

PHYSICAL EDUCATION
BY Monu Madhukar
Time: 06:00 PM to 07:00 PM

Date	Day	Topic
9 May 2026	Saturday	Doubt Session + Mentorship_CLASS_1
16 May 2026	Saturday	Doubt Session + Mentorship_CLASS_2
23 May 2026	Saturday	Doubt Session + Mentorship_CLASS_3
30 May 2026	Saturday	Doubt Session + Mentorship_CLASS_4
6 June 2026	Saturday	Doubt Session + Mentorship_CLASS_5

PHYSICAL EDUCATION
RECORDED CLASS STUDY PLAN

Recorded	Management in Physical Education
Recorded	Test Measurement and Evaluation
Recorded	Research in Physical Education
Recorded	Sports Training
Recorded	Health
Recorded	Development of Teacher Education for Physical Education in India
Recorded	Sports Psychology
Recorded	Kinesiology and Biomechanics
Recorded	Exercise Physiology
Recorded	Physical Education