

மேன்மை 4.0 - SSC FOUNDATION BATCH 2026

Day	Date	Arun Prasath - Reasoning	Aptitude	Current Affairs	Pranawa - English	Subject	Kishore - General Awareness	Subject	Kishore - General Awareness
		Time: 3PM - 4PM	Time: 9AM to 10AM	Time: 11AM to 12 PM	Time: 12 - 1 PM		Time : 2 to 3 PM		Time : 4 to 5 PM
Mar 31	Tuesday					Orientation - 2 to 2.30 PM			
Apr 1	Wednesday	Alphanumeric symbol Series - 1							
Apr 2	Thursday	Alphanumeric symbol Series - 2							
Apr 3	Friday	Analogy							
Apr 4	Saturday	-							
Apr 5	Sunday								
Apr 6	Monday	-							
Apr 7	Tuesday	Odd One Out							
Apr 8	Wednesday	Directions Test - 1							
Apr 9	Thursday	Directions Test - 2							
Apr 10	Friday	Blood Relations - 1							
Apr 11	Saturday	Blood Relations - 2							
Apr 12	Sunday								
Apr 13	Monday	Coding and Decoding							
Apr 14	Tuesday	-							
Apr 15	Wednesday	Arithmetic Operations & Logical Arrangement				Chemistry	Elements and Compounds - 1		
Apr 16	Thursday	Iniquity - 1				Chemistry	Elements and Compounds - 2		
Apr 17	Friday	Iniquity - 2				Chemistry	Elements and Compounds - 3		
Apr 18	Saturday	Logical venn diagram				Chemistry	Acid, Bases, Salts - 1		
Apr 19	Sunday								
Apr 20	Monday	Syllogism - 1	SIMPLIFICATION - 1	Art and Culture of India - 1		Chemistry	Acid, Bases, Salts - 2	Economics	Introduction, Types, Systems
Apr 21	Tuesday	Syllogism - 2	SIMPLIFICATION - 2	Art and Culture of India - 2		Chemistry	Hydrocarbons - 1	Economics	Sectors, Features
Apr 22	Wednesday	Syllogism - 3	RATIO AND PROPORTION - 1	Indian Literature		Chemistry	Hydrocarbons - 2	Economics	Demand, Supply
Apr 23	Thursday	Number series / Missing Term		Games and Sports		Chemistry	Fertilizers, Pesticides	Economics	Goods, Markets
Apr 24	Friday	Cubes & Dice		Monuments and Places of India		Chemistry	Miscellaneous	Economics	Curves
Apr 25	Saturday	Counting of figures	RATIO AND PROPORTION - 2	Miscellaneous GK				Economics	National Income - 1
Apr 26	Sunday		AGES AND PARTNERSHIP						
Apr 27	Monday	Mirror image & Water image	AVERAGE - 1	Current Affairs - 1		Geography	Universe	Economics	National Income - 2
Apr 28	Tuesday	Clock & Calendar	AVERAGE - 2	Current Affairs - 2		Geography	Solar System	Economics	Indexes, Money Supply

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Apr 29	Wednesday	Paper folding & cutting	PERCENTAGE - 1	Current Affairs - 3		Geography	Basics of Earth	Economics	Banking
Apr 30	Thursday	Embedded & Complete the Figures		Current Affairs - 4	Noun 1	Geography	Continents and Countries	Economics	Inflation
May 1	Friday	Number Ranking			Noun 2	Geography	Lithosphere	Economics	Five Year Plans
May 2	Saturday	Seating Arrangement	PERCENTAGE - 2		Pronoun 1	Geography	Hydrosphere	Economics	Fiscal Policy, Monetary Policy, GST
May 3	Sunday		MIXTURE AND ALLIGATION - 1						
May 4	Monday	Seating Arrangement	MIXTURE AND ALLIGATION - 2		Tenses 1	Geography	Atmosphere		
May 5	Tuesday	Puzzle Test	PROFIT AND LOSS - 1		Tenses 2	Geography	Wind System		
May 6	Wednesday	Puzzle Test	PROFIT AND LOSS - 2		Verb	Geography	Land Forms		
May 7	Thursday	Data Sufficiency			Adjective 1	Geography	Indian Geography - Location		
May 8	Friday	Statement Conclusions			Adjective 2	Geography	Time Zone & India Map		
May 9	Saturday	Model Question Discussion	PROFIT AND LOSS - 3		No class	Geography	Physical Features of India - Part 1		
May 10	Sunday		SI & CI - 1						
May 11	Monday		SI & CI - 2		Adverb	Geography	Physical Features of India - Part 2		
May 12	Tuesday		TIME AND WORK - 1		Preposition 1	Geography	Indian Rivers and Drainage System		
May 13	Wednesday		TIME AND WORK - 2		Preposition 2	Geography	Weather, Climate, Monsoon		
May 14	Thursday				Conjunction	Geography	Forests and Wildlife		
May 15	Friday				Articles	Geography	Soils		
May 16	Saturday		TIME AND DISTANCE - 1		Subject-Verb Agreement	Geography	Agriculture and Crops		
May 17	Sunday		TIME AND DISTANCE - 2						
May 18	Monday		PROBLEMS ON TRAINS		Question Tag	Geography	Minerals and Resources - Part 1	Physics	Nature of Universe
May 19	Tuesday		BOATS AND STREAM		Speech 1	Geography	Minerals and Resources - Part 2	Physics	Measurements
May 20	Wednesday		DATA INTERPRETATION - 1		Speech 2	Geography	Transport	Physics	Properties of Matter
May 21	Thursday				Voice 1	Geography	Communication	Physics	Fluids

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May 22	Friday				Voice 2	Geography	Social Geography	Physics	Force and Motion
May 23	Saturday		DATA INTERPRETATION - 2		Idioms	Geography	Tribes and Human Geography	Physics	Energy and Electricity
May 24	Sunday		STATISTICS						
May 25	Monday		PROBABILITY		Phrasal Verbs			Physics	Light
May 26	Tuesday		PYQ DISCUSSION	off	No class			Physics	Optics
May 27	Wednesday				Root-words 1			Physics	Sound
May 28	Thursday				Root-words 2			Physics	Heat
May 29	Friday				Spell Check			Physics	Magnetism
May 30	Saturday		ALGEBRA - 1		One-Word Substitution			Physics	Nuclear Physics
May 31	Sunday		ALGEBRA - 3						
Jun 1	Monday		ALGEBRA - 2		Improvement	Polity	History and Making of Constitution		
Jun 2	Tuesday		ALGEBRA - 4		Fillers	Polity	Salient Features & Sources		
Jun 3	Wednesday		TRIGONOMETRY - 1		Rearrangement	Polity	Parts and Schedules		
Jun 4	Thursday		TRIGONOMETRY - 3		Cloze Test	Polity	Preamble		
Jun 5	Friday				Reading Comprehension	Polity	Union and its Territories		
Jun 6	Saturday		TRIGONOMETRY - 2		Revision	Polity	Citizenship		
Jun 7	Sunday		HEIGHTS AND DISTANCE						
Jun 8	Monday		MENSURATION - 1			Polity	Fundamental Rights - Part 1		
Jun 9	Tuesday		MENSURATION - 3			Polity	Fundamental Rights - Part 2		
Jun 10	Wednesday		MENSURATION - 2			Polity	DPSP, Fundamental Duties		
Jun 11	Thursday		MENSURATION - 4			Polity	Union - Executive 1		
Jun 12	Friday					Polity	Union - Executive 2		
Jun 13	Saturday		MENSURATION - 5						

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Jun 14	Sunday		GEOMETRY - 1						
Jun 15	Monday		GEOMETRY - 2			Polity	Union - Legislature 1	Biology	Concepts of Life Science - 1
Jun 16	Tuesday		GEOMETRY - 3			Polity	Union - Legislature 2	Biology	Concepts of Life Science - 2
Jun 17	Wednesday		GEOMETRY - 4			Polity	Union - Judiciary	Biology	Concepts of Life Science - 3
Jun 18	Thursday		GEOMETRY - 5			Polity	State - Executive	Biology	Classification of Organisms - 1
Jun 19	Friday					Polity	State - Legislature	Biology	Classification of Organisms - 2
Jun 20	Saturday		GEOMETRY - 6			Polity	State - Judiciary	Biology	Classification of Organisms - 3
Jun 21	Sunday		APTITUDE Revision						
Jun 22	Monday		Recorded Videos			Polity	Constitutional & Non Constitutional Bodies	Biology	Evolution
Jun 23	Tuesday		VEDIC MATHS			Polity	Other Bodies	Biology	Genetics
Jun 24	Wednesday		NUMBER SYSTEM			Polity	Local Self Governments	Biology	Physiology - 1
Jun 25	Thursday		LCM AND HCF			Polity	Amendments	Biology	Physiology - 2
Jun 26	Friday			off				Biology	Physiology - 3
Jun 27	Saturday								
Jun 28	Sunday								
Jun 29	Monday							Biology	Physiology - 4
Jun 30	Tuesday							Biology	Nutrition
Jul 1	Wednesday							Biology	Human Diseases
Jul 2	Thursday							Biology	Environment
Jul 3	Friday								
Jul 4	Saturday								
Jul 5	Sunday								
Jul 6	Monday					History	Introduction, Timeline		

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Jul 7	Tuesday					History	Indus Valley Civilisation		
Jul 8	Wednesday					History	Vedic Period		
Jul 9	Thursday					History	Jainism		
Jul 10	Friday					History	Buddhism		
Jul 11	Saturday					History	Mahajanapadas		
Jul 12	Sunday								
Jul 13	Monday					History	Mauryan Empire	Computer	Introduction
Jul 14	Tuesday					History	Post Mauryan Empire	Computer	Components of Computer
Jul 15	Wednesday					History	Gupta Empire - 1	Computer	Other Facts
Jul 16	Thursday					History	Gupta Empire - 2	Computer	Operating System
Jul 17	Friday					History	Chalukyas	Computer	MS Word
Jul 18	Saturday					History	Rashtrakutas		
Jul 19	Sunday								
Jul 20	Monday					History	Delhi Sulthans - Part 1	Computer	MS Excel
Jul 21	Tuesday					History	Delhi Sulthans - Part 2	Computer	MS Powerpoint
Jul 22	Wednesday					History	Bahmani Sulthans	Computer	System Security
Jul 23	Thursday					History	Vijayanagar Empire	Computer	Networking
Jul 24	Friday					History	Mughal Empire - Part 1	Computer	ICT
Jul 25	Saturday					History	Mughal Empire - Part 2		
Jul 26	Sunday								
Jul 27	Monday					History	Marathas - Part 1		
Jul 28	Tuesday					History	Marathas - Part 2		
Jul 29	Wednesday					History	South Indian History		

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Jul 30	Thursday					History	Advent of Europeans		
Jul 31	Friday					History	Establishment of British Raj		
Aug 1	Saturday					History	British Acts and Policies		
Aug 2	Sunday								
Aug 3	Monday					History	Governor Generals and Viceroy		
Aug 4	Tuesday					History	Early Resistance		
Aug 5	Wednesday					History	Sepoy Revolts		
Aug 6	Thursday					History	Reform Movements and Reformists		
Aug 7	Friday					History	Indian National Movement		
Aug 8	Saturday					History	Moderate Phase		
Aug 9	Sunday								
Aug 10	Monday					History	Extremist Phase		
Aug 11	Tuesday					History	Gandhian Phase		
Aug 12	Wednesday					History	Towards Independence		
Aug 13	Thursday					History	Sessions and Facts		
Aug 14	Friday					History	Miscellaneous		