Date	Time	Topic
Thursday, November 19, 2026	11:00 AM - 12:00 PM	Practice Class: 1
Friday, November 20, 2026	11:00 AM - 12:00 PM	Practice Class: 2
Monday, November 23, 2026	11:00 AM - 12:00 PM	Practice Class: 3
Tuesday, November 24, 2026	11:00 AM - 12:00 PM	Practice Class: 4
Wednesday, November 25, 2026	11:00 AM - 12:00 PM	Practice Class: 5
Thursday, November 26, 2026	11:00 AM - 12:00 PM	Practice Class: 6
Friday, November 27, 2026	11:00 AM - 12:00 PM	Practice Class: 7
Monday, November 30, 2026	11:00 AM - 12:00 PM	Practice Class: 8
Tuesday, December 1, 2026	11:00 AM - 12:00 PM	Practice Class: 9
Wednesday, December 2, 2026	11:00 AM - 12:00 PM	Practice Class: 10