

Study Plan	
Mentor	Mahima Ma'am
Lecture Time	11 AM - 12 PM
Day & Date	Subject - Chemistry (Food Preservation)
Friday, Feb 20, 2026	Principles of Food preservation and modes of heat transfer
Monday, Feb 23, 2026	Thermal Preservation lecture 1
Tuesday, Feb 24, 2026	Thermal Preservation lecture 2
Wednesday, Feb 25, 2026	Thermal Preservation lecture 3
Thursday, Feb 26, 2026	Thermal Preservation lecture 4
Friday, Feb 27, 2026	Thermal Preservation lecture 5
Monday, Mar 2, 2026	Thermal Preservation lecture 6
Tuesday, Mar 3, 2026	Non Thermal Preservation lecture 1
Wednesday, Mar 4, 2026	Non Thermal Preservation lecture 2
Thursday, Mar 5, 2026	Non Thermal Preservation lecture 3
Friday, Mar 6, 2026	Non Thermal Preservation lecture 4
Monday, Mar 9, 2026	Non Thermal Preservation lecture 5
Tuesday, Mar 10, 2026	Non Thermal Preservation lecture 6

Study Plan	
Mentor	Mahima Ma'am
Lecture Time	3 PM - 4 PM
Day & Date	Subject - Food Microbiology
Thursday, Mar 5, 2026	Food packaging Principles
Friday, Mar 6, 2026	Types of food packaging material lecture 1
Monday, Mar 9, 2026	Types of food packaging material lecture 2
Tuesday, Mar 10, 2026	Types of food packaging material lecture 3
Wednesday, Mar 11, 2026	Types of food packaging material lecture 4
Thursday, Mar 12, 2026	Types of food packaging material lecture 5
Friday, Mar 13, 2026	Types of food packaging material lecture 6
Monday, Mar 16, 2026	Types of packaging lecture 1
Tuesday, Mar 17, 2026	Types of packaging lecture 2
Wednesday, Mar 18, 2026	Types of packaging lecture 3
Thursday, Mar 19, 2026	Types of packaging lecture 4
Friday, Mar 20, 2026	Testing of packaging material
Monday, Mar 23, 2026	Nutritional labelling

Tentative Study Plan	
Mentor	Sandeep Sir & Mahima Ma'am
Lecture Time	4 PM - 5 PM
Day & Date	Subject - Food Safety Standards, Act, Rules & Regulations
Tuesday, Feb 24, 2026	Food: Definition, food additives and processing aid, contaminants, toxic substances, heavy metals
Wednesday, Feb 25, 2026	Pesticides: Pest control, antibiotic residues and microbiological control
Thursday, Feb 26, 2026	Genetically modified foods, organic foods, functional foods, proprietary foods
Friday, Feb 27, 2026	Packaging and labelling of foods
Monday, Mar 2, 2026	Restriction on advertisement & prohibition to unfair trade practices
Tuesday, Mar 3, 2026	Responsibilities of the Food Business Operator
Wednesday, Mar 4, 2026	Liability of manufacturers, packers, wholesalers, distributors and sellers
Thursday, Mar 5, 2026	Food recall procedures
Friday, Mar 6, 2026	Licensing and registration of food business
Monday, Mar 9, 2026	General requirements on hygienic and sanitary practices by the FBOs (Good Manufacturing Practice, Good Hygienic Practice, Hazard Analysis & Critical Control Point / Personal Hygiene)
Tuesday, Mar 10, 2026	Water pollution: potable water: sources and methods of purification, food and water borne diseases