

PHYSICAL EDUCATION By Monu Sir & Aditya Sir

Time: 6:00 PM to 7:00 PM

Date	Day	Topic
Recorded Classes		Physical Education_Class_1
		Physical Education_Class_2
		Physical Education_Class_3
		Physical Education_Class_4
		Physical Education_Class_5
		Physical Education_Class_6
		Physical Education_Class_7
		Physical Education_Class_8
		Physical Education_Class_9
		Physical Education_Class_10
		Physical Education_Class_11
		Physical Education_Class_12
		Physical Education_Class_13
		Physical Education_Class_14
		Physical Education_Class_15
		Physical Education_Class_16
		Physical Education_Class_17
		Physical Education_Class_18
		Physical Education_Class_19
		Physical Education_Class_20
		Physical Education_Class_21
		Physical Education_Class_22
		Physical Education_Class_23
		Physical Education_Class_24
		Physical Education_Class_25
		Physical Education_Class_26
		Physical Education_Class_27
		Physical Education_Class_28
		Physical Education_Class_29
		Physical Education_Class_30
29-Jun-26	Monday	Physical Education_Class_31
30-Jun-26	Tuesday	Physical Education_Class_32
1-Jul-26	Wednesday	Physical Education_Class_33
2-Jul-26	Thursday	Physical Education_Class_34
3-Jul-26	Friday	Physical Education_Class_35
6-Jul-26	Monday	Physical Education_Class_36
7-Jul-26	Tuesday	Physical Education_Class_37
8-Jul-26	Wednesday	Physical Education_Class_38
9-Jul-26	Thursday	Physical Education_Class_39
10-Jul-26	Friday	Physical Education_Class_40
13-Jul-26	Monday	Physical Education_Class_41

14-Jul-26	Tuesday	Physical Education_Class_42
15-Jul-26	Wednesday	Physical Education_Class_43
16-Jul-26	Thursday	Physical Education_Class_44
17-Jul-26	Friday	Physical Education_Class_45
20-Jul-26	Monday	Physical Education_Class_46
21-Jul-26	Tuesday	Physical Education_Class_47
22-Jul-26	Wednesday	Physical Education_Class_48
23-Jul-26	Thursday	Physical Education_Class_49
24-Jul-26	Friday	Physical Education_Class_50
27-Jul-26	Monday	Physical Education_Class_51
28-Jul-26	Tuesday	Physical Education_Class_52
29-Jul-26	Wednesday	Physical Education_Class_53
30-Jul-26	Thursday	Physical Education_Class_54
31-Jul-26	Friday	Physical Education_Class_55
3-Aug-26	Monday	Physical Education_Class_56
4-Aug-26	Tuesday	Physical Education_Class_57
5-Aug-26	Wednesday	Physical Education_Class_58
6-Aug-26	Thursday	Physical Education_Class_59
7-Aug-26	Friday	Physical Education_Class_60
10-Aug-26	Monday	Physical Education_Class_61
11-Aug-26	Tuesday	Physical Education_Class_62
12-Aug-26	Wednesday	Physical Education_Class_63
13-Aug-26	Thursday	Physical Education_Class_64
14-Aug-26	Friday	Physical Education_Class_65
17-Aug-26	Monday	Physical Education_Class_66
18-Aug-26	Tuesday	Physical Education_Class_67
19-Aug-26	Wednesday	Physical Education_Class_68
20-Aug-26	Thursday	Physical Education_Class_69
21-Aug-26	Friday	Physical Education_Class_70
24-Aug-26	Monday	Physical Education_Class_71
25-Aug-26	Tuesday	Physical Education_Class_72
26-Aug-26	Wednesday	Physical Education_Class_73
27-Aug-26	Thursday	Physical Education_Class_74
28-Aug-26	Friday	Physical Education_Class_75