

Careers Adda

UDAAN Crash Course Batch 2026 for Class 12 | Psychology | Online Live Classes By Careers Adda

Chapters	Topics	Day & Date	Timings
	Orientation	Saturday, January 24, 2026	1:03 PM - 1:30 PM
Chapter 1	Variation of Psychological Attributes - 1	Tuesday, January 27, 2026	5:03 PM - 5:59 PM
	Variation of Psychological Attributes - 2	Wednesday, January 28, 2026	5:03 PM - 5:59 PM
Chapter 2	Self and Personality - 1	Thursday, January 29, 2026	5:03 PM - 5:59 PM
	Self and Personality - 2	Friday, January 30, 2026	5:03 PM - 5:59 PM
Chapter 3	Meeting Life Challenges - 1	Saturday, January 31, 2026	5:03 PM - 5:59 PM
Chapter 4	Psychological Disorders - 1	Monday, February 2, 2026	5:03 PM - 5:59 PM
	Psychological Disorders - 2	Tuesday, February 3, 2026	5:03 PM - 5:59 PM
Chapter 5	Therapeutic Approach - 1	Wednesday, February 4, 2026	5:03 PM - 5:59 PM
	Therapeutic Approach - 2	Thursday, February 5, 2026	5:03 PM - 5:59 PM
Chapter 6	Attitude and Social Cognition - 1	Friday, February 6, 2026	5:03 PM - 5:59 PM
	Attitude and Social Cognition - 2	Saturday, February 7, 2026	5:03 PM - 5:59 PM
Chapter 7	Social Influence and Group Processes - 1	Monday, February 9, 2026	5:03 PM - 5:59 PM
	Social Influence and Group Processes - 2	Tuesday, February 10, 2026	5:03 PM - 5:59 PM
	Sample Paper Discussion - 1	Wednesday, February 11, 2026	5:03 PM - 5:59 PM