

RRB NTPC Foundation Study Plan										
		Veerendra Sir	Ashish Singh	Ashish Singh	Pawan Kumar Moral	Navdeep Singh Sir	Somya Prakash	Ashutosh Tripathi Sir	Neeraj Kumawat	
Timing		1:00 PM - 2:00 PM	9:00 AM - 10:00 AM	3:00 PM - 4:00 PM	10:00 AM - 11:00 AM	4:00 PM - 5:00 PM	12:00 PM - 1:00 PM	2:00 PM - 3:00 PM	6:00 PM - 7:00 PM	
Date	Day	Reasoning	Arithmetic Maths	Advanced Maths	Polity	Geography	Economy	History	Subject	Topic
22-Jun-26	Mon	Introduction	Introduction						CHEMISTRY	Introduction
23-Jun-26	Tue	Dice - 1	Decimal 1							
24-Jun-26	Wed	Dice - 2	Decimal 2							
25-Jun-26	Thu	Cube and Cuboid - 1	Fraction 1					Introduction to Economics		
26-Jun-26	Fri	Cube and Cuboid - 2	Fraction 2			Universe				
27-Jun-26	Sat						Types of Economy			
28-Jun-26	Sun									
29-Jun-26	Mon	Clock - 1	Simplification 1		Basics of Polity Class 1	Solar System		Market Structure		
30-Jun-26	Tue	Clock - 2	Simplification 2		Making of the Constitution	Structure of Earth		Types of Goods		
1-Jul-26	Wed	Clock - 3	Percentage 1		Salient Features of the Constitution	Volcanoes & Earthquake			CHEMISTRY	Atomic structure-1
2-Jul-26	Thu	Calendar - 1	Percentage 2		Union & Its Territory	Latitudes & Longitudes			CHEMISTRY	Atomic structure-2
3-Jul-26	Fri	Calendar - 2	Percentage 3		Citizenship	Atmosphere		Indus Valley Civilization Class 1	CHEMISTRY	Periodic table-1
4-Jul-26	Sat									
5-Jul-26	Sun									
6-Jul-26	Mon	Calendar - 3	Percentage 4				Wind & Air Pressure Belts	Law of Demand & Supply	CHEMISTRY	Periodic table-2
7-Jul-26	Tue	English Alphabet test - 1	Percentage 5				Cyclones & Local Winds	National Income	CHEMISTRY	Periodic table-3
8-Jul-26	Wed	English Alphabet test - 2	Profit and Loss 1		Fundamental Rights - 1	Hydrosphere		Inflation	CHEMISTRY	Chemical bonding - 1
9-Jul-26	Thu	English Alphabet test - 3	Profit and Loss 2		Fundamental Rights - 2	Bay, Gulf & Straits of World		Reserve Bank of India	CHEMISTRY	Chemical bonding - 2
10-Jul-26	Fri	Coding-Decoding - 1	Profit and Loss 3		Directive Principles of State Policy	Continents - 1		Monetary Policy	CHEMISTRY	Metal, non-metal and alloys-1
11-Jul-26	Sat									
12-Jul-26	Sun									
13-Jul-26	Mon	Coding-Decoding - 2	Profit and Loss 4		Fundamental Duties	Continents - 2		Banking System in India	CHEMISTRY	Metal, non-metal and alloys-2
14-Jul-26	Tue	Coding-Decoding - 3	Profit and Loss 5		Amendment of the Constitution	Continents - 3		Financial Market	CHEMISTRY	Acid, base and salt-1
15-Jul-26	Wed	Blood - Relation - 1	Discount 1		Parts of Constitution			Poverty	CHEMISTRY	Acid, base and salt-2
16-Jul-26	Thu	Blood - Relation - 2	Discount 2		Articles - 1			Unemployment	CHEMISTRY	Organic chemistry-1
17-Jul-26	Fri	Blood - Relation - 3	Discount 3		Articles - 2	Himalaya Mountains - 1		Planning in India - 1	CHEMISTRY	Organic chemistry-2
18-Jul-26	Sat									
19-Jul-26	Sun									
20-Jul-26	Mon		Discount 3	Number System 1	Schedules	Himalaya Mountains - 2		Planning in India - 2	CHEMISTRY	Chemistry in everyday life-1
21-Jul-26	Tue	Direction and Distance - 1	Ratio 1	Number System 2	President	Peaks & Passes In Himalaya		Fiscal Policy & Budget - 1	CHEMISTRY	Chemistry in everyday life-2
22-Jul-26	Wed	Direction and Distance - 2	Ratio 2	Number System 3	Parliament: Lok Sabha	Mountains In India - 1		Fiscal Policy & Budget - 2	CHEMISTRY	Polymer
23-Jul-26	Thu	Direction and Distance - 3	Ratio 3	Number System 4	Parliament: Rajya Sabha	Mountains In India - 2		Miscellaneous - 1	CHEMISTRY	Chemical Reaction
24-Jul-26	Fri	Analogy - 1	Ratio 4	Number System 5	Supreme Court	Plateaus & Plains In India		Miscellaneous - 2		
25-Jul-26	Sat									
26-Jul-26	Sun									
27-Jul-26	Mon	Analogy - 2	Age 1	LCM HCF 1	High Court	Coasts & Islands In India		Miscellaneous - 3		
28-Jul-26	Tue	Classification - 1	Age 2	LCM HCF 2	Municipalities Class 1	River System of India		Miscellaneous - 4		
29-Jul-26	Wed	Classification - 2	Partnership 1	LCM HCF 3	Union Public Service Commission, Election Commission	Himalayan River System - 1		Fiscal Policy & Budget - 2		
30-Jul-26	Thu	Mathematical operations - 1	Partnership 2	LCM HCF 4	Advocate General, Finance Commission, CAG	Himalayan River System - 2		Miscellaneous - 1		
31-Jul-26	Fri	Series - 1	SI 1	Surds and Indices 1	NTTI Aayog, NDC	Himalayan River System - 3		Miscellaneous - 2		
1-Aug-26	Sat									
2-Aug-26	Sun									
3-Aug-26	Mon	Series - 2	SI 2	Surds and Indices 2	Planning Commission, NCW	Peninsular River System - 1		Miscellaneous - 3		
4-Aug-26	Tue	Venn diagram - 1	SI 3	Algebra 1	Emergency, Official Language	Peninsular River System - 2		Miscellaneous - 4		
5-Aug-26	Wed	Venn diagram - 2	CI 1	Algebra 2		Monsoon In India				
6-Aug-26	Thu	Venn diagram - 3	CI 2	Algebra 3		Forest & Vegetation In India		Revolt of 1857		
7-Aug-26	Fri	Sylogism - 1	CI 3	Algebra 4		Soil In India		INC and Its Session	BIOLOGY	Nutrient-2
8-Aug-26	Sat									
9-Aug-26	Sun									
10-Aug-26	Mon	Sylogism - 2	CI 4	Algebra 5		Farming In India			BIOLOGY	Digestive system-1
11-Aug-26	Tue	Sylogism - 3	Time and Work 1	Trigonometry 1		Minerals In India		1895- 1905	BIOLOGY	Digestive system-2
12-Aug-26	Wed	Arithmetical Reasoning - 1	Time and Work 2	Trigonometry 2		Transportation System of India -1		1905- 1920	BIOLOGY	Circulatory system-1
13-Aug-26	Thu	Arithmetical Reasoning - 2	Time and Work 3	Trigonometry 3		Transportation System of India - 2		1921- 1940		
14-Aug-26	Fri	Order Ranking - 1	Time and Work 4	Trigonometry 4				1940- 1947	BIOLOGY	Circulatory system-2
15-Aug-26	Sat									
16-Aug-26	Sun									
17-Aug-26	Mon	Order Ranking - 2	Pipe and Cistern 1	Trigonometry 5					BIOLOGY	Respiratory system
18-Aug-26	Tue	Order Ranking - 3	Pipe and Cistern 2	Height and Distance 1					BIOLOGY	Excretory system
19-Aug-26	Wed	Seating - Arrangement - 1	Time, Speed and Distance 1	Geometry 1						
20-Aug-26	Thu	Seating - Arrangement - 2	Time, Speed and Distance 2	Geometry 2						
21-Aug-26	Fri	Seating - Arrangement - 3	Time, Speed and Distance 3	Geometry 3					BIOLOGY	Reproductive system - 1
22-Aug-26	Sat									
23-Aug-26	Sun									
24-Aug-26	Mon	Puzzle - 1	Time, Speed and Distance 4	Geometry 4					BIOLOGY	Reproductive system -2
25-Aug-26	Tue	Puzzle - 2	Train 1	Geometry 5					BIOLOGY	Diseases-1
26-Aug-26	Wed	Data Sufficiency - 1	Train 2	Geometry 6					BIOLOGY	Diseases-2
27-Aug-26	Thu	Data Sufficiency - 2	Train 3	Geometry 7					BIOLOGY	Nervous System
28-Aug-26	Fri	Logical Reasoning - 1	Boat and Stream 1	Geometry 8					BIOLOGY	Bones Joints and Muscle
29-Aug-26	Sat									
30-Aug-26	Sun									
31-Aug-26	Mon	Logical Reasoning - 2	Boat and Stream 2	Mensuration 1						
1-Sep-26	Tue	Logical Reasoning - 3	Boat and Stream 3	Mensuration 2						
2-Sep-26	Wed	Non Verbal - 1	Average 1	Mensuration 3						
3-Sep-26	Thu	Non Verbal - 2	Average 2	Mensuration 4					PHYSICS	General Physics - 1
4-Sep-26	Fri	Non Verbal - 3	Average 3	Mensuration 5					PHYSICS	General Physics - 2
5-Sep-26	Sat									
6-Sep-26	Sun									
7-Sep-26	Mon	Counting of Figure - 1	Mixture and Alligation 1						PHYSICS	General Physics - 3
8-Sep-26	Tue	Counting of Figure - 2	Mixture and Alligation 2						PHYSICS	General Physics - 4
9-Sep-26	Wed		Mixture and Alligation 3						PHYSICS	General Physics - 5
10-Sep-26	Thu		Probability 1						PHYSICS	General Physics - 6
11-Sep-26	Fri		Probability 2						PHYSICS	General Physics - 7
12-Sep-26	Sat									
13-Sep-26	Sun									
14-Sep-26	Mon		Probability 3							
15-Sep-26	Tue		Statistics 1						PHYSICS	General Physics - 8
16-Sep-26	Wed		Statistics 2						PHYSICS	General Physics - 9
17-Sep-26	Thu		Statistics 3						PHYSICS	General Physics - 10
18-Sep-26	Fri		DI 1						PHYSICS	General Physics - 11
19-Sep-26	Sat									
20-Sep-26	Sun									
21-Sep-26	Mon		DI 2						PHYSICS	General Physics - 12
22-Sep-26	Tue		DI 3						PHYSICS	General Physics - 13