

## Physical Education by Monu Madhukar Sir

Time: 7:00 PM to 8:00 PM

Date	Day	Topic
Recorded	FRIDAY	Management in Physical Education_Class_1
Recorded	MONDAY	Management in Physical Education_Class_2
Recorded	TUESDAY	Management in Physical Education_Class_3
Recorded	WEDNESDAY	Management in Physical Education_Class_4
Recorded	THURSDAY	Management in Physical Education_Class_5
Recorded	FRIDAY	Management in Physical Education_Class_6
Recorded	TUESDAY	Management in Physical Education_Class_7
Recorded	WEDNESDAY	Management in Physical Education_Class_8
Recorded	THURSDAY	Management in Physical Education_Class_9
Recorded	FRIDAY	Management in Physical Education_Class_10
2-Feb-26	MONDAY	Test Measurement and Evaluation_Class_1
3-Feb-26	TUESDAY	Test Measurement and Evaluation_Class_2
4-Feb-26	WEDNESDAY	Test Measurement and Evaluation_Class_3
5-Feb-26	THURSDAY	Test Measurement and Evaluation_Class_4
6-Feb-26	FRIDAY	Test Measurement and Evaluation_Class_5
9-Feb-26	MONDAY	Test Measurement and Evaluation_Class_6
10-Feb-26	TUESDAY	Test Measurement and Evaluation_Class_7
11-Feb-26	WEDNESDAY	Test Measurement and Evaluation_Class_8
12-Feb-26	THURSDAY	Test Measurement and Evaluation_Class_9
13-Feb-26	FRIDAY	Test Measurement and Evaluation_Class_10
16-Feb-26	MONDAY	Research in Physical Education_Class_1
17-Feb-26	TUESDAY	Research in Physical Education_Class_2
18-Feb-26	WEDNESDAY	Research in Physical Education_Class_3
19-Feb-26	THURSDAY	Research in Physical Education_Class_4
20-Feb-26	FRIDAY	Research in Physical Education_Class_5
23-Feb-26	MONDAY	Research in Physical Education_Class_6
24-Feb-26	TUESDAY	Research in Physical Education_Class_7
25-Feb-26	WEDNESDAY	Research in Physical Education_Class_8
26-Feb-26	THURSDAY	Research in Physical Education_Class_9

27-Feb-26	FRIDAY	Research in Physical Education_Class_10
2-Mar-26	MONDAY	Sports Training_Class_1
3-Mar-26	TUESDAY	Sports Training_Class_2
4-Mar-26	WEDNESDAY	Sports Training_Class_3
5-Mar-26	THURSDAY	Sports Training_Class_4
6-Mar-26	FRIDAY	Sports Training_Class_5
9-Mar-26	MONDAY	Sports Training_Class_6
10-Mar-26	TUESDAY	Sports Training_Class_7
11-Mar-26	WEDNESDAY	Sports Training_Class_8
12-Mar-26	THURSDAY	Sports Training_Class_9
13-Mar-26	FRIDAY	Sports Training_Class_10
16-Mar-26	MONDAY	Health_Class_1
17-Mar-26	TUESDAY	Health_Class_2
18-Mar-26	WEDNESDAY	Health_Class_3
19-Mar-26	THURSDAY	Health_Class_4
20-Mar-26	FRIDAY	Health_Class_5
23-Mar-26	MONDAY	Health_Class_6
24-Mar-26	TUESDAY	Health_Class_7
25-Mar-26	WEDNESDAY	Health_Class_8
26-Mar-26	THURSDAY	Health_Class_9
27-Mar-26	FRIDAY	Health_Class_10
30-Mar-26	MONDAY	Development of Teacher Education for Physical Education in India_Class_1
31-Mar-26	TUESDAY	Development of Teacher Education for Physical Education in India_Class_2
1-Apr-26	WEDNESDAY	Development of Teacher Education for Physical Education in India_Class_3
2-Apr-26	THURSDAY	Development of Teacher Education for Physical Education in India_Class_4
3-Apr-26	FRIDAY	Development of Teacher Education for Physical Education in India_Class_5
6-Apr-26	MONDAY	Development of Teacher Education for Physical Education in India_Class_6
7-Apr-26	TUESDAY	Development of Teacher Education for Physical Education in India_Class_7
8-Apr-26	WEDNESDAY	Development of Teacher Education for Physical Education in India_Class_8
9-Apr-26	THURSDAY	Development of Teacher Education for Physical Education in India_Class_9
10-Apr-26	FRIDAY	Development of Teacher Education for Physical Education in India_Class_10
13-Apr-26	MONDAY	Sports Psychology_Class_1
14-Apr-26	TUESDAY	Sports Psychology_Class_2

15-Apr-26	WEDNESDAY	Sports Psychology_Class_3
16-Apr-26	THURSDAY	Sports Psychology_Class_4
17-Apr-26	FRIDAY	Sports Psychology_Class_5
20-Apr-26	MONDAY	Sports Psychology_Class_6
21-Apr-26	TUESDAY	Sports Psychology_Class_7
22-Apr-26	WEDNESDAY	Sports Psychology_Class_8
23-Apr-26	THURSDAY	Sports Psychology_Class_9
24-Apr-26	FRIDAY	Sports Psychology_Class_10
27-Apr-26	MONDAY	Kinesiology and Biomechanics_Class_1
28-Apr-26	TUESDAY	Kinesiology and Biomechanics_Class_2
29-Apr-26	WEDNESDAY	Kinesiology and Biomechanics_Class_3
30-Apr-26	THURSDAY	Kinesiology and Biomechanics_Class_4
1-May-26	FRIDAY	Kinesiology and Biomechanics_Class_5
4-May-26	MONDAY	Kinesiology and Biomechanics_Class_6
5-May-26	TUESDAY	Kinesiology and Biomechanics_Class_7
6-May-26	WEDNESDAY	Kinesiology and Biomechanics_Class_8
7-May-26	THURSDAY	Kinesiology and Biomechanics_Class_9
8-May-26	FRIDAY	Kinesiology and Biomechanics_Class_10
11-May-26	MONDAY	Exercise Physiology_Class_1
12-May-26	TUESDAY	Exercise Physiology_Class_2
13-May-26	WEDNESDAY	Exercise Physiology_Class_3
14-May-26	THURSDAY	Exercise Physiology_Class_4
15-May-26	FRIDAY	Exercise Physiology_Class_5
18-May-26	MONDAY	Exercise Physiology_Class_6
19-May-26	TUESDAY	Exercise Physiology_Class_7
20-May-26	WEDNESDAY	Exercise Physiology_Class_8
21-May-26	THURSDAY	Exercise Physiology_Class_9
22-May-26	FRIDAY	Exercise Physiology_Class_10
25-May-26	MONDAY	Physical Education_Class_1
26-May-26	TUESDAY	Physical Education_Class_2
27-May-26	WEDNESDAY	Physical Education_Class_3
28-May-26	THURSDAY	Physical Education_Class_4
29-May-26	FRIDAY	Physical Education_Class_5

1-Jun-26	MONDAY	Physical Education_Class_6
2-Jun-26	TUESDAY	Physical Education_Class_7
3-Jun-26	WEDNESDAY	Physical Education_Class_8
4-Jun-26	THURSDAY	Physical Education_Class_9
5-Jun-26	FRIDAY	Physical Education_Class_10