

## மேன்மை 3.0 - SSC FOUNDATION BATCH 2026

Day	Date	Arun Prasath - Reasoning	VimalRaj - Aptitude	Ashiq- Current Affairs	Pranawa - English	Subject	Kishore - General Awareness	Subject	Kishore - General Awareness
		Time: 3PM - 4PM	Time: 9AM to 10AM	Time: 11AM to 12 PM	Time: 11AM to 12 PM		Time : 2 to 3 PM		Time : 4 to 5 PM
Jan 24	Saturday		ORIENTATION 11 AM - 11 30AM						
Jan 25	Sunday								
Jan 26	Monday						GS ORIENTATION - 3 to 3.30 PM		
Jan 27	Tuesday			Orientation 1PM - 1 30PM					
Jan 28	Wednesday		SIMPLIFICATION - 1						
Jan 29	Thursday		SIMPLIFICATION - 2						
Jan 30	Friday		RATIO AND PROPORTION - 1						
Jan 31	Saturday								
Feb 1	Sunday								
Feb 2	Monday		RATIO AND PROPORTION - 2	Art and Culture of India - 1					
Feb 3	Tuesday		AGES AND PARTNERSHIP	Art and Culture of India - 2					
Feb 4	Wednesday		AVERAGE - 1	Indian Literature					
Feb 5	Thursday		AVERAGE - 2	Games and Sports					
Feb 6	Friday		PERCENTAGE - 1	Monuments and Places of India					
Feb 7	Saturday			Miscellaneous GK					
Feb 8	Sunday								
Feb 9	Monday		PERCENTAGE - 2	Current Affairs - 1				Polity	History and Making of Constitution
Feb 10	Tuesday		MIXTURE AND ALLIGATION - 1	Current Affairs - 2				Polity	Salient Features & Sources
Feb 11	Wednesday		MIXTURE AND ALLIGATION - 2	Current Affairs - 3				Polity	Parts and Schedules
Feb 12	Thursday		PROFIT AND LOSS - 1	Current Affairs - 4				Polity	Preamble
Feb 13	Friday		PROFIT AND LOSS - 2					Polity	Union and its Territories
Feb 14	Saturday							Polity	Citizenship
Feb 15	Sunday								
Feb 16	Monday	Alphabet Test	PROFIT AND LOSS - 3			Computer	Introduction	Polity	Fundamental Rights - Part 1
Feb 17	Tuesday	Alphanumeric symbol Series - 1	SI & CI - 1		Noun 1	Computer	Components of Computer	Polity	Fundamental Rights - Part 2
Feb 18	Wednesday	Alphanumeric symbol Series - 2	SI & CI - 2		Noun 2	Computer	Other Facts	Polity	DPSP, Fundamental Duties
Feb 19	Thursday	Analogy	TIME AND WORK - 1		Pronoun 1	Computer	Operating System	Polity	Union - Executive
Feb 20	Friday	Odd One Out	TIME AND WORK - 2		Tenses 1	Computer	MS Word	Polity	Union - Legislature, Judiciary
Feb 21	Saturday	Directions Test - 1			Tenses 2			Polity	State - Executive
Feb 22	Sunday								

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Feb 23	Monday	Directions Test - 2	TIME AND DISTANCE - 1			Computer	MS Excel	Polity	State - Legislature, Judiciary
Feb 24	Tuesday	Blood Relations - 1	TIME AND DISTANCE - 2			Computer	MS Powerpoint	Polity	Constitutional & Non Constitutional Bodies
Feb 25	Wednesday	Blood Relations - 2	PROBLEMS ON TRAINS			Computer	System Security	Polity	Other Bodies
Feb 26	Thursday	Coding and Decoding	BOATS AND STREAM			Computer	Networking	Polity	Local Self Governments
Feb 27	Friday	Arithmetic Operations & Logical Arrangement	DATA INTERPRETATION - 1		Verb	Computer	ICT	Polity	Amendments
Feb 28	Saturday	Iniquity - 1			Adjective 1			Polity	Miscellaneous
Mar 1	Sunday								
Mar 2	Monday	Iniquity - 2	DATA INTERPRETATION - 2		Adjective 2			History	Introduction, Timeline
Mar 3	Tuesday	Logical venn diagram	STATISTICS		Adverb			History	Indus Valley Civilisation
Mar 4	Wednesday	Syllogism - 1	PROBABILITY		Preposition 1			History	Vedic Period
Mar 5	Thursday	Syllogism - 2	PYQ DISCUSSION		Preposition 2			History	Jainism
Mar 6	Friday	Syllogism - 3			Conjunction			History	Buddhism
Mar 7	Saturday	-	VimalRaj - Aptitude		Articles			History	Mahajanapadas
Mar 8	Sunday		Time: 9 to 10AM						
Mar 9	Monday	Number series / Missing Term	ALGEBRA - 1		Subject-Verb Agreement	Biology	Concepts of Life Science - 1	History	Mauryan Empire
Mar 10	Tuesday	Cubes & Dice	ALGEBRA - 3		Question Tag	Biology	Concepts of Life Science - 2	History	Post Mauryan Empire
Mar 11	Wednesday	Counting of figures	ALGEBRA - 2			Biology	Concepts of Life Science - 3	History	Gupta Empire - 1
Mar 12	Thursday	Mirror image & Water image	ALGEBRA - 4			Biology	Classification of Organisms - 1	History	Gupta Empire - 2
Mar 13	Friday	Clock & Calendar	TRIGONOMETRY - 1			Biology	Classification of Organisms - 2	History	Chalukyas
Mar 14	Saturday	Paper folding & cutting	TRIGONOMETRY - 3			Biology	Classification of Organisms - 3	History	Rashtrakutas
Mar 15	Sunday								
Mar 16	Monday	Embedded & Complete the Figures	TRIGONOMETRY - 2		Speech 1	Biology	Evolution	History	Delhi Sulthans - Part 1
Mar 17	Tuesday	Number Ranking	HEIGHTS AND DISTANCE		Speech 2	Biology	Genetics	History	Delhi Sulthans - Part 2
Mar 18	Wednesday	Seating Arrangement	MENSURATION - 1		Voice 1	Biology	Physiology - 1	History	Bahmani Sulthans
Mar 19	Thursday	Seating Arrangement	MENSURATION - 3		Voice 2	Biology	Physiology - 2	History	Vijayanagar Empire
Mar 20	Friday	Puzzle Test	MENSURATION - 2		Idioms	Biology	Physiology - 3	History	Mughal Empire - Part 1
Mar 21	Saturday	Puzzle Test	MENSURATION - 4		Phrasal Verbs	Biology	Physiology - 4	History	Mughal Empire - Part 2
Mar 22	Sunday								
Mar 23	Monday	Data Sufficiency	MENSURATION - 5			Biology	Nutrition	History	Marathas - Part 1
Mar 24	Tuesday	Statement Conclusions	GEOMETRY - 1		Root-words 1	Biology	Human Diseases	History	Marathas - Part 2
Mar 25	Wednesday	Model Question Discussion	GEOMETRY - 2		Root-words 2	Biology	Environment	History	South Indian History
Mar 26	Thursday		GEOMETRY - 3		Spell Check			History	Advent of Europeans

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Mar 27	Friday		GEOMETRY - 4		One-Word Substitution			History	Establishment of British Raj
Mar 28	Saturday		GEOMETRY - 5		Improvement			History	British Acts and Policies
Mar 29	Sunday								
Mar 30	Monday		GEOMETRY - 6		Fillers			History	Governor Generals and Viceroy
Mar 31	Tuesday		APTITUDE Revision		Rearrangement			History	Early Resistance
Apr 1	Wednesday		GEOMETRY - 2		Cloze Test			History	Sepoy Revolts
Apr 2	Thursday		GEOMETRY - 3		Reading Comprehension			History	Reform Movements and Reformists
Apr 3	Friday		GEOMETRY - 4		Revision			History	Indian National Movement
Apr 4	Saturday		GEOMETRY - 5					History	Moderate Phase
Apr 5	Sunday								
Apr 6	Monday		GEOMETRY - 6					History	Extremist Phase
Apr 7	Tuesday		APTITUDE Revision					History	Gandhian Phase
Apr 8	Wednesday		Recorded Videos					History	Towards Independence
Apr 9	Thursday		VEDIC MATHS					History	Sessions and Facts
Apr 10	Friday		NUMBER SYSTEM					History	Miscellaneous
Apr 11	Saturday		LCM AND HCF						
Apr 12	Sunday								
Apr 13	Monday								
Apr 14	Tuesday								
Apr 15	Wednesday					Chemistry	Elements and Compounds - 1		
Apr 16	Thursday					Chemistry	Elements and Compounds - 2		
Apr 17	Friday					Chemistry	Elements and Compounds - 3		
Apr 18	Saturday					Chemistry	Acid, Bases, Salts - 1		
Apr 19	Sunday								
Apr 20	Monday					Chemistry	Acid, Bases, Salts - 2	Economics	Introduction, Types, Systems
Apr 21	Tuesday					Chemistry	Hydrocarbons - 1	Economics	Sectors, Features
Apr 22	Wednesday					Chemistry	Hydrocarbons - 2	Economics	Demand, Supply
Apr 23	Thursday					Chemistry	Fertilizers, Pesticides	Economics	Goods, Markets
Apr 24	Friday					Chemistry	Miscellaneous	Economics	Curves
Apr 25	Saturday							Economics	National Income - 1
Apr 26	Sunday								
Apr 27	Monday					Geography	Universe	Economics	National Income - 2

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Apr 28	Tuesday					Geography	Solar System	Economics	Indexes, Money Supply
Apr 29	Wednesday					Geography	Basics of Earth	Economics	Banking
Apr 30	Thursday					Geography	Continents and Countries	Economics	Inflation
May 1	Friday					Geography	Lithosphere	Economics	Five Year Plans
May 2	Saturday					Geography	Hydrosphere	Economics	Fiscal Policy, Monetary Policy, GST
May 3	Sunday								
May 4	Monday					Geography	Atmosphere		
May 5	Tuesday					Geography	Wind System		
May 6	Wednesday					Geography	Land Forms		
May 7	Thursday					Geography	Indian Geography - Location		
May 8	Friday					Geography	Time Zone & India Map		
May 9	Saturday					Geography	Physical Features of India - Part 1		
May 10	Sunday								
11 May	Monday					Geography	Physical Features of India - Part 2		
12 May	Tuesday					Geography	Indian Rivers and Drainage System		
13 May	Wednesday					Geography	Weather, Climate, Monsoon		
14 May	Thursday					Geography	Forests and Wildlife		
15 May	Friday					Geography	Soils		
16 May	Saturday					Geography	Agriculture and Crops		
17 May	Sunday								
18 May	Monday					Geography	Minerals and Resources - Part 1	Physics	Nature of Universe
19 May	Tuesday					Geography	Minerals and Resources - Part 2	Physics	Measurements
20 May	Wednesday					Geography	Transport	Physics	Properties of Matter
21 May	Thursday					Geography	Communication	Physics	Fluids
22 May	Friday					Geography	Social Geography	Physics	Force and Motion
23 May	Saturday					Geography	Tribes and Human Geography	Physics	Energy and Electricity
24 May	Sunday								
25 May	Monday							Physics	Light
26 May	Tuesday							Physics	Optics
27 May	Wednesday							Physics	Sound
28 May	Thursday							Physics	Heat

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29 May	Friday							Physics	Magnetism
30 May	Saturday							Physics	Nuclear Physics
31 May	Sunday								

