

Physical Education by Monu Madhukar Sir

Time: 7:00 PM to 8:00 PM

| Date | Day | Topic |
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| Recorded | FRIDAY | Management in Physical Education_Class_1 |
| Recorded | MONDAY | Management in Physical Education_Class_2 |
| Recorded | TUESDAY | Management in Physical Education_Class_3 |
| Recorded | WEDNESDAY | Management in Physical Education_Class_4 |
| Recorded | THURSADY | Management in Physical Education_Class_5 |
| Recorded | FRIDAY | Management in Physical Education_Class_6 |
| Recorded | TUESDAY | Management in Physical Education_Class_7 |
| Recorded | WEDNESDAY | Management in Physical Education_Class_8 |
| Recorded | THURSADY | Management in Physical Education_Class_9 |
| Recorded | FRIDAY | Management in Physical Education_Class_10 |
| Recorded | MONDAY | Test Measurement and Evaluation_Class_1 |
| Recorded | TUESDAY | Test Measurement and Evaluation_Class_2 |
| Recorded | WEDNESDAY | Test Measurement and Evaluation_Class_3 |
| Recorded | THURSADY | Test Measurement and Evaluation_Class_4 |
| Recorded | FRIDAY | Test Measurement and Evaluation_Class_5 |
| Recorded | MONDAY | Test Measurement and Evaluation_Class_6 |
| Recorded | TUESDAY | Test Measurement and Evaluation_Class_7 |
| Recorded | WEDNESDAY | Test Measurement and Evaluation_Class_8 |
| Recorded | THURSADY | Test Measurement and Evaluation_Class_9 |
| Recorded | FRIDAY | Test Measurement and Evaluation_Class_10 |
| Recorded | MONDAY | Research in Physical Education_Class_1 |
| Recorded | TUESDAY | Research in Physical Education_Class_2 |
| Recorded | WEDNESDAY | Research in Physical Education_Class_3 |
| Recorded | THURSADY | Research in Physical Education_Class_4 |
| Recorded | FRIDAY | Research in Physical Education_Class_5 |
| Recorded | MONDAY | Research in Physical Education_Class_6 |
| Recorded | TUESDAY | Research in Physical Education_Class_7 |
| Recorded | WEDNESDAY | Research in Physical Education_Class_8 |
| Recorded | THURSADY | Research in Physical Education_Class_9 |

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| Recorded | FRIDAY | Research in Physical Education_Class_10 |
| Recorded | MONDAY | Sports Training_Class_1 |
| Recorded | TUESDAY | Sports Training_Class_2 |
| Recorded | WEDNESDAY | Sports Training_Class_3 |
| Recorded | THURSADY | Sports Training_Class_4 |
| Recorded | FRIDAY | Sports Training_Class_5 |
| Recorded | MONDAY | Sports Training_Class_6 |
| Recorded | TUESDAY | Sports Training_Class_7 |
| Recorded | WEDNESDAY | Sports Training_Class_8 |
| Recorded | THURSADY | Sports Training_Class_9 |
| Recorded | FRIDAY | Sports Training_Class_10 |
| Recorded | MONDAY | Health_Class_1 |
| Recorded | TUESDAY | Health_Class_2 |
| Recorded | WEDNESDAY | Health_Class_3 |
| Recorded | THURSADY | Health_Class_4 |
| Recorded | FRIDAY | Health_Class_5 |
| Recorded | MONDAY | Health_Class_6 |
| Recorded | TUESDAY | Health_Class_7 |
| Recorded | WEDNESDAY | Health_Class_8 |
| Recorded | THURSADY | Health_Class_9 |
| Recorded | FRIDAY | Health_Class_10 |
| 30-Mar-26 | MONDAY | Development of Teacher Education for Physical Education in India_Class_1 |
| 31-Mar-26 | TUESDAY | Development of Teacher Education for Physical Education in India_Class_2 |
| 1-Apr-26 | WEDNESDAY | Development of Teacher Education for Physical Education in India_Class_3 |
| 2-Apr-26 | THURSADY | Development of Teacher Education for Physical Education in India_Class_4 |
| 3-Apr-26 | FRIDAY | Development of Teacher Education for Physical Education in India_Class_5 |
| 6-Apr-26 | MONDAY | Development of Teacher Education for Physical Education in India_Class_6 |
| 7-Apr-26 | TUESDAY | Development of Teacher Education for Physical Education in India_Class_7 |
| 8-Apr-26 | WEDNESDAY | Development of Teacher Education for Physical Education in India_Class_8 |
| 9-Apr-26 | THURSADY | Development of Teacher Education for Physical Education in India_Class_9 |
| 10-Apr-26 | FRIDAY | Development of Teacher Education for Physical Education in India_Class_10 |
| 13-Apr-26 | MONDAY | Sports Psychology_Class_1 |
| 14-Apr-26 | TUESDAY | Sports Psychology_Class_2 |

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| 15-Apr-26 | WEDNESDAY | Sports Psychology_Class_3 |
| 16-Apr-26 | THURSADY | Sports Psychology_Class_4 |
| 17-Apr-26 | FRIDAY | Sports Psychology_Class_5 |
| 20-Apr-26 | MONDAY | Sports Psychology_Class_6 |
| 21-Apr-26 | TUESDAY | Sports Psychology_Class_7 |
| 22-Apr-26 | WEDNESDAY | Sports Psychology_Class_8 |
| 23-Apr-26 | THURSADY | Sports Psychology_Class_9 |
| 24-Apr-26 | FRIDAY | Sports Psychology_Class_10 |
| 27-Apr-26 | MONDAY | Kinesiology and Biomechanics_Class_1 |
| 28-Apr-26 | TUESDAY | Kinesiology and Biomechanics_Class_2 |
| 29-Apr-26 | WEDNESDAY | Kinesiology and Biomechanics_Class_3 |
| 30-Apr-26 | THURSADY | Kinesiology and Biomechanics_Class_4 |
| 1-May-26 | FRIDAY | Kinesiology and Biomechanics_Class_5 |
| 4-May-26 | MONDAY | Kinesiology and Biomechanics_Class_6 |
| 5-May-26 | TUESDAY | Kinesiology and Biomechanics_Class_7 |
| 6-May-26 | WEDNESDAY | Kinesiology and Biomechanics_Class_8 |
| 7-May-26 | THURSADY | Kinesiology and Biomechanics_Class_9 |
| 8-May-26 | FRIDAY | Kinesiology and Biomechanics_Class_10 |
| 11-May-26 | MONDAY | Exercise Physiology_Class_1 |
| 12-May-26 | TUESDAY | Exercise Physiology_Class_2 |
| 13-May-26 | WEDNESDAY | Exercise Physiology_Class_3 |
| 14-May-26 | THURSADY | Exercise Physiology_Class_4 |
| 15-May-26 | FRIDAY | Exercise Physiology_Class_5 |
| 18-May-26 | MONDAY | Exercise Physiology_Class_6 |
| 19-May-26 | TUESDAY | Exercise Physiology_Class_7 |
| 20-May-26 | WEDNESDAY | Exercise Physiology_Class_8 |
| 21-May-26 | THURSADY | Exercise Physiology_Class_9 |
| 22-May-26 | FRIDAY | Exercise Physiology_Class_10 |
| 25-May-26 | MONDAY | Physical Education_Class_1 |
| 26-May-26 | TUESDAY | Physical Education_Class_2 |
| 27-May-26 | WEDNESDAY | Physical Education_Class_3 |
| 28-May-26 | THURSADY | Physical Education_Class_4 |
| 29-May-26 | FRIDAY | Physical Education_Class_5 |

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| 1-Jun-26 | MONDAY | Physical Education_Class_6 |
| 2-Jun-26 | TUESDAY | Physical Education_Class_7 |
| 3-Jun-26 | WEDNESDAY | Physical Education_Class_8 |
| 4-Jun-26 | THURSADY | Physical Education_Class_9 |
| 5-Jun-26 | FRIDAY | Physical Education_Class_10 |