

சுந்தரர் - TRB TNTET Foundation Paper 2 Batch 2026

Date	Day	Dr.Thamilselvan P Child Development & Pedagogy Recorded Videos	PRANAWA - ENGLISH Recorded Videos	Arunan - Tamil Language Time: 3 - 4 pm	Boopathi - APTITUDE Time: 1-2 PM	VIJAYRAJ - SCIENCE Time: 9-10AM	Dhanusha - Polity Time - 10 am - 11 am	ARUNAN - HISTORY Time: 3pm - 4pm	Ashiq-Indian Economics Time: 9:15- 10:15 AM	Arun - Reasoning Time: 4PM - 5PM	GEOGRAPHY Time: 2PM - 3PM
Mar 3	Tuesday	Part A – Unit I: Physical Growth	Introduction					Orientation			
Mar 4	Wednesday	Unit I: Cognitive Profile	Tenses				Orientation				
Mar 5	Thursday	Unit I: Piaget & Language	Active/Passive Voice						Orientation		
Mar 6	Friday	Unit I: Home & Identity	Direct/Indirect Speech			ORIENTATION @ 9AM					
Mar 7	Saturday	Unit II: Self-Concept & Social Awareness	Grammar Rules								
Mar 8	Sunday	1. Unit II: Cultural & Psychosocial Factors 2. Unit II: Emotional Development	Errors			Vijayaraj - Science Time:9-10 AM					Vijayaraj - Geography Time: 2-3 pm
Mar 9	Monday	1. Unit III: Physical Growth Cycles 2. Unit III: Attention & Memory	Fill-ups								
Mar 10	Tuesday	Unit III: Cognitive & Memory Strategies	Sentence Improvement			NATURE OF UNIVERSE -1	Dhanusha - Polity Time - 10 am - 11 am				
Mar 11	Wednesday	Unit III: Thinking Skills	Vocabulary			NATURE OF UNIVERSE -2	Basics of Polity				Fundamentals of Geography
Mar 12	Thursday	Unit III: Piaget's Concrete Operations	Revision			MEASUREMENT OF PHYSICAL QUANTITIES	Indian Constitution				The Solar system and the Earth
Mar 13	Friday	Unit III: Intelligence				PROPERTIES OF MATTERS	Union & States, Citizenship				Lithosphere - Endogenic Processes
Mar 14	Saturday	Unit III: Intelligence Tests & Creativity				FORCE, MOTION & ENERGY -1	Fundamental Rights				Lithosphere - Exogenic Processes
Mar 15	Sunday	1. Unit IV: Social Development 2. Unit IV: Social Belonging									
Mar 16	Monday	1. Unit IV: Schooling & Emotions 2. Unit IV: Role of Maturation & Learning				FORCE, MOTION & ENERGY -2	Fundamental Rights				Hydrosphere
Mar 17	Tuesday	Unit IV: Likes & Dislikes				ELECTRICITY	DPSP, Fundamental Duties				Atmosphere
Mar 18	Wednesday	Unit IV: Emotional Balance & Media				MAGNETISM	Parliament				The Biosphere
Mar 19	Thursday	Unit V: Moral Development Basics				LIGHT -1	Parliament				PHYSICAL FEATURES -1

Mar 20	Friday	Unit V: Moral Traits				LIGHT -2	State legislatures				PHYSICAL FEATURES -2
Mar 21	Saturday	Unit V: Discipline				LIGHT -3	Union Executive				PHYSICAL FEATURES -3
Mar 22	Sunday	1. Unit V: Media & Morality 2. Part B – Unit I: Nature of Learning									
Mar 23	Monday	1. Unit I: Language & Habits 2. Unit I: Adaptability				SOUND	State Executive	Indus valley Civilization			MONSOON & RAIN FALL
Mar 24	Tuesday	Unit II: Types of Learning I				HEAT -1	Judicial System	Guptas			WEATHER & CLIMATE
Mar 25	Wednesday	Unit II: Types of Learning II				HEAT -2	Local Self Governments	Delhi Sultanate			INDIAN RIVERS IN INDIA
Mar 26	Thursday	Unit II: Concept Learning				NUCLEAR PHYSICS	Centre-State Relationship	Mughals			SOIL
Mar 27	Friday	Unit II: Levels of Learning				ELECTRONICS & COMMUNICATION	Foreign Policy	Marathas			WATER RESOURCES
Mar 28	Saturday	Unit II: Approaches to Learning				CHEMISTRY ELEMENTS AND COMPOUNDS -1		Vijaya Nagaram & Bahmani Kingdom			MINERALS & NATURAL RESOURCES
Mar 29	Sunday	1. Unit III: Concepts & Constructs 2. Unit III: Mental Representations			Boopathi - APTITUDE Time: 1-2 PM						
Mar 30	Monday	1. Unit III: Concept Mapping 2. Unit IV: Learning Factors I			Number System - I	ELEMENTS AND COMPOUNDS -2		South Indian History			INDUSTRIES
Mar 31	Tuesday	Unit IV: Learning Factors II			Number System - II	ACIDS BASE & SALTS-1		ADVENT OF EUROPEANS			AGRICULTURE PATTERN
Apr 1	Wednesday	Unit IV: Media & Teachers			A.P & G.P - I	ACIDS BASE & SALTS-2		EARLY UPRISING AGAINST BRITISH RULE			TRANSPORT & COMMUNICATION
Apr 2	Thursday	Unit V: Constructivist Approach I			A.P & G.P - II	PETROLEUM PRODUCT		INDIAN NATIONAL MOVEMENT			POPULATION DENSITY AND DISTRIBUTION
Apr 3	Friday	Unit V: Constructivist Approach II			Square & Square Roots	FERTILIZER & PESTICIDE		GANDHIAN PHASE			RACES, LINGUISTIC GROUPS & MAJOR TRIBES
Apr 4	Saturday	Unit V: ZPD & Social Activity			Cubes & Cube Roots	METALLURGY & FOOD ADULTERATION		EMERGENCE OF LEADERS			Climate change - Green energy; Geographical landmarks; Current affairs.
Apr 5	Sunday	1. Unit VI: Active Learning 2. Unit VI: Integration									
Apr 6	Monday	1. Unit VI: Cognitive Readiness 2. Unit VI: Knowledge Creation & Wrap-Up			Indices & Surds	BIOLOGY MAIN CONCEPT OF LIFE SCIENCE - 1		History of Tamil Society & Archaeological discoveries		Alphabet Test	
Apr 7	Tuesday				Simplifications	MAIN CONCEPT OF LIFE SCIENCE - 2		Role of Tamil Nadu in freedom struggle		Alphanumeric Symbol series	

Apr 8	Wednesday				HCF & LCM - I	CLASSIFICATION OF LIVING ORGANISM - 1		Evolution of 19th & 20th century Socio-Political Movement in Tamil Nadu		Analogy & Odd One Out	
Apr 9	Thursday				HCF & LCM - II	CLASSIFICATION OF LIVING ORGANISM - 2				Directions Test	
Apr 10	Friday				HCF & LCM - III	EVOLUTION				Blood Relations	
Apr 11	Saturday				Ratio & Proportion - I	GENETICS - 1				Coding and Decoding	
Apr 12	Sunday										
Apr 13	Monday			எழுத்து இலக்கணம் - 1	Ratio & Proportion - II	GENETICS - 2				Arithmetic Operations & Logical Arrangement	
Apr 14	Tuesday			எழுத்து இலக்கணம் - 2	Simple Interest - I	PHYSIOLOGY - 1				Iniquity	
Apr 15	Wednesday			சொல் இலக்கணம் - 1	Simple Interest - II	PHYSIOLOGY - 2				Logical venn diagram	
Apr 16	Thursday			சொல் இலக்கணம் - 2	Compound Interest - I	PHYSIOLOGY - 3				Syllogism	
Apr 17	Friday			பொருள் இலக்கணம் - 1	Compound Interest - II	PHYSIOLOGY - 4				Number series / Missing Term	
Apr 18	Saturday			பொருள் இலக்கணம் - 2	Time & Work - I	PHYSIOLOGY - 5				Cubes & Dice	
Apr 19	Sunday										
Apr 20	Monday			யாப்பு இலக்கணம் - 1	Time & Work - II	NUTRITION				Counting of figures	
Apr 21	Tuesday			யாப்பு இலக்கணம் - 2	Time & Work - III	HUMAN DISEASE - 1				Imaged Based Questions - 1	
Apr 22	Wednesday			அணி இலக்கணம் - 1	Ages - I	HUMAN DISEASE-2				Imaged Based Questions - 2	
Apr 23	Thursday			அணி இலக்கணம் - 2	Ages - II	ENVIRONMENTAL & ECOLOGY				Number Ranking	
Apr 24	Friday			பொது இலக்கணம்	Average - I	REVISION				Seating Arrangement	
Apr 25	Saturday			சங்க இலக்கியம் - 1	Average - II	SCIENCE & TECH - CURRENT AFFAIRS				Puzzle Test	
Apr 26	Sunday										
Apr 27	Monday			சங்க இலக்கியம் - 2	Percentage - I					Statement Conclusions	

Apr 28	Tuesday			அறநூல்கள் - 1	Percentage - II					PYQ	
Apr 29	Wednesday			அறநூல்கள் - 2	Profit & Loss						
Apr 30	Thursday			ஐம்பெரும் காப்பியம்	Speed & Time						
May 1	Friday			தமிழ் அறிஞர்களும் தமிழ் தொண்டு - 1	2D						
May 2	Saturday			தமிழ் அறிஞர்களும் தமிழ் தொண்டு - 2	3D - I						
May 3	Sunday										
May 4	Monday			தமிழ் அறிஞர்களும் தமிழ் தொண்டு - 3	3D - II						
May 5	Tuesday			முழு திருப்புதல்	Revision Class						
May 6	Wednesday				FULL TEST				Economics - Introduction & Basic Features		