

STUDY PLAN

Smart Study 5.0 Class Plan

CLASS	Topic	TIME	DATE	Faculty
1	Goal Setting	7:00-8:00 pm	20.08.2026	Subhendu Samanta
2	SMART Goal System & Action Plan	7:00-8:00 pm	21.08.2026	Subhendu Samanta
3	Self-Discipline:	7:00-8:00 pm	22.08.2026	Subhendu Samanta
4	Time Management Masterclass	7:00-8:00 pm	24.08.2026	Subhendu Samanta
5	Procrastination	7:00-8:00 pm	26.08.2026	Subhendu Samanta
6	Focus & Concentration Power	7:00-8:00 pm	27.08.2026	Subhendu Samanta
7	Mobile Addiction & Digital Distraction Management	7:00-8:00 pm	28.08.2026	Subhendu Samanta
8	Positive Thinking	7:00-8:00 pm	29.08.2026	Subhendu Samanta
9	Stress Management & Exam Anxiety Control	7:00-8:00 pm	31.08.2026	Subhendu Samanta
10	MEDITATION CLASS -1	7:00-8:00 pm	03.09.2026	Subhendu Samanta
11	MEDITATION CLASS -2	7:00-8:00 pm	04.09.2026	Subhendu Samanta
12	Habit Building System: 21-Day Success Formula	7:00-8:00 pm	07.09.2026	Subhendu Samanta

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