

Study Plan

B.Sc. Nursing | 1st Semester | 2026

Anatomy & Physiology

14 CLASSES

28 Oct 2026 - 18 Nov 2026

CLASS TIME 4:00 PM - 5:00 PM

Monday to Friday

S.No.	Dates	Days	Topics
1	28 Oct 2026	Wednesday	Cells & Tissues
2	29 Oct 2026	Thursday	The Blood
3	30 Oct 2026	Friday	Cardiovascular System
4	02 Nov 2026	Monday	Lymphatic System
5	03 Nov 2026	Tuesday	Nervous System
6	04 Nov 2026	Wednesday	Special Senses
7	05 Nov 2026	Thursday	Endocrine System
8	06 Nov 2026	Friday	Respiratory System
9	10 Nov 2026	Tuesday	Digestive System
10	12 Nov 2026	Thursday	Urinary System
11	13 Nov 2026	Friday	Skin (Integumentary System)
12	16 Nov 2026	Monday	Musculoskeletal System 1
13	17 Nov 2026	Tuesday	Musculoskeletal System 2
14	18 Nov 2026	Wednesday	Musculoskeletal System 3

No classes on Saturdays, Sundays, 09 Nov and 11 Nov.

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Sociology

10 CLASSES

28 Oct 2026 - 12 Nov 2026

CLASS TIME 6:00 PM - 7:00 PM

Monday to Friday

S.No.	Dates	Days	Topics
1	28 Oct 2026	Wednesday	Introduction to Sociology
2	29 Oct 2026	Thursday	Social Structure 1
3	30 Oct 2026	Friday	Social Structure 2
4	02 Nov 2026	Monday	Social Structure 3
5	03 Nov 2026	Tuesday	Culture
6	04 Nov 2026	Wednesday	Family and Marriages
7	05 Nov 2026	Thursday	Social Stratification
8	06 Nov 2026	Friday	Social Organization and Disorganization 1
9	10 Nov 2026	Tuesday	Social Organization and Disorganization 2
10	12 Nov 2026	Thursday	Clinical Sociology

No classes on Saturdays, Sundays, 09 Nov and 11 Nov.

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Psychology

15 CLASSES

28 Oct 2026 - 19 Nov 2026

CLASS TIME 8:00 PM - 9:00 PM

Monday to Friday

S.No.	Dates	Days	Topics
1	28 Oct 2026	Wednesday	Introduction to Psychology
2	29 Oct 2026	Thursday	Biological Basis of Behaviour
3	30 Oct 2026	Friday	Mental Health and Mental Hygiene
4	02 Nov 2026	Monday	Developmental Psychology
5	03 Nov 2026	Tuesday	Personality Development
6	04 Nov 2026	Wednesday	Attention and Perception
7	05 Nov 2026	Thursday	Intelligence
8	06 Nov 2026	Friday	Learning
9	10 Nov 2026	Tuesday	Memory and Forgetting
10	12 Nov 2026	Thursday	Thinking and Aptitude
11	13 Nov 2026	Friday	Motivation
12	16 Nov 2026	Monday	Emotions, Stress and Attitude
13	17 Nov 2026	Tuesday	Psychological Assessment and Tests
14	18 Nov 2026	Wednesday	Application of Soft Skills
15	19 Nov 2026	Thursday	Self Empowerment

No classes on Saturdays, Sundays, 09 Nov and 11 Nov.