jan-26	Inu	Food poisoning and food borne disease					FOOD & NUTRITION -8	Control & Hygiene - 8	-8	Technology -8 Integrated	Indian Farming System -8
		Rapids methods to detect the						Food Safety, Quality	Food Bossessine Tookseless	Agriculture Production	
23-Jan-26	Fri	microrganism					Food & Nutrition -9	Control & Hygiene - 9	Food Processing Technology -9	Technology -9	
										Integrated Agriculture	
								Food Safety, Quality	Food Processing Technology	Production	
24-Jan-26	Sat	Class Off - Saturday					Food & Nutrition -10	Control & Hygiene - 10	-10 Food Processing Technology	Technology -10	-
25-Jan-26	Sun	Class Off - Sunday					Food & Nutrition -11		-11		
26-Jan-26	Mon	Food fermentation					Food & Nutrition -12		Food Processing Technology -12		
27-Jan-26	Tue	Fermented food product and beverage					Food & Nutrition -13				
28-Jan-26	Wed	Microbial techniques , their culture , morphology and media preparation					Food & Nutrition -14				
		Microbial techniques , their culture ,									
29-Jan-26 30-Jan-26	Thu	morphology and media preparation					Food & Nutrition -15 Food & Nutrition -16				
31-Jan-26	Fri Sat	Class Off - Saturday					Food & Nutrition -17				
1-Feb-26	Sun	Class Off - Sunday					Food & Nutrition -18				
2-Feb-26	Mon	Microbial food spoilage milk , milk product					Food & Nutrition -19				
3-Feb-26	Tue	Microbial food spoilage meat poultry					Food & Nutrition -20				
		Microbial food spoilage Fish , cereal ,									
4-Feb-26	Wed	pulses Microbial food spoilage oil , fruits ,									
5-Feb-26	Thu	vegetables									
6-Feb-26	Fri	Microbial food spoilage canned food product									
7-Feb-26	Sat										
8-Feb-26	Sun										
9-Feb-26 10-Feb-26	Mon Tue										
			Introduction to Food								
11-Feb-26	Wed		Preservation, Principles & it's Methods		1						
			Thermal preservation								
12-Feb-26	Thu		Lecture 1 Thermal preservation								
13-Feb-26	Fri		Lecture 2								
14-Feb-26 15-Feb-26	Sat Sun		Class Off - Saturday Class Off - Sunday								
13-FED-26	oun		Thermal preservation								
16-Feb-26	Mon		Lecture 3								
17-Feb-26	Tue		Thermal preservation Lecture 4		1						
27 . 65 20			Lecture :	1	1	1					

- 1									
18-Feb-26	Wed	The	ermal preservation Lecture 5						
18-FED-20	wea	l							
19-Feb-26	Thu	Non II	Thermal preservation Lecture 1						
20-Feb-26	Fri		Lecture 1						
21-Feb-26	Sat	Class	ass Off - Saturday						
22-Feb-26			lass Off - Sunday						
22-Feb-20	Sun								
23-Feb-26	Mon	Non ii	Thermal preservation Lecture 2						
		Non Ti	Thermal preservation						
24-Feb-26	Tue		Lecture 3		FSSAI Lecture 1				
		Non Ti	Thermal preservation						
25-Feb-26	Wed		Lecture 4		FSSAI Lecture 2				
26-Feb-26	Thu	Non Ti	Thermal preservation Lecture 5		FSSAI Lecture 3				
20-гер-20	iiiu	Enad	d Packaging and its		F33AI Lecture 3				
27-Feb-26	Fri	1000	concept		FSSAI Lecture 4				
		Typ	ypes of packaging		Class Off -				
28-Feb-26	Sat		Lecture 1		Saturday				
4					Class Off -				
1-Mar-26	Sun		lass Off - Sunday		Sunday				
2-Mar-26	Mon	l iyi	ypes of packaging Lecture 2		FSSAI Lecture 5				
		Tvi	ypes of packaging						
3-Mar-26	Tue		Lecture 3		FSSAI Lecture 6				
			aboratory tests for						
4-Mar-26	Wed		kaging (Evaluation)		FSSAI Lecture 7				
5-Mar-26	Thu		ackaging laws and gulations Lecture 1						
J-1-181-20	iiiu		ackaging laws and						
6-Mar-26	Fri	reg	gulations Lecture 2						
		Nov	vel technologies in						
7-Mar-26	Sat		food packaging						
8-Mar-26	Sun		lass Off - Sunday						
9-Mar-26	Mon	Food	od storage Lecture 1						
10-Mar-26	Tuo			Slautering , Tenderization ,					
11-Mar-26	Tue Wed			Curing Fish processing					
12-Mar-26	Thu			Poultry processing					
12 1141 20				Physical , Chemical ,					
				Nutritional and frunctonal					
13-Mar-26	Fri			characteristics of eggs					
14-Mar-26	Sat			Class Off - Saturday					
15-Mar-26	Sun	+		Class Off - Sunday					
16-Mar-26	Mon			Processing of eggs and eggs products					
			c	Composition and properties of					
				milk and different processed					
				products concentrated and					
17-Mar-26	Tue			products concentrated and dried , fermented , cream , Ice cream , Butter , cheese					
17-Mar-26	Tue		c	dried , fermented , cream , Ice cream , Butter , cheese Composition and properties of					
17-Mar-26	Tue		C	dried , fermented , cream , Ice cream , Butter , cheese Composition and properties of milk and different processed					
17-Mar-26	Tue		C	dried , fermented , cream , Ice cream , Butter , cheese Composition and properties of milk and different processed products concentrated and					
17-Mar-26	Tue Wed		C	dried , fermented , cream , Ice cream , Butter , cheese Composition and properties of milk and different processed products concentrated and dried , fermented , cream , Ice cream , Butter , cheese					
			c	dried , fermented , cream , Ice cream , Butter , cheese Composition and properties of milk and different processed products concentrated and dried , fermented , cream , Ice cream , Butter , cheese Composition and properties of					
			C	dried, fermented, cream, Ice cream, Butter, cheese Composition and properties of milk and different processed products concentrated and dried, fermented, cream, Ice cream, Butter, cheese Composition and properties of milk and different processed					
18-Mar-26	Wed		C	dried, fermented, cream, Lec cream, Butter, cheese composition and properties of milk and different processed products concentrated and dried, fermented, cream, Lec cream, Butter, cheese composition and properties of milk and different processed products concentrated and dried, fermented cream.					
18-Mar-26	Wed		C	dried, fermented, cream, Ice cream, Butter, cheese Composition and properties of milk and different processed products concentrated and dried, fermented, cream, Ice cream, Butter, cheese composition and properties of milk and different processed products concentrated and dried, fermented, cream, Ice cream, Butter, cheese					
18-Mar-26 19-Mar-26 20-Mar-26	Wed Thu Fri		C	dried, fermented, cream [Lee cream, Butter, cheese composition and properties of milk and different processed products concentrated and dried, fermented, cream, Ice cream, Butter, cheese composition and properties of milk and different processed products concentrated and dried, fermented, cream, Ice cream, Butter, cheese wilk adulternats and detection.					
18-Mar-26 19-Mar-26 20-Mar-26 21-Mar-26	Wed Thu Fri Sat		C	dried, fermented, cream, Lee cream, Butter, cheese composition and properties of milk and different processed products concentrated and dried, fermented, cream, Lee cream, Butter, cheese wilk and different processed products concentrated and dried, fermented, cream, Lee cream, Butter, cheese wilk adulterants and detection Class Off - Saturday					
18-Mar-26 19-Mar-26 20-Mar-26 21-Mar-26 22-Mar-26	Wed Thu Fri Sat Sun		C	dried, fermented, cream, Ice cream, Butter, cheese Composition and properties of milk and different processed products concentrated and dried, fermented, cream, Ice cream, Butter, cheese Composition and properties of milk and different processed products concentrated and dried, fermented, cream, Ice cream, Butter, cheese Milk adulterants and detection Class Off - Saturday Class Off - Sunday					
18-Mar-26 19-Mar-26 20-Mar-26 21-Mar-26 22-Mar-26 23-Mar-26	Wed Thu Fri Sat Sun Mon		C	dried, fermented, cream Lee cream, Butter, cheese composition and properties of milk and different processed products concentrated and dried, fermented, cream, Lee cream, Butter, cheese composition and properties of milk and different processed products concentrated and dried, fermented, cream, Lee cream, Butter, cheese will and the composition and properties of milk and the composition and processed will be composition and processed milk and the composition and composition and composition Class Off - Saturday Class Off - Saturday Class Off - Sunday					
18-Mar-26 19-Mar-26 20-Mar-26 21-Mar-26 22-Mar-26 23-Mar-26 24-Mar-26	Wed Thu Fri Sat Sun Mon Tue		C	dried, fermented, cream, Ice cream, Butter, cheese Composition and properties of milk and different processed products concentrated and dried, fermented, cream, Ice cream, Butter, cheese Composition and properties of milk and different processed products concentrated and dried, fermented, cream, Ice cream, Butter, cheese Milk adulterants and detection Class Off - Saturday Class Off - Sunday					
18-Mar-26 19-Mar-26 20-Mar-26 21-Mar-26 22-Mar-26 23-Mar-26 24-Mar-26 25-Mar-26	Wed Thu Fri Sat Sun Mon Tue Wed		C	dried, fermented, cream Lee cream, Butter, cheese composition and properties of milk and different processed products concentrated and dried, fermented, cream, Lee cream, Butter, cheese composition and properties of milk and different processed products concentrated and dried, fermented, cream, Lee cream, Butter, cheese will and the composition and properties of milk and the composition and processed will be composition and processed milk and the composition and composition and composition Class Off - Saturday Class Off - Saturday Class Off - Sunday					
18-Mar-26 19-Mar-26 20-Mar-26 21-Mar-26 23-Mar-26 24-Mar-26 25-Mar-26	Wed Thu Fri Sat Sun Mon Tue Wed Thu		C	dried, fermented, cream Lee cream, Butter, cheese composition and properties of milk and different processed products concentrated and dried, fermented, cream, Lee cream, Butter, cheese composition and properties of milk and different processed products concentrated and dried, fermented, cream, Lee cream, Butter, cheese will and the composition and properties of milk and the composition and processed will be composition and processed milk and the composition and composition and composition Class Off - Saturday Class Off - Saturday Class Off - Sunday		History of food and it's preservation			
18-Mar-26 19-Mar-26 20-Mar-26 21-Mar-26 22-Mar-26 24-Mar-26 25-Mar-26 26-Mar-26 27-Mar-26	Wed Thu Fri Sat Sun Mon Tue Wed Thu Fri		C	dried, fermented, cream Lee cream, Butter, cheese composition and properties of milk and different processed products concentrated and dried, fermented, cream, Lee cream, Butter, cheese composition and properties of milk and different processed products concentrated and dried, fermented, cream, Lee cream, Butter, cheese will and the composition and properties of milk and the composition and processed will be composition and processed milk and the composition and composition and composition Class Off - Saturday Class Off - Saturday Class Off - Sunday		History of food and it's preservation Class Off - Saturday			
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18-Mar-26 19-Mar-26 20-Mar-26 21-Mar-26 22-Mar-26 23-Mar-26 24-Mar-26 25-Mar-26 25-Mar-26 26-Mar-26 28-Mar-26	Thu Fri Sat Sun Mon Tue Wed Thu Fri Sat		C	dried, fermented, cream Lee cream, Butter, cheese composition and properties of milk and different processed products concentrated and dried, fermented, cream, Lee cream, Butter, cheese composition and properties of milk and different processed products concentrated and dried, fermented, cream, Lee cream, Butter, cheese will and the composition and properties of milk and the composition and processed will be composition and processed milk and the composition and composition and composition Class Off - Saturday Class Off - Saturday Class Off - Sunday					
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18-Mar-26 19-Mar-26 20-Mar-26 21-Mar-26 22-Mar-26 23-Mar-26 25-Mar-26 26-Mar-26 28-Mar-26 28-Mar-26 30-Mar-26	Thu Fri Sat Sun Mon Tue Wed Thu Fri Sat Sun True True True True		C	dried, fermented, cream Lee cream, Butter, cheese composition and properties of milk and different processed products concentrated and dried, fermented, cream, Lee cream, Butter, cheese composition and properties of milk and different processed products concentrated and dried, fermented, cream, Lee cream, Butter, cheese will and the composition and properties of milk and the composition and processed will be composition and processed milk and the composition and composition and composition Class Off - Saturday Class Off - Saturday Class Off - Sunday		Class Off - Saturday Class Off - Sunday Traditional foods and their importance Role of food fortification			
18-Mar-26 20-Mar-26 21-Mar-26 22-Mar-26 23-Mar-26 24-Mar-26 25-Mar-26 26-Mar-26 27-Mar-26 30-Mar-26 31-Mar-26 1-Apr-26	Thu Fri Sat Sun Mon Tue Wed Thu Fri Sat Sun Mon Tue Wed Wed		C	dried, fermented, cream Lee cream, Butter, cheese composition and properties of milk and different processed products concentrated and dried, fermented, cream, Lee cream, Butter, cheese composition and properties of milk and different processed products concentrated and dried, fermented, cream, Lee cream, Butter, cheese will and the composition and properties of milk and the composition and processed will be composition and processed milk and the composition and composition and composition Class Off - Saturday Class Off - Saturday Class Off - Sunday		Class Off - Saturday Class Off - Sunday Traditional foods and their importance Role of food fortification Aspects of eat right challenges in india			
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18-Mar-26 20-Mar-26 21-Mar-26 23-Mar-26 23-Mar-26 24-Mar-26 25-Mar-26 25-Mar-26 26-Mar-26 29-Mar-26 30-Mar-26 31-Mar-26 1-Apr-26 2-Apr-26 3-Apr-26 4-Apr-26 5-Apr-26	Thu Fri Sat Sun Mon Tue Fri Sat Sun Mon Tue Fri Sat Sun Mon Tue Wed Thu Fri Sat Sun Mon Tue Wed		C	dried, fermented, cream Lee cream, Butter, cheese composition and properties of milk and different processed products concentrated and dried, fermented, cream, Lee cream, Butter, cheese composition and properties of milk and different processed products concentrated and dried, fermented, cream, Lee cream, Butter, cheese will and the composition and properties of milk and the composition and processed will be composition and processed milk and the composition and composition and composition Class Off - Saturday Class Off - Saturday Class Off - Sunday		Class Off - Saturday Class Off - Sunday Traditional foods and their importance Role of food fortification Aspects of eat right challenges in india Tribal foods of Madhya Pradesh Class Off - Saturday Class Off - Sunday Micro and macro nutrient			
18-Mar-26 20-Mar-26 21-Mar-26 22-Mar-26 23-Mar-26 24-Mar-26 25-Mar-26 26-Mar-26 27-Mar-26 30-Mar-26 31-Mar-26 31-Mar-26 3-Apr-26 3-Apr-26 5-Apr-26 5-Apr-26 7-Apr-26	Thu Fri Sat Sun Mon Tue Wed Thu Fri Sat Sun Mon Tue Sun Mon Tue Sun Mon Tue Tue Tue Tue Tue Tue Tue Tue Tue		C	dried, fermented, cream Lee cream, Butter, cheese composition and properties of milk and different processed products concentrated and dried, fermented, cream, Lee cream, Butter, cheese composition and properties of milk and different processed products concentrated and dried, fermented, cream, Lee cream, Butter, cheese will and the composition and properties of milk and the composition and processed will be composition and processed milk and the composition and composition and composition Class Off - Saturday Class Off - Saturday Class Off - Sunday		Class Off - Saturday Class Off - Sunday Traditional foods and their importance Role of food fortification Aspects of ear right challenges in india Tribal foods of Madhya Pradesh Class Off - Saturday Class Off - Sunday Micro and macro nutrient carbohydrates lecture 1			
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18-Mar-26 20-Mar-26 21-Mar-26 23-Mar-26 23-Mar-26 24-Mar-26 25-Mar-26 26-Mar-26 27-Mar-26 30-Mar-26 31-Mar-26 1-Apr-26 3-Apr-26 4-Apr-26 5-Apr-26 6-Apr-26 7-Apr-26 8-Apr-26 9-Apr-26	Thu Fri Sat Sun Mon Tue Wed Thu Fri Sat Sun Mon Tue Wed Thu Fri Sat Sun Mon Tue Wed Thu Fri		C	dried, fermented, cream Lee cream, Butter, cheese composition and properties of milk and different processed products concentrated and dried, fermented, cream, Lee cream, Butter, cheese composition and properties of milk and different processed products concentrated and dried, fermented, cream, Lee cream, Butter, cheese will and the composition and properties of milk and the composition and processed will be composition and processed milk and the composition and composition and composition Class Off - Saturday Class Off - Saturday Class Off - Sunday		Class Off - Saturday Class Off - Sunday Traditional foods and their importance Role of food fortification Aspects of eat right challenges in india Tribal foods of Madhya Pradesh Class Off - Saturday Class Off - Sunday Micro and macro nutrient carbohydrates lecture 1 carbohydrates lecture 2 Amino acid and protein lecture 1			
18-Mar-26 20-Mar-26 21-Mar-26 22-Mar-26 23-Mar-26 24-Mar-26 25-Mar-26 26-Mar-26 27-Mar-26 31-Mar-26 31-Mar	Thu Fri Sat Sun Mon Tue Wed Thu Fri Sat Sun Mon Tue Wed Thu Fri Sat Sun Mon Tue Wed Wed Wed Wed Wed Wed Wed Wed		C	dried, fermented, cream Lee cream, Butter, cheese composition and properties of milk and different processed products concentrated and dried, fermented, cream, Lee cream, Butter, cheese composition and properties of milk and different processed products concentrated and dried, fermented, cream, Lee cream, Butter, cheese will and the composition and properties of milk and the composition and processed will be composition and processed milk and the composition and composition and composition Class Off - Saturday Class Off - Saturday Class Off - Sunday		Class Off - Saturday Class Off - Sunday Traditional foods and their importance Role of food fortification Aspects of eat right challenges in india Tribal foods of Madhya Pradesh Class Off - Saturday Class Off - Sunday Micro and macro nutrient carbohydrates lecture 1 carbohydrates lecture 2			

11-Apr-26	Sat			Vitamin
12-Apr-26	Sun			Class Off - Sunday
13-Apr-26	Mon			Enzyme
14-Apr-26	Tue			Fibers and Minerals
15-Apr-26	Wed			fats
16-Apr-26	Thu			properties of food lecture 1
17-Apr-26	Fri			properties of food lecture 2
18-Apr-26	Sat			