

Physical Education by Monu Sir

Time: 6:00 PM to 7:00 PM

Date	Day	Topic
Recorded Classes		Physical Education_Class_1
		Physical Education_Class_2
		Physical Education_Class_3
		Physical Education_Class_4
		Physical Education_Class_5
		Physical Education_Class_6
		Physical Education_Class_7
		Physical Education_Class_8
		Physical Education_Class_9
		Physical Education_Class_10
		Physical Education_Class_11
		Physical Education_Class_12
		Physical Education_Class_13
		Physical Education_Class_14
		Physical Education_Class_15
		Physical Education_Class_16
		Physical Education_Class_17
		Physical Education_Class_18
		Physical Education_Class_19
		Physical Education_Class_20
		Physical Education_Class_21
		Physical Education_Class_22
19-Feb-26	Thursday	Physical Education_Class_23
20-Feb-26	Friday	Physical Education_Class_24
23-Feb-26	Monday	Physical Education_Class_25
24-Feb-26	Tuesday	Physical Education_Class_26
25-Feb-26	Wednesday	Physical Education_Class_27
26-Feb-26	Thursday	Physical Education_Class_28
27-Feb-26	Friday	Physical Education_Class_29

2-Mar-26	Monday	Physical Education_Class_30
3-Mar-26	Tuesday	Physical Education_Class_31
5-Mar-26	Thursday	Physical Education_Class_32
6-Mar-26	Friday	Physical Education_Class_33
9-Mar-26	Monday	Physical Education_Class_34
10-Mar-26	Tuesday	Physical Education_Class_35
11-Mar-26	Wednesday	Physical Education_Class_36
12-Mar-26	Thursday	Physical Education_Class_37
13-Mar-26	Friday	Physical Education_Class_38
16-Mar-26	Monday	Physical Education_Class_39
17-Mar-26	Tuesday	Physical Education_Class_40
18-Mar-26	Wednesday	Physical Education_Class_41
19-Mar-26	Thursday	Physical Education_Class_42
20-Mar-26	Friday	Physical Education_Class_43
23-Mar-26	Monday	Physical Education_Class_44
24-Mar-26	Tuesday	Physical Education_Class_45
25-Mar-26	Wednesday	Physical Education_Class_46
26-Mar-26	Thursday	Physical Education_Class_47
27-Mar-26	Friday	Physical Education_Class_48
30-Mar-26	Monday	Physical Education_Class_49
31-Mar-26	Tuesday	Physical Education_Class_50
1-Apr-26	Wednesday	Physical Education_Class_51
2-Apr-26	Thursday	Physical Education_Class_52
3-Apr-26	Friday	Physical Education_Class_53
6-Apr-26	Monday	Physical Education_Class_54
7-Apr-26	Tuesday	Physical Education_Class_55
8-Apr-26	Wednesday	Physical Education_Class_56
9-Apr-26	Thursday	Physical Education_Class_57
10-Apr-26	Friday	Physical Education_Class_58
13-Apr-26	Monday	Physical Education_Class_59
14-Apr-26	Tuesday	Physical Education_Class_60